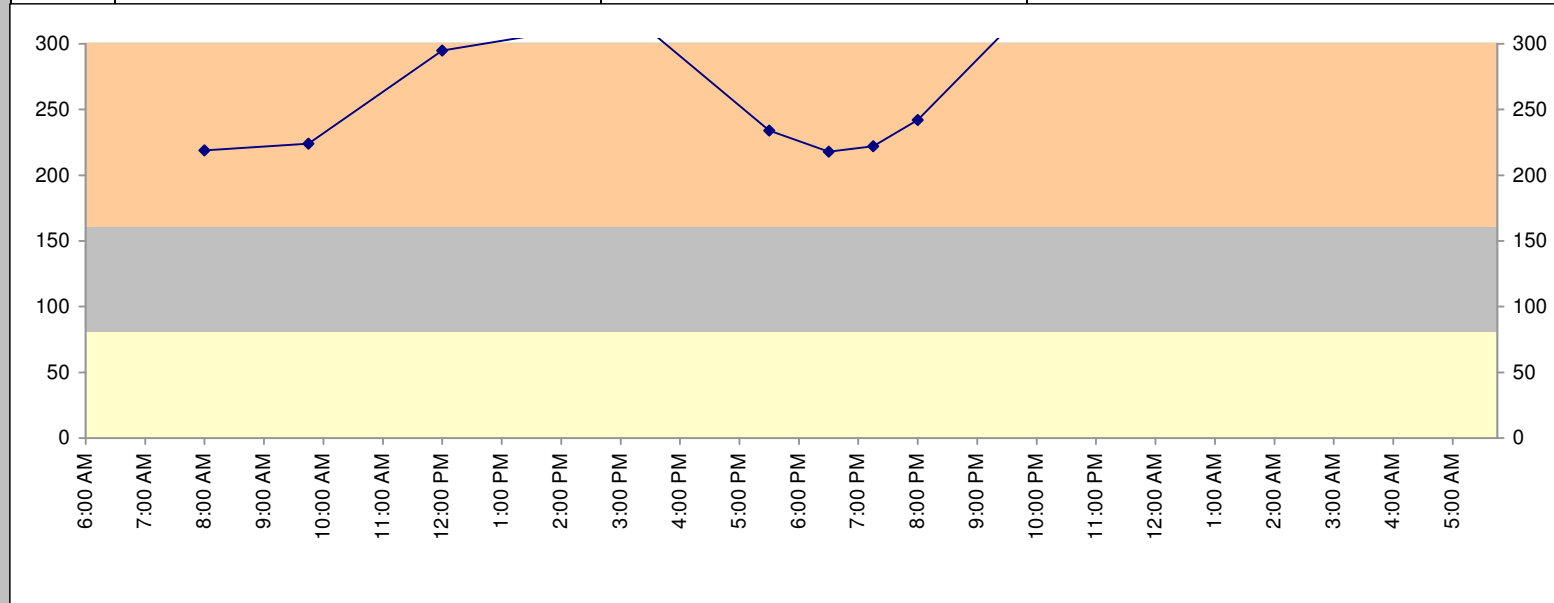


Monday, June 18, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am | # of Tests | |
|-----------------|-----|-----|------|-----|------|------|-------|-----|-----|------|-----|-----|-----|-----|-----|-----|-------|------|------|-----|-----|-----|-----|-----|---------------|-------|
| 0:00 | | | 219 | | | | 295 | | | | | | | | 242 | | 334 | | | | | | | | 9 | |
| 0:15 | | | | | | | | | | 319 | | | | 222 | | | | | | | | | | | Average | 256 |
| 0:30 | | | | | | | | | | | | 234 | 218 | | | | | | | | | | | | Max | 334 |
| 0:45 | | | | 224 | | | | | | | | | | | | | | | | | | | | | Min | 218 |
| Carbs | | | 12 | | | | 117 | | | | | | | | | | 160 | | | | | | | | Range | 116 |
| Bolus | | | 3.00 | | | | 20.35 | | | 2.50 | | | | | | | 21.30 | | | | | | | | Total Carbs | 289 |
| Basal | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.5 | 1.5 | 1.5 | Total Bolus | 47.15 |
| Activity | | | | | | | | | | | | | | | | | | | | | | | | | Total Basal | 28 |
| | | | | | | | | | | | | | | | | | | | | | | | | | Total Insulin | 75.15 |

| Notes | Morning | Afternoon | Evening |
|-------|---------------------------------------|--|---------|
| | 8:35am - glass of chocolate soy milk. | 12:00pm - WTF? Why so high? Blimpies cheese trio on wheat with a bag of sour cream & cheddar chips. 2:00pm - Dentist appointment, no cavities but the hygiene scraping part was pretty painful and traumatic for me. Did that help drive my BG up (stress), or is it just still high from lunch? | |

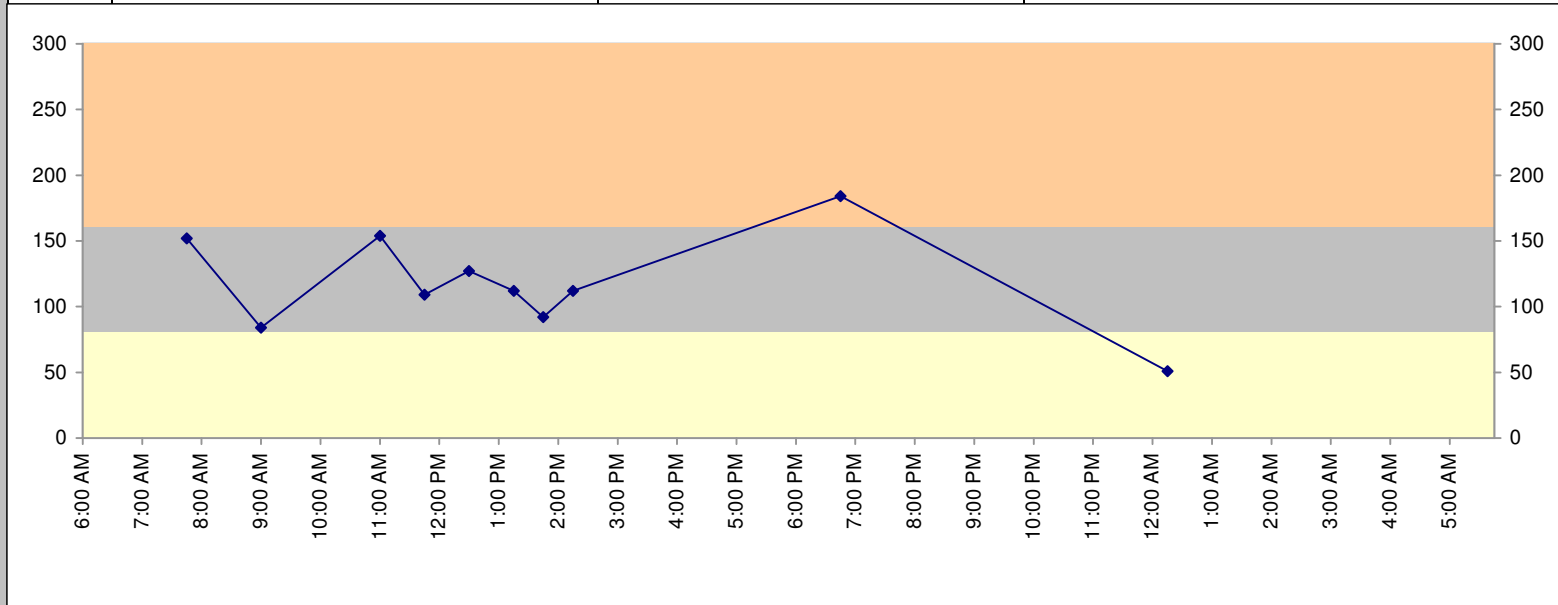


Tuesday, June 19, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am |
|----------|------|------|------|------|------|------------|------|------|------|------|------|------|------|-------|------|------|------|------|-------|------|------|------|------|------|
| 0:00 | | | | 84 | | 154 | | | | | | | | | | | | | | | | | | |
| 0:15 | | | | | | | | 112 | 112 | | | | | | | | | | 51 | | | | | |
| 0:30 | | | | | | | 127 | | | | | | | | | | | | | | | | | |
| 0:45 | | 152 | | | | 109 | | 92 | | | | | 184 | | | | | | | | | | | |
| Carbs | | | | 60 | | 52 | | | 33 | 30 | | | | 80 | | | | | 144 | | | | | |
| Bolus | | 1.50 | | 6.45 | | | | | 4.20 | 4.00 | | | | 10.70 | | | | | 15.20 | | | | | |
| Basal | 1.50 | 1.50 | 1.50 | 1.50 | 0.45 | 0.45 | 0.80 | 1.80 | 1.80 | 1.50 | 1.50 | 1.50 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.50 | 1.50 | 1.50 |
| Activity | | | | | | Basketball | | | | | | | | | | | | | | | | | | |

| | |
|---------------|-------|
| # of Tests | 10 |
| Average | 118 |
| Max | 184 |
| Min | 51 |
| Range | 133 |
| Total Carbs | 399 |
| Total Bolus | 42.05 |
| Total Basal | 29.3 |
| Total Insulin | 71.35 |

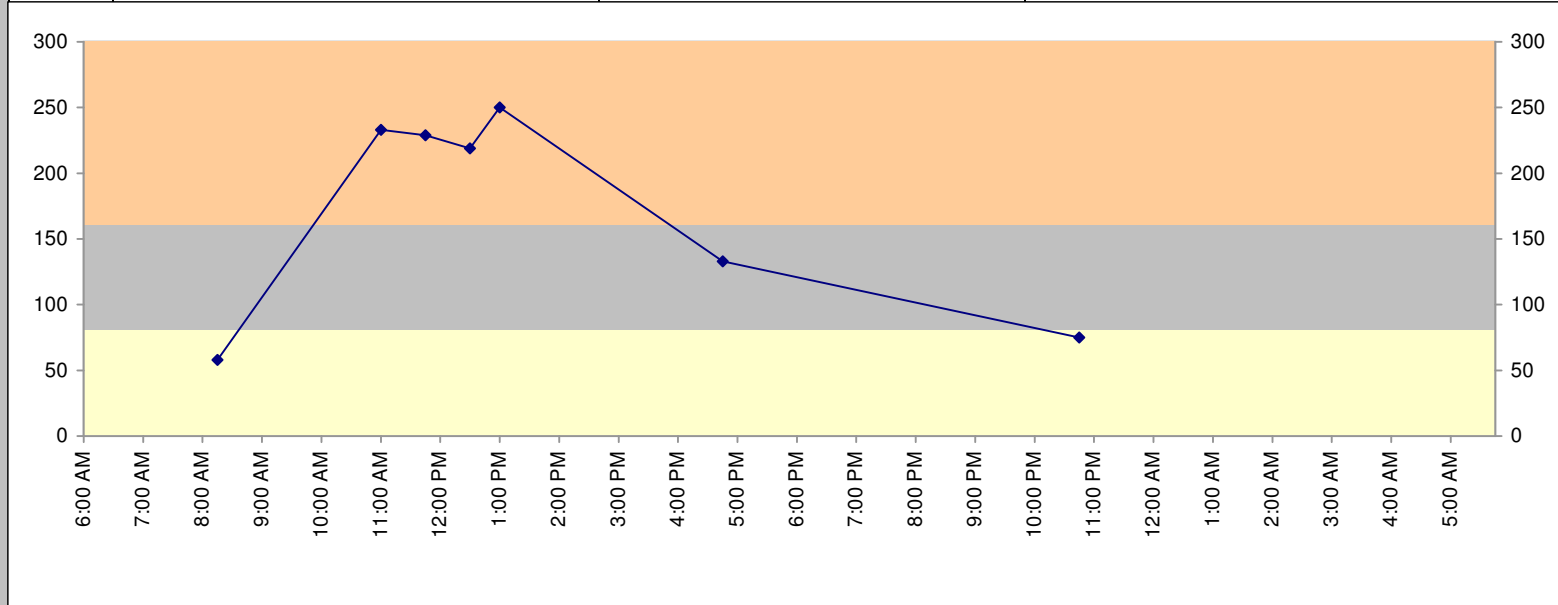
| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |



Wednesday, June 20, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am | # of Tests | |
|----------|------|------|------|------|------|------------|------|------|-------|------|------|------|-------|------|------|------|-------|------|------|------|------|------|------|------|---------------|-------|
| 0:00 | | | | | | 233 | | 250 | | | | | | | | | | | | | | | | | 7 | |
| 0:15 | | | 58 | | | | | | | | | | | | | | | | | | | | | | Average | 171 |
| 0:30 | | | | | | | 219 | | | | | | | | | | | | | | | | | | Max | 250 |
| 0:45 | | | | | | 229 | | | | 133 | | | | | | | 75 | | | | | | | | Min | 58 |
| Carbs | | | 26 | | | | | | 110 | | | | 90 | | | | 51 | 90 | | | | | | | Range | 192 |
| Bolus | | | 2.25 | | | | | 2.00 | 14.65 | | | | 12.00 | | | | 12.00 | | | | | | | | Total Carbs | 367 |
| Basal | 1.50 | 1.50 | 1.50 | 1.50 | 0.45 | 0.45 | 0.80 | 1.80 | 1.80 | 1.50 | 1.50 | 1.50 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.50 | 1.50 | 1.50 | Total Bolus | 42.90 |
| Activity | | | | | | Basketball | | | | | | | | | | | | | | | | | | | Total Basal | 29.3 |
| | | | | | | | | | | | | | | | | | | | | | | | | | Total Insulin | 72.2 |

| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |

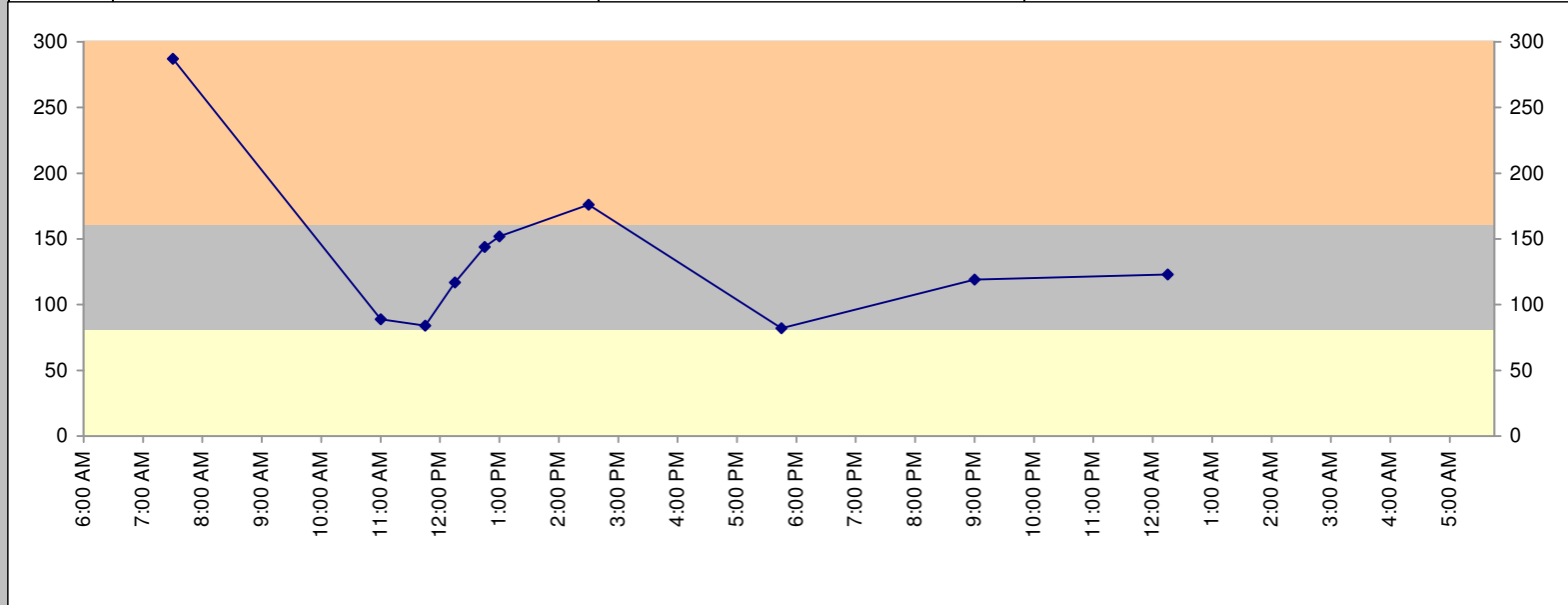


Thursday, June 21, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am |
|----------|------|------|------|-------|------|------------|------|------|-------|------|------|------|------|------|------|------|-------|------|------|------|------|------|------|------|
| 0:00 | | | | | | 89 | 152 | | | | | | | | | 119 | | | | | | | | |
| 0:15 | | | | | | | 117 | | | | | | | | | | | 123 | | | | | | |
| 0:30 | | 287 | | | | | | | 176 | | | | | | | | | | | | | | | |
| 0:45 | | | | | | 84 | 144 | | | | | 82 | | | | | | | | | | | | |
| Carbs | | | | 90 | | 40 | | | 76 | | | 67 | | | | | 125 | | | | | | | |
| Bolus | | 5.60 | | 12.00 | | | | | 10.85 | | | 4.00 | | | | | 15.45 | | | | | | | |
| Basal | 1.50 | 1.50 | 1.50 | 1.50 | 0.45 | 0.45 | 0.80 | 1.80 | 1.80 | 1.50 | 1.50 | 1.50 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.50 | 1.50 | 1.50 |
| Activity | | | | | | Basketball | | | | | | | | | | | | | | | | | | |

| | |
|---------------|-------|
| # of Tests | 10 |
| Average | 137 |
| Max | 287 |
| Min | 82 |
| Range | 205 |
| Total Carbs | 398 |
| Total Bolus | 47.90 |
| Total Basal | 29.3 |
| Total Insulin | 77.2 |

| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |

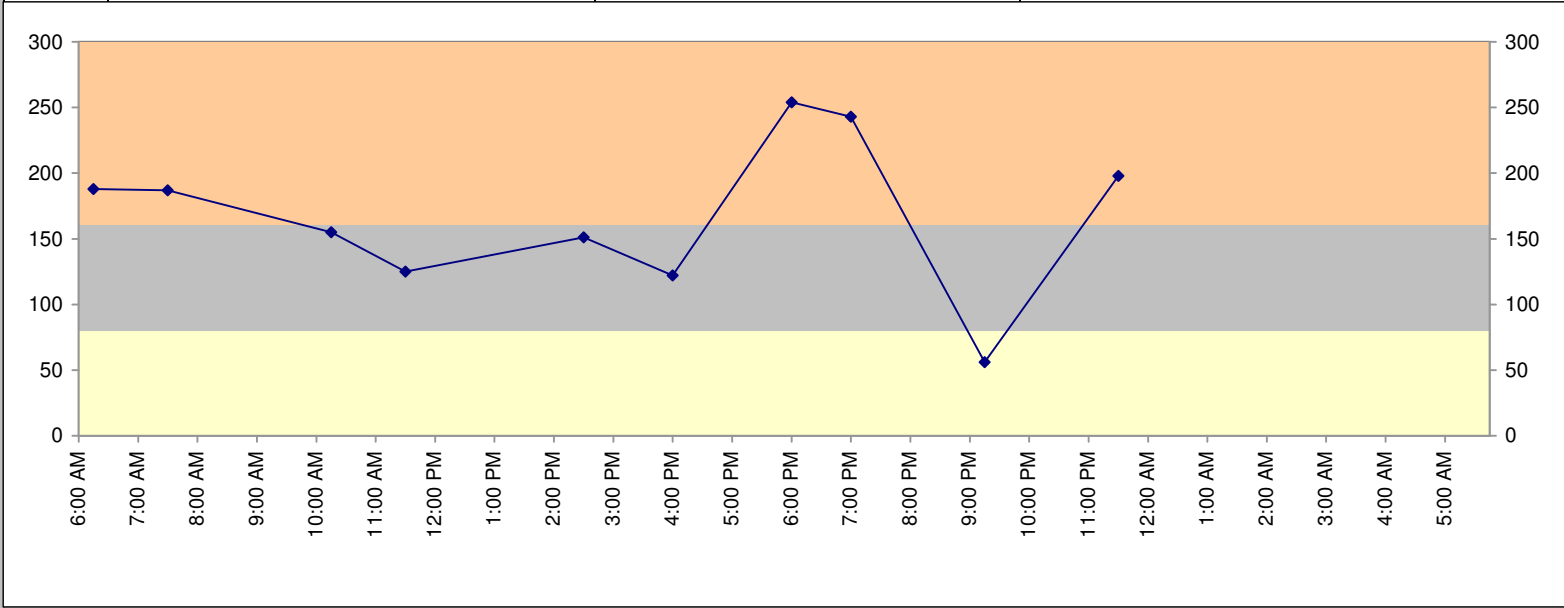


Friday, June 22, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am |
|----------|------|------|-----|-----|------|------|------|-----|-----|-----|------|-----|-----|------|-----|-----|------|-------|------|-----|-----|-----|-----|-----|
| 0:00 | | | | | | | | | | | 122 | | 254 | 243 | | | | | | | | | | |
| 0:15 | 188 | | | | 155 | | | | | | | | | | | 56 | | | | | | | | |
| 0:30 | | 187 | | | | 125 | | | 151 | | | | | | | | | 198 | | | | | | |
| 0:45 | | | | | | | | | | | | | | | | | | | | | | | | |
| Carbs | 30 | 80 | | | | 40 | | | | | 30 | | | | | 21 | | 75 | | | | | | |
| Bolus | 6.20 | 8.00 | | | | 5.35 | | | | | 4.00 | | | 2.00 | | | | 12.45 | | | | | | |
| Basal | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.5 | 1.5 | 1.5 |
| Activity | | | | | | | | | | | | | | | | | | | | | | | | |

| | |
|---------------|-------|
| # of Tests | 10 |
| Average | 168 |
| Max | 254 |
| Min | 56 |
| Range | 198 |
| Total Carbs | 276 |
| Total Bolus | 38.00 |
| Total Basal | 28 |
| Total Insulin | 66 |

| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |

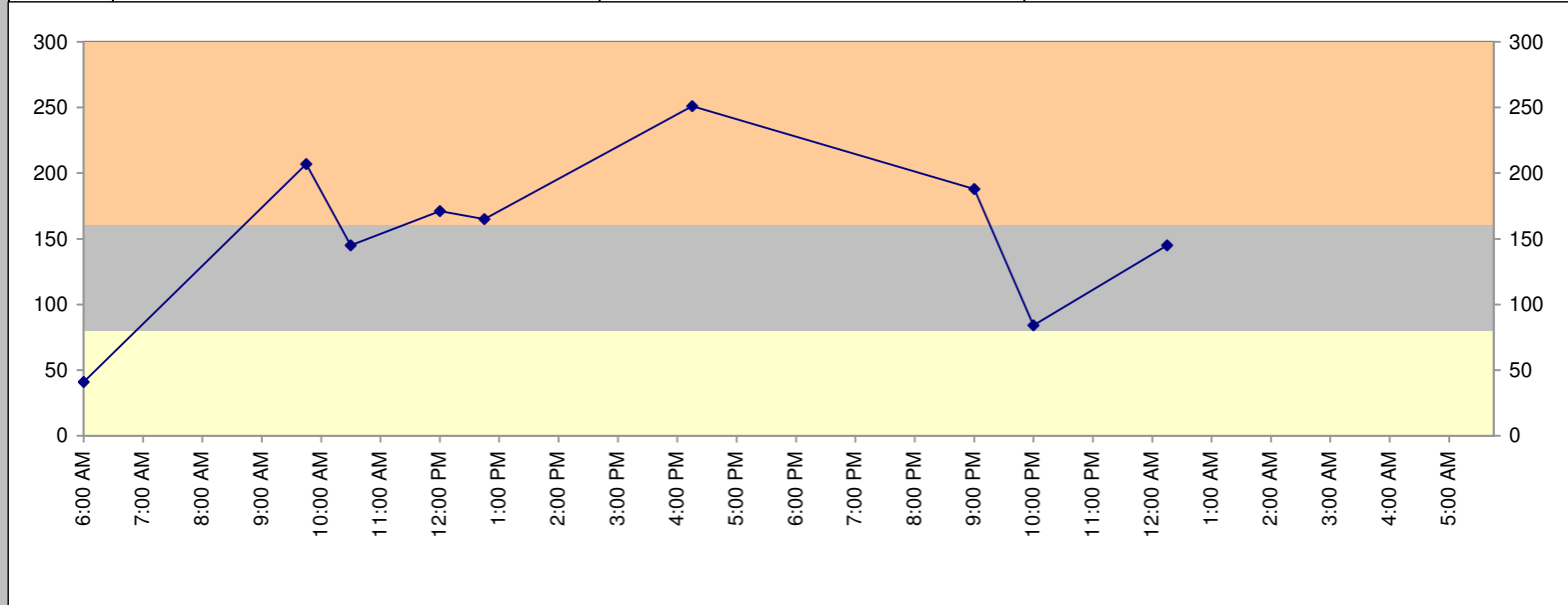


Saturday, June 23, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am |
|----------|-------|-----|-----|-----|------|------|------|-----|-----|-----|-------|-----|-----|-----|-----|-----|-------|------|------|-----|-----|-----|-----|-----|
| 0:00 | 41 | | | | | | 171 | | | | | | | | | 188 | 84 | | | | | | | |
| 0:15 | | | | | | | | | | | 251 | | | | | | | | 145 | | | | | |
| 0:30 | | | | | 145 | | | | | | | | | | | | | | | | | | | |
| 0:45 | | | | 207 | | | 165 | | | | | | | | | | | | | | | | | |
| Carbs | 130 | | | | 55 | | 55 | | | | 225 | | | | | | 90 | | | | | | | |
| Bolus | 15.65 | | | | 7.10 | | 4.90 | | | | 30.00 | | | | | | 11.55 | | | | | | | |
| Basal | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.5 | 1.5 | 1.5 |
| Activity | | | | | | | | | | | | | | | | | | | | | | | | |

| | |
|---------------|-------|
| # of Tests | 9 |
| Average | 155 |
| Max | 251 |
| Min | 41 |
| Range | 210 |
| Total Carbs | 555 |
| Total Bolus | 69.20 |
| Total Basal | 28 |
| Total Insulin | 97.2 |

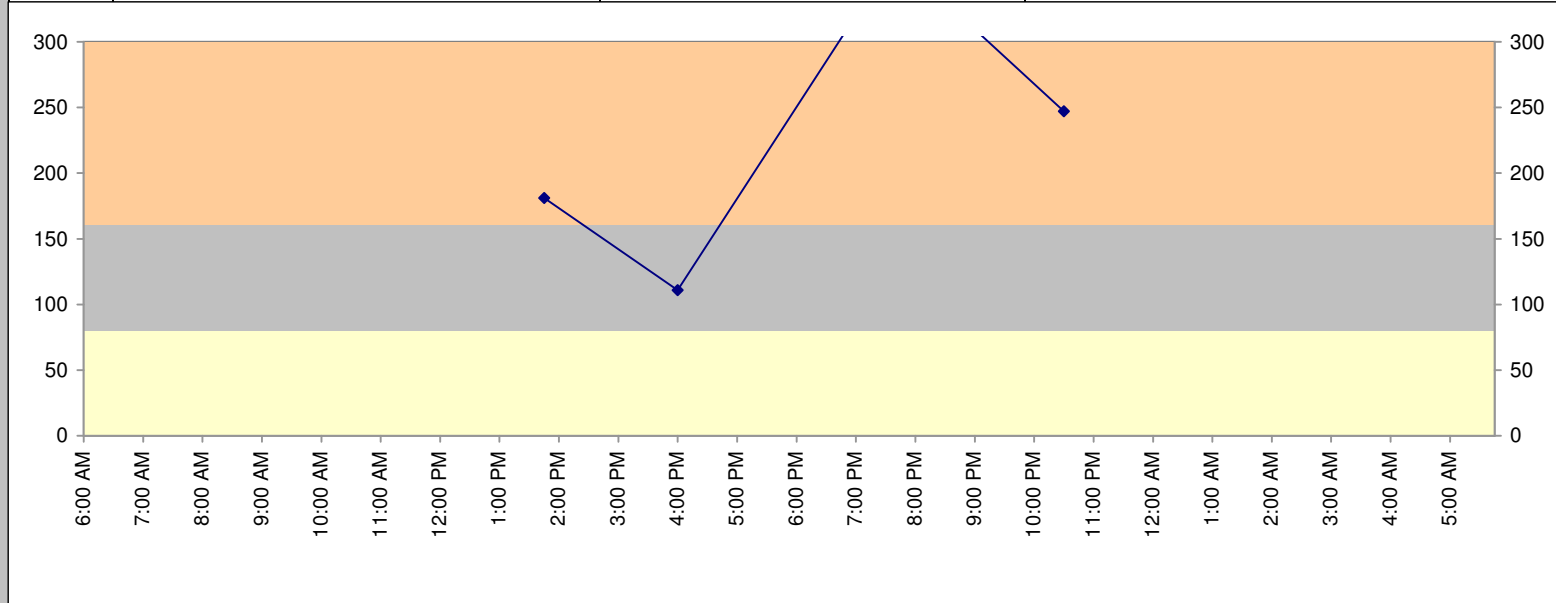
| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |



Sunday, June 24, 2007

| Hour/Min | 6am | 7am | 8am | 9am | 10am | 11am | 12pm | 1pm | 2pm | 3pm | 4pm | 5pm | 6pm | 7pm | 8pm | 9pm | 10pm | 11pm | 12am | 1am | 2am | 3am | 4am | 5am | # of Tests | |
|----------|-----|-----|-----|-----|------|------|------|------|-----|-----|-----|------|-----|------|------|-----|------|------|------|-----|-----|-----|-----|-----|---------------|-------|
| 0:00 | | | | | | | | | | | 111 | | | 320 | | | | | | | | | | | 5 | |
| 0:15 | | | | | | | | | | | | | | | | | | | | | | | | | Average | 236 |
| 0:30 | | | | | | | | | | | | | | | | | 247 | | | | | | | | Max | 320 |
| 0:45 | | | | | | | | 181 | | | | | | | 320 | | | | | | | | | | Min | 111 |
| Carbs | | | | | | | 50 | 20 | | | 120 | 12.5 | | 60 | 50 | | | | | | | | | | Range | 209 |
| Bolus | | | | | | | 6.65 | 2.65 | | | | | | 8.00 | 6.65 | | | | | | | | | | Total Carbs | 312.5 |
| Basal | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 | 1.5 | 1.5 | 1.5 | Total Bolus | 23.95 |
| Activity | | | | | | | | | | | | | | | | | | | | | | | | | Total Basal | 28 |
| | | | | | | | | | | | | | | | | | | | | | | | | | Total Insulin | 51.95 |

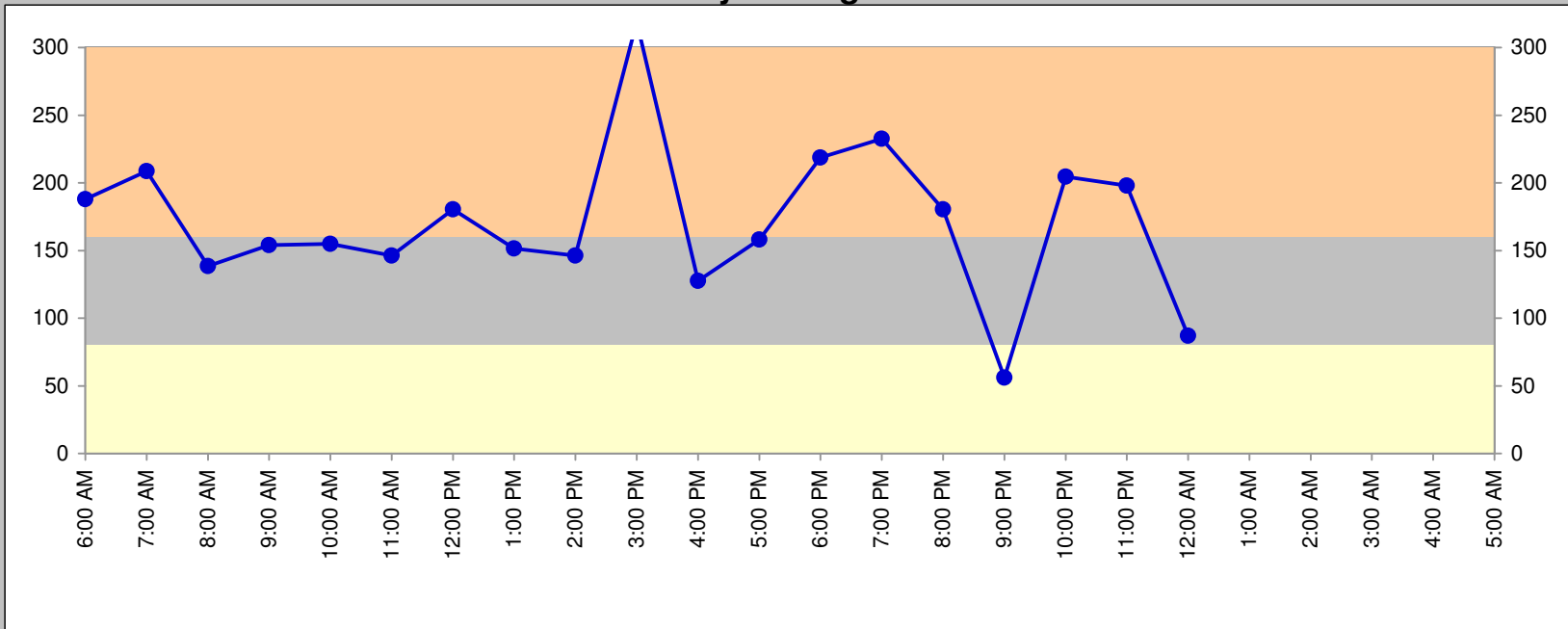
| Notes | Morning | Afternoon | Evening |
|-------|---------|-----------|---------|
| | | | |



Weekday Average Bloodsugar: 168

06/18/07 - 06/22/07

Hourly Average

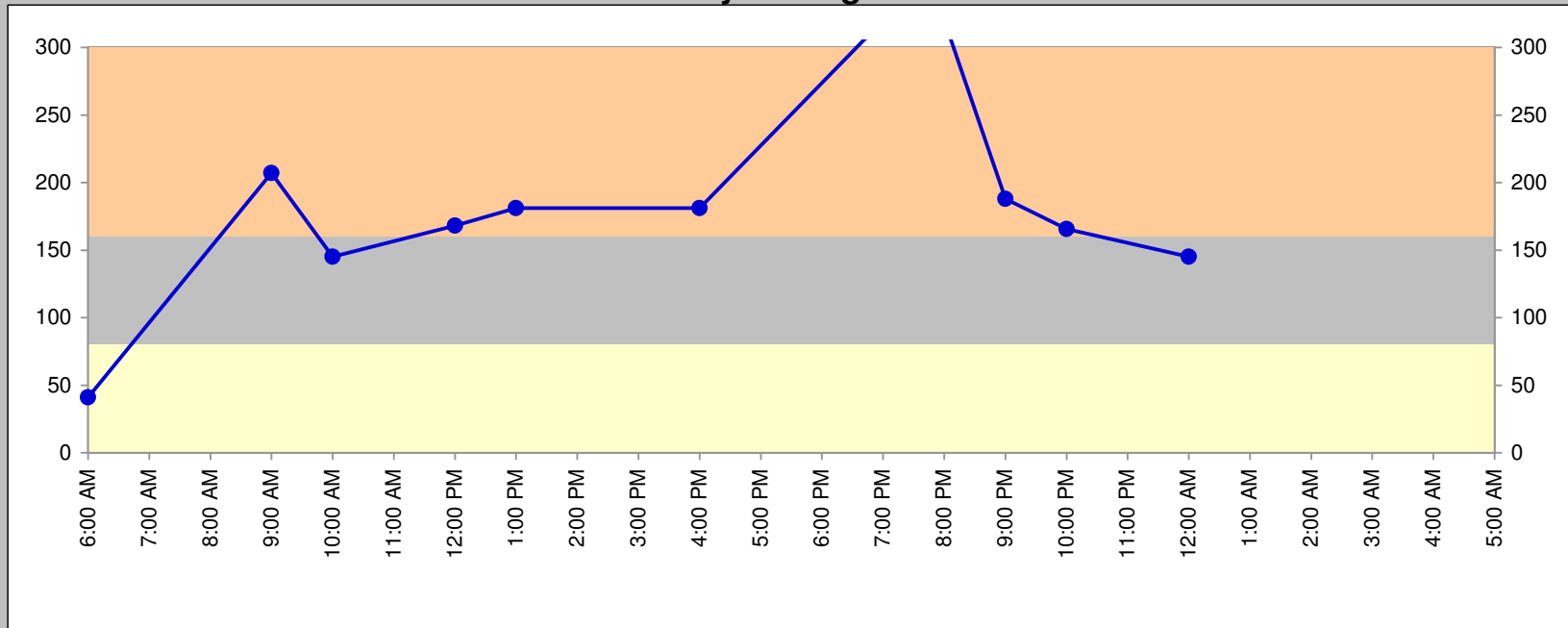


| | Average | Max | Min | Range |
|-----------|---------|-----|-----|-------|
| Monday | 256 | 334 | 218 | 116 |
| Tuesday | 118 | 184 | 51 | 133 |
| Wednesday | 171 | 250 | 58 | 192 |
| Thursday | 137 | 287 | 82 | 205 |
| Friday | 168 | 254 | 56 | 198 |

Weekend Average Bloodsugar: 184

06/23/07 - 06/24/07

Hourly Average

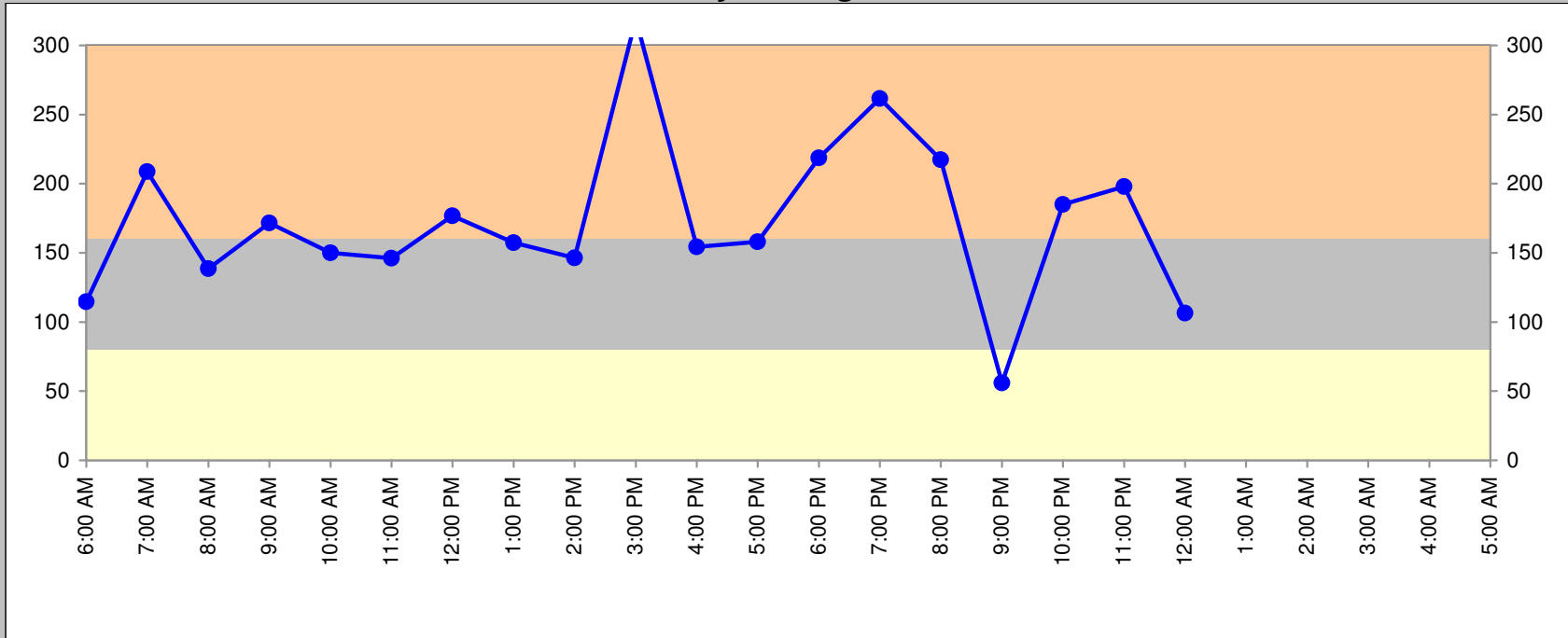


| | Average | Max | Min | Range |
|----------|---------|-----|-----|-------|
| Saturday | 155 | 251 | 41 | 210 |
| Sunday | 236 | 320 | 111 | 209 |

Average Bloodsugar All Week: 172

06/18/07 - 06/24/07

Hourly Average



| | Average | Max | Min | Range |
|------------------|----------------|------------|------------|--------------|
| Monday | 256 | 334 | 218 | 116 |
| Tuesday | 118 | 184 | 51 | 133 |
| Wednesday | 171 | 250 | 58 | 192 |
| Thursday | 137 | 287 | 82 | 205 |
| Friday | 168 | 254 | 56 | 198 |
| Saturday | 0 | 0 | 0 | 0 |
| Sunday | 0 | 0 | 0 | 0 |

Weekday Average Bloodsugar: 168

06/18/07 - 06/22/07

