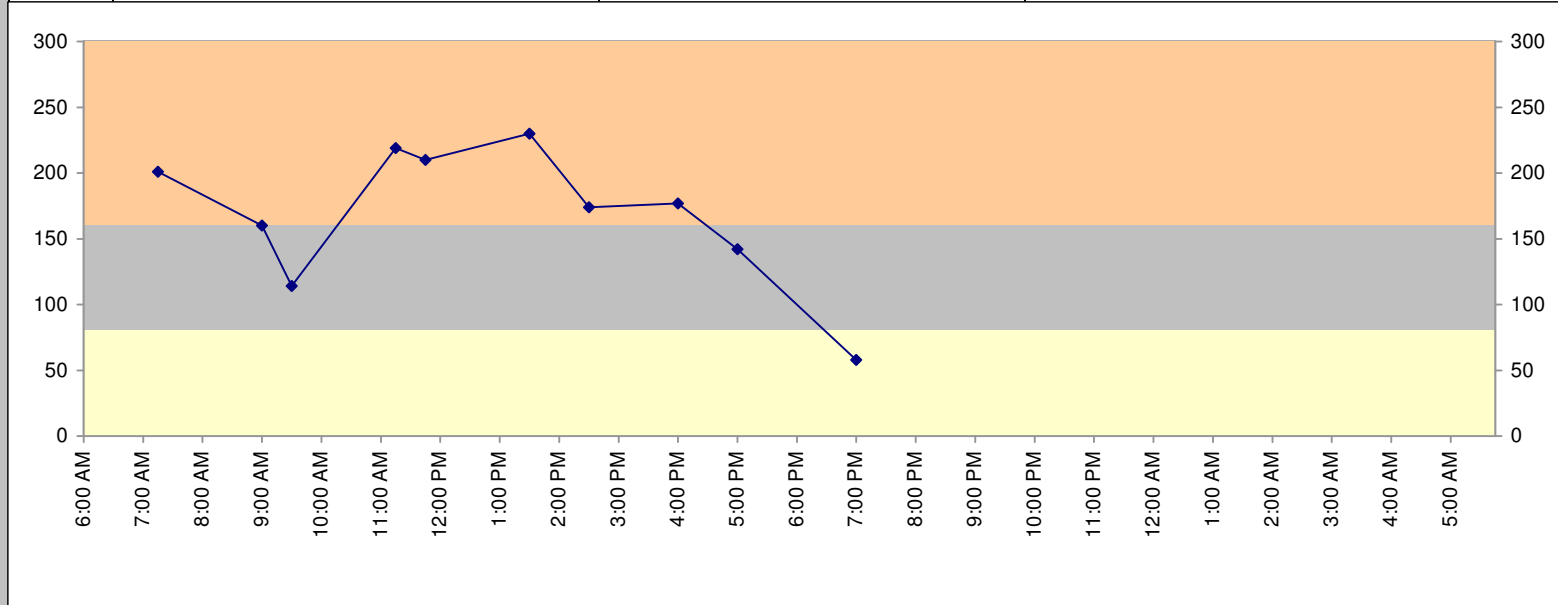


Monday, February 26, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00				160							177	142		58										
0:15		201				219																		
0:30				114				230	174															
0:45						210																		
Carbs				44		128								66										
Bolus		2.90		4.50		17.05				2.00				6.65										
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	10
Average	169
Max	230
Min	58
Range	172
Total Carbs	238
Total Bolus	33.10
Total Basal	28
Total Insulin	61.1

Notes	Morning	Afternoon	Evening
	7:18am - site change, 1 day late. 9:30am - english muffin with peanut butter & cup of soy milk.	11:45am - Blimpies 12" cheese trio on wheat with a bag of baked lays (cheddar & sour cream). Told the pump not to account for IOB, so I'll need to watch for a low later on today.	7:00pm - Feeling low, tested 58 mg/dl, had 4 glucose tabs (16g). 7:30pm - had a can of green beans, a grilled cheese sandwich with ketchup, 6 slices of cheese (cheese puffs - Bernstein), and a glass of red wine.



Tuesday, February 27, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00						154		129					114			151		73							Average	120
0:15							118							76											Max	188
0:30		105	128			149					188	121													Min	73
0:45							79	132									76								Range	115
Carbs			44				25	60						62	90			136							Total Carbs	417
Bolus			6.65					8.00						7.10	12.00			8.00							Total Bolus	41.75
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity						Basketball																			Total Insulin	69.75

Notes

Morning

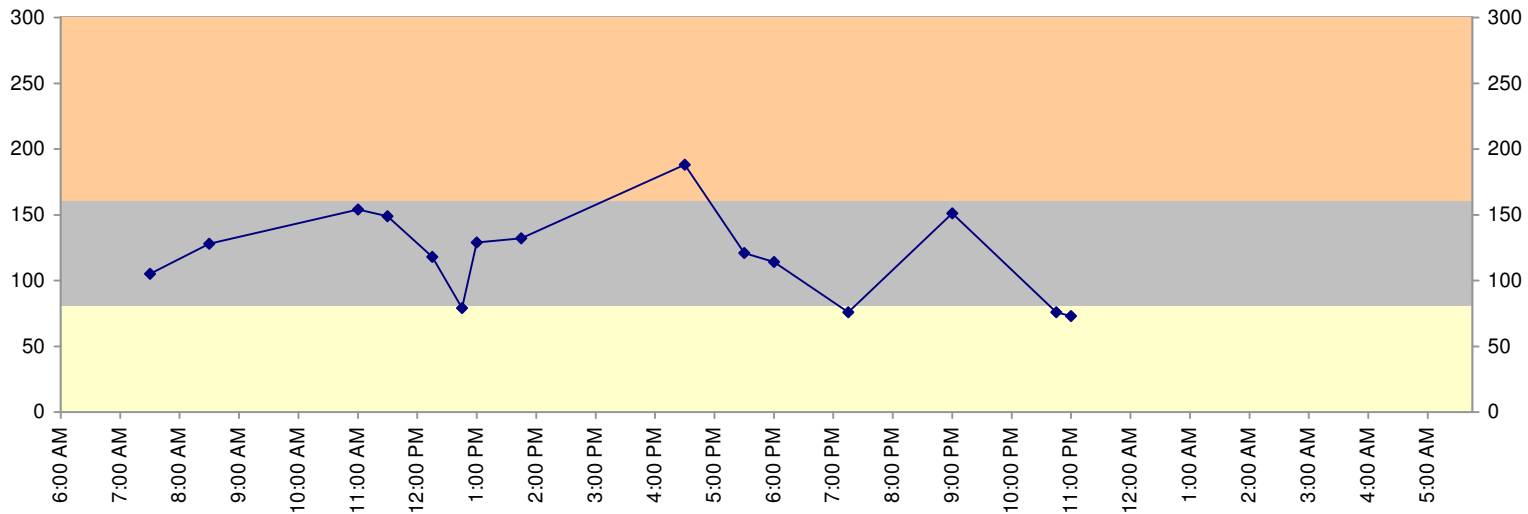
8:30am - english muffin with peanut butter and a cup of soy milk.
 11:30am - basketball. Felt really good and energetic for the first part, but my energy and stamina quickly faded. Had some gatorade at about 12:45 or so. The gym got really slow at around 12:30 and we were all done a little after 1:00.

Afternoon

1:45pm - half of my cottage cheese, 100 cal bag of wheat thins with hummus and baggie of blueberries (dried).

Evening

7:15pm - Scored a ticket to the Timberwolves game in the "Executive Suites". Was feeling a little low shortly after getting there so I had 12g of glucose tablets. 7:40pm - had some tortilla chips and two small cheese burritos. 8:30pm - Went and got a big salted pretzel. 11:00pm - Whoa - not feeling too comfortable dropping like that just before bedtime. Had two hamburger buns with miracle whip, three handfulls of frosted flakes then a larger cheese burrito.



Wednesday, February 28, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00					199	140	175			196				124		142									14
0:15			129										117				159								Average
0:30						163																			264
0:45	264						166	162				135													117
Carbs			44			12				60			40				15								Total Carbs
Bolus	5.00		3.10							12.00			1.05				1.20								Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity						Basketball																			Total Insulin

Range	147
Total Carbs	171
Total Bolus	22.35
Total Basal	28
Total Insulin	50.35

Notes

Morning

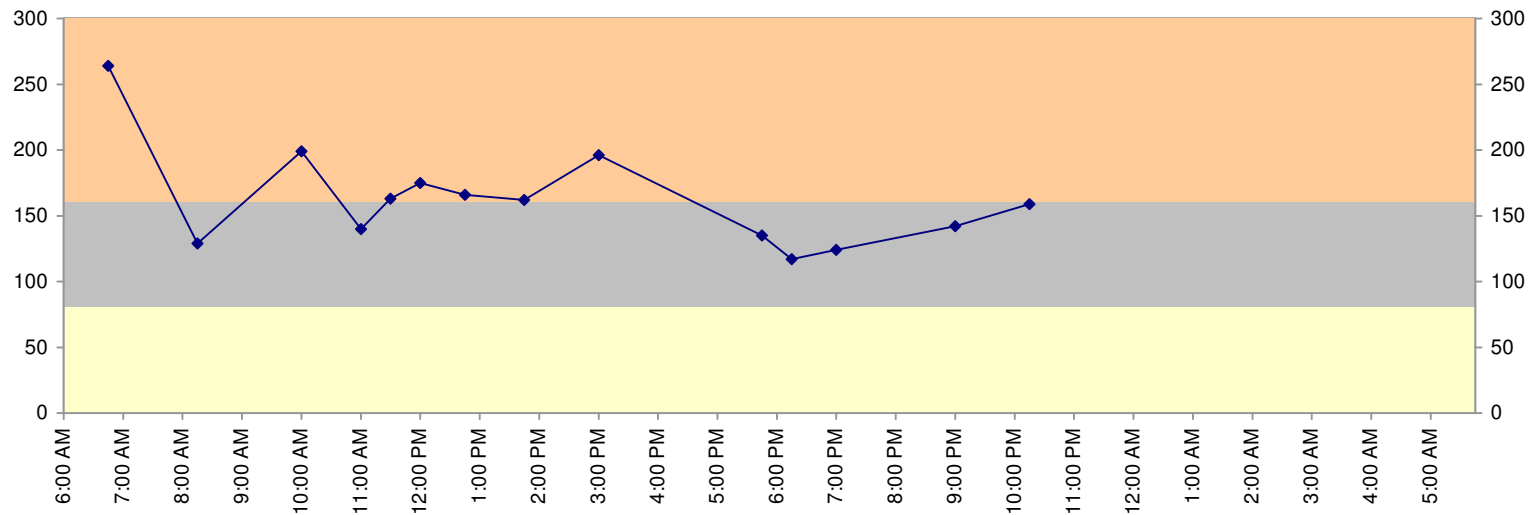
6:45am - high. Overtreated low last night. If I would have looked at the graph before eating last night I would not have been so nervous about going to sleep with just a LITTLE extra carbs.
 8:15am - english muffin with peanut butter and a cup of chocolate soy milk. 11:15am - had about 1/3 of my EAS sports shake in the locker room before basketball. Worked hard all day at ball. Happy with BG's for the most part, although they could have been lower altogether. But I'm happy with no major drops or spikes.

Afternoon

3:00pm - Half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries. 6:00pm - first void since basketball. Small ketones.

Evening

6:15pm - feeling hungry. Having two 100 cal bags of wheat thins with hummus. I'm out of cottage cheese or I would have had that (instead of two bags). 8:00pm - can of green beans, 6 cheese puffs (bernstien) and a glass of red wine.

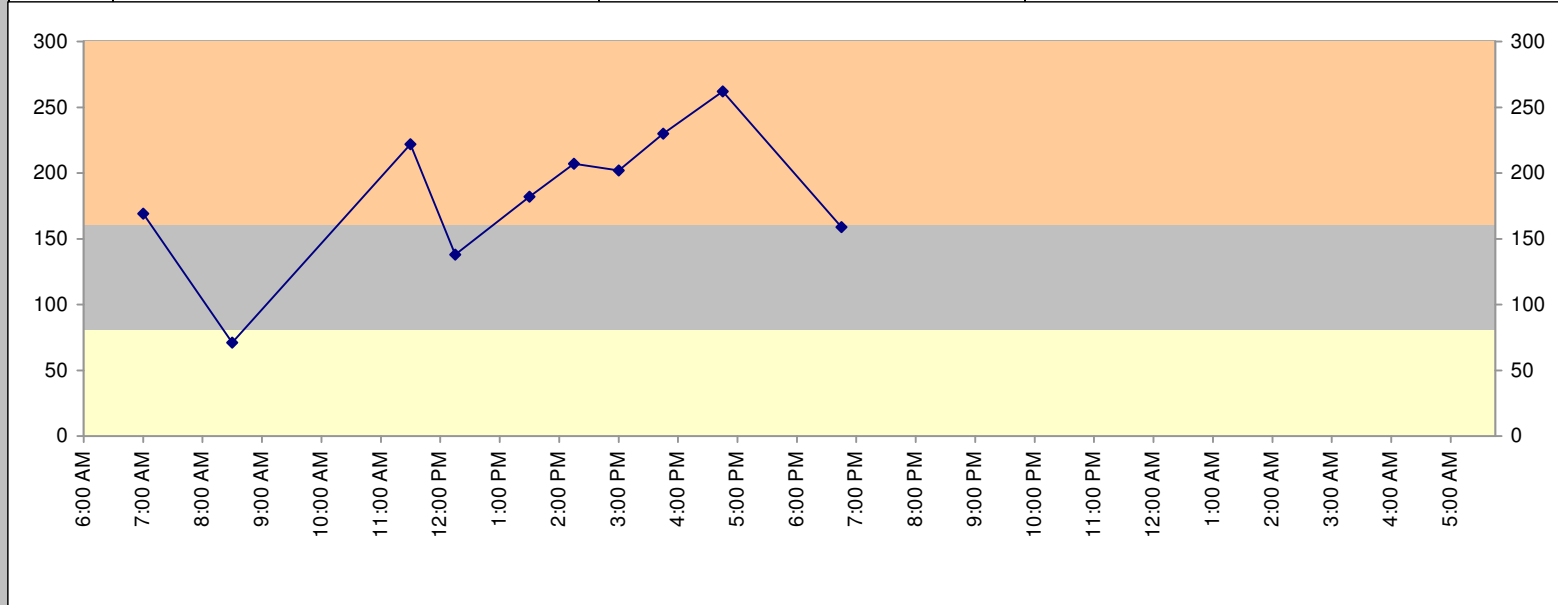


Thursday, March 01, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00		169								202															10
0:15							138		207																Average
0:30			71			222		182																	Max
0:45										230	262		159												Min
Carbs			44			15			70					90	110										Range
Bolus		1.95	3.65				1.00		9.35				0.10	12.00	14.65										Total Carbs
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus
Activity																									Total Basal
																									Total Insulin

Total Carbs	329
Total Bolus	42.70
Total Basal	28
Total Insulin	70.7

Notes	Morning	Afternoon	Evening
	8:39am - english muffin with peanut butter and a cup of chocolate soy milk.	2:15pm - two bags of 100 cal wheat thins with hummus and my baggie of dried blueberries.	

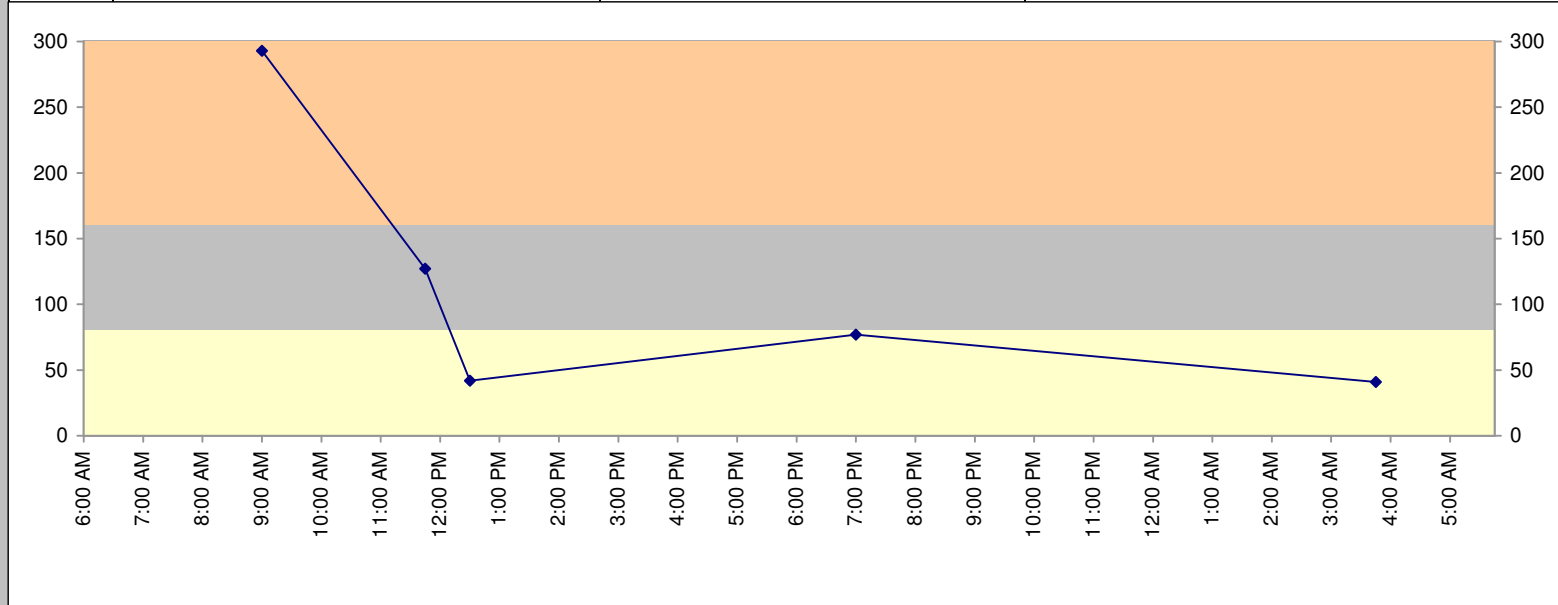


Friday, March 02, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00				293										77										
0:15																								
0:30							42																	
0:45						127																41		
Carbs				40	50		83			30	40			210								15		
Bolus				15.00	6.65					4.00	5.35			22.65										
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	5
Average	116
Max	293
Min	41
Range	252
Total Carbs	468
Total Bolus	53.65
Total Basal	28
Total Insulin	81.65

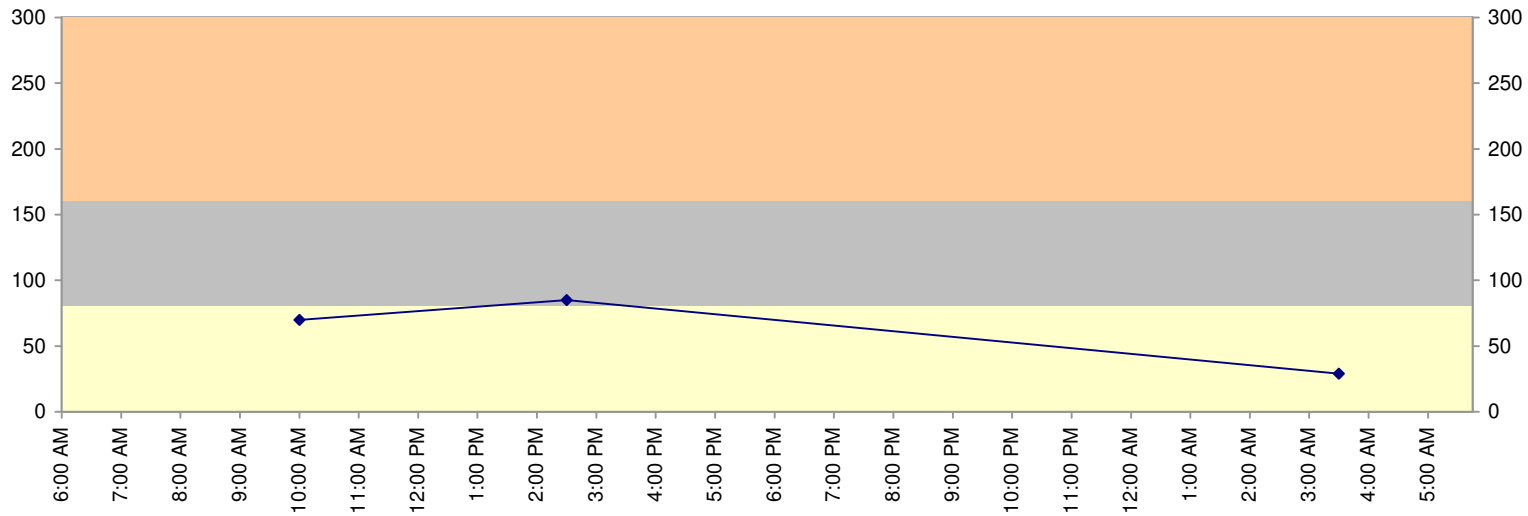
Notes	Morning	Afternoon	Evening
	9:15am - site change - one day late.		



Saturday, March 03, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00					70																				3
0:15																									Average
0:30									85													29			85
0:45																									29
Carbs						150				110			60		145		70					55			Total Carbs
Bolus						20.00				14.65			8.00		19.35		9.35								Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity																									Total Insulin

Notes	Morning	Afternoon	Evening
	10:05am - set change - unscheduled (site fell off).		

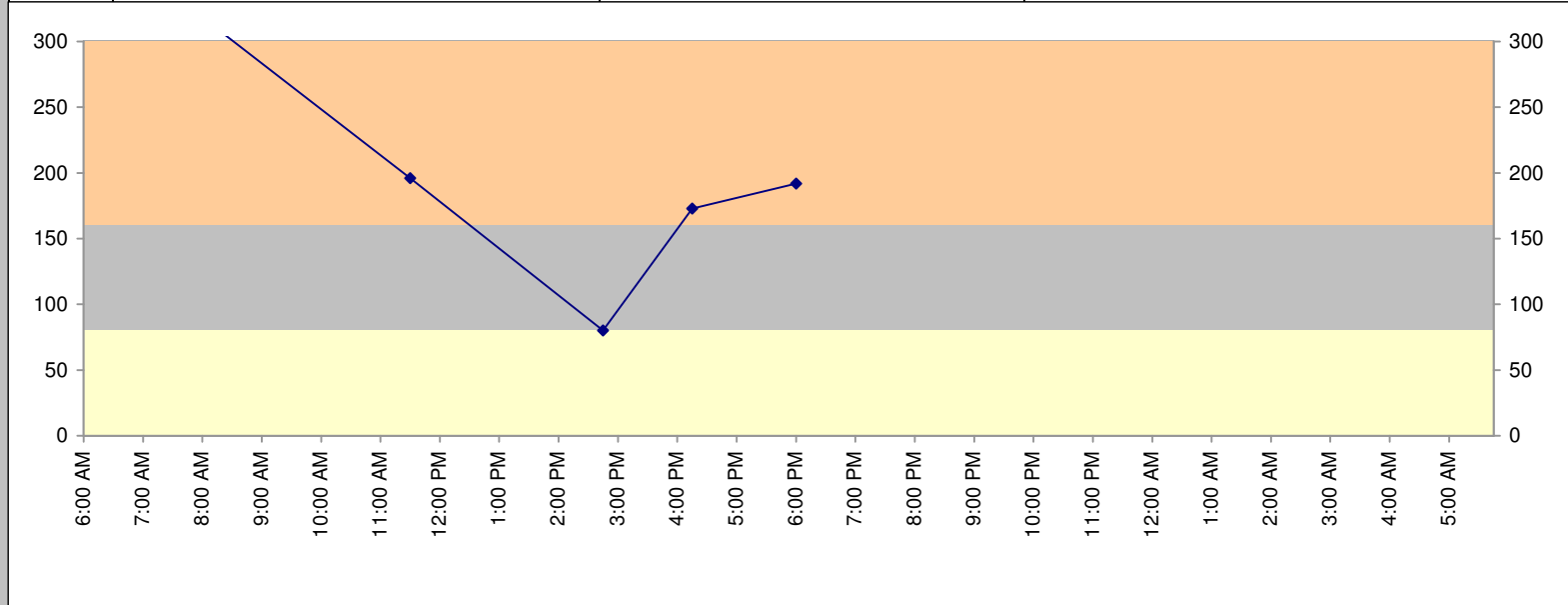


Sunday, March 04, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00													192											
0:15											173													
0:30						196																		
0:45	362								80															
Carbs						60	40		65		130		225											
Bolus	8.25					9.55	5.35				15.55		30.00											
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	5
Average	201
Max	362
Min	80
Range	282
Total Carbs	520
Total Bolus	68.70
Total Basal	28
Total Insulin	96.7

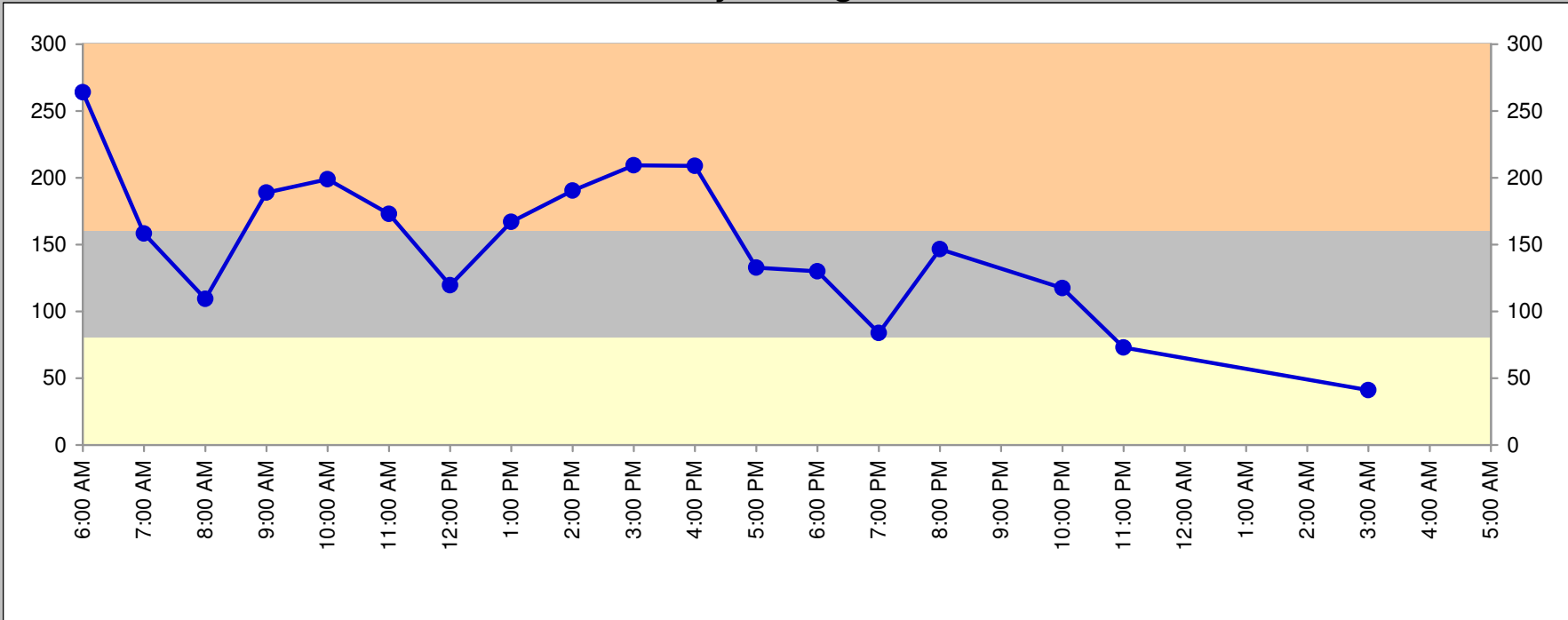
Notes	Morning	Afternoon	Evening



Weekday Average Bloodsugar: 151

02/26/07 - 03/02/07

Hourly Average

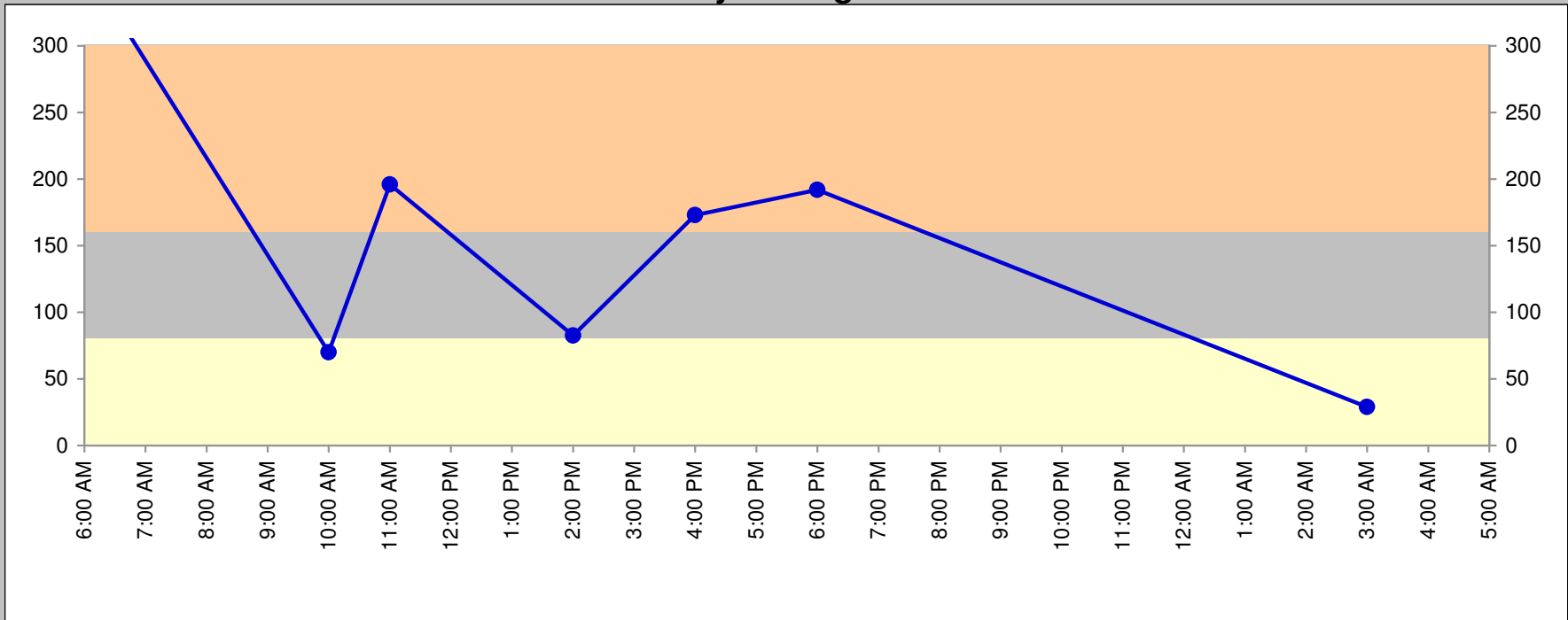


	Average	Max	Min	Range
Monday	169	230	58	172
Tuesday	120	188	73	115
Wednesday	162	264	117	147
Thursday	184	262	71	191
Friday	116	293	41	252

Weekend Average Bloodsugar: 148

03/03/07 - 03/04/07

Hourly Average

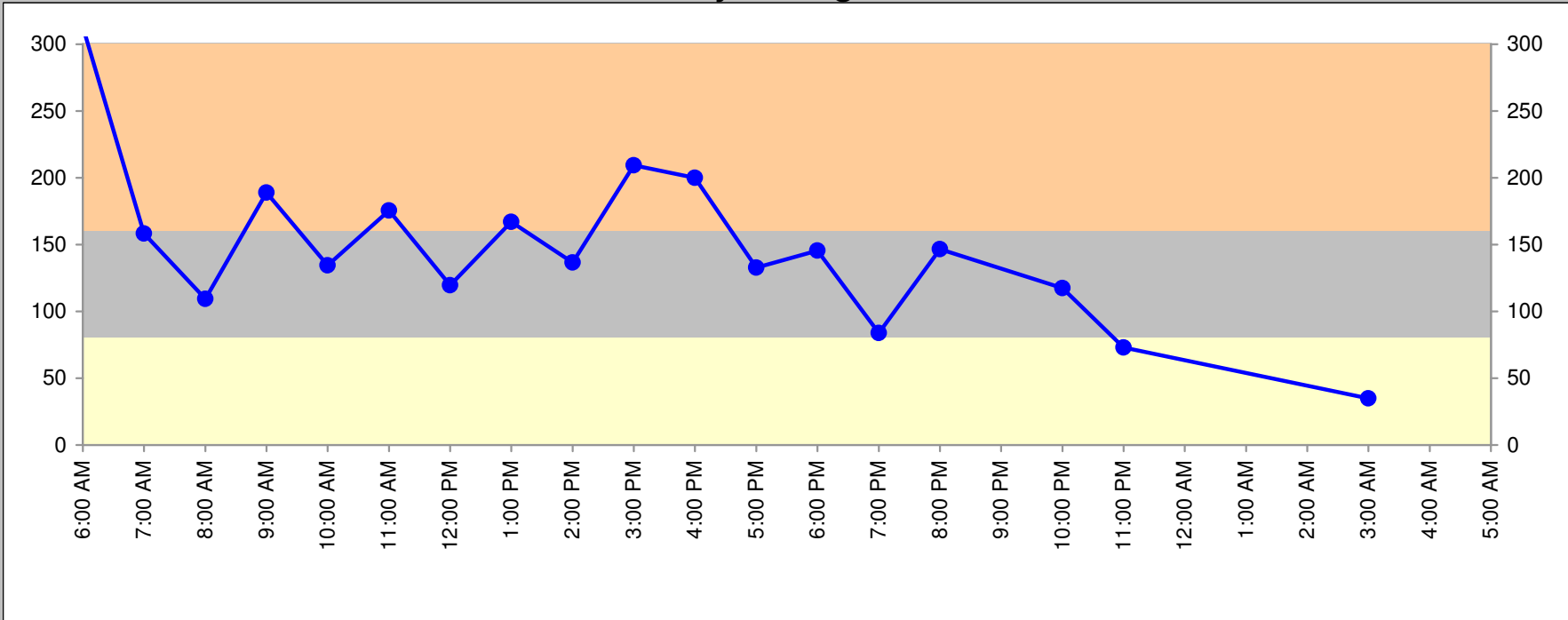


	Average	Max	Min	Range
Saturday	61	85	29	56
Sunday	201	362	80	282

Average Bloodsugar All Week: 151

02/26/07 - 03/04/07

Hourly Average



	Average	Max	Min	Range
Monday	169	230	58	172
Tuesday	120	188	73	115
Wednesday	162	264	117	147
Thursday	184	262	71	191
Friday	116	293	41	252
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 151

02/26/07 - 03/02/07

