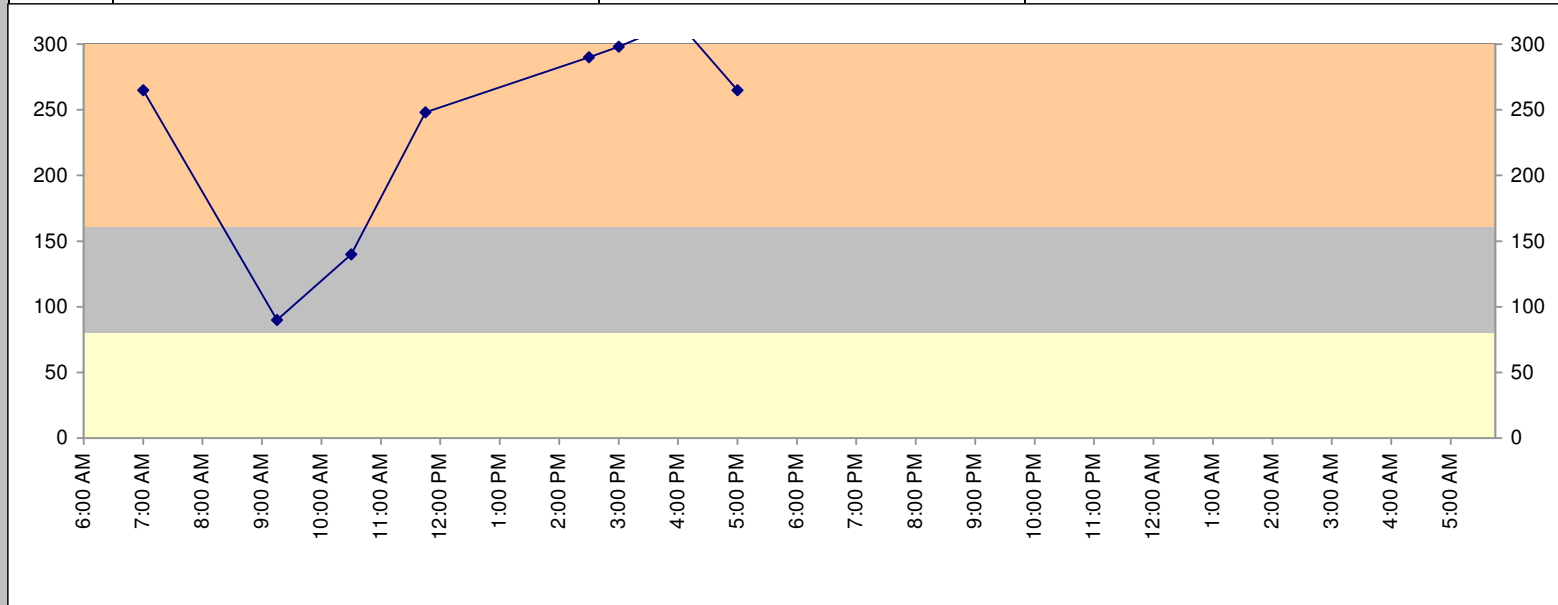


Monday, May 21, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00		265								298	317	265												
0:15				90																				
0:30					140				290															
0:45						248																		
Carbs			40	135		117																		
Bolus		3.80	5.35	11.00		12.00				6.00														
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	8
Average	239
Max	317
Min	90
Range	227
Total Carbs	292
Total Bolus	38.15
Total Basal	28
Total Insulin	66.15

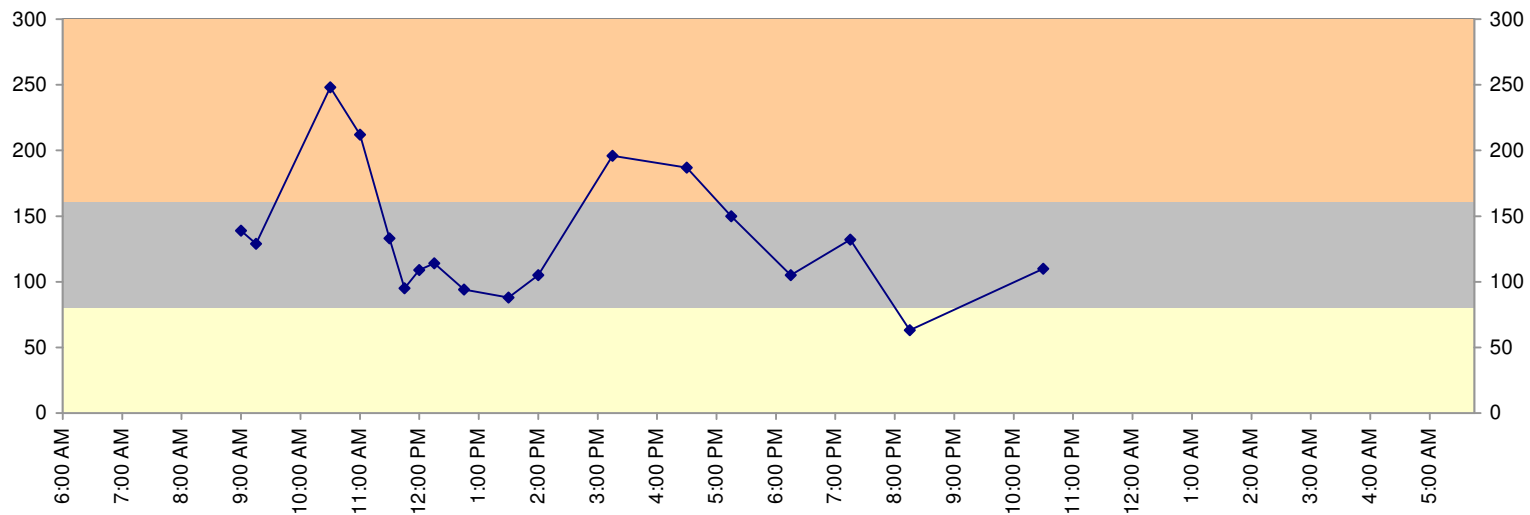
Notes	Morning	Afternoon	Evening
	8:00am - couple bites of brownies to push down my pills. 9:15am - running low on my way to work. Had a bunch of glucose tabs then stopped at BK. Had two large cheesy tots and an order of french toast sticks with syrup.	11:45am - blimpies, 12" cheese trio on wheat, bag of baked lays cheddar & sour cream chips. 2:30pm - holy crap man. I'm on the 4th day for my infusion set, and it does feel a bit crappy.. Could that be what's going on?	



Tuesday, May 22, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00				139		212	109		105																18	
0:15				129			114			196		150	105	132	63										Average	134
0:30					248	133		88			187						110								Max	248
0:45						95	94																		Min	63
Carbs				80		35	16		55				55		79										Range	185
Bolus				7.65					6.30				6.20	5.30											Total Carbs	320
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Bolus	25.45
Activity						Basektball																			Total Basal	29.3
Total Insulin																										54.75

Notes	Morning	Afternoon	Evening
	<p>9:15am - large lemon poppyseed muffin from the cafeteria.</p> <p>11:30am - I was worried about running high during ball and planned on NOT drinking my glucerna shake, but I was surprised by a 133 mg/dl reading before starting. I downed the glucerna and some gatorade.</p>	<p>2:00pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries.</p>	<p>8:00pm - running low. Had two mayo sandwiches (hamburger buns). 8:30pm - fruit smoothie. Tried a combo bolus for 35g with 75% immediate and 25% over a couple hours.</p>

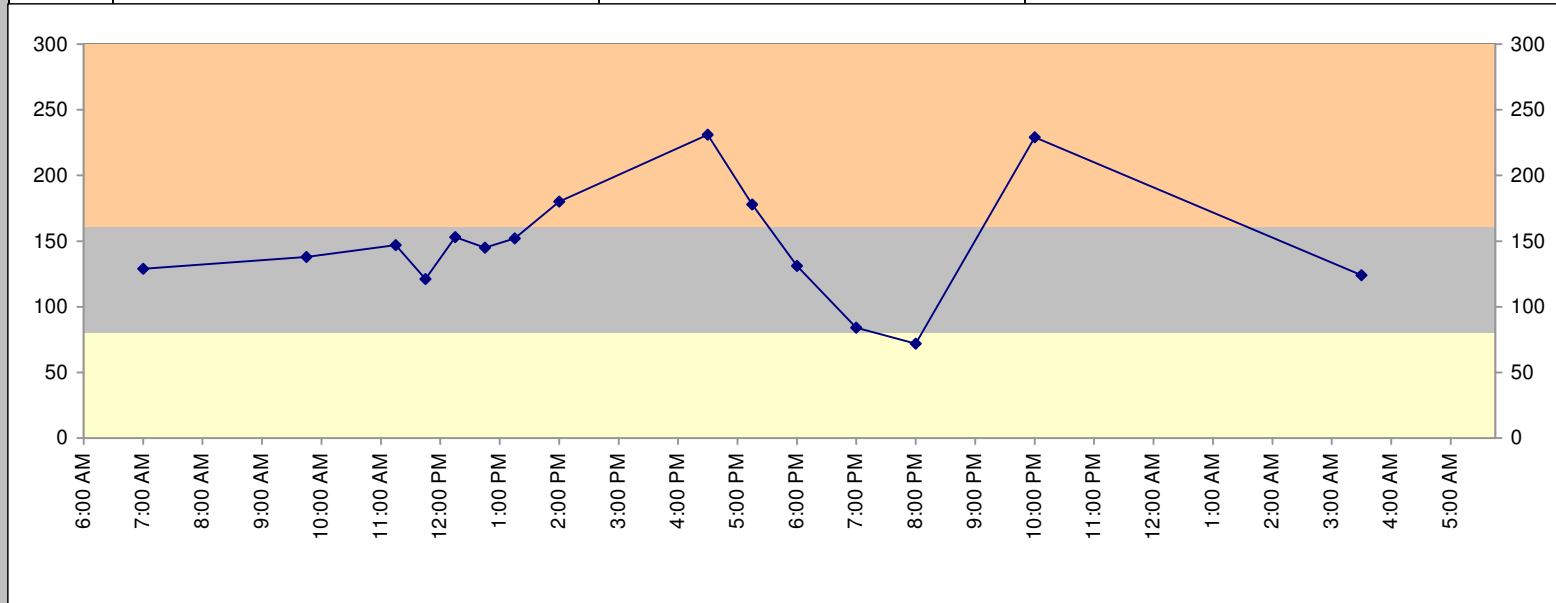


Wednesday, May 23, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00		129							180				131	84	72		229								15
0:15						147	153	152				178													Average
0:30											231											124			231
0:45				138		121	145																		72
Carbs		44				17			95				55		35										Total Carbs
Bolus		6.65							15.00				3.15		1.75		1.90					0.65			Total Bolus
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal
Activity						Basketball																			Total Insulin

Total Carbs	246
Total Bolus	29.10
Total Basal	29.3
Total Insulin	58.4

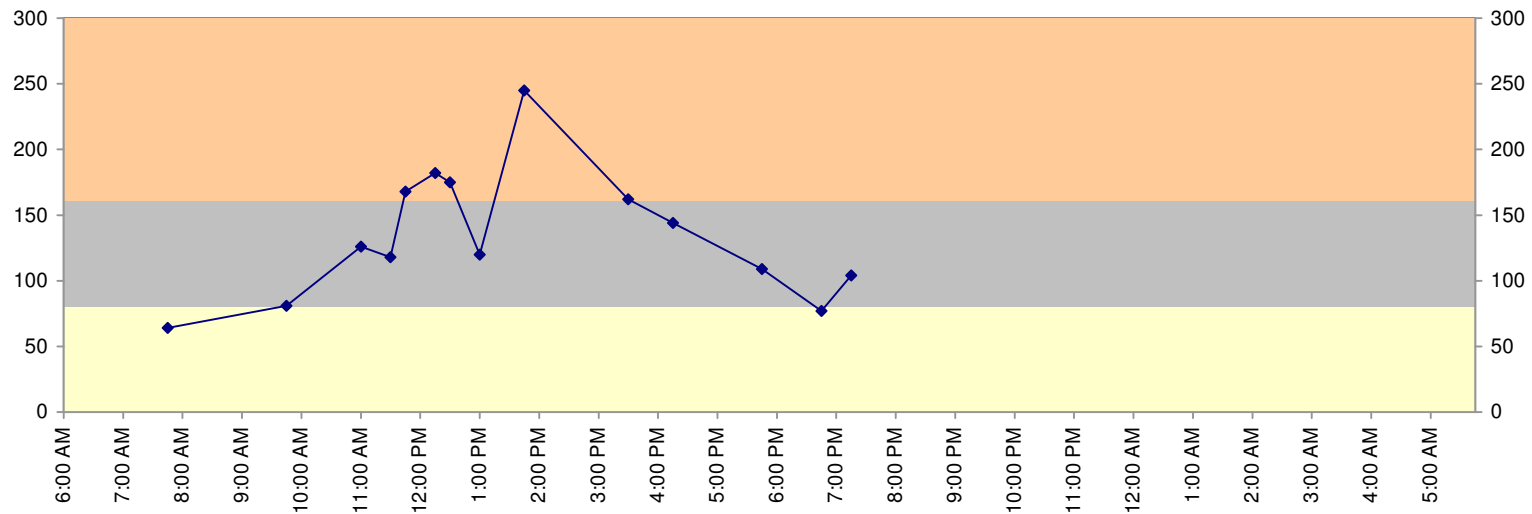
Notes	Morning	Afternoon	Evening
	7:45am - english muffin with peanut butter and a mug of chocolate soy milk. 11:30am - glucerna shake in locker room before ball.	2:00pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries. 2:30pm - Had a piece of birthday cake, middle piece (just top frosting). Bolused for 40g.	6:00pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries. Meal was substantially slowed down - got stuck on the phone. Started at 6:00pm, but didn't finish my meal until 6:45pm or so. 8:00pm - fruit smoothie. Was running low so I did an extended bolus. Didn't work too well.



Thursday, May 24, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00						126		120																	14	
0:15							182				144				104										Average	134
0:30						118	175			162															Max	245
0:45		64		81		168		245				109	77												Min	64
																									Range	181
Carbs		44				35		55					55												Total Carbs	189
Bolus		4.70						11.50					5.55												Total Bolus	21.75
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3
Activity							Basketball																		Total Insulin	51.05

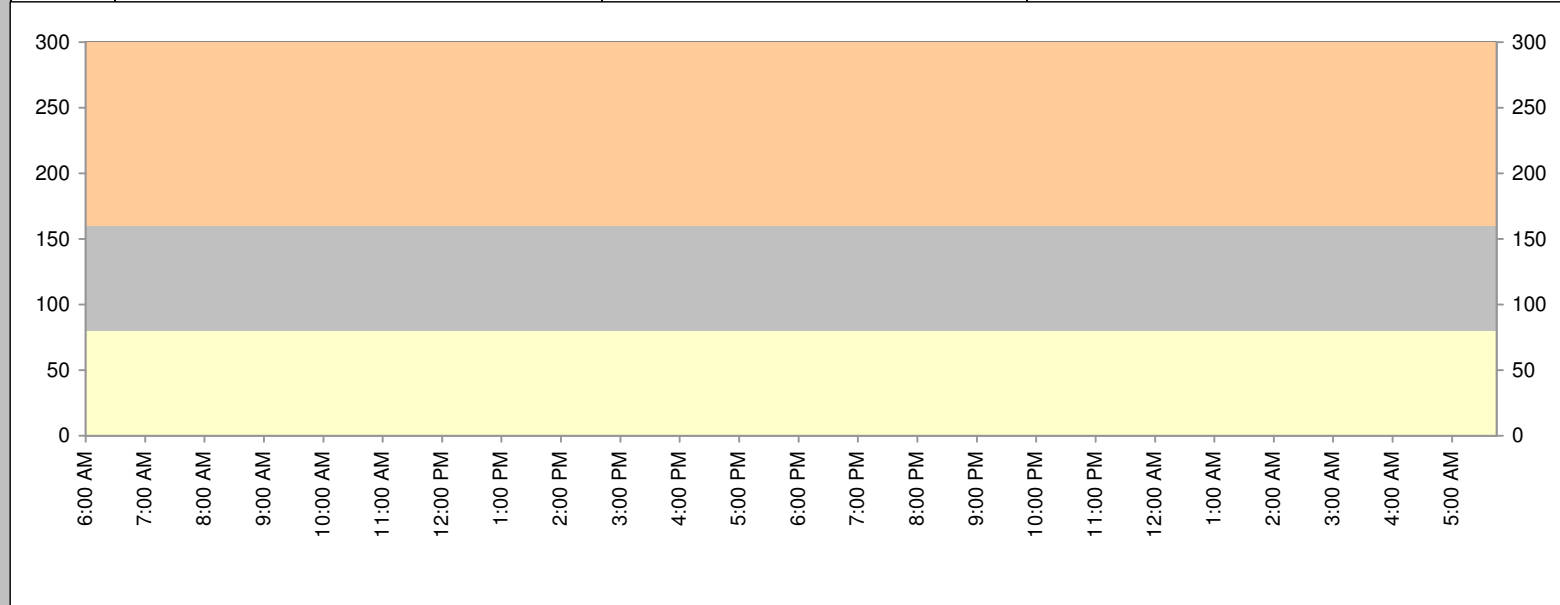
Notes	Morning	Afternoon	Evening
	7:45am - english muffin with peanut butter and a mug of chocolate soy milk. 11:20am - had my glucerna shake in the locker room before ball. 11:30am - too low for my comfort before ball. Slammed some gatorade.	1:45pm - whoa - look at that spike. What from? Played hard at ball today - feel tired. Had lunch, V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries.	6:45pm - V-8, half of my cottage cheese, 100 cal bag of wheat thins with hummus, baggie of dried blueberries.



Friday, May 25, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									Total Carbs	0
0:15																									Average	0
0:30																									Max	0
0:45																									Min	0
Carbs																									Range	0
Bolus																									Total Bolus	0.00
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	28

Notes	Morning	Afternoon	Evening

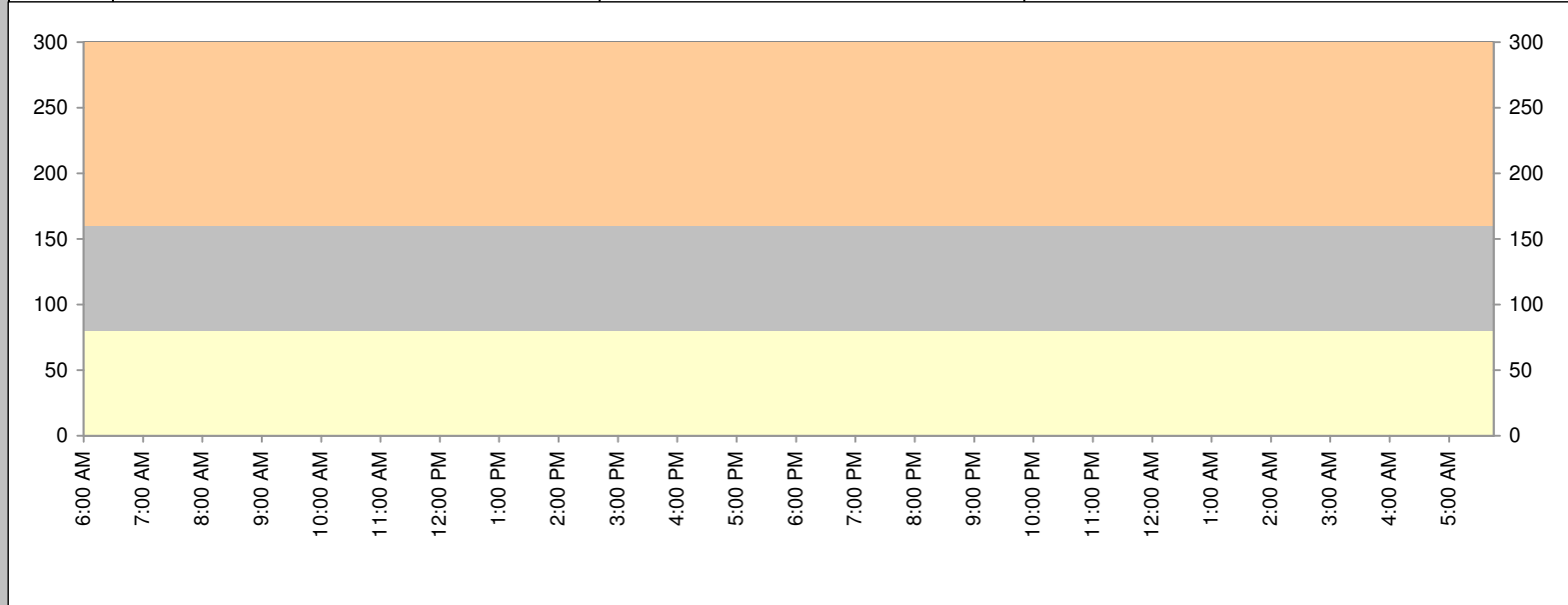


Saturday, May 26, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																								
0:30																								
0:45																								
Carbs																								
Bolus																								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	0
Average	0
Max	0
Min	0
Range	0
Total Carbs	0
Total Bolus	0.00
Total Basal	28
Total Insulin	28

Notes	Morning	Afternoon	Evening

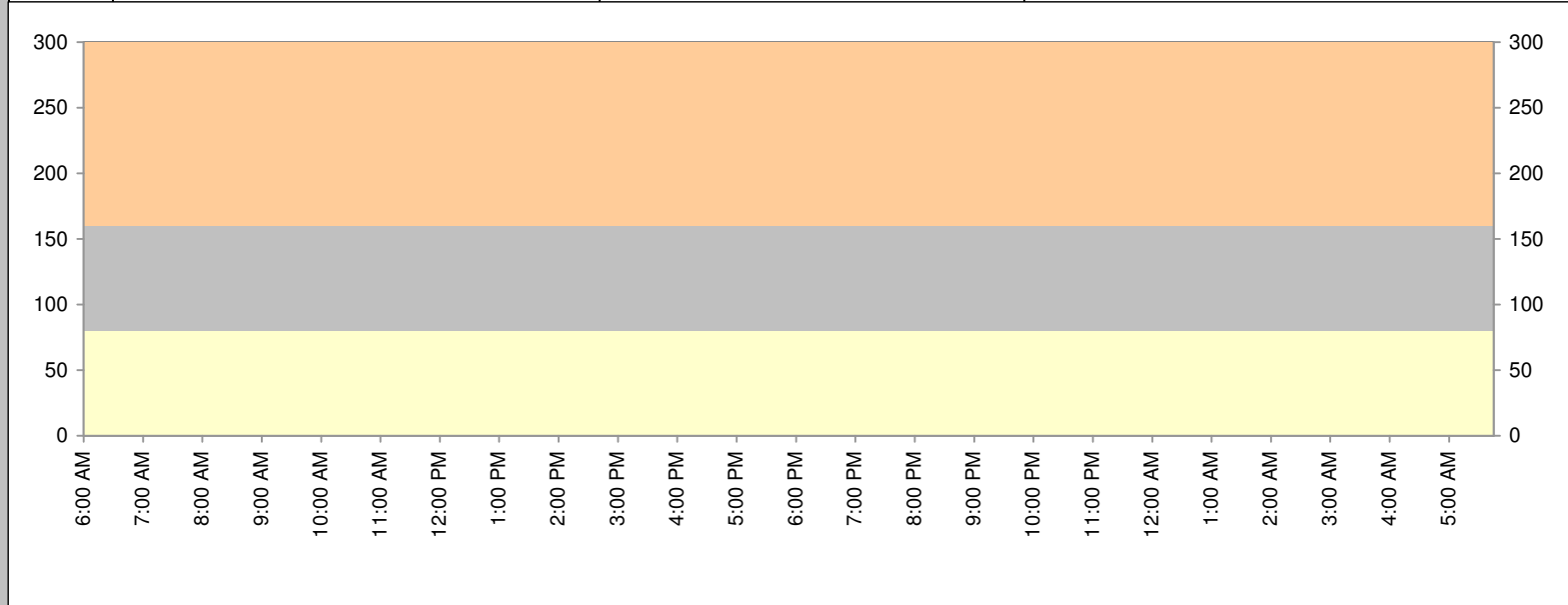


Sunday, May 27, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																								
0:30																								
0:45																								
Carbs																								
Bolus																								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	0
Average	0
Max	0
Min	0
Range	0
Total Carbs	0
Total Bolus	0.00
Total Basal	28
Total Insulin	28

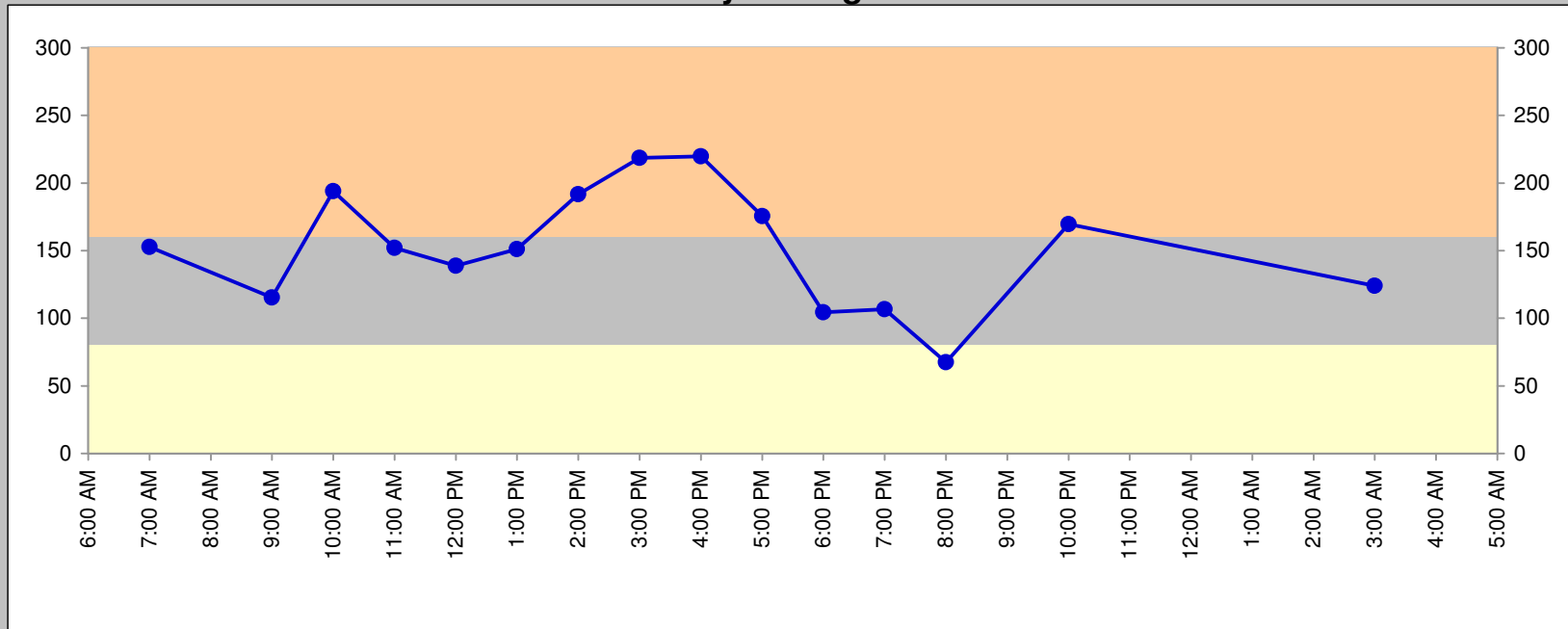
Notes	Morning	Afternoon	Evening



Weekday Average Bloodsugar: 153

05/21/07 - 05/25/07

Hourly Average

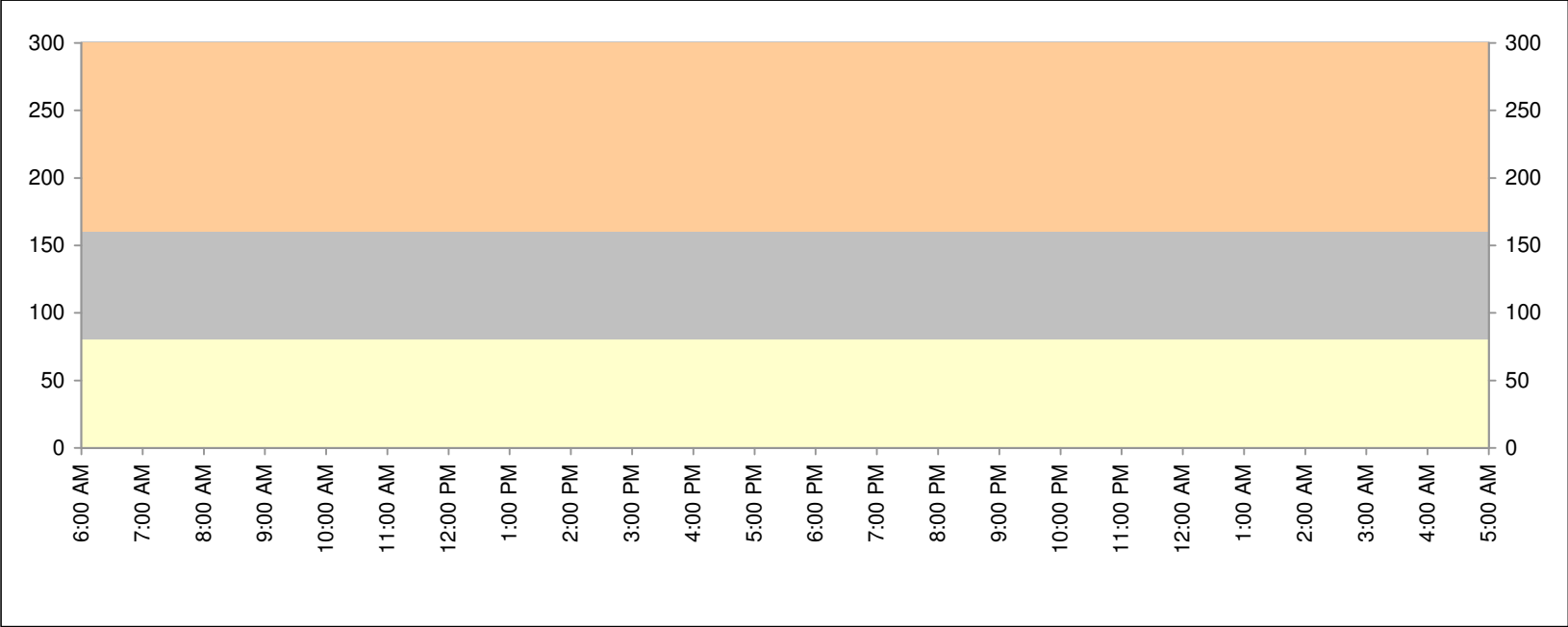


	Average	Max	Min	Range
Monday	239	317	90	227
Tuesday	134	248	63	185
Wednesday	148	231	72	159
Thursday	134	245	64	181
Friday	0	0	0	0

Weekend Average Bloodsugar: 0

05/26/07 - 05/27/07

Hourly Average

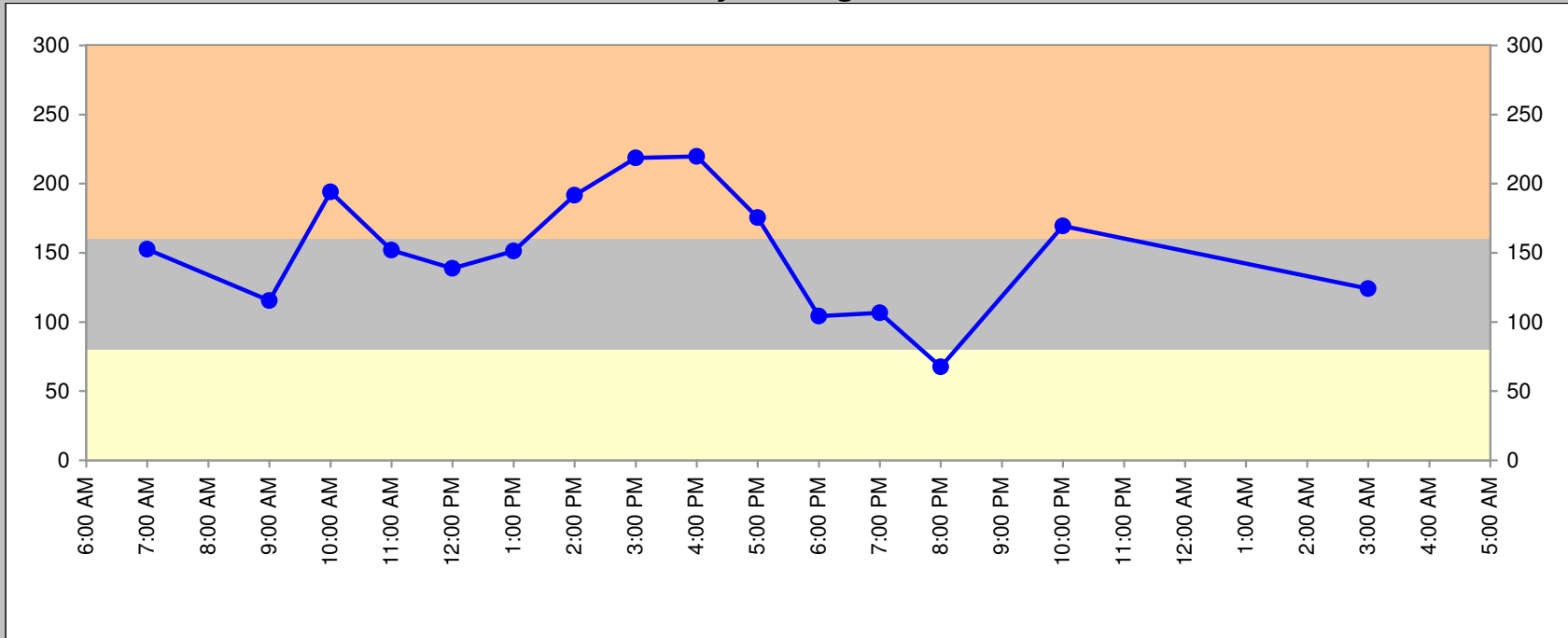


	Average	Max	Min	Range
Saturday	0	0	0	0
Sunday	0	0	0	0

Average Bloodsugar All Week: 153

05/21/07 - 05/27/07

Hourly Average



	Average	Max	Min	Range
Monday	239	317	90	227
Tuesday	134	248	63	185
Wednesday	148	231	72	159
Thursday	134	245	64	181
Friday	0	0	0	0
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 153

05/21/07 - 05/25/07

