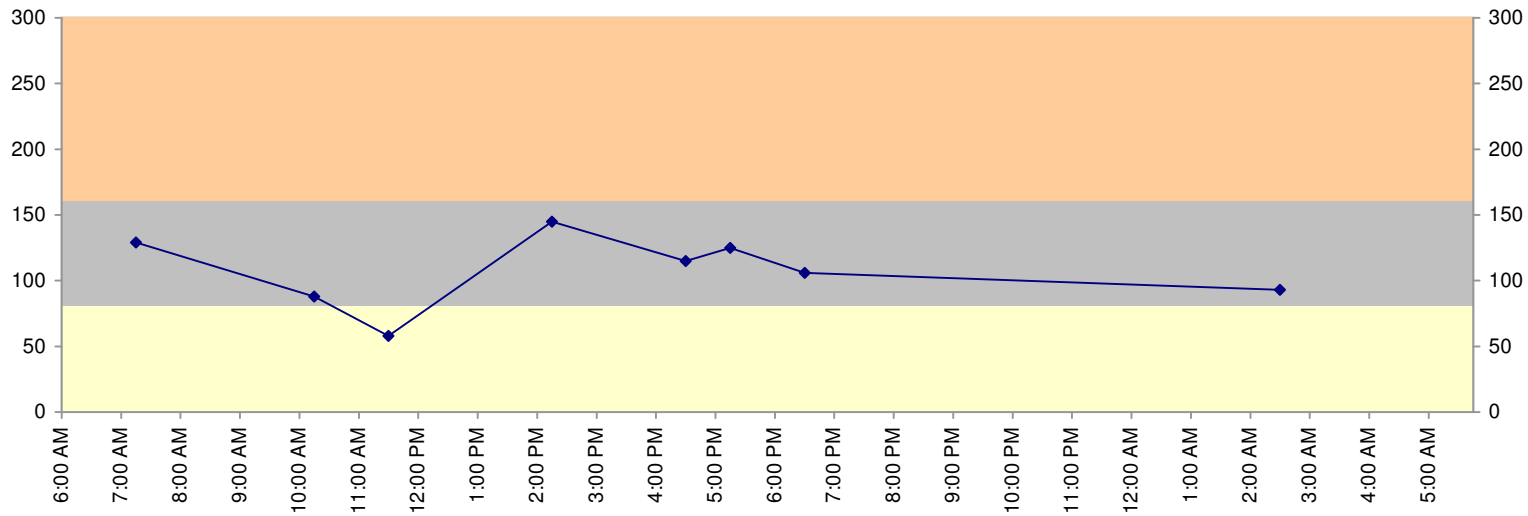


Monday, March 26, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									8	
0:15		129			88				145			125													Average	107
0:30						58					115		106								93			Max	145	
0:45																								Min	58	
Carbs		44				139							12	66										Range	87	
Bolus		6.65				15.95							1.75	8.80										Total Carbs	261	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	33.15
Activity																									Total Basal	28
																									Total Insulin	61.15

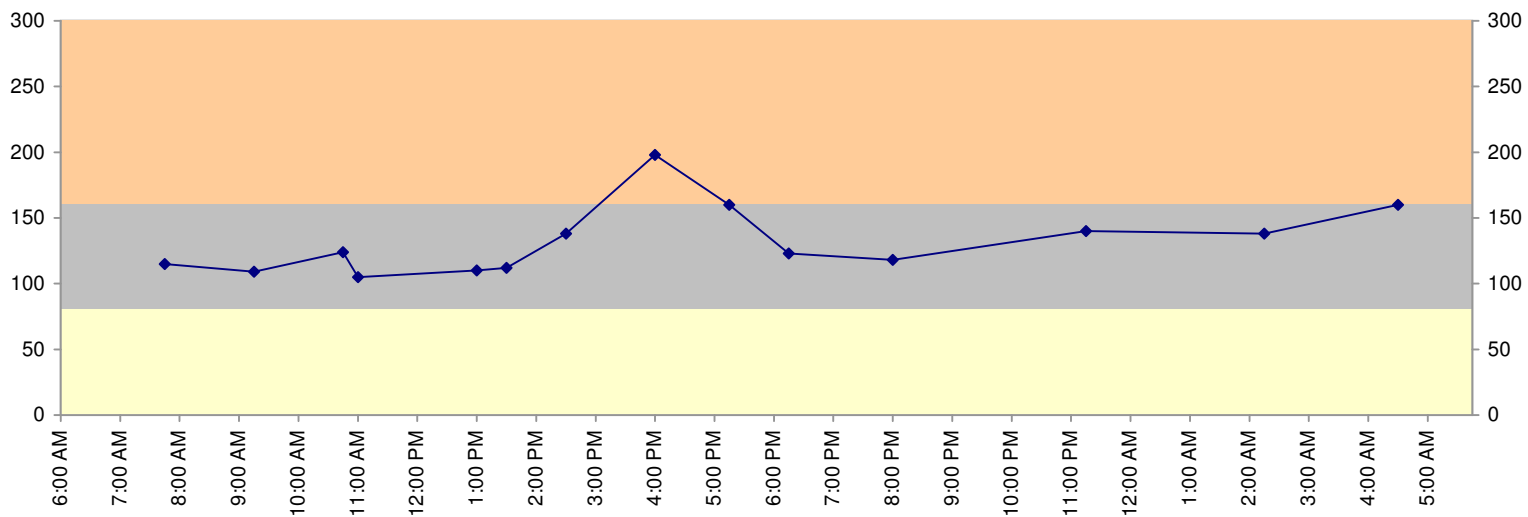
Notes	Morning	Afternoon	Evening
	7:15am - site change, scheduled. 4x fill cannula (4.8u). 7:16am - english muffin with peanut butter, mug of chocolate soy milk. 11:39am - Feeling low. 58 mg/dl. Grabbed 4 thin mint girl scout cookies (22g, 0.35u).	11:50am - Blimpies, 12" cheese trio, bag of baked lays sour cream & cheddar.	7:12pm - Had a cheese & miracle whip sandwich on weight watchers low carb bread, a serving of white rice with about 6 slices of cheese & 2/3 cup of milk. Running an extended bolus of 6.5 units for 3:30 hours. 8:00pm - glass of red wine.



Tuesday, March 27, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00						105		110			198				118										14		
0:15				109								160	123					140			138				Average	132	
0:30								112	138														160		Max	198	
0:45		115			124																				Min	105	
																									Range	93	
Carbs			44			13			60				55		27											Total Carbs	199
Bolus		0.40	5.85						9.10				4.90		0.50								1.70			Total Bolus	22.45
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3	
Activity						Basketball																			Total Insulin	51.75	

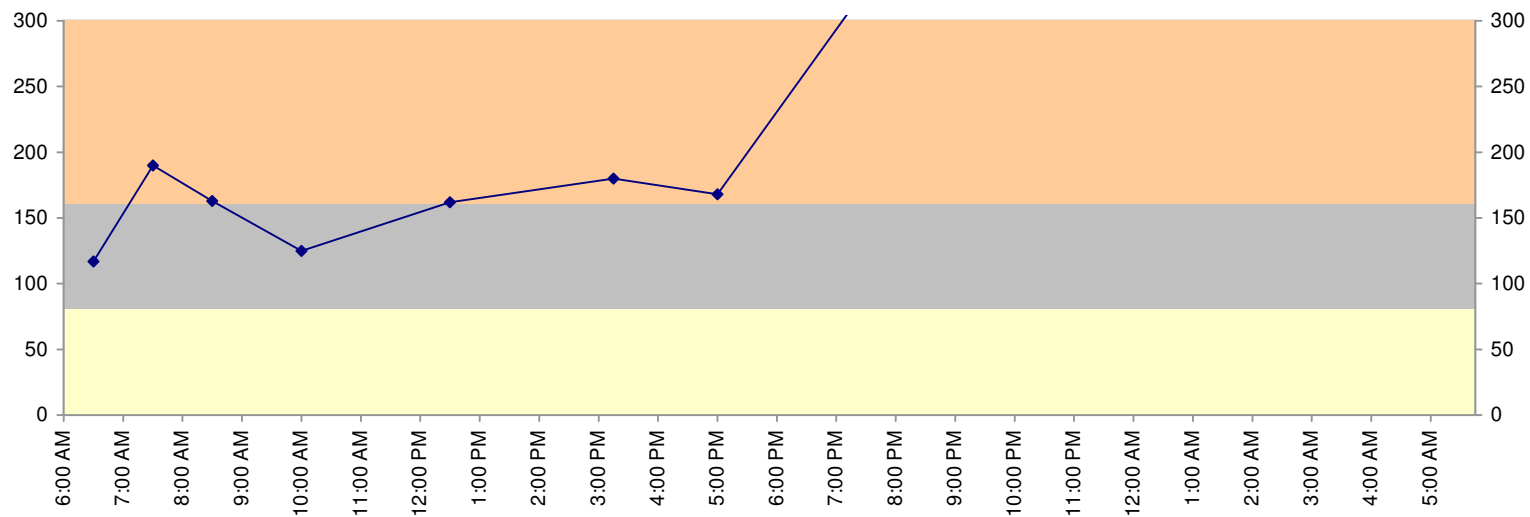
Notes	Morning	Afternoon	Evening
	8:09am - english muffin with peanut butter and a mug of chocolate soy milk. 11:30am - felt tight and stiff at basketball - took a long time to get loose, then by the time I got loose I was tired out.	2:30pm - small can of V-8 (8), half of my cottage cheese, 1 cup of "Golden Butternut Squash" soup (18g) and a "Fiber One, oats & Chocolate" bar (29g)	6:15pm - small can of V-8, half of my cottage cheese, 1 cup of soup (18g) and a baggie of dried blueberries. 8:00pm - had a fruit smoothie. 3/4 cup of frozen mixed berries, 1/2 cup skim milk & 1/2 cup plain yogurt. Calculated at 27g for the concoction.



Wednesday, March 28, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00					125							168													8	
0:15										180					372										Average	185
0:30	117	190	163				162																		Max	372
0:45																									Min	117
																									Range	255
Carbs	80		60		67							64													Total Carbs	271
Bolus	10.05		8.00		5.35							5.45			4.00										Total Bolus	32.85
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3
Activity																									Total Insulin	62.15

Notes	Morning	Afternoon	Evening
	<p>6:00am - didn't sleep at all last night. Not one wink. Had a bad headache before bed and took a couple Excedrin. I think the caffeine kept me awake. 6:30am - Two large orders of cheesy tots at Burger King. 8:45am - chocolate iced, custard filled donut. 10:00am - feeling off, very tired. three baggies of sweet potato chips and granola bar (19g sweet & salty nut).</p>		

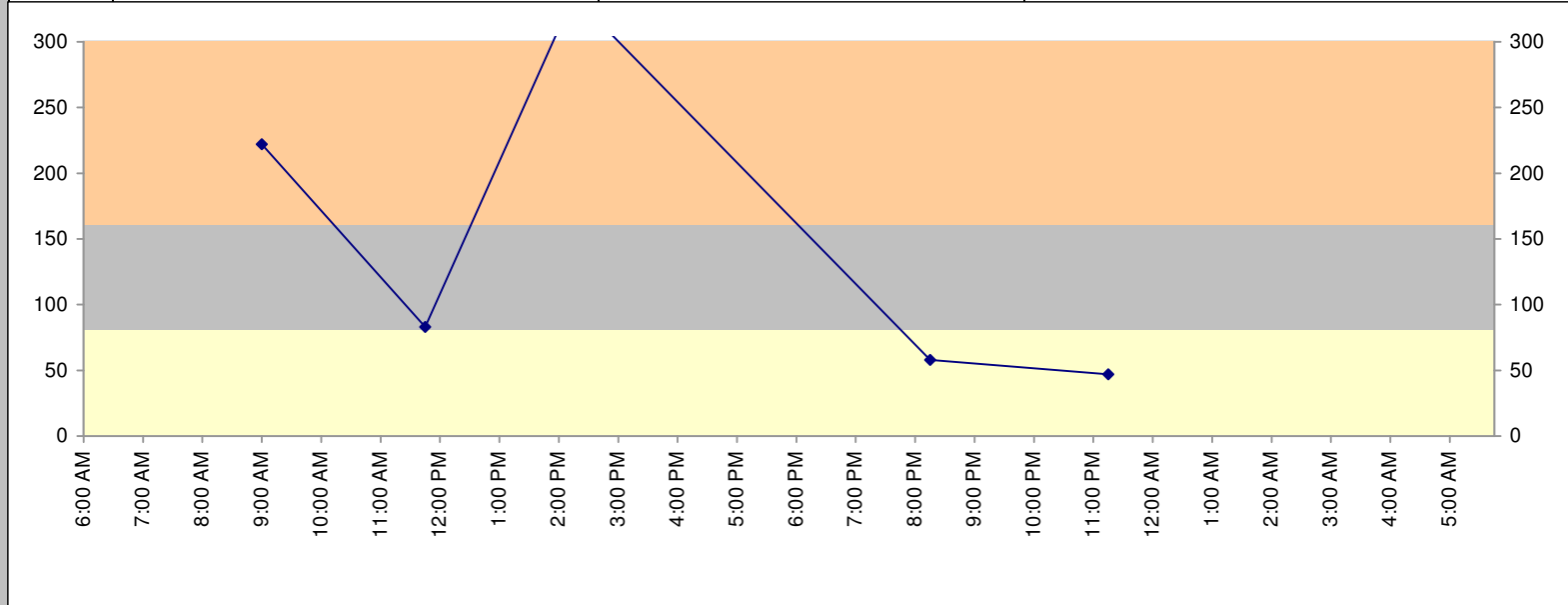


Thursday, March 29, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00				222																				
0:15									335						58			47						
0:30																								
0:45						83																		
Carbs						80						30		30	73			92						
Bolus				3.50		8.30			3.00			4.00		4.00	3.60			8.00						
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50
Activity																								

# of Tests	5
Average	149
Max	335
Min	47
Range	288
Total Carbs	305
Total Bolus	34.40
Total Basal	29.3
Total Insulin	63.7

Notes	Morning	Afternoon	Evening
	9:13am - site change, scheduled.		

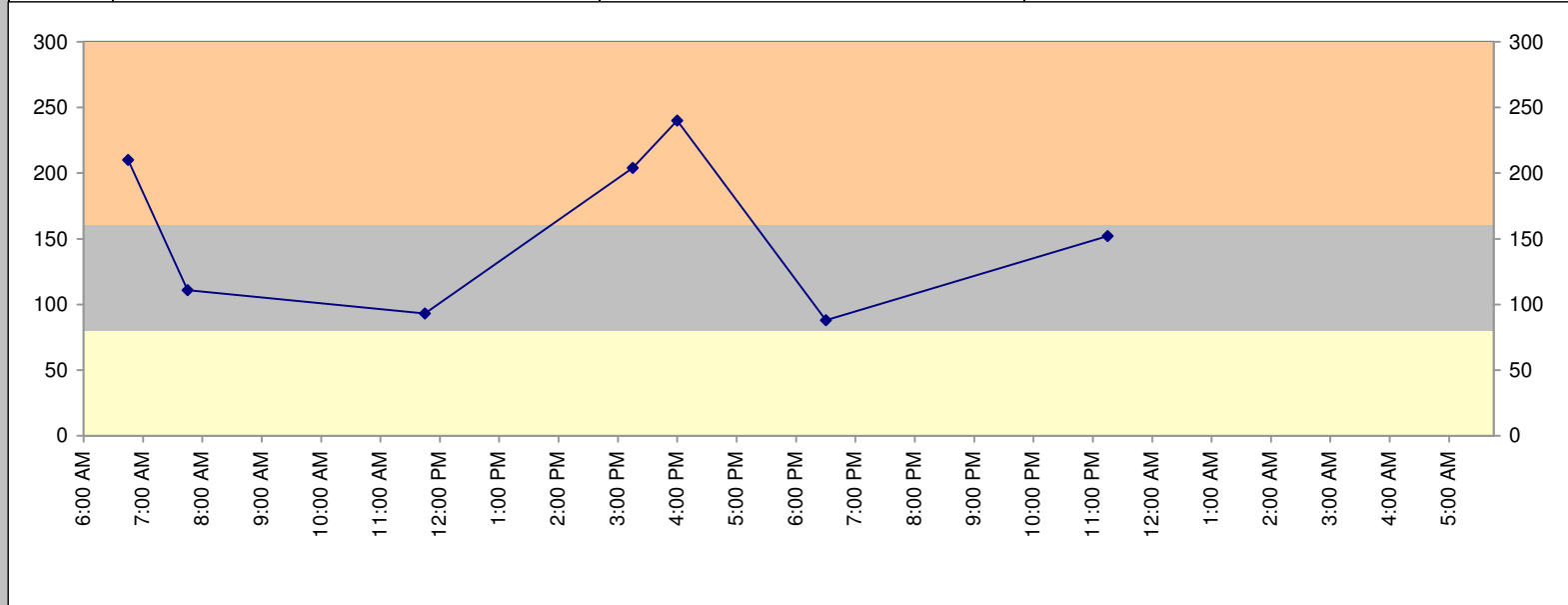


Friday, March 30, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00											240													
0:15										204								152						
0:30													88											
0:45	210	111				93																		
Carbs		80				225							24					85						
Bolus	3.15	8.25				27.00					5.00							12.85						
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	7
Average	157
Max	240
Min	88
Range	152
Total Carbs	414
Total Bolus	56.25
Total Basal	28
Total Insulin	84.25

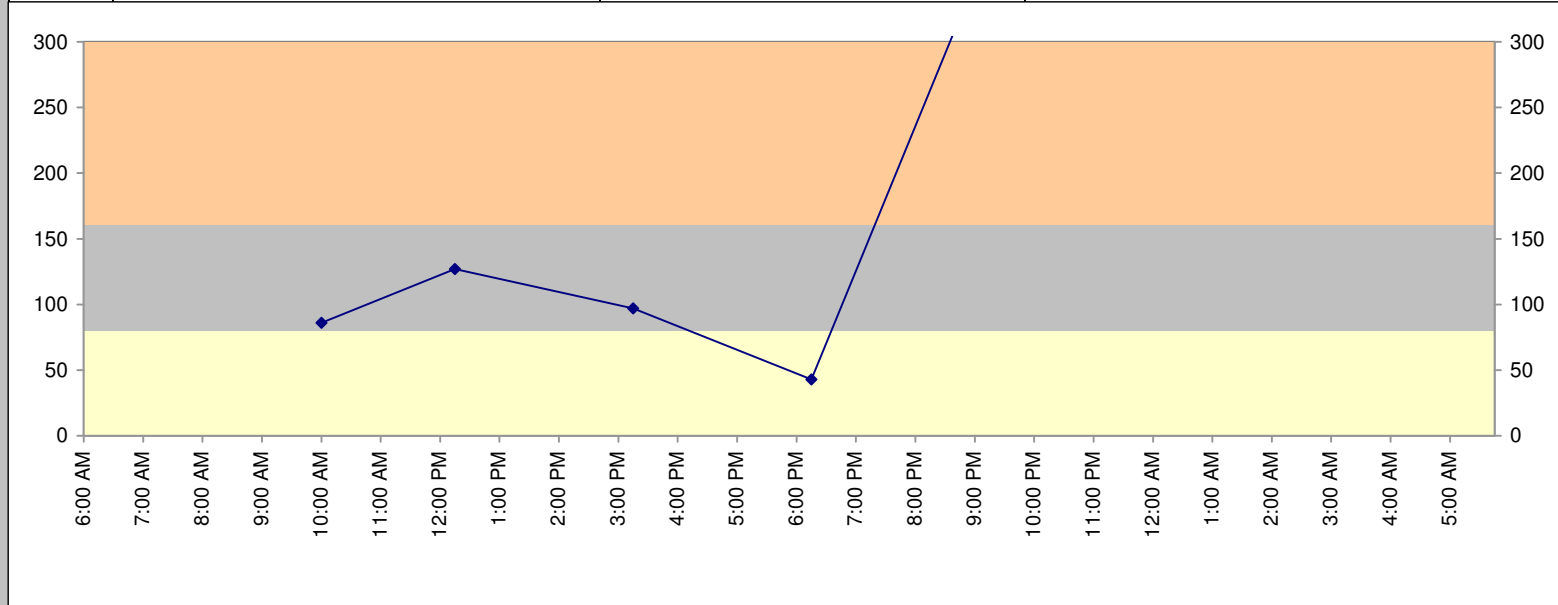
Notes	Morning	Afternoon	Evening



Saturday, March 31, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00					86																				5	
0:15							127			97			43												Average	167
0:30																	484								Max	484
0:45																									Min	43
Carbs					92			100	225	60			122												Total Carbs	599
Bolus					12.25			13.35	30.00	8.00							13.90								Total Bolus	77.50
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	105.5

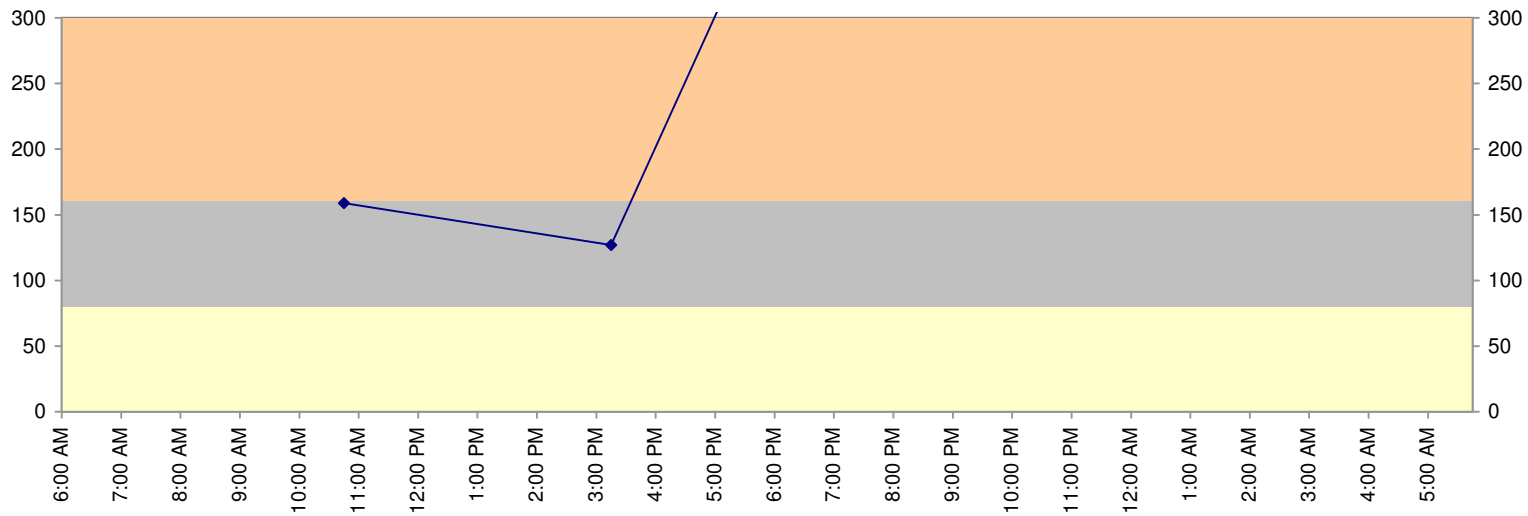
Notes	Morning	Afternoon	Evening



Sunday, April 01, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									Average	221
0:15										127															Max	376
0:30																									Min	127
0:45					159							376													Range	249
Carbs						100				40		225													Total Carbs	365
Bolus					1.70	13.35						38.70													Total Bolus	53.75
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	81.75

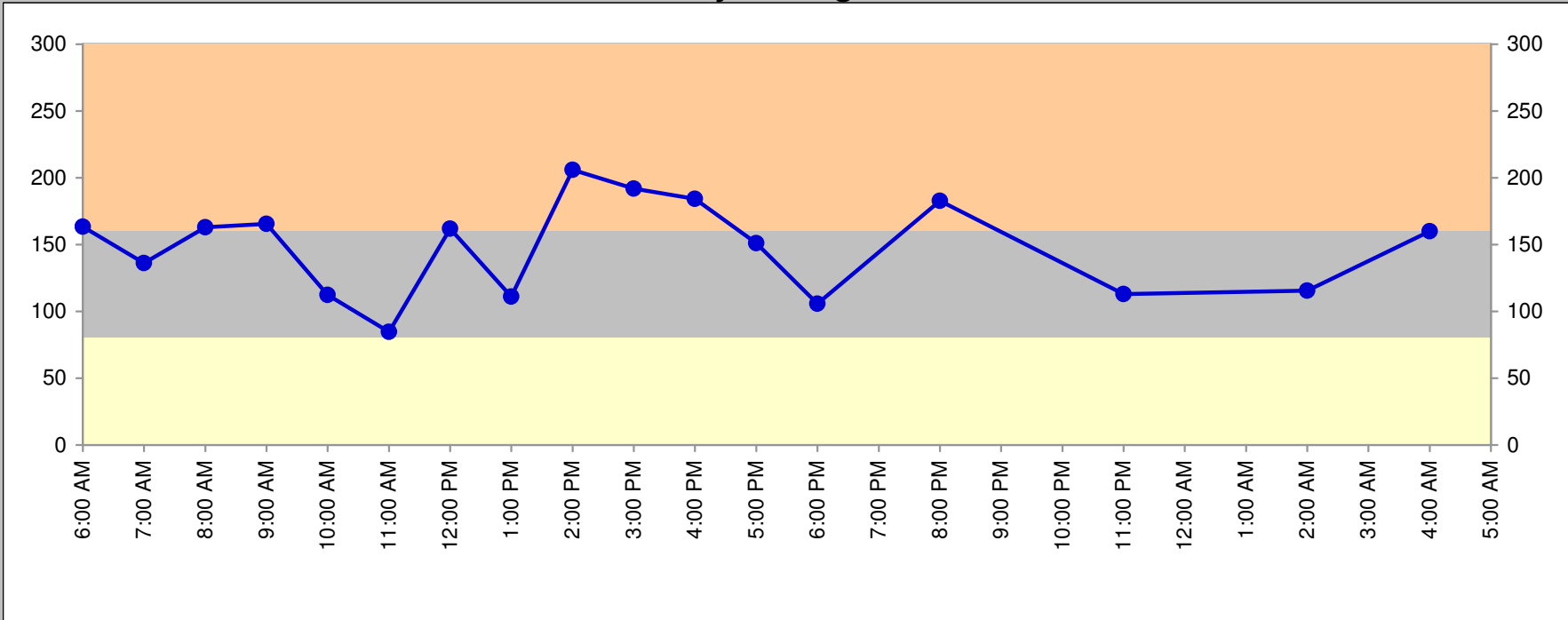
Notes	Morning	Afternoon	Evening
	11:08am - site change, scheduled.		5:50pm - 2:15hrs extended bolus of 15 units. 23.70 as immediate.



Weekday Average Bloodsugar: 144

03/26/07 - 03/30/07

Hourly Average

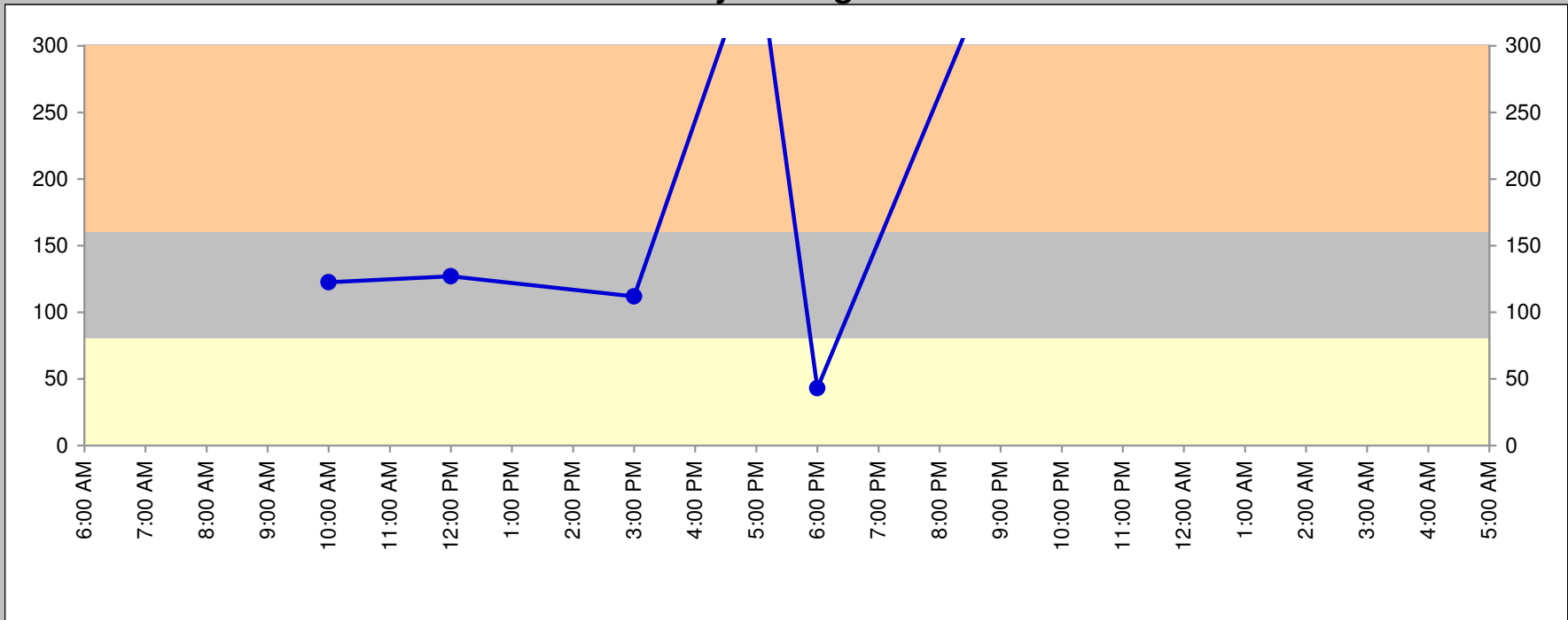


	Average	Max	Min	Range
Monday	107	145	58	87
Tuesday	132	198	105	93
Wednesday	185	372	117	255
Thursday	149	335	47	288
Friday	157	240	88	152

Weekend Average Bloodsugar: 187

03/31/07 - 04/01/07

Hourly Average

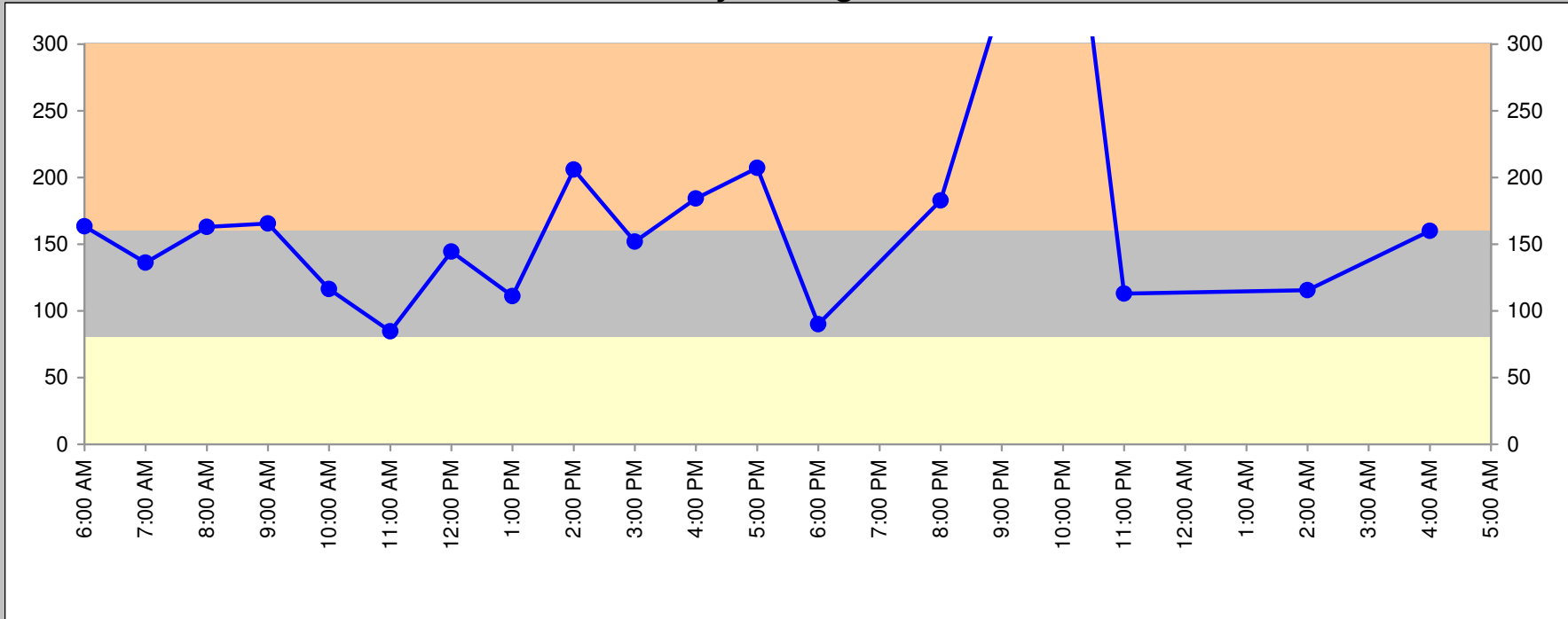


	Average	Max	Min	Range
Saturday	167	484	43	441
Sunday	221	376	127	249

Average Bloodsugar All Week: 151

03/26/07 - 04/01/07

Hourly Average



	Average	Max	Min	Range
Monday	107	145	58	87
Tuesday	132	198	105	93
Wednesday	185	372	117	255
Thursday	149	335	47	288
Friday	157	240	88	152
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 144

03/26/07 - 03/30/07

