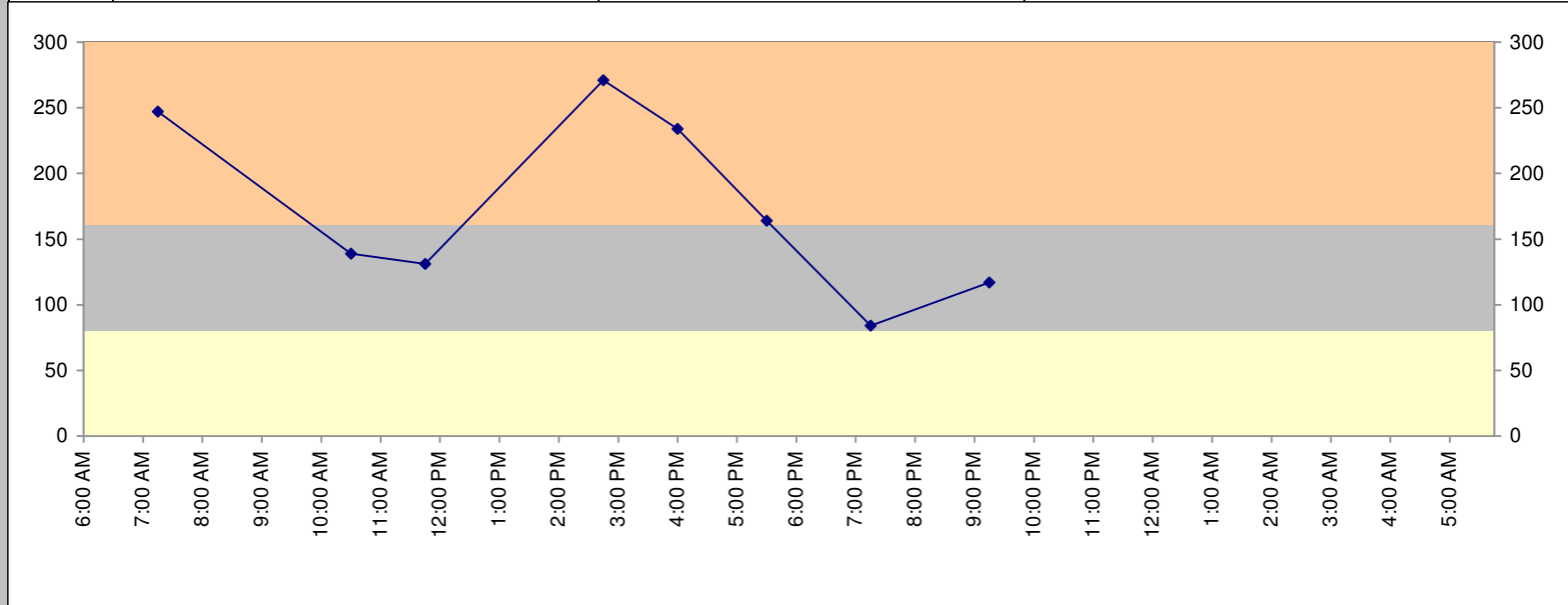


Monday, April 09, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00											234													
0:15		247												84		117								
0:30					139							164												
0:45						131			271															
Carbs			44			117								120										
Bolus		4.20	5.85			13.20								15.55										
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	8
Average	173
Max	271
Min	84
Range	187
Total Carbs	281
Total Bolus	38.80
Total Basal	28
Total Insulin	66.8

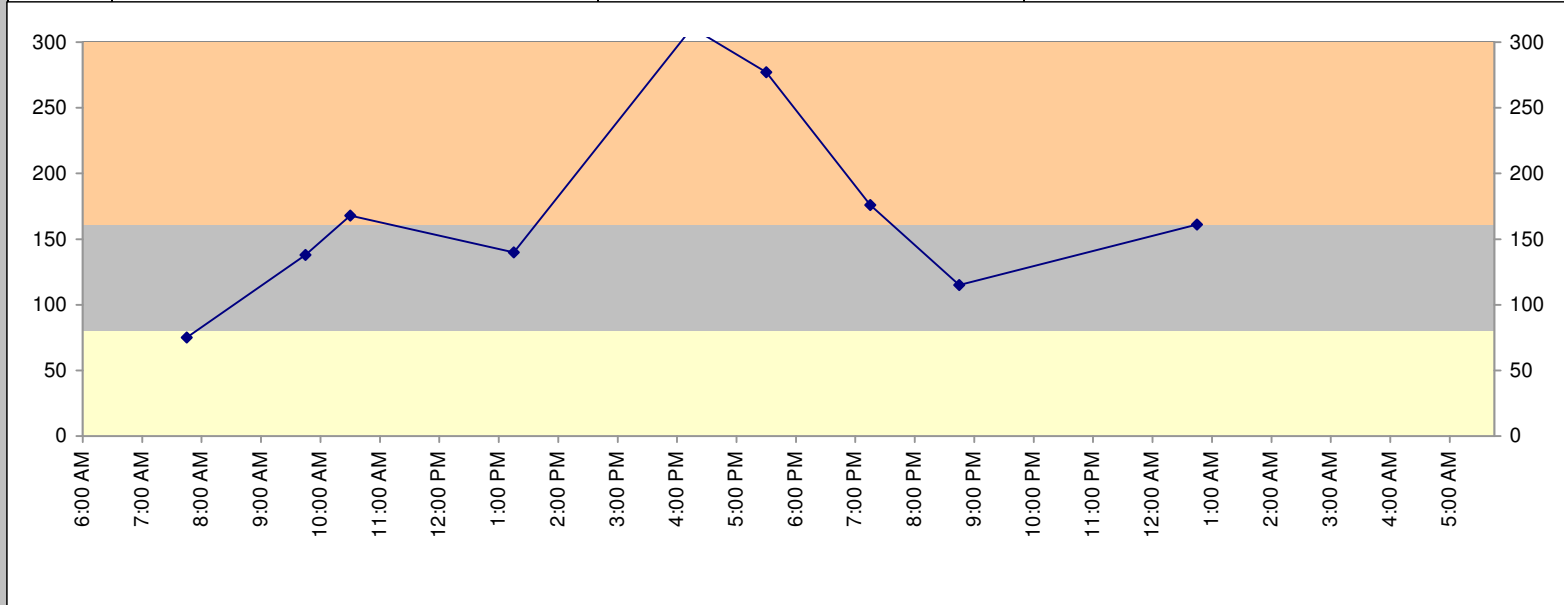
Notes	Morning	Afternoon	Evening
	8:30am - Whole wheat english muffin with peanut butter and a mug of chocolate soy milk.	11:30am - Blimpies, 12" cheese trio on wheat, bag of baked lays cheddar & sour cream chips.	7:15pm - two servings of pasta noodles with butter, salt & parmesan cheese. Also had the crust from the kids garlic bread (crust from about 3.5 pieces).



Tuesday, April 10, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									Average	173
0:15								140			311			176											Max	311
0:30					168							277													Min	75
0:45		75		138										115					161						Range	236
Carbs		44						110					19	90	50										Total Carbs	313
Bolus		5.85										2.50		2.95	9.25	6.65									Total Bolus	27.20
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3
Activity																									Total Insulin	56.5

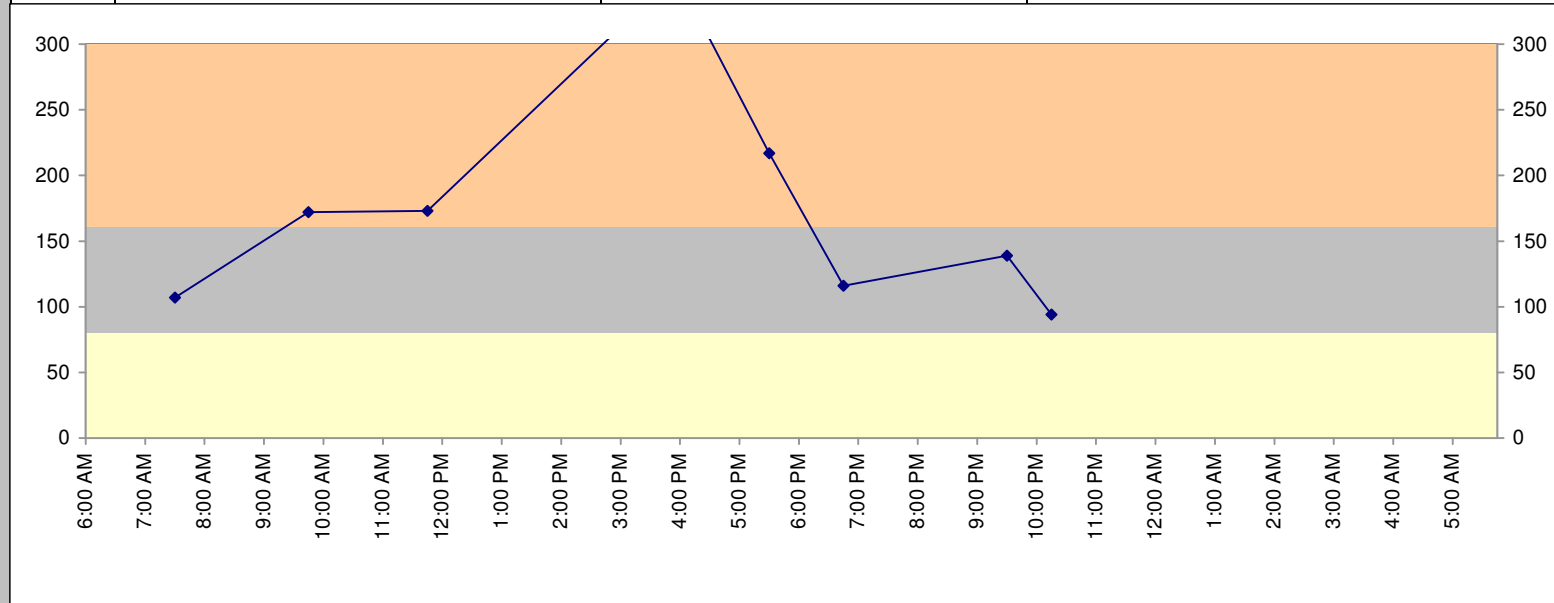
Notes	Morning	Afternoon	Evening
	7:45am - whole wheat english muffin with peanut butter and a mug of chocolate soy milk.	Home for lunch. Two hot dog buns with chips and ketchup, then a cheese & mayo sandwich on whole wheat bread.	7:15pm - nature valley peanut granola bar. 8:45pm - two grilled cheese sandwiches on whole wheat (with ketchup) and a can of green beans. 9:15pm - fruit smoothie. 9:41pm - set change, scheduled.



Wednesday, April 11, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00																									Average	185	
0:15																	94								Max	345	
0:30		107								304	217					139									Min	94	
0:45				172		173				345			116												Range	251	
Carbs			44				50	50	50				80				45	150							Total Carbs	469	
Bolus		0.20	5.85				6.65	6.65	6.39				9.50				2.15	20.00							Total Bolus	57.39	
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3	
Activity																										Total Insulin	86.69

Notes	Morning	Afternoon	Evening
	8:00am - english muffin with peanut butter and a mug of chocolate soy milk.	Birthday celebration at work. Had a couple pieces of cake, two big chunks of garlic bread and then a rich chocolate brownie between 12:00 and 2:00.	

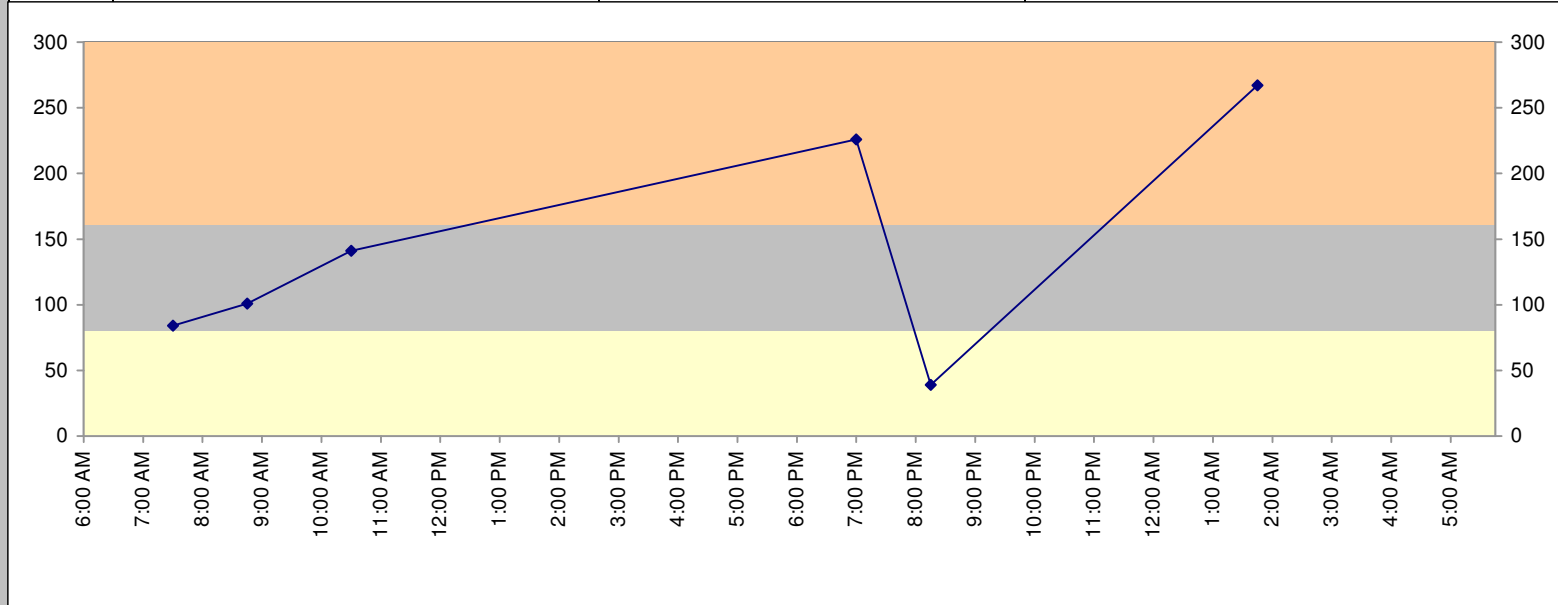


Thursday, April 12, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00														226										
0:15															39									
0:30		84			141																			
0:45			101																	267				
Carbs			80						80	30			50		206									
Bolus			10.65						11.50	4.00			6.65		21.35					2.65				
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50
Activity																								

# of Tests	6
Average	143
Max	267
Min	39
Range	228
Total Carbs	446
Total Bolus	56.80
Total Basal	29.3
Total Insulin	86.1

Notes	Morning	Afternoon	Evening

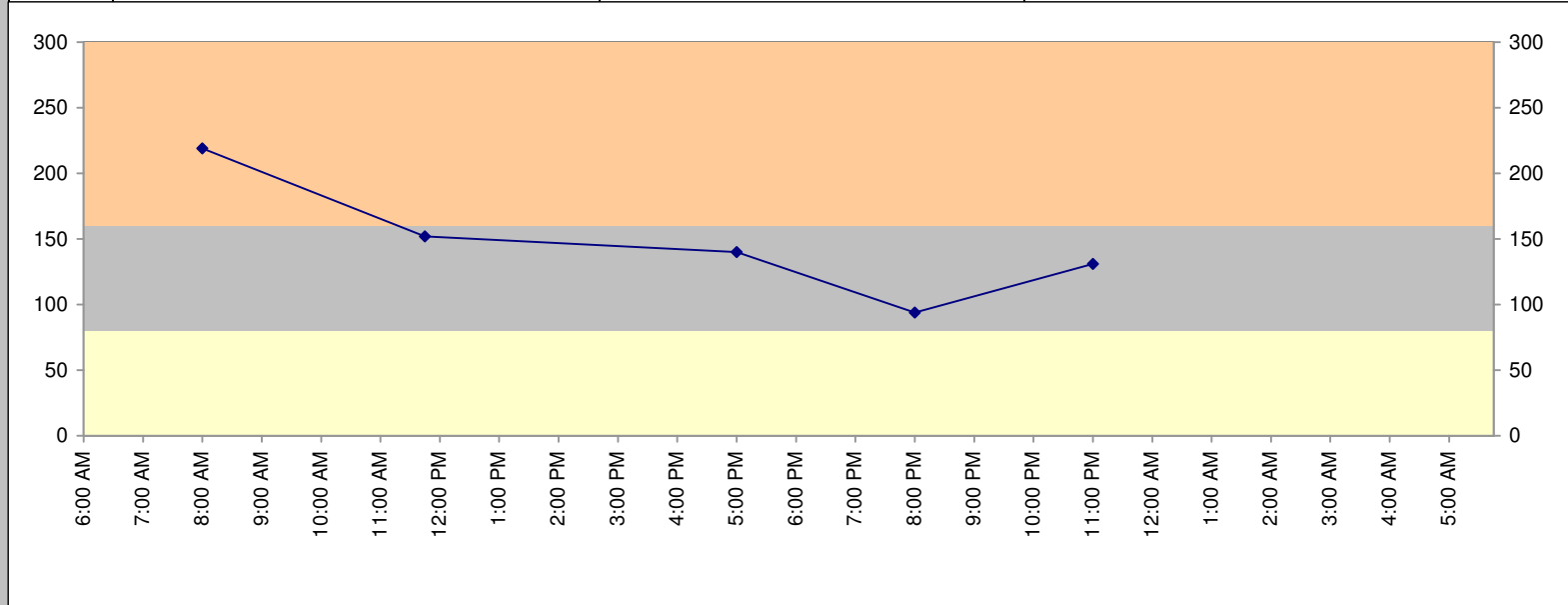


Friday, April 13, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00			219									140			94			131						
0:15																								
0:30																								
0:45						152																		
Carbs				50		225									80		50							
Bolus			3.40	6.65		30.00									10.50		6.65							
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	5
Average	147
Max	219
Min	94
Range	125
Total Carbs	405
Total Bolus	57.20
Total Basal	28
Total Insulin	85.2

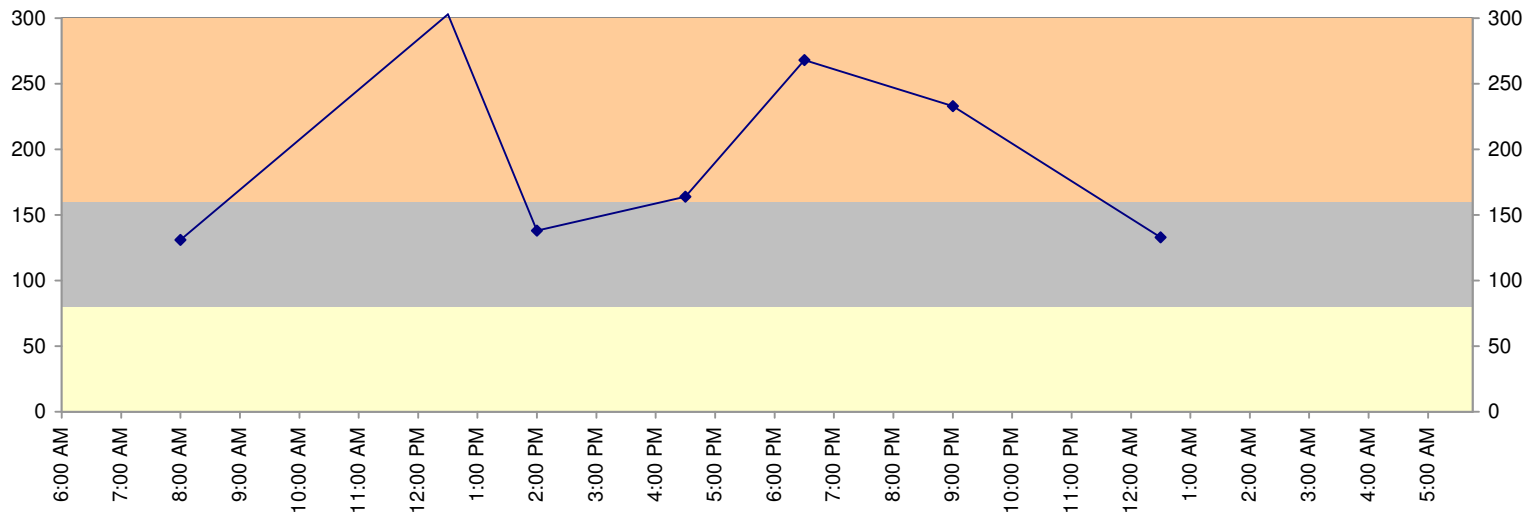
Notes	Morning	Afternoon	Evening



Saturday, April 14, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00			131						138							233									7
0:15																									Average
0:30							303			164			268						133						Max
0:45																									Min
Carbs						20			150				40		120			41							Total Carbs
Bolus			0.90			2.65	4.00		16.95				0.45	5.35	15.55										Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity																									Total Insulin

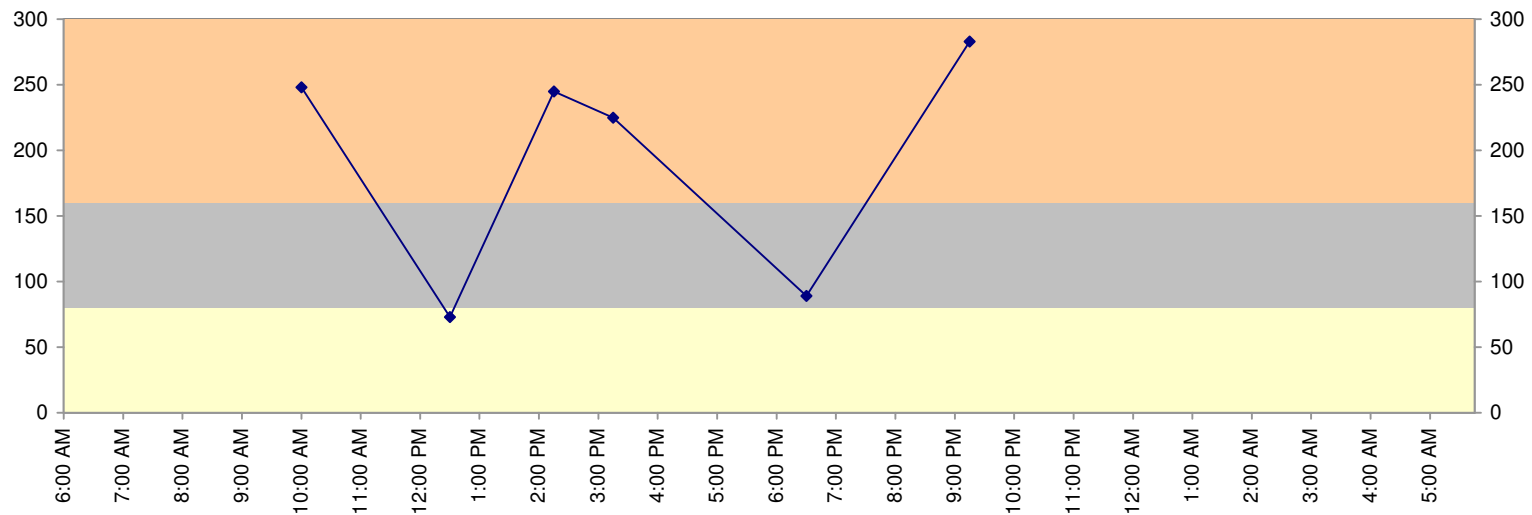
Notes	Morning	Afternoon	Evening



Sunday, April 15, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00					248																				6	
0:15									245	225						283									Average	194
0:30							73						89												Max	283
0:45																									Min	73
Carbs							50				225		129			70									Range	210
Bolus					4.20		3.75				26.00					9.35									Total Carbs	474
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	43.30
Activity									Walking																Total Basal	28
																									Total Insulin	71.3

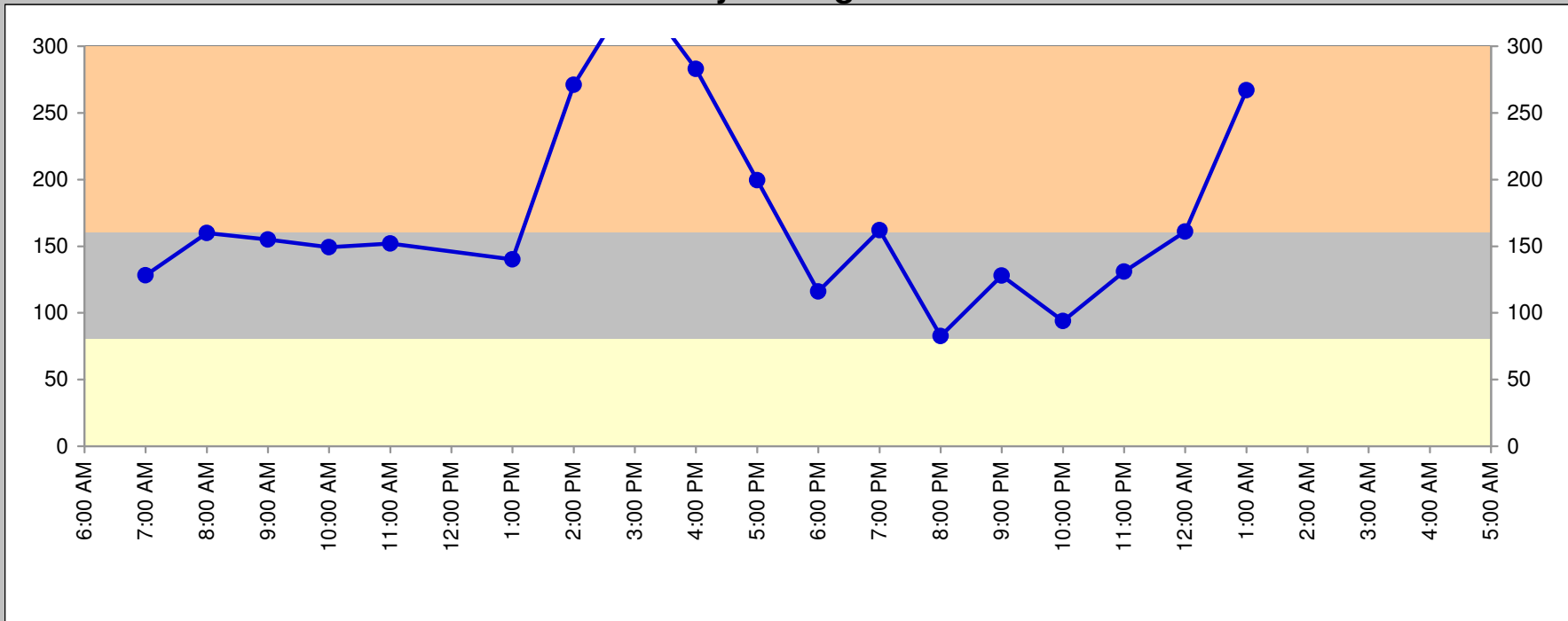
Notes	Morning	Afternoon	Evening
	12:30pm - Had some cereal for breakfast.	4:00pm - lunch at bridgemans. Forgot to bolus until after meal/desert was done. Had a grilled cheese sandwich, fries, hash browns and a ice cream sundae. 6:30pm - feeling weird. Bg is 89 mg/dl with well over 16 units on board. Kind of scared. Ate a few hamburger buns with mayo and then two of the kids "Trix" yogurt.	



Weekday Average Bloodsugar: 168

04/09/07 - 04/13/07

Hourly Average

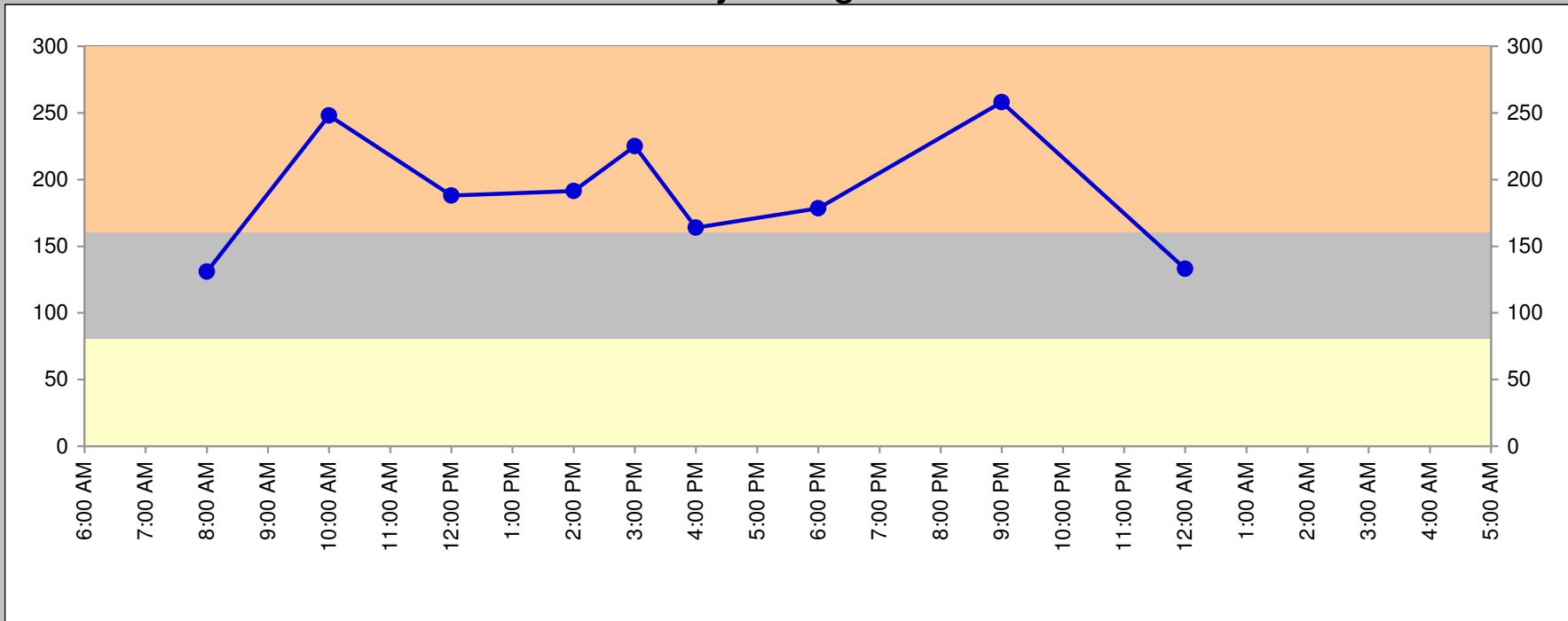


	Average	Max	Min	Range
Monday	173	271	84	187
Tuesday	173	311	75	236
Wednesday	185	345	94	251
Thursday	143	267	39	228
Friday	147	219	94	125

Weekend Average Bloodsugar: 195

04/14/07 - 04/15/07

Hourly Average

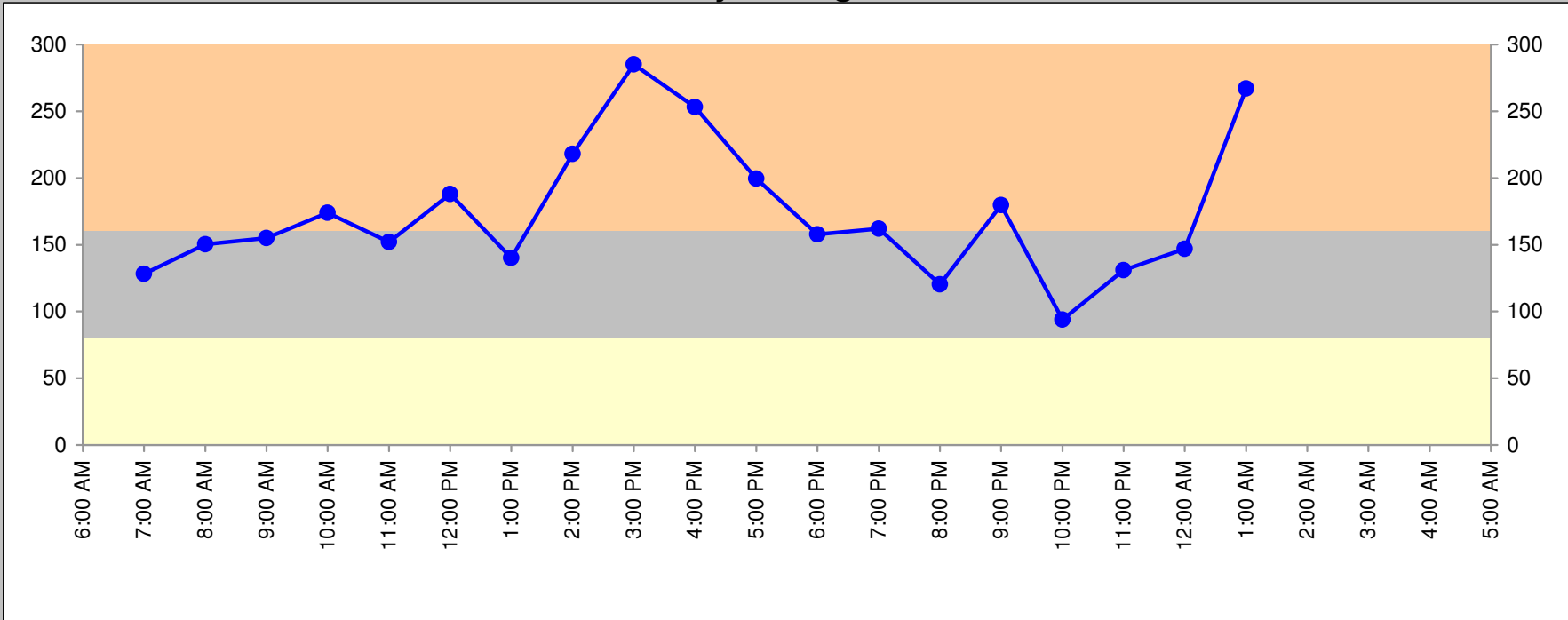


	Average	Max	Min	Range
Saturday	196	303	131	172
Sunday	194	283	73	210

Average Bloodsugar All Week: 175

04/09/07 - 04/15/07

Hourly Average



	Average	Max	Min	Range
Monday	173	271	84	187
Tuesday	173	311	75	236
Wednesday	185	345	94	251
Thursday	143	267	39	228
Friday	147	219	94	125
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 168

04/09/07 - 04/13/07

