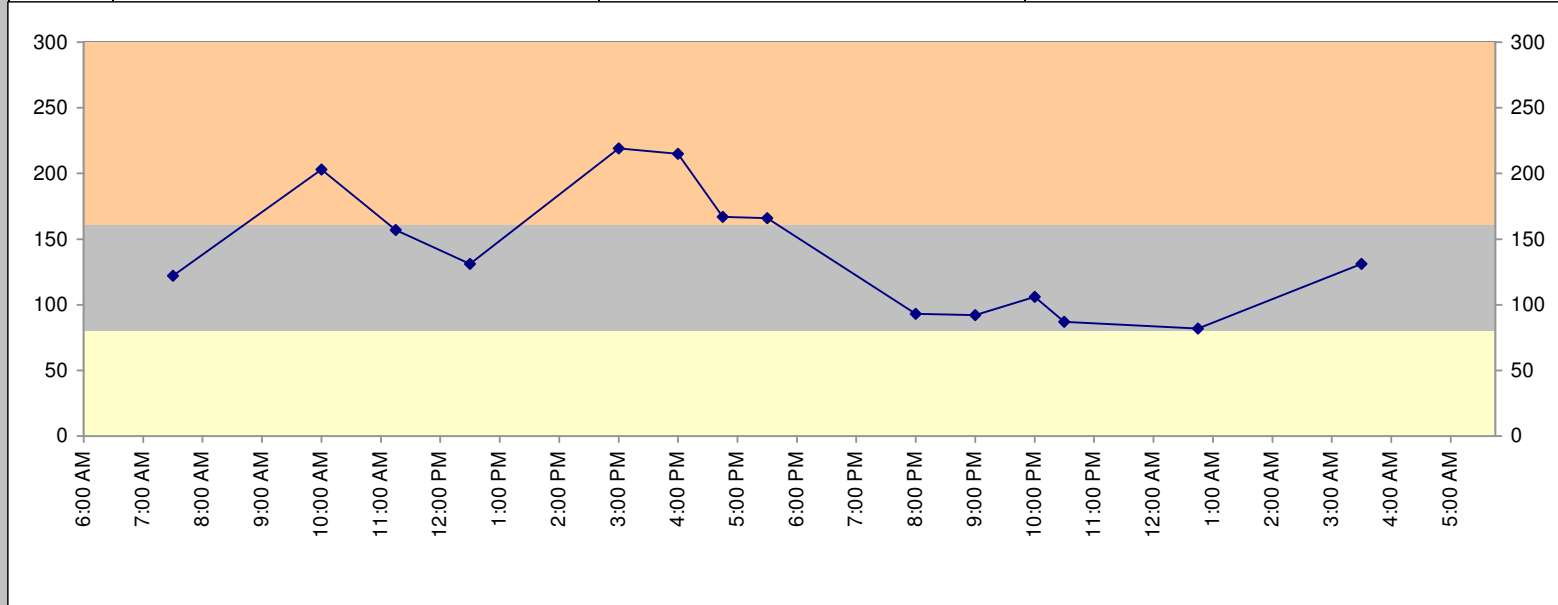


Monday, May 14, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00					203					219	215				93	92	106							
0:15						157																		
0:30		122					131					166					87					131		
0:45										167									82					
Carbs			44				117																	
Bolus		0.60	5.85				15.30																	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	14
Average	141
Max	219
Min	82
Range	137
Total Carbs	161
Total Bolus	21.75
Total Basal	28
Total Insulin	49.75

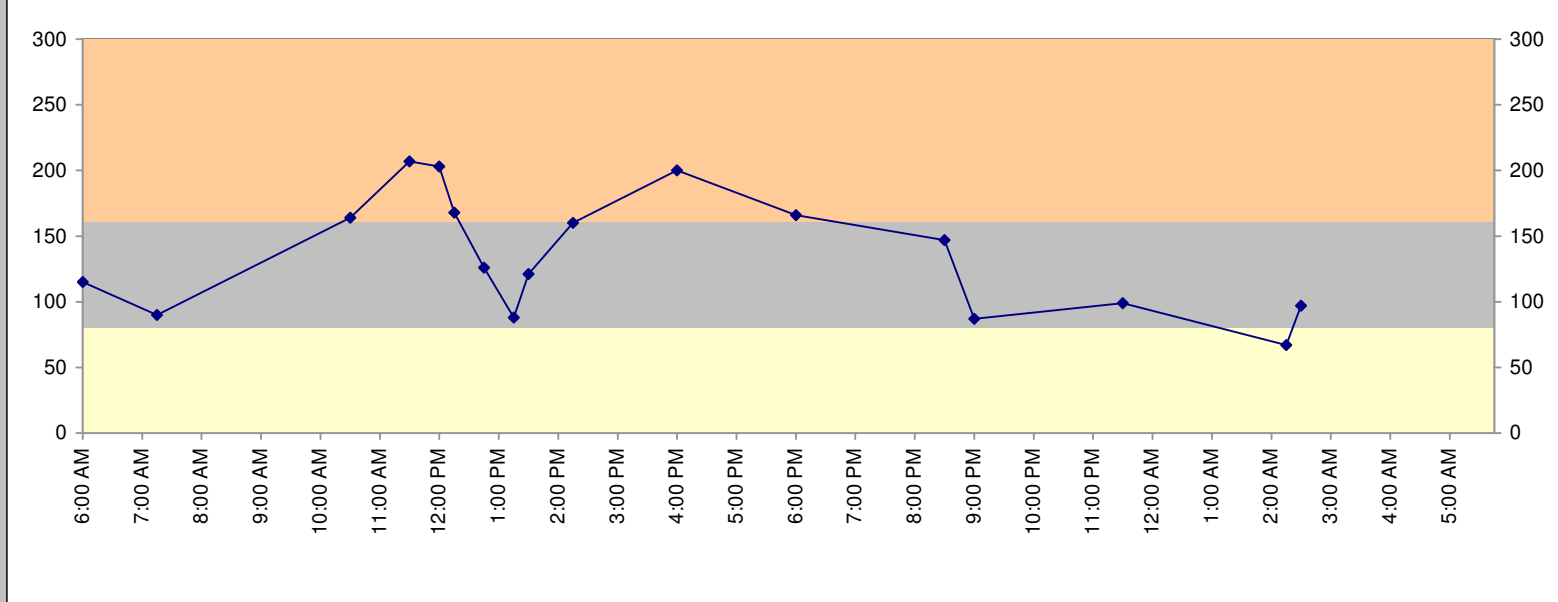
Notes	Morning	Afternoon	Evening
	8:00am - english muffin with peanut butter and a mug of chocolate soy milk (first meal on new set).	12:30pm - blimpies, 12" cheese trio on wheat, bag of baked lays cheddar & sour cream chips.	Fasting Basal Rate test tonight. -- Basal rate test went very well I think. Started at 93 mg/dl, woke up at 90 mg/dl. Slight spike up to 131mg/dl. Not sure if that is normal or the result of being scared shitless by a big spider in the bathroom for the midnight test (adrenaline rush!)?



Tuesday, May 15, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00	115						203				200		166			87									17
0:15		90					168	88	160												67				Average
0:30					164	207		121							147			99			97				207
0:45							126																		67
Carbs			44					16	55				55			30					8				208
Bolus			5.85						9.05				6.60			0.65					0.00				22.15
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	29.3
Activity						Basketball																			51.45
Total Carbs																								208	
Total Bolus																								22.15	
Total Basal																								29.3	
Total Insulin																								51.45	

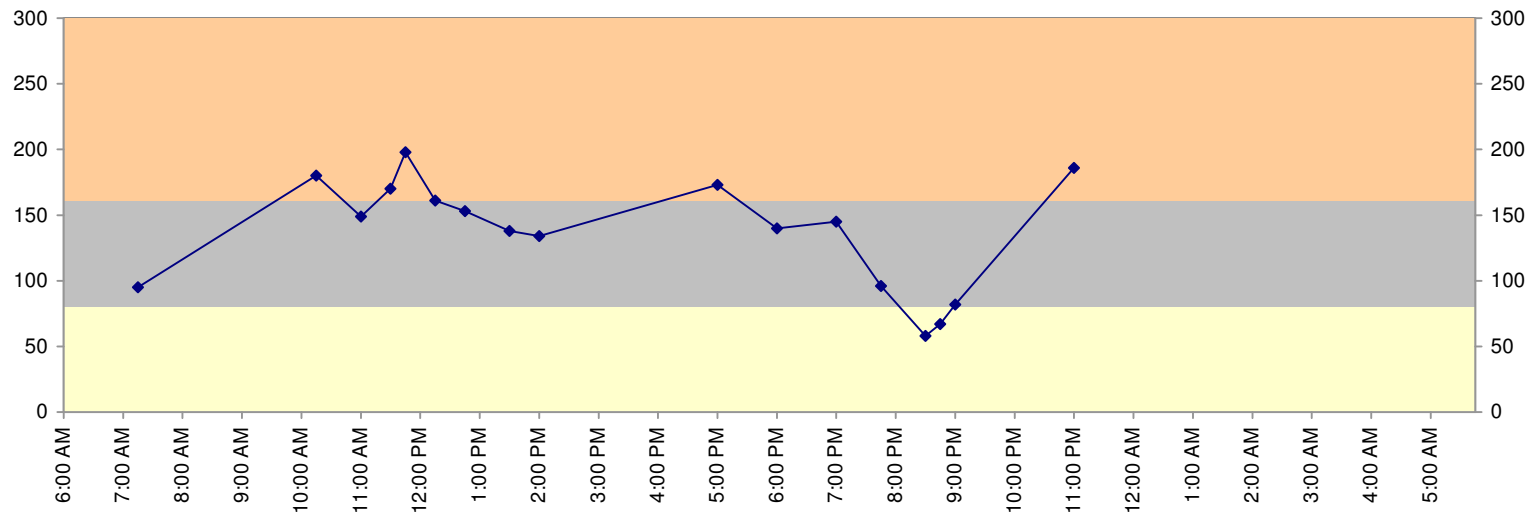
Notes	Morning	Afternoon	Evening
	8:00am - English muffin with peanut butter and mug of chocolate soy milk. 10:40am - had a small plate of some sweet, glazed, chex mix.	2:10pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, and dried blueberries.	6:00pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, dried blueberries. 9:05pm - fruit smoothie. 2:10am - woke up feeling low. Had two glucose tabs.



Wednesday, May 16, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00						149			134			173	140	145		82		186							17
0:15		95			180		161																		Average
0:30						170		138							58										198
0:45						198	153							96	67										58
Carbs		44				17			55				55		35										140
Bolus		5.85				1.00			7.85				6.20		0.00										206
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	20.90
Activity						Basketball																			29.3
																									50.2

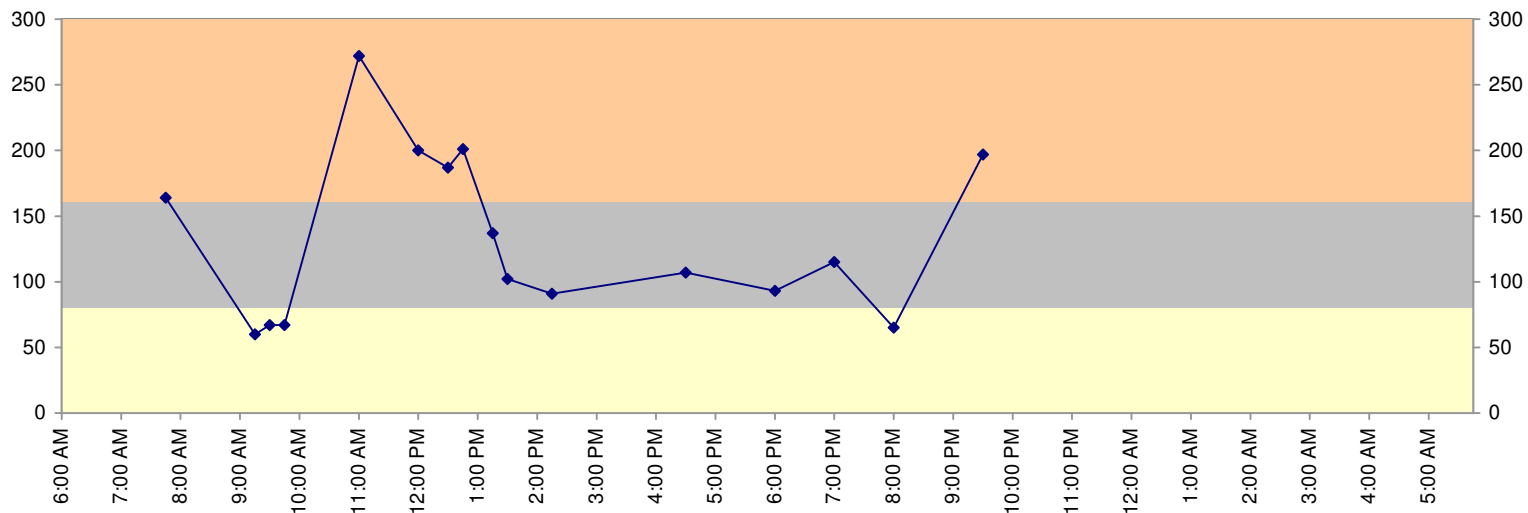
Notes	Morning	Afternoon	Evening
	7:37am - english muffin with peanut butter and a mug of chocolate soy milk. 11:30am - had a glucerna shake in the locker room before ball, took 1 unit. Still spiked up a bit, but not too bad. Ball was intense today and there were a lot of people there.	2:10pm - v-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries.	6:00pm - v-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries. 7:45pm - can of green beans then a fruit smoothie.



Thursday, May 17, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00						272	200						93	115	65										16
0:15				60				137	91																Average
0:30				67			187	102			107					197									272
0:45		164		67			201																		60
Carbs			44						55				55												Total Carbs
Bolus		1.80	5.85				1.50		5.95				5.25		0.85										Total Bolus
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal
Activity							Basketball																		Total Insulin

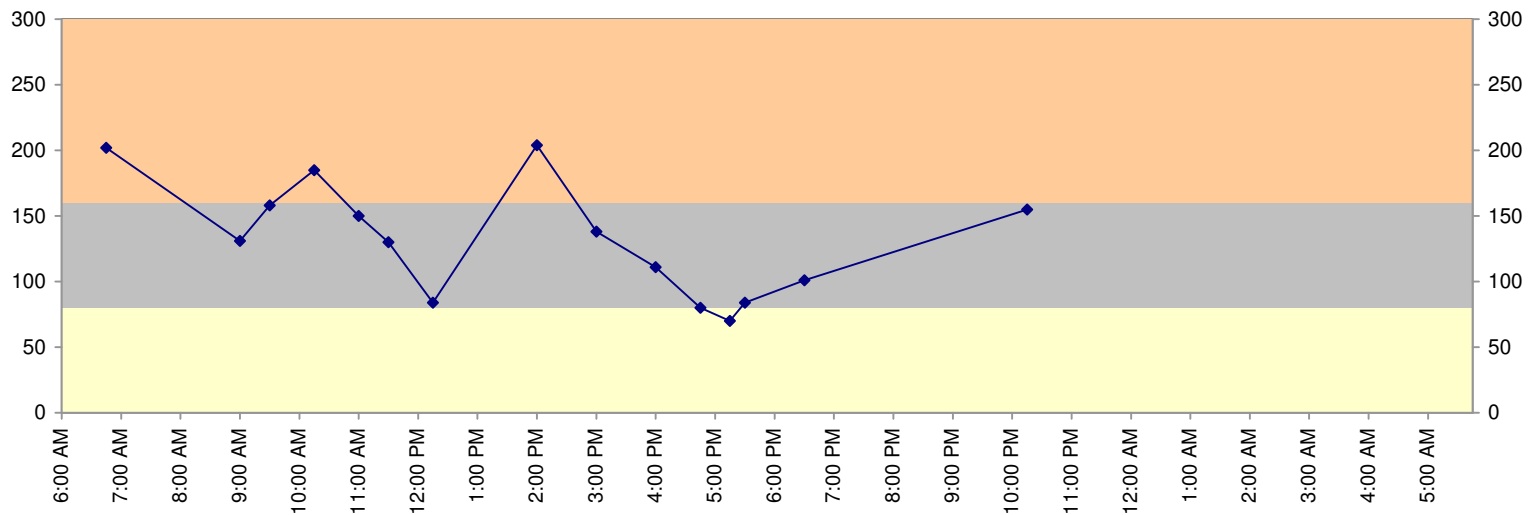
Notes	Morning	Afternoon	Evening
	<p>8:31am - english muffin with peanut butter and a mug of chocolate soy milk. 9:15am - feeling low. I feel like my breakfast has not hit yet, but it is in there. Maybe I'll come up with time? 10:00am - grabbed a bag of licorice "Nibs" from the vending machine (50g). 11:30am - running high at ball, overtreated the morning low. I probably shouldn't have waited so long, but I really thought my breakfast would "catch up" to me. When it didn't I kind of spazzed with the Nibs. Felt Ok at ball though, took 1.5 units at around 12:45pm or so.</p>	<p>2:15pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries.</p>	<p>6:00pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries 8:00pm - fruit smoothie.</p>



Friday, May 18, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00				131	150				204	138	111														15		
0:15					185		84					70					155								Average	132	
0:30				158		130						84	101												Max	204	
0:45	202										80														Min	70	
Carbs		44					117					25	100		55										Range	134	
Bolus	2.90	5.85			10.00		7.45						11.85		7.35										Total Carbs	341	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	45.40
Activity																									Total Basal	28	
																									Total Insulin	73.4	

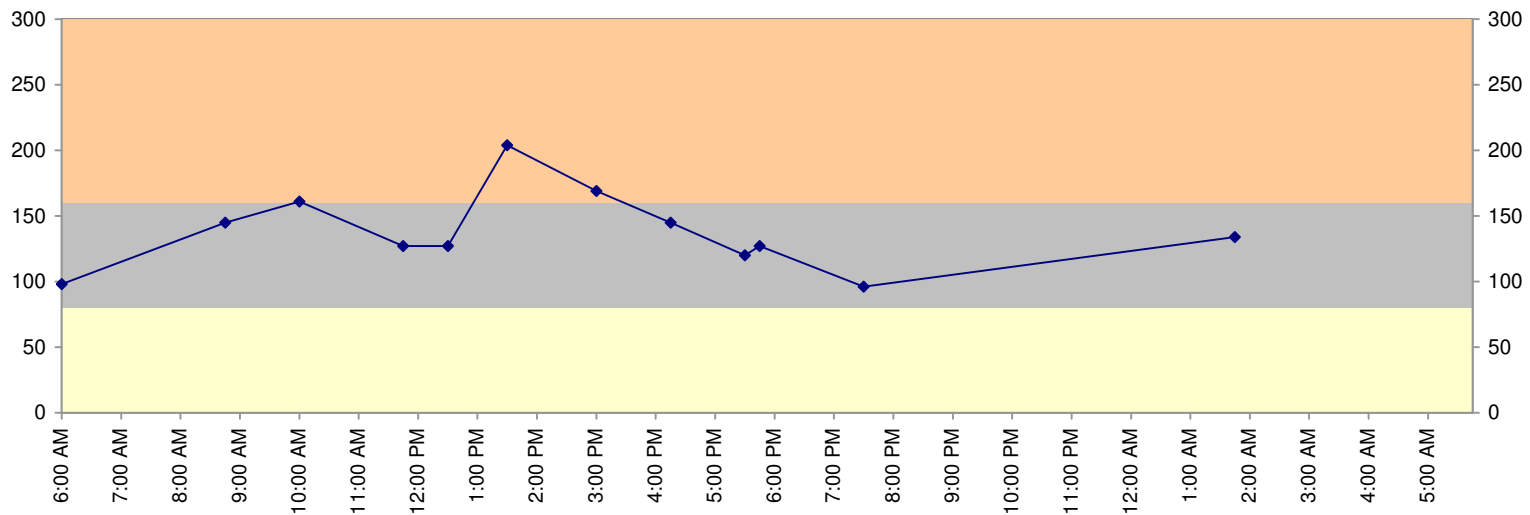
Notes	Morning	Afternoon	Evening
	7:30am - site change - in an area likely to have a lot of scar tissue. Did a "fill cannula" about 5 times though. Then had breakfast - english muffin with peanut butter and a mug of chocolate soy milk.	12:00pm - blimpies 12" cheese trio on wheat and a bag of baked lays sour cream & cheddar. 5:15pm - low. Having a handful of M&M's.	



Saturday, May 19, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00	98				161					169															12	
0:15											145														Average	138
0:30							127	204				120		96											Max	204
0:45			145			127						127								134					Min	96
																									Range	108
Carbs	44						20					80	40			60									Total Carbs	244
Bolus	5.85					0.40	2.65	1.00				10.55	5.30			8.00									Total Bolus	33.75
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	61.75

Notes	Morning	Afternoon	Evening
	6:38am - english muffin with peanut butter and a mug of chocolate soy milk.	At TCOYD Conference all day.	5:30pm - BK - two large cheesy tots.

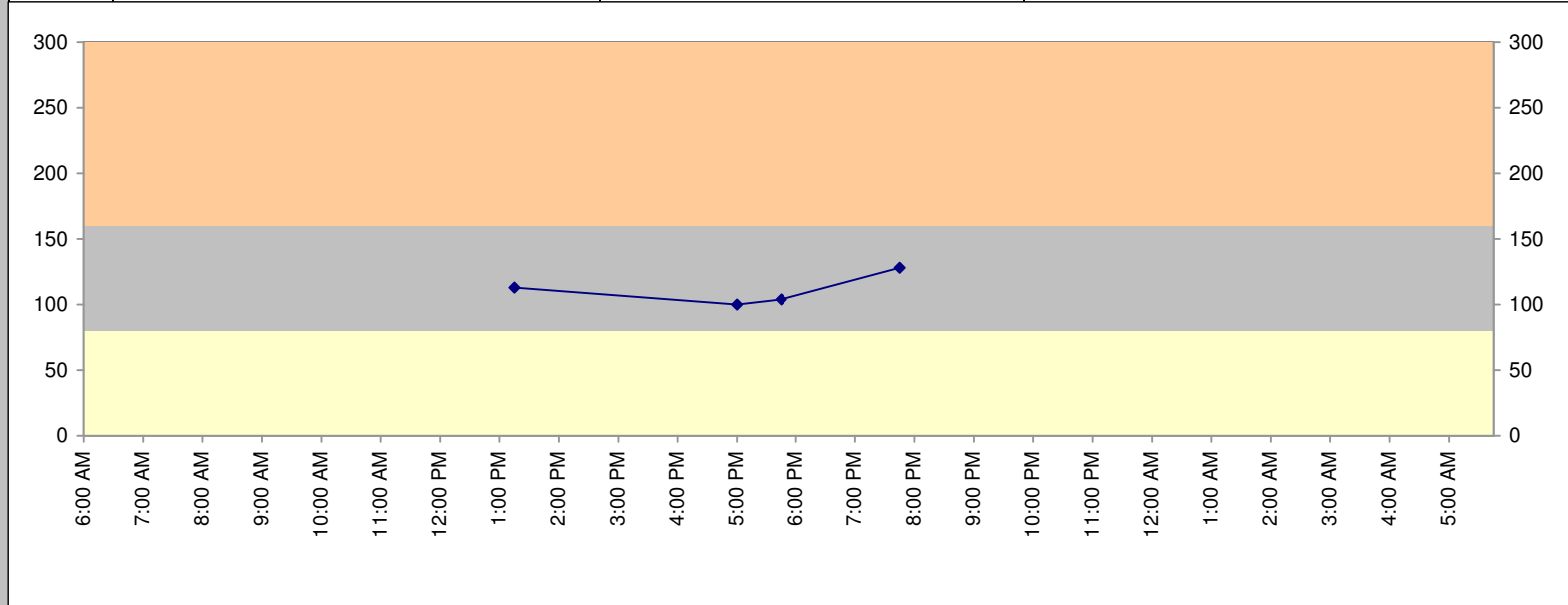


Sunday, May 20, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00												100												
0:15								113																
0:30																								
0:45												104		128										
Carbs								40	100			150			60									
Bolus								5.70	13.35			13.45			8.00					6.50				
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	4
Average	111
Max	128
Min	100
Range	28
Total Carbs	350
Total Bolus	47.00
Total Basal	28
Total Insulin	75

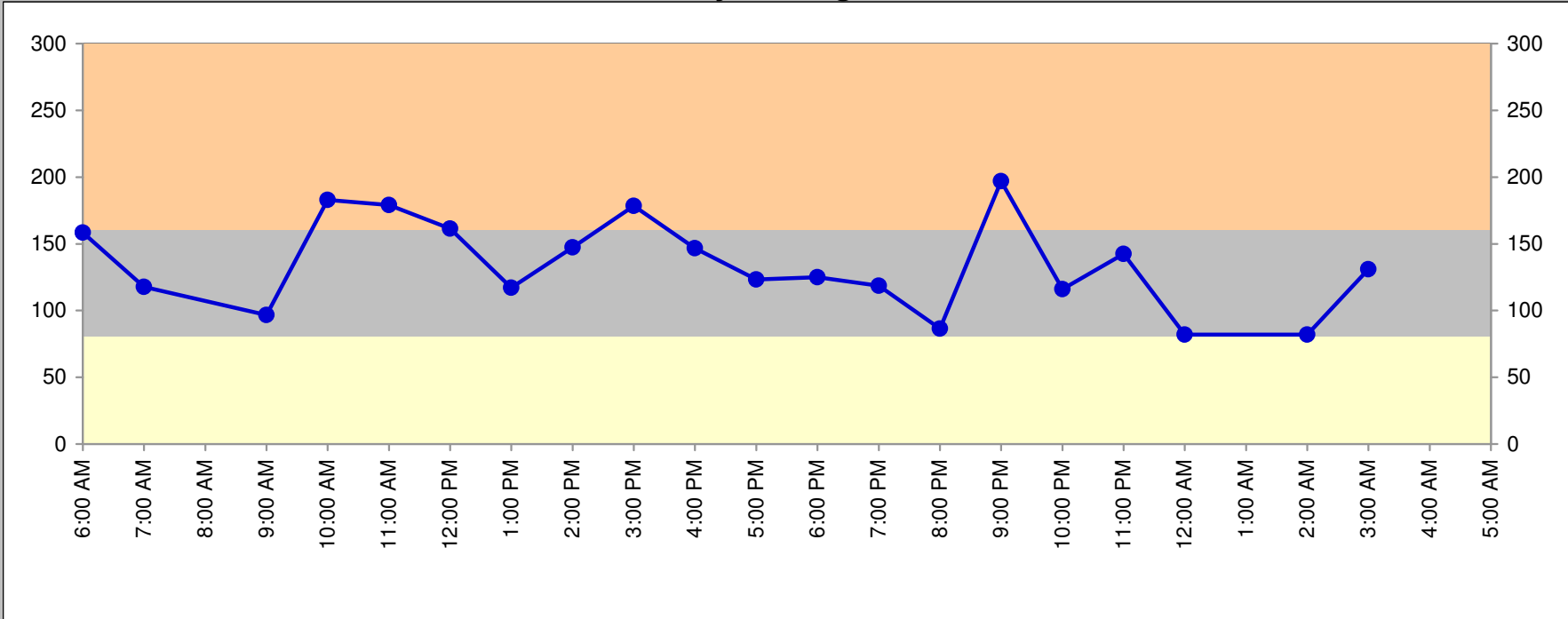
Notes	Morning	Afternoon	Evening
		2:11pm - Large nachos @ movies.	2:30am - feeling high (up to use the bathroom). Didn't test, just took some insulin.



Weekday Average Bloodsugar: 136

05/14/07 - 05/18/07

Hourly Average

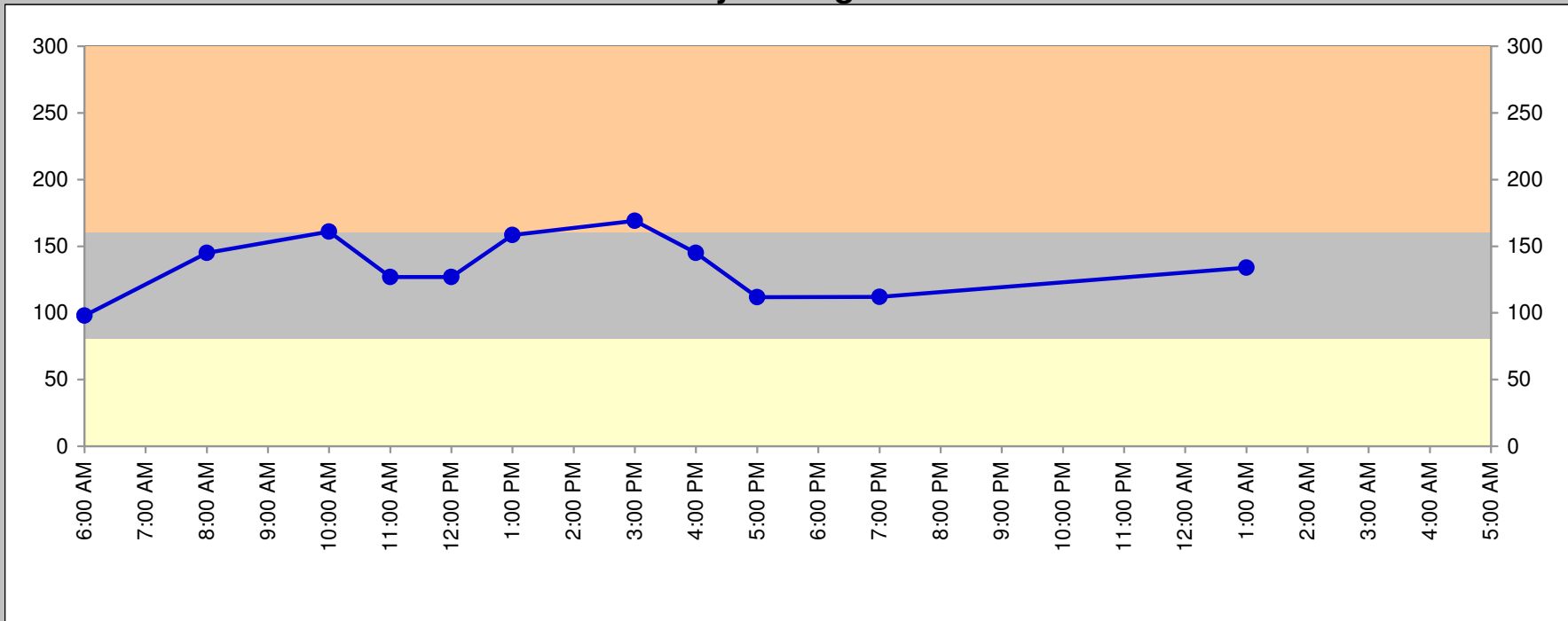


	Average	Max	Min	Range
Monday	141	219	82	137
Tuesday	136	207	67	140
Wednesday	137	198	58	140
Thursday	133	272	60	212
Friday	132	204	70	134

Weekend Average Bloodsugar: 131

05/19/07 - 05/20/07

Hourly Average

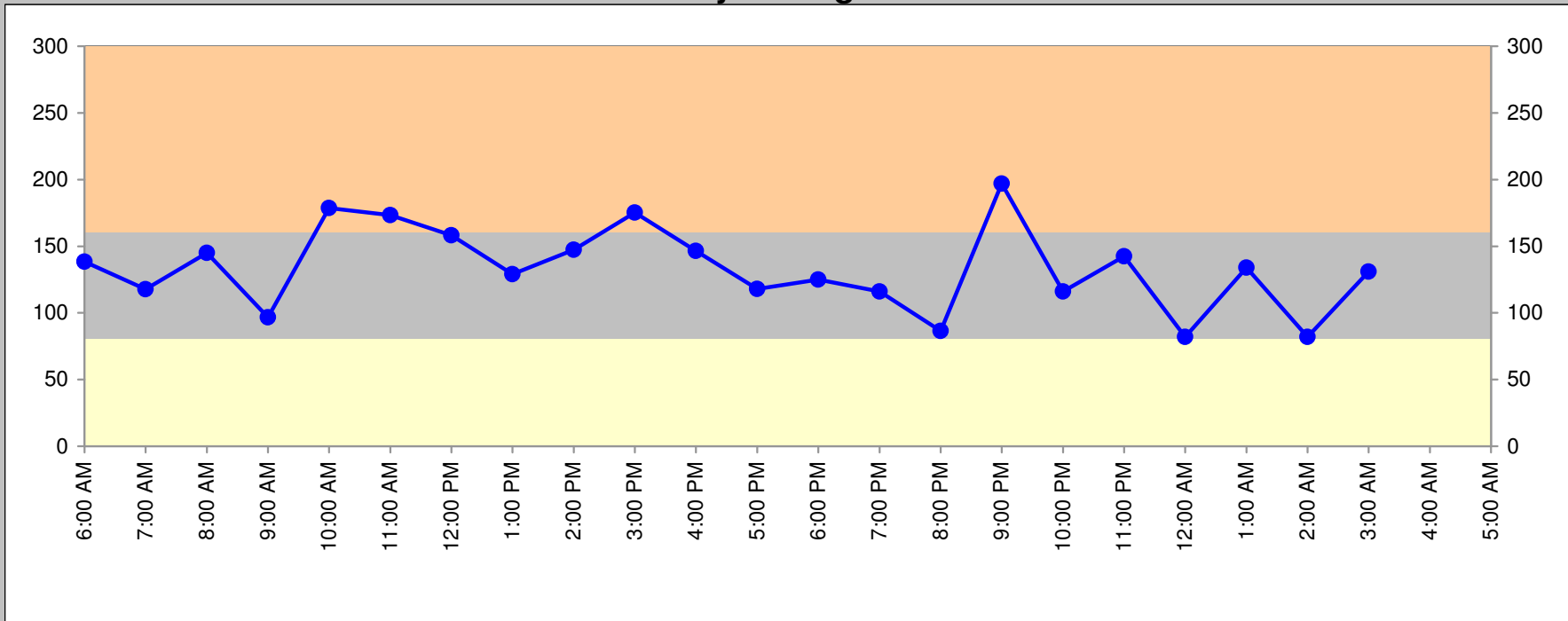


	Average	Max	Min	Range
Saturday	138	204	96	108
Sunday	111	128	100	28

Average Bloodsugar All Week: 135

05/14/07 - 05/20/07

Hourly Average



	Average	Max	Min	Range
Monday	141	219	82	137
Tuesday	136	207	67	140
Wednesday	137	198	58	140
Thursday	133	272	60	212
Friday	132	204	70	134
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 136

05/14/07 - 05/18/07

