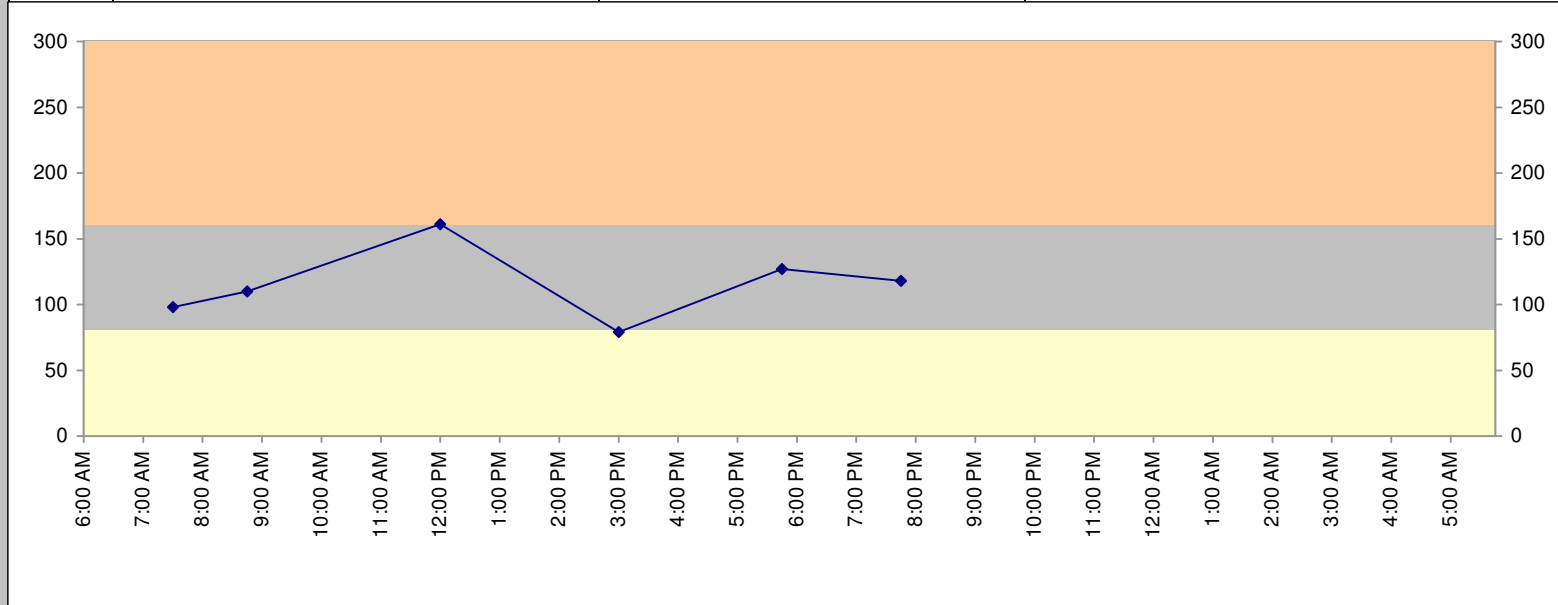


Monday, February 05, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00							161			79														
0:15																								
0:30		98																						
0:45			110									127		118										
Carbs					90					125	63				75									
Bolus			0.20		12.00					16.65	8.40				5.65									
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	6
Average	116
Max	161
Min	79
Range	82
Total Carbs	353
Total Bolus	42.90
Total Basal	28
Total Insulin	70.9

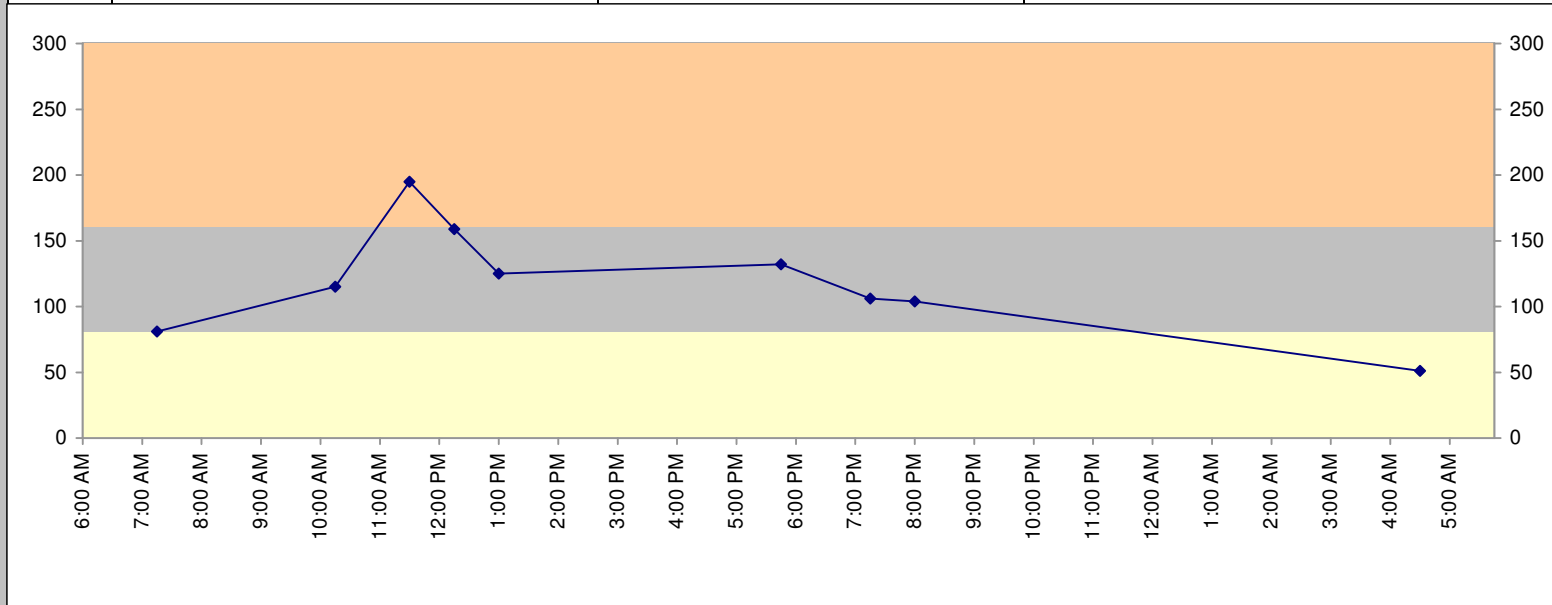
Notes	Morning	Afternoon	Evening
	10:00am - McDonalds - Cinnamon Roll & 4 hash browns.	3:00pm - LeeAnn Chin - full order of white rice and a full order of cream cheese puffs. Used a combination bolus with 65% up front, remainder over 3 hours. 4:15pm - Cinnamon Strudel Muffin & Caribou.	8:00 - Three "Grands" biscuits and a glass of red wine.



Tuesday, February 06, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00								125							104										Average	119
0:15		81			115		159							106											Max	195
0:30						195																	51		Min	51
0:45												132													Range	144
Carbs					30				60						46	90							15		Total Carbs	241
Bolus		0.37	0.38		4.00				8.00						6.25	12.00							0.60		Total Bolus	31.60
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	59.6

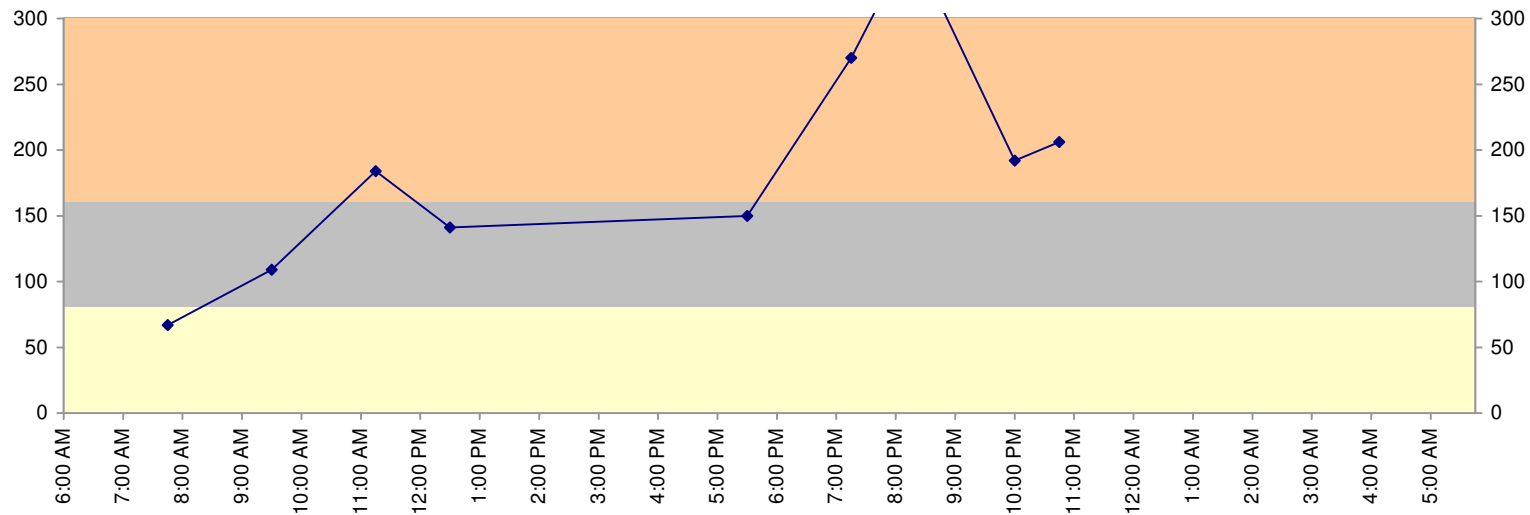
Notes	Morning	Afternoon	Evening
	10:00am - English muffin with butter & peanut butter.	2:15pm - Cottage cheese. 4:30pm - Pita chips with hummus.	8:00pm - bag of pretzels (vending machine). 9:30pm - Ketchup & mustard sandwich, tortilla with cheese, 1 serving of triscuit crackers, glass of red wine. 4:30am - woke up low. Three glucose tabs.



Wednesday, February 07, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00																	192								9		
0:15						184								270	358										Average	186	
0:30				109			141					150													Max	358	
0:45		67															206								Min	67	
Carbs				30			85					70						100							Range	291	
Bolus				4.25			10.60					9.75			1.50		1.80	13.35							Total Carbs	285	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	41.25
Activity																Basketball									Total Basal	28	
																									Total Insulin	69.25	

Notes	Morning	Afternoon	Evening
	9:30am - English muffin with butter & peanut butter.	12:30pm - cheese sandwich from the cafeteria, bag of baked lays (sour cream & onion) and some cottage cheese.	6:00pm - the rest of the cottage cheese, then the rest of the pita chips and hummus. Also had a large handful of peanut M&M's. 8:15pm - Basketball until about 10. Running REALLY high - didn't do dinner right. 10:56pm - site change. 11:00pm - had some leftover mac & cheese, a cheese tortilla (shredded cheddar) and some dry cereal. Also had 2 glasses of red wine.

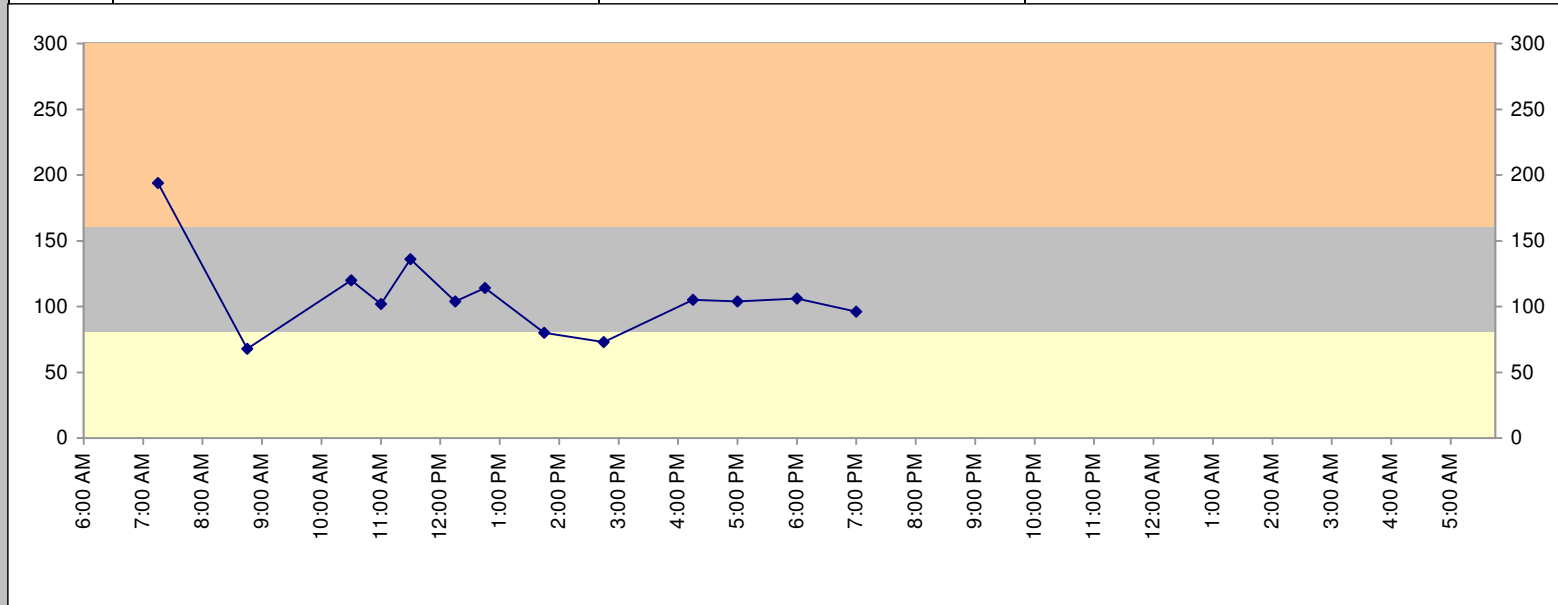


Thursday, February 08, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00						102						104	106	96											13
0:15		194					104				105														Average
0:30					120	136																			194
0:45			68				114	80	73																68
Carbs			30						20				50												Total Carbs
Bolus		2.70	1.10										6.65												Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity							Basketball																		Total Insulin

Total Carbs	100
Total Bolus	10.45
Total Basal	28
Total Insulin	38.45

Notes	Morning	Afternoon	Evening
	8:45am - english muffin with butter & peanut butter. 11:20am - half of EAS sports shake before basketball.	2:45pm - cottage cheese and a handful of almonds. No bolus. 4:53pm - Lage ketones in urine. 6:00pm - bag of microwave popcorn.	

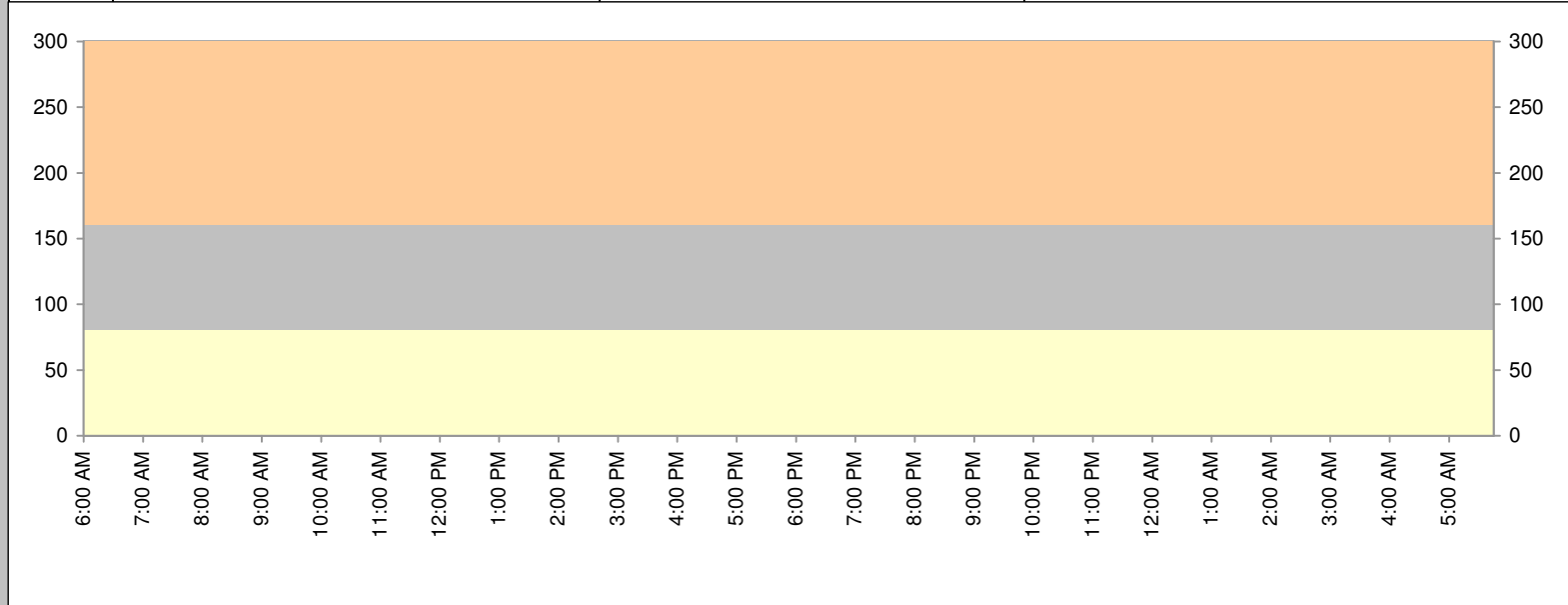


Friday, February 09, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																								
0:30																								
0:45																								
Carbs																								
Bolus																								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	0
Average	0
Max	0
Min	0
Range	0
Total Carbs	0
Total Bolus	0.00
Total Basal	28
Total Insulin	28

Notes	Morning	Afternoon	Evening

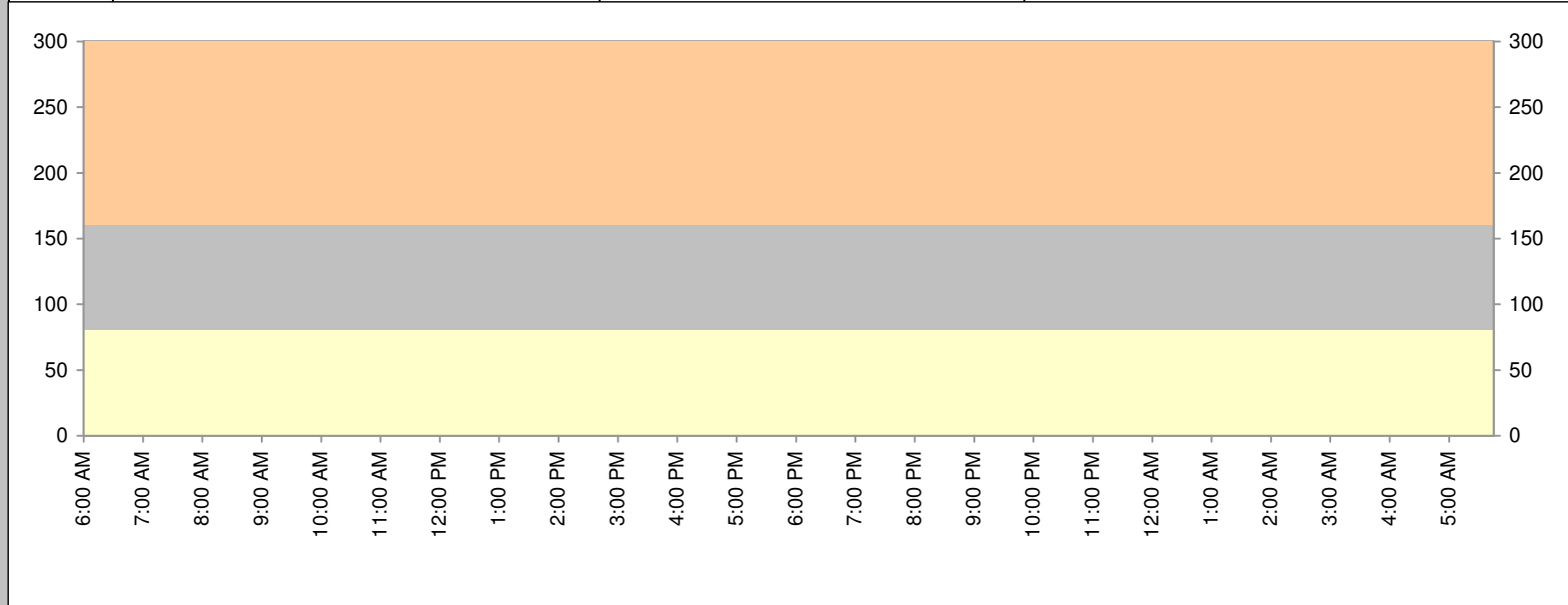


Saturday, February 10, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																								
0:30																								
0:45																								
Carbs																								
Bolus																								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	0
Average	0
Max	0
Min	0
Range	0
Total Carbs	0
Total Bolus	0.00
Total Basal	28
Total Insulin	28

Notes	Morning	Afternoon	Evening

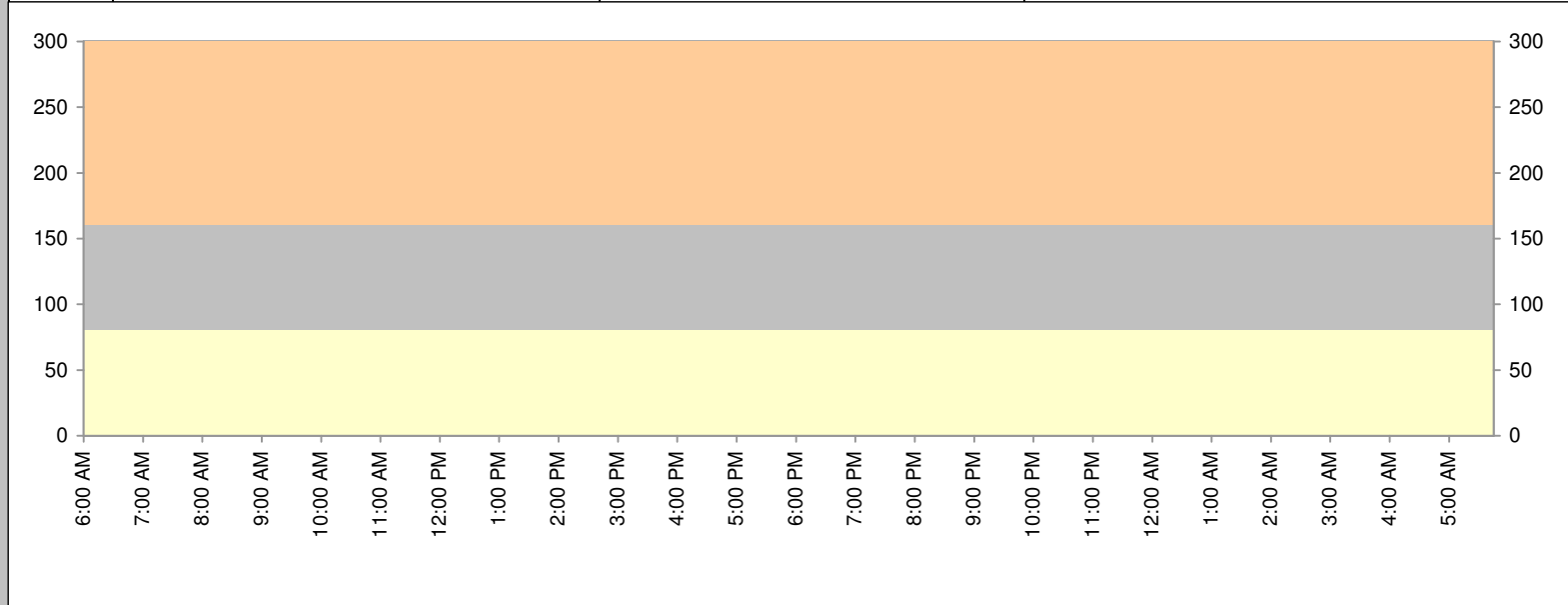


Sunday, February 11, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																								
0:30																								
0:45																								
Carbs																								
Bolus																								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	0
Average	0
Max	0
Min	0
Range	0
Total Carbs	0
Total Bolus	0.00
Total Basal	28
Total Insulin	28

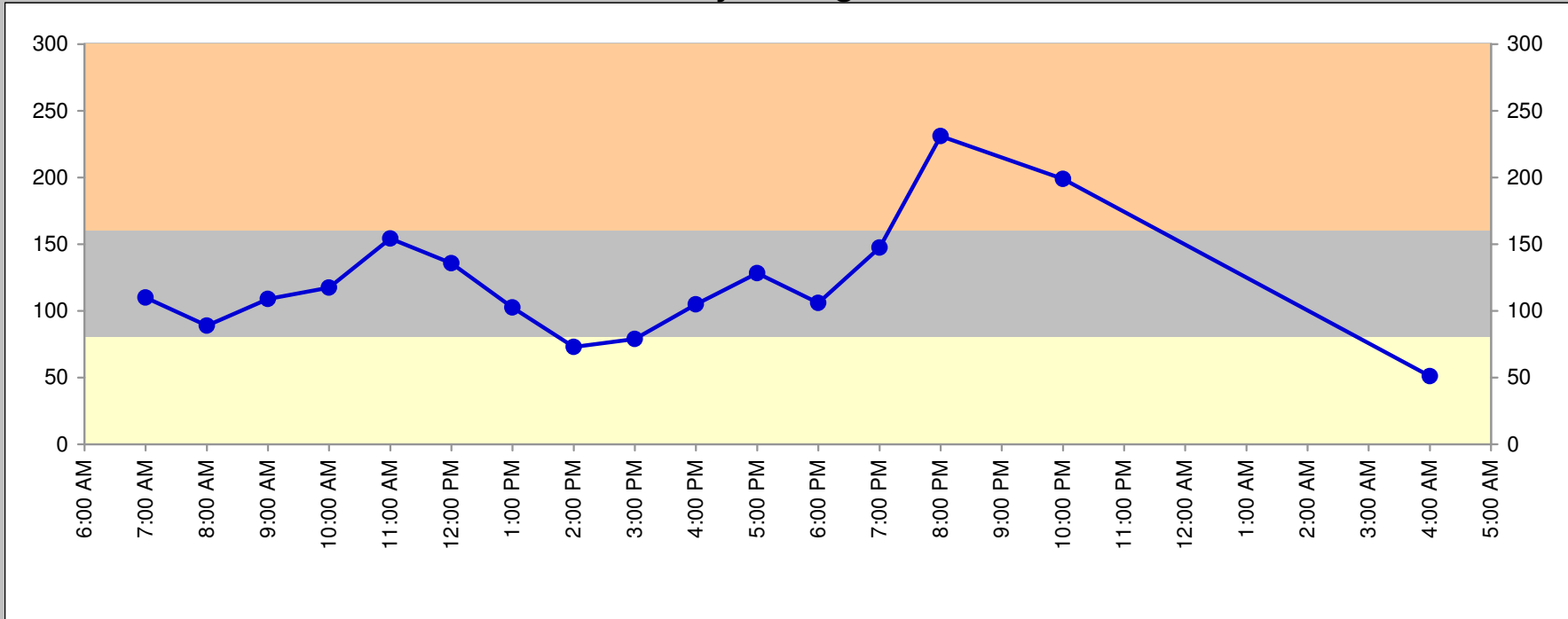
Notes	Morning	Afternoon	Evening



Weekday Average Bloodsugar: 131

02/05/07 - 02/09/07

Hourly Average

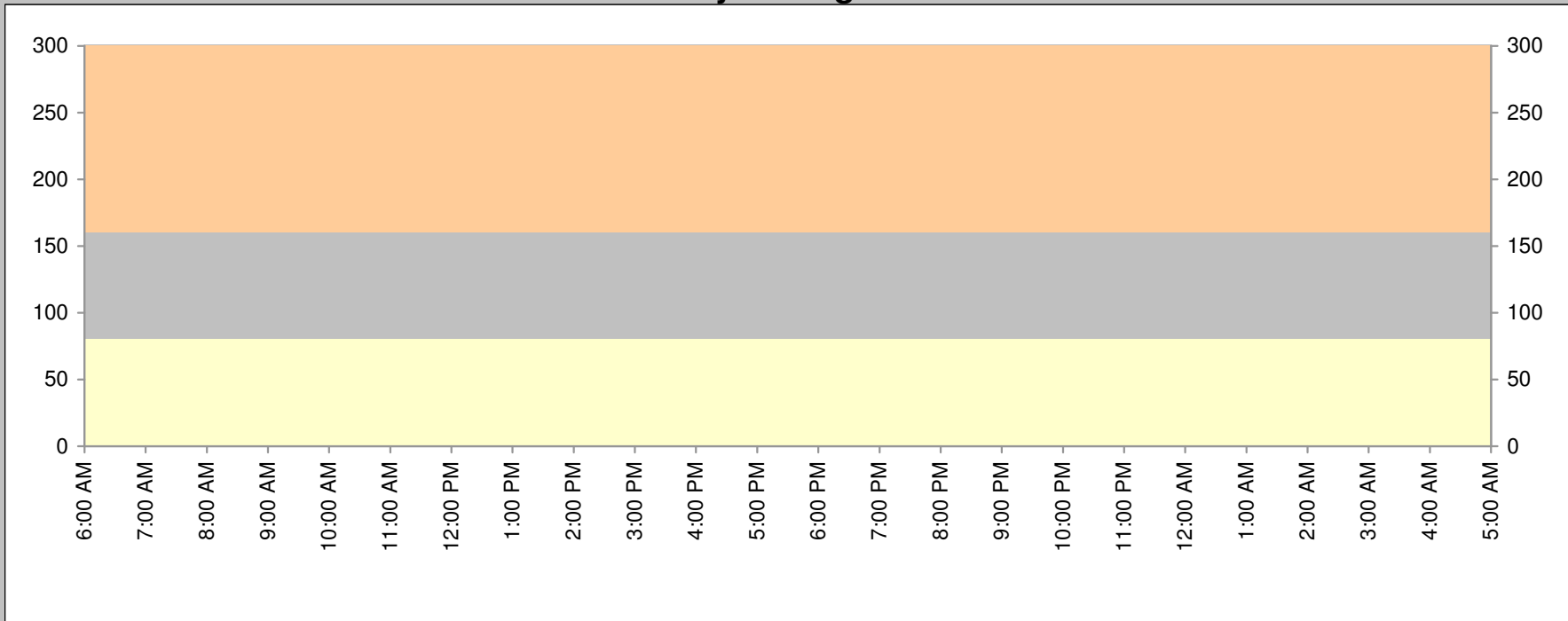


	Average	Max	Min	Range
Monday	116	161	79	82
Tuesday	119	195	51	144
Wednesday	186	358	67	291
Thursday	108	194	68	126
Friday	0	0	0	0

Weekend Average Bloodsugar: 0

02/10/07 - 02/11/07

Hourly Average

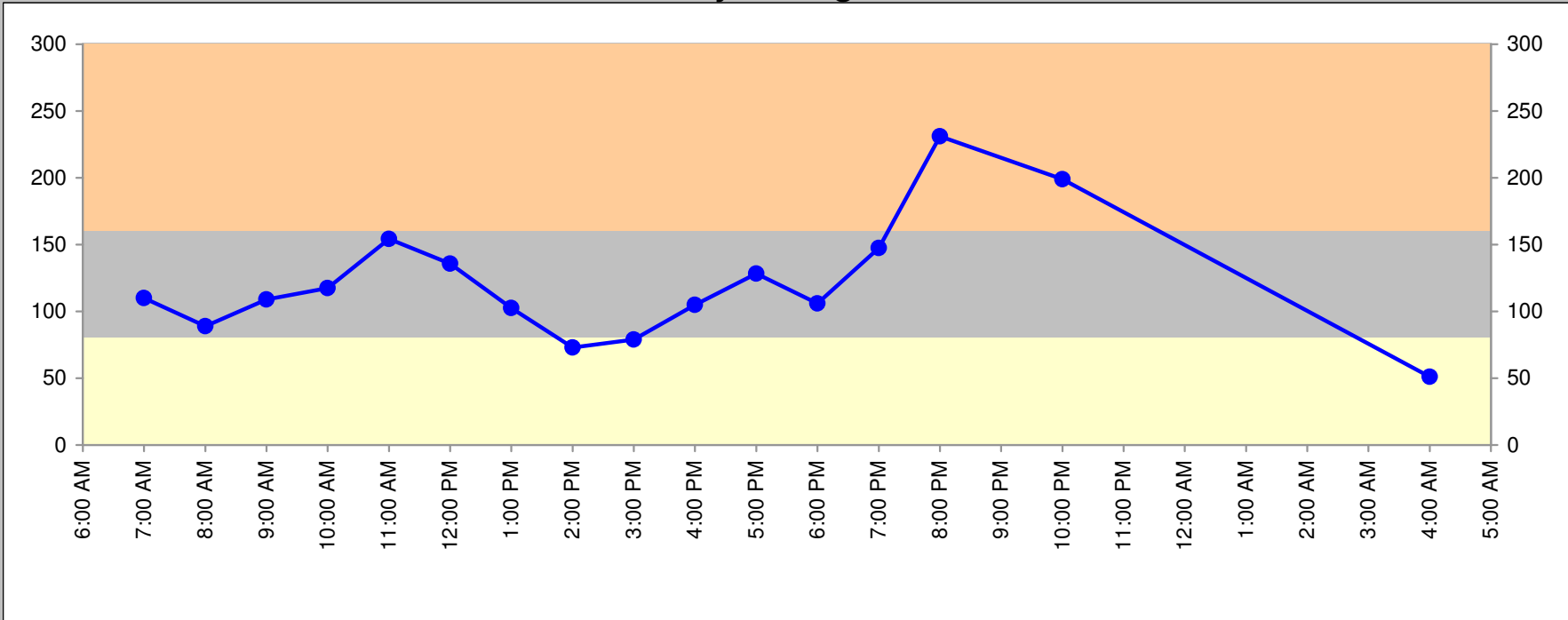


	Average	Max	Min	Range
Saturday	0	0	0	0
Sunday	0	0	0	0

Average Bloodsugar All Week: 131

02/05/07 - 02/11/07

Hourly Average



	Average	Max	Min	Range
Monday	116	161	79	82
Tuesday	119	195	51	144
Wednesday	186	358	67	291
Thursday	108	194	68	126
Friday	0	0	0	0
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 131

02/05/07 - 02/09/07

