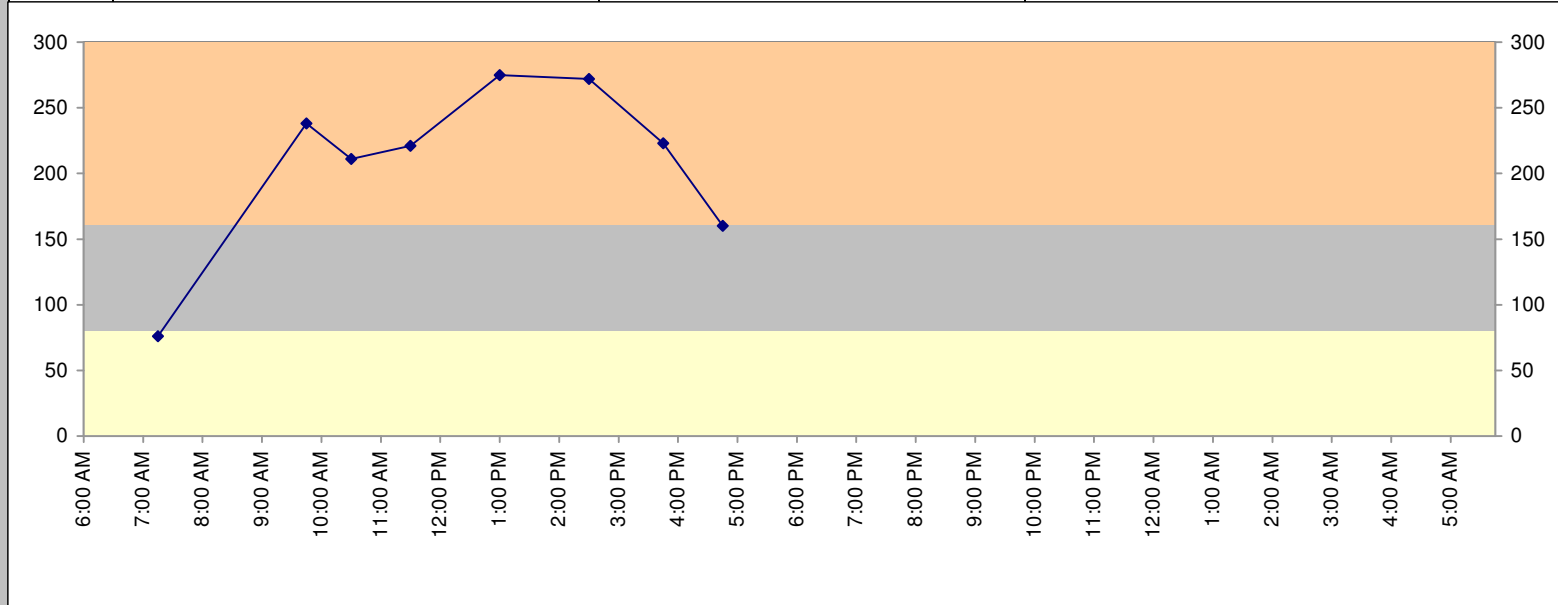


Monday, April 23, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00								275																	8	
0:15		76																							Average	210
0:30					211	221			272																Max	275
0:45				238						223	160														Min	76
																									Range	199
Carbs		44				117																			Total Carbs	161
Bolus		5.85				18.00																			Total Bolus	23.85
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	51.85

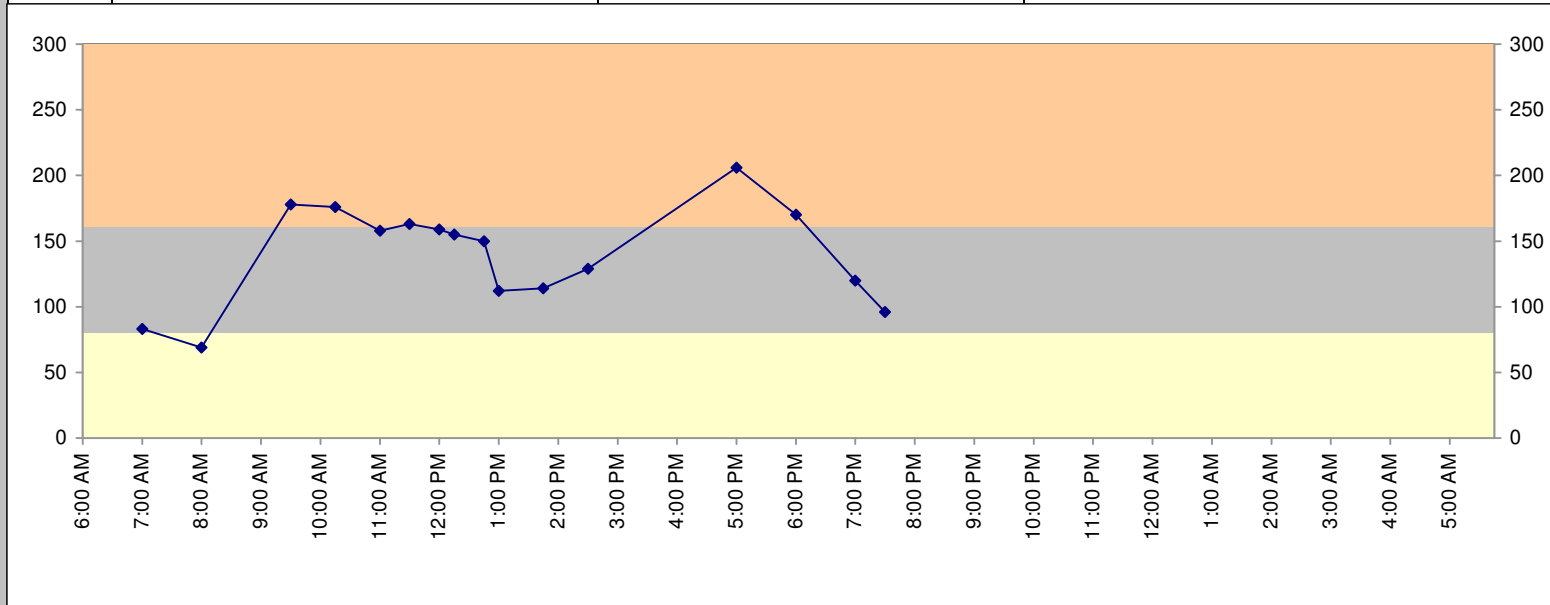
Notes	Morning	Afternoon	Evening
	7:15am - english muffin with peanut butter and about a mug and a half of chocolate soy milk. Still fighting the crud.	11:42am - blimpies 12" cheese trio on wheat. Bag of baked lays cheddar & sour cream.	



Tuesday, April 24, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00		83	69			158	159	112				206	170	120											Average	140
0:15					176		155																		Max	206
0:30				178		163			129					96											Min	69
0:45							150	114																	Range	137
Carbs		44	27			17			55					55											Total Carbs	198
Bolus		5.85				1.00			7.75					6.60											Total Bolus	21.20
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3
Activity						Basketball																			Total Insulin	50.5

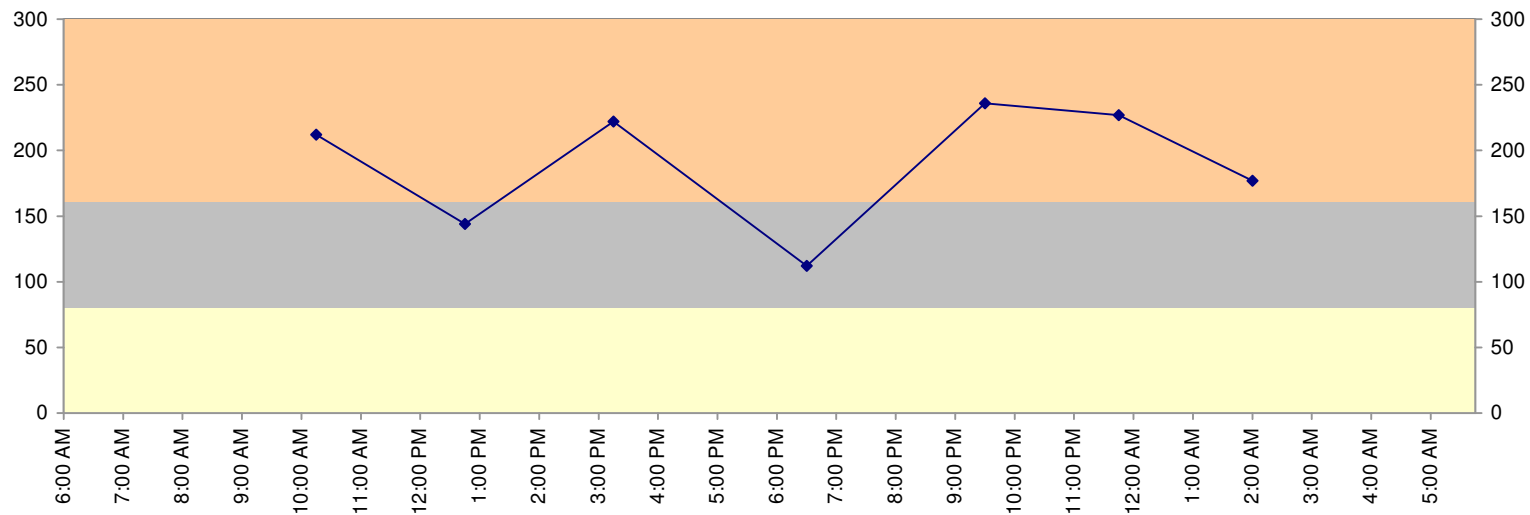
Notes	Morning	Afternoon	Evening
	7:09am - english muffin with peanut butter and small mug of chocolate soy milk. 8:00am - feeling low! Yep - 69 mg/dl! Had a juice box (27g). I pre-bolused a little bit for breakfast, maybe 5-10 minutes ahead. Could that have done it? 11:15am - had a glucerna shake before basketball, and bolused 1 unit for it.	Pretty happy with BG's at basketball. 2:30pm - half of my cottage cheese, V-8, 100 cal wheat thins with hummus, dried blueberries.	



Wednesday, April 25, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																					177				7	
0:15				212					222																Average	190
0:30													112			236									Max	236
0:45							144											227							Min	112
Carbs							70		30				75					35							Range	124
Bolus							9.45		4.00				9.15			4.00		5.05							Total Carbs	210
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Bolus	31.65
Activity																									Total Basal	29.3
																									Total Insulin	60.95

Notes	Morning	Afternoon	Evening
			Out to boxing match with Reed - had a pretzel and peanuts.

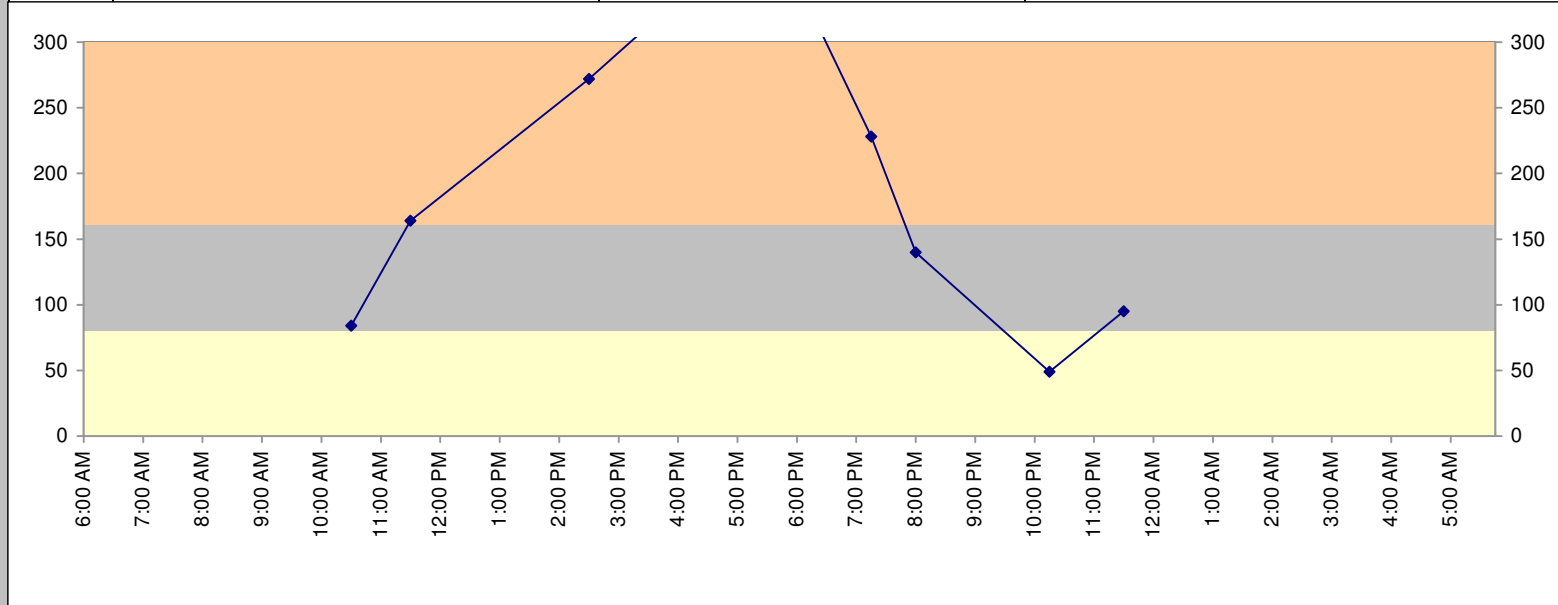


Thursday, April 26, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00															140									
0:15														228			49							
0:30					84	164			272			393						95						
0:45																								
Carbs						17			80						215		117							
Bolus						1.50	2.00	12.00	15.50			10.00			20.00									
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50
Activity							Basketball																	

# of Tests	8
Average	178
Max	393
Min	49
Range	344
Total Carbs	429
Total Bolus	61.00
Total Basal	29.3
Total Insulin	90.3

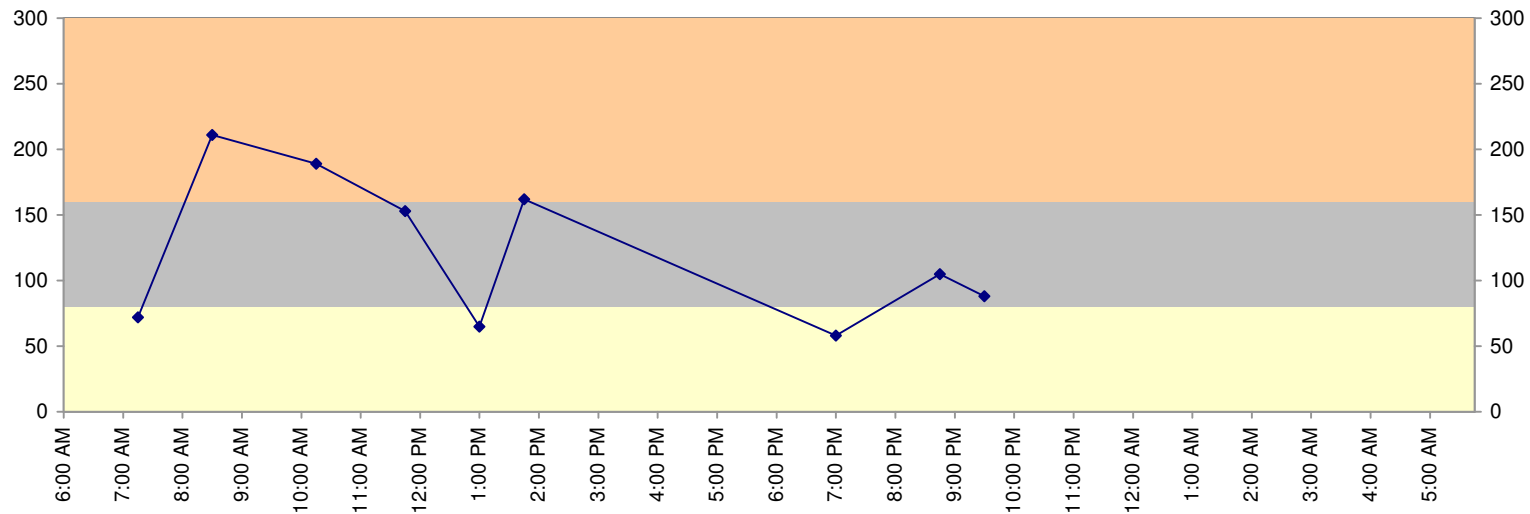
Notes	Morning	Afternoon	Evening
	10:30am - site change 11:15am - glucerna shake before basketball.	shitty time at ball - BG is through the roof from my site change. I thought exercise would help soften the blow - I guess I was wrong. Felt very yucky after I was done playing. Thirsty, achy, slightly nauseous. Didn't have access to any ketone strips to test. Starting to pound the insulin.	8:00pm - Perkins with family. Grilled cheese, fries & hashbrowns.



Friday, April 27, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00								65						58											9		
0:15		72			189																				Average	123	
0:30			211													88									Max	211	
0:45						153		162							105										Min	58	
																									Range	153	
Carbs		40	80					149		60				100		39										Total Carbs	468
Bolus		5.35	9.00					17.85		8.00				8.35												Total Bolus	48.55
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																										Total Insulin	76.55

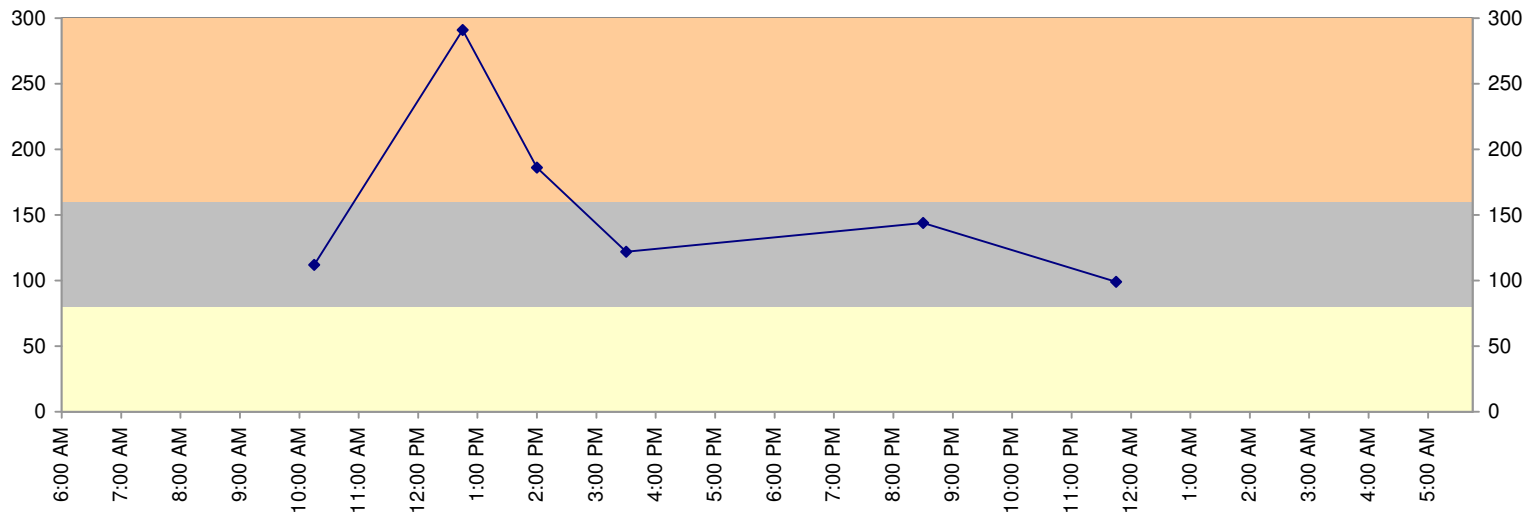
Notes	Morning	Afternoon	Evening
	At MN Zoo with kids - lots of walking	1:45pm - KFC - mashed potatoes & two biscuits	



Saturday, April 28, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00									186																6
0:15					112																				Average
0:30										122					144										159
0:45							291											99							291
Carbs					50						170				44			55							Total Carbs
Bolus					7.00		3.50				22.65					12.50		1.35							Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity																									Total Insulin
																									62.5

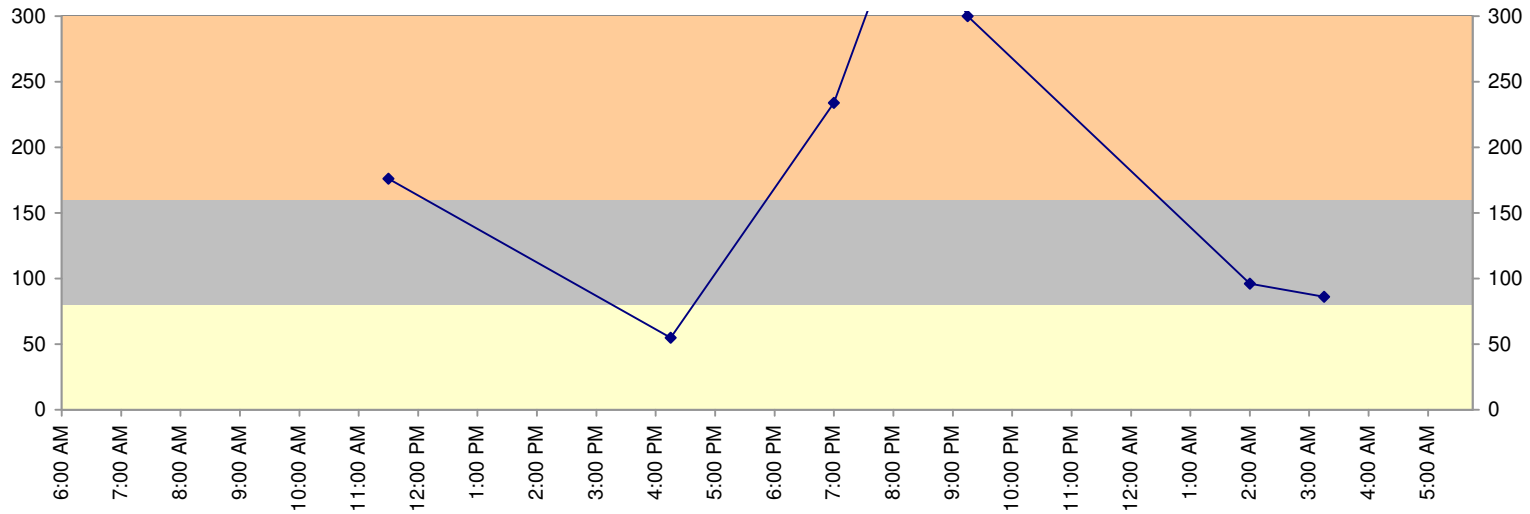
Notes	Morning	Afternoon	Evening
		12:45pm - forgot lunch bolus	



Sunday, April 29, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00														234						96					7
0:15										55					388	300						86			Average
0:30						176																			Max
0:45																									Min
Carbs							44				160			50		60									Range
Bolus						2.15	5.85				18.10			6.65	5.00	3.70									Total Carbs
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus
Activity																									Total Basal
																									Total Insulin

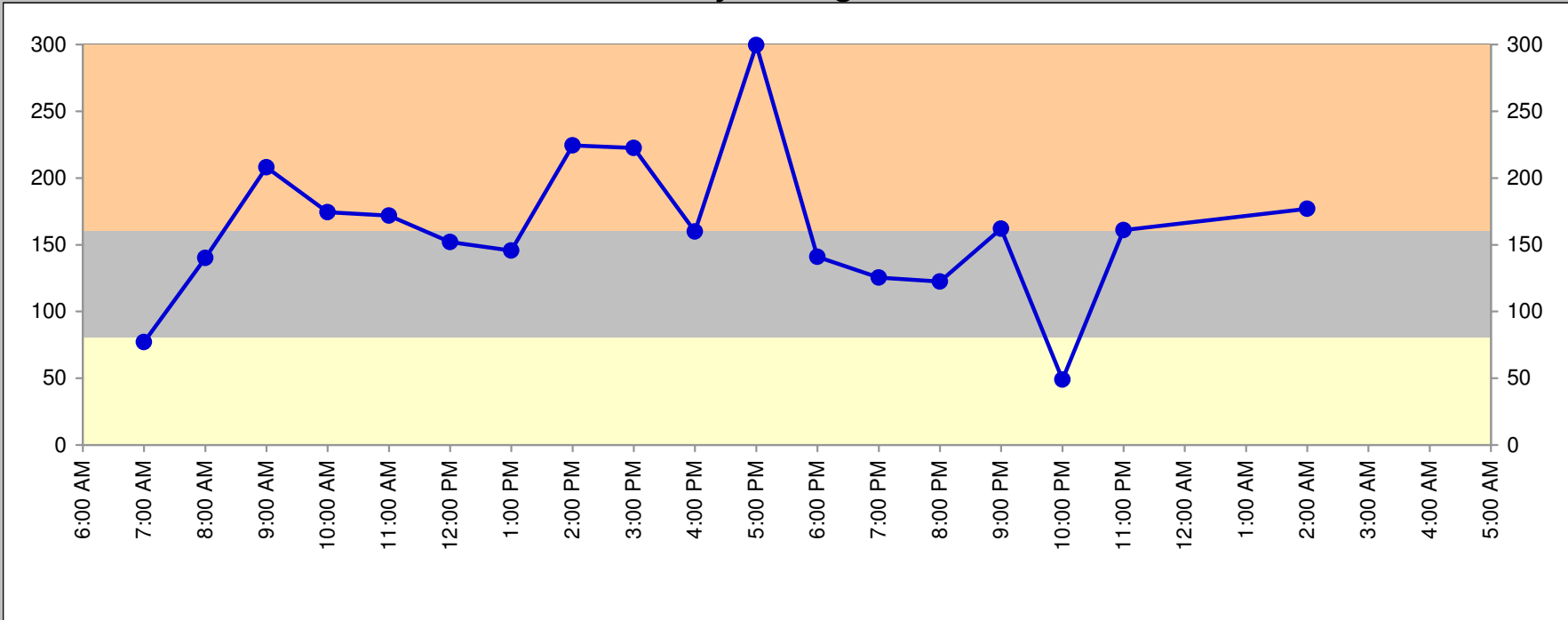
Notes	Morning	Afternoon	Evening
		4:30pm - site change	



Weekday Average Bloodsugar: 162

04/23/07 - 04/27/07

Hourly Average

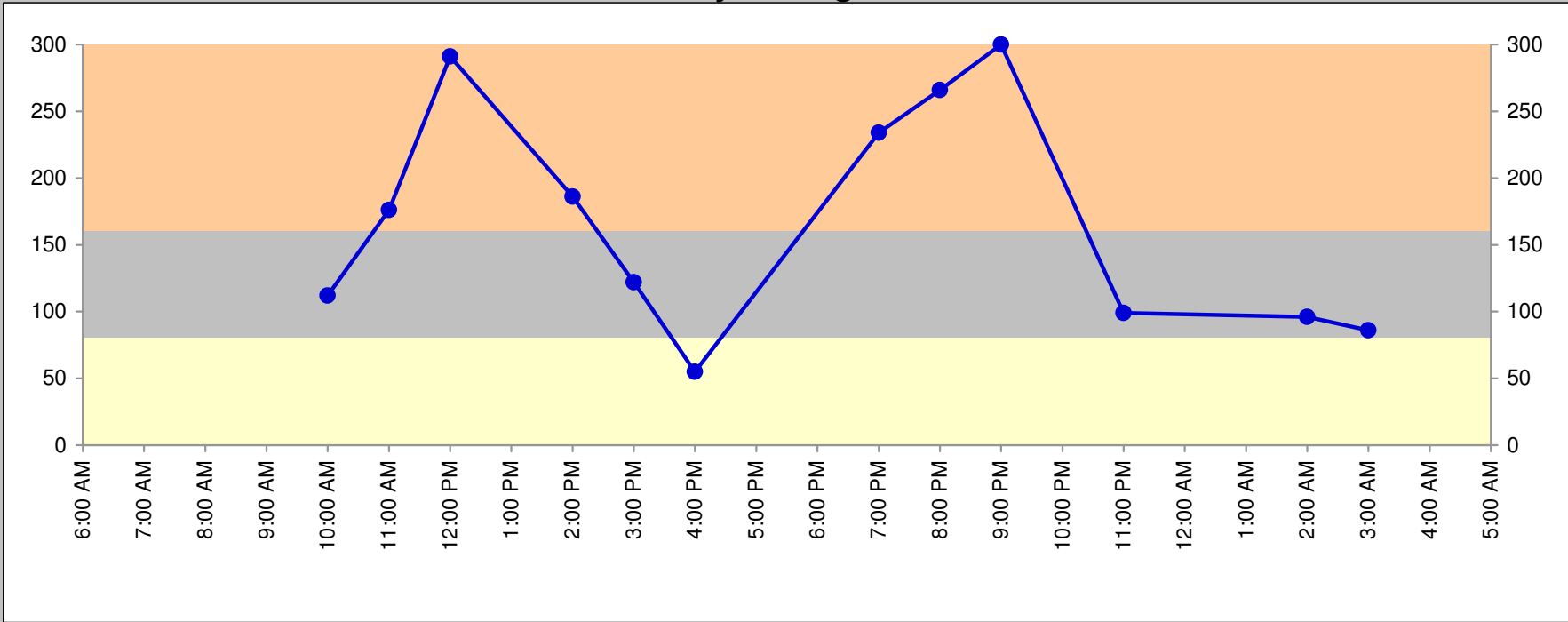


	Average	Max	Min	Range
Monday	210	275	76	199
Tuesday	140	206	69	137
Wednesday	190	236	112	124
Thursday	178	393	49	344
Friday	123	211	58	153

Weekend Average Bloodsugar: 176

04/28/07 - 04/29/07

Hourly Average

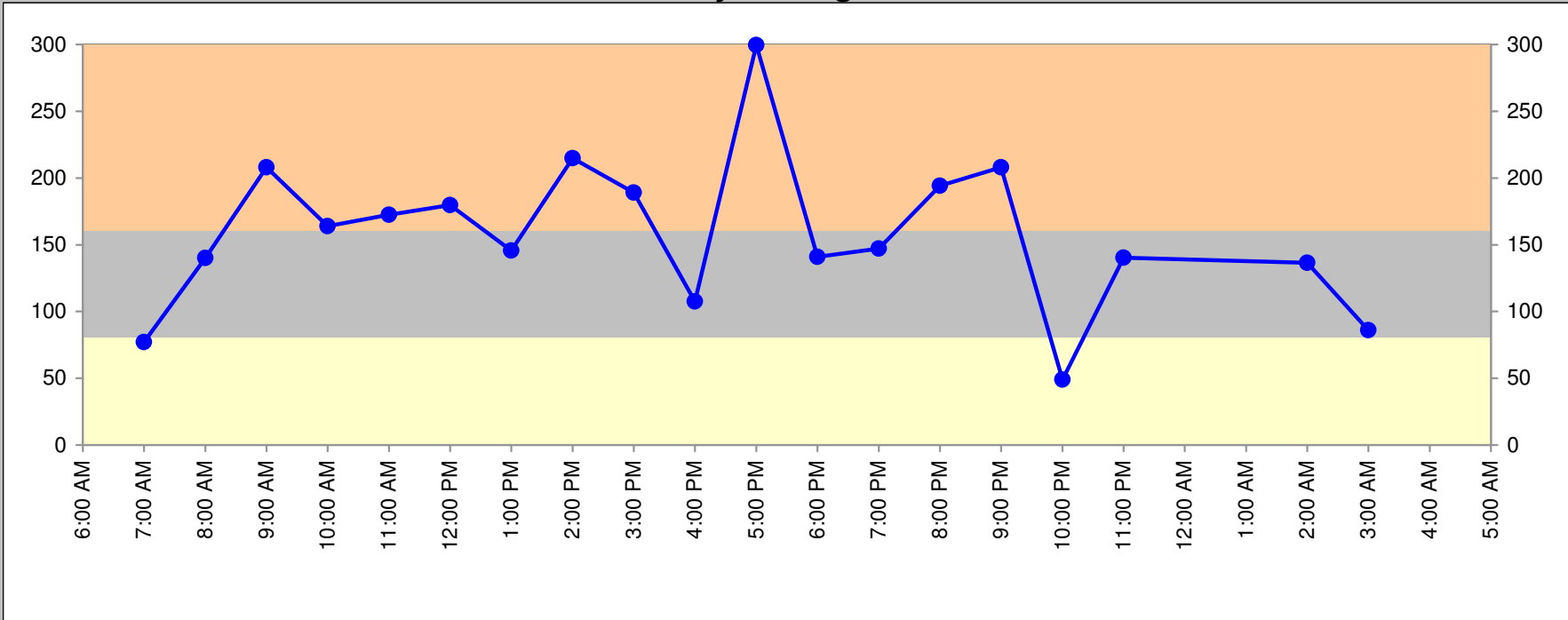


	Average	Max	Min	Range
Saturday	159	291	99	192
Sunday	191	388	55	333

Average Bloodsugar All Week: 165

04/23/07 - 04/29/07

Hourly Average



	Average	Max	Min	Range
Monday	210	275	76	199
Tuesday	140	206	69	137
Wednesday	190	236	112	124
Thursday	178	393	49	344
Friday	123	211	58	153
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 162

04/23/07 - 04/27/07

