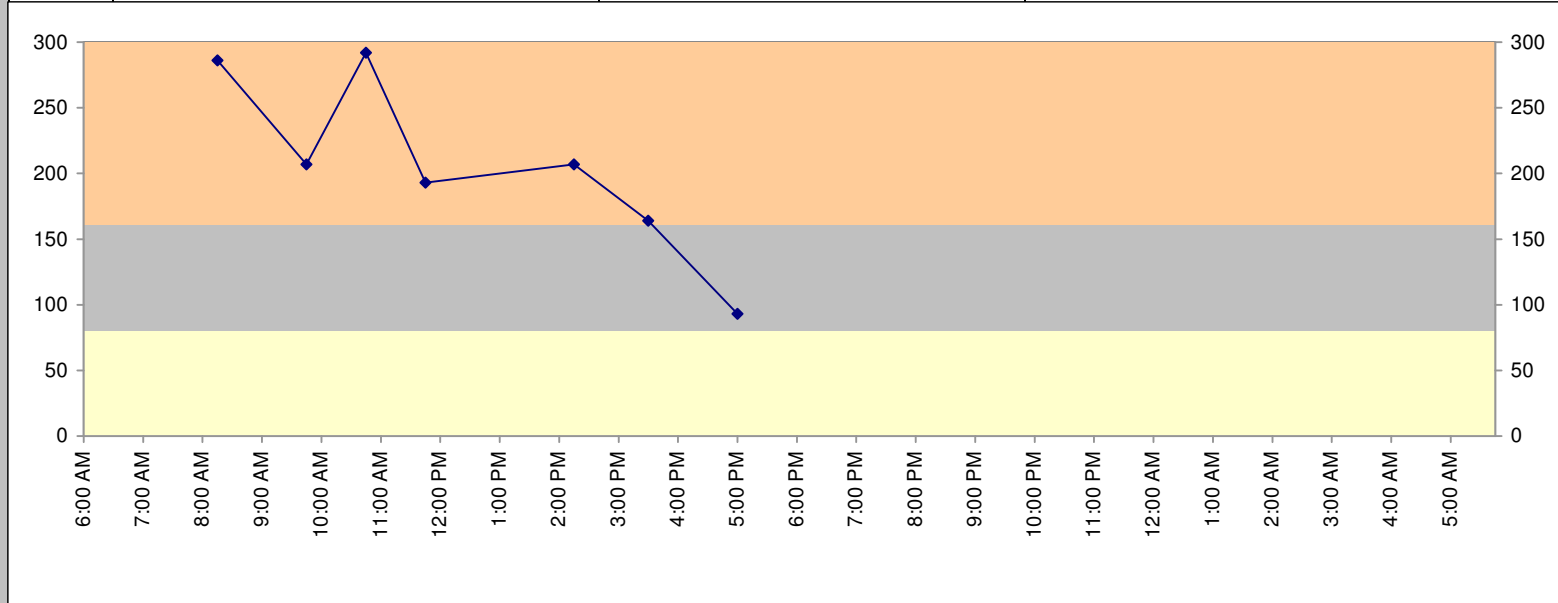


Monday, July 09, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00												93												
0:15			286						207															
0:30										164														
0:45				207	292	193																		
Carbs				34		117																		
Bolus			5.55	4.55		13.40																		
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	7
Average	206
Max	292
Min	93
Range	199
Total Carbs	151
Total Bolus	23.50
Total Basal	28
Total Insulin	51.5

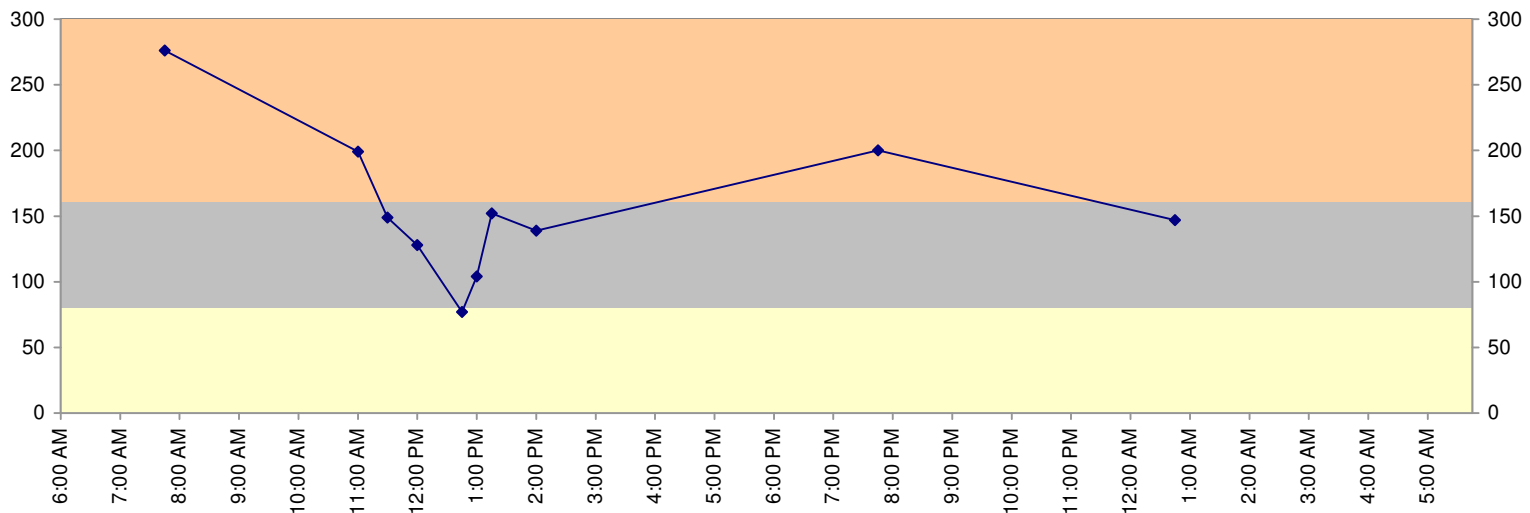
Notes	Morning	Afternoon	Evening
	<p>8:10am - site change, 1 day late. 9:45am - small carton of chocolate milk. 10:44am - I'm very frustrated that I'm so high. I did not adjust my bolus for the milk to account for any insulin on board. So I believe I took more insulin than I needed. This is a typical spike from changing my infusion set. Makes me angry. I feel sleepy and irritable. Hard to do my work feeling like this.</p>	<p>11:45am - Blimpies. 12" cheese trio on wheat with a bag of baked lays sour cream & cheddar chips. 5:00pm - heading low, grabbed a handful of peanut M&M's.</p>	



Tuesday, July 10, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00						199	128	104	139																10	
0:15								152																	Average	157
0:30						149																			Max	276
0:45		276					77						200						147						Min	77
Carbs			80			17	28		55			40			40	100									Total Carbs	360
Bolus		5.25	10.65					0.95	6.85			5.35			5.35	13.35									Total Bolus	47.75
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal	29.3
Activity						Basketball																			Total Insulin	77.05

Notes	Morning	Afternoon	Evening

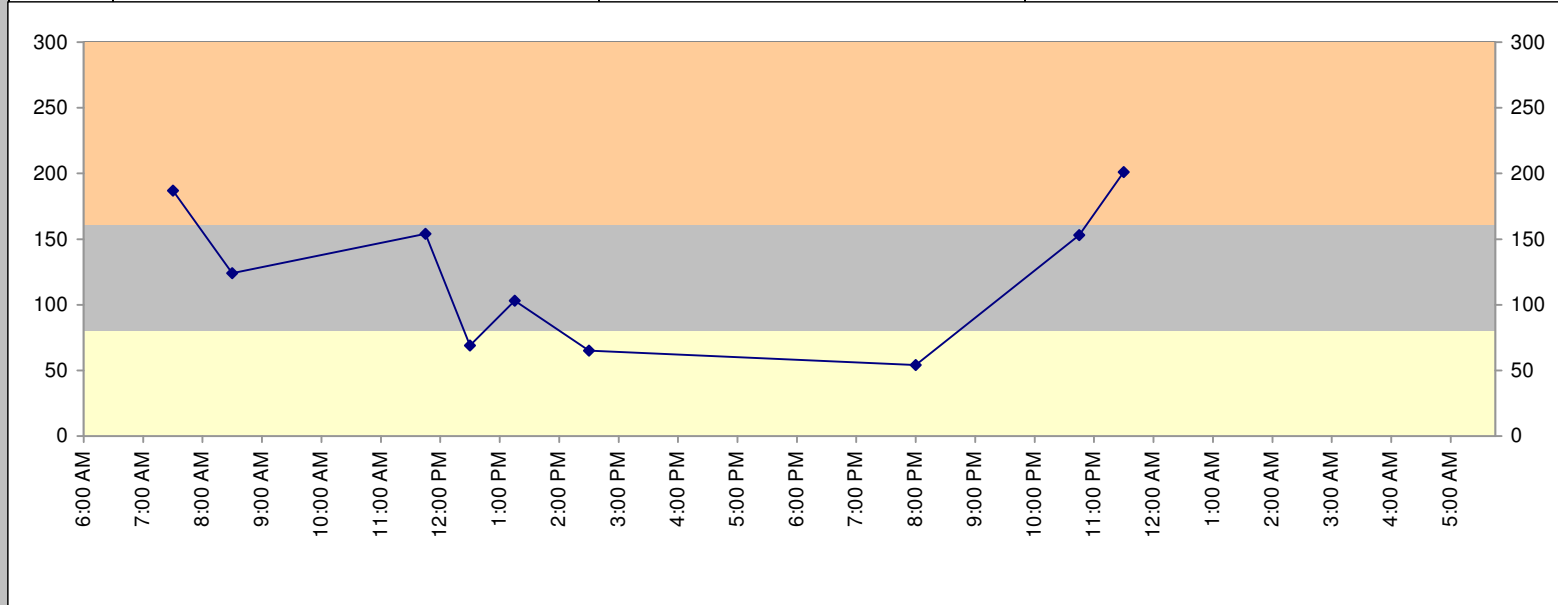


Wednesday, July 11, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00															54									
0:15								103																
0:30		187	124				69		65									201						
0:45						154											153							
Carbs			80		40	17	60		50		30	60		55	102									
Bolus		2.50	9.30		5.35				4.20		4.00	8.00		7.35										
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	
Activity						Basketball																		

# of Tests	9
Average	123
Max	201
Min	54
Range	147
Total Carbs	494
Total Bolus	40.70
Total Basal	29.3
Total Insulin	70

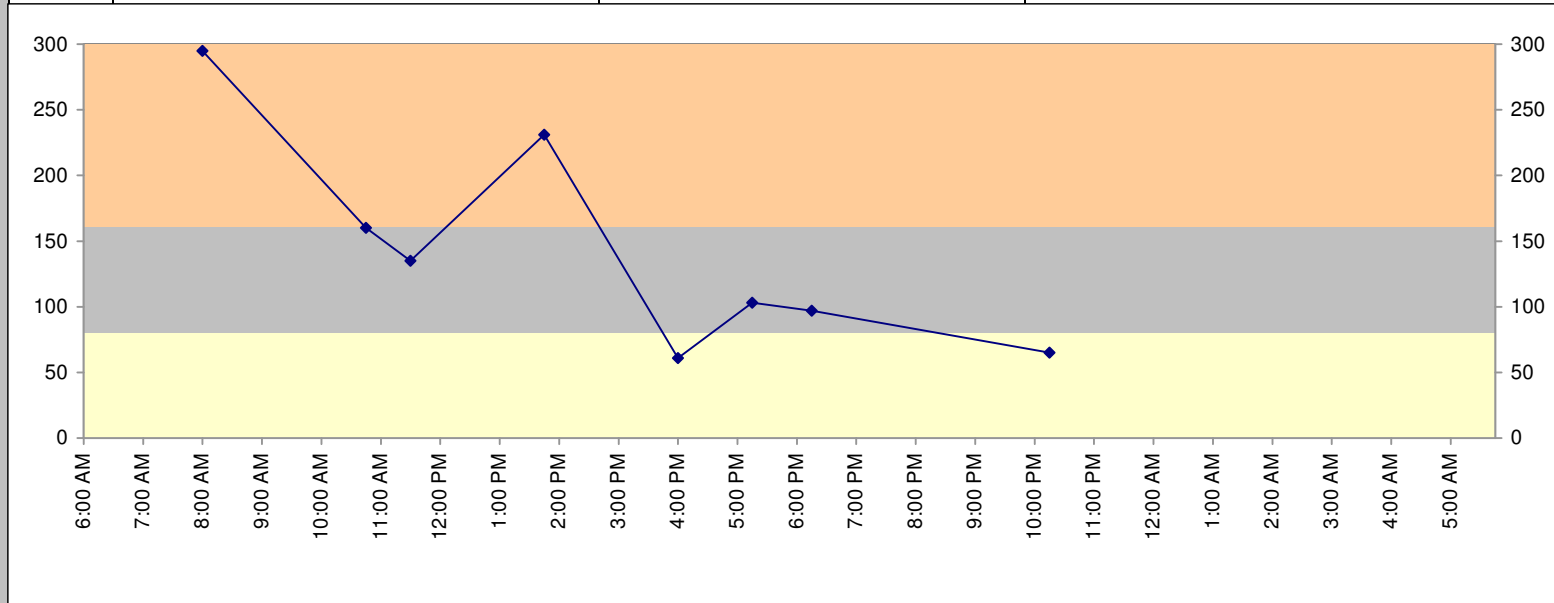
Notes	Morning	Afternoon	Evening
	11:40am - glucerna shake		



Thursday, July 12, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00			295								61														8	
0:15												103	97				65								Average	143
0:30						135																			Max	295
0:45					160			231																	Min	61
Carbs									60		74			120			117								Range	234
Bolus			5.80					4.65	8.00					16.00			6.65								Total Carbs	371
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Bolus	41.10
Activity						Basketball																			Total Basal	29.3
																									Total Insulin	70.4

Notes	Morning	Afternoon	Evening
	11:10am - glucerna		

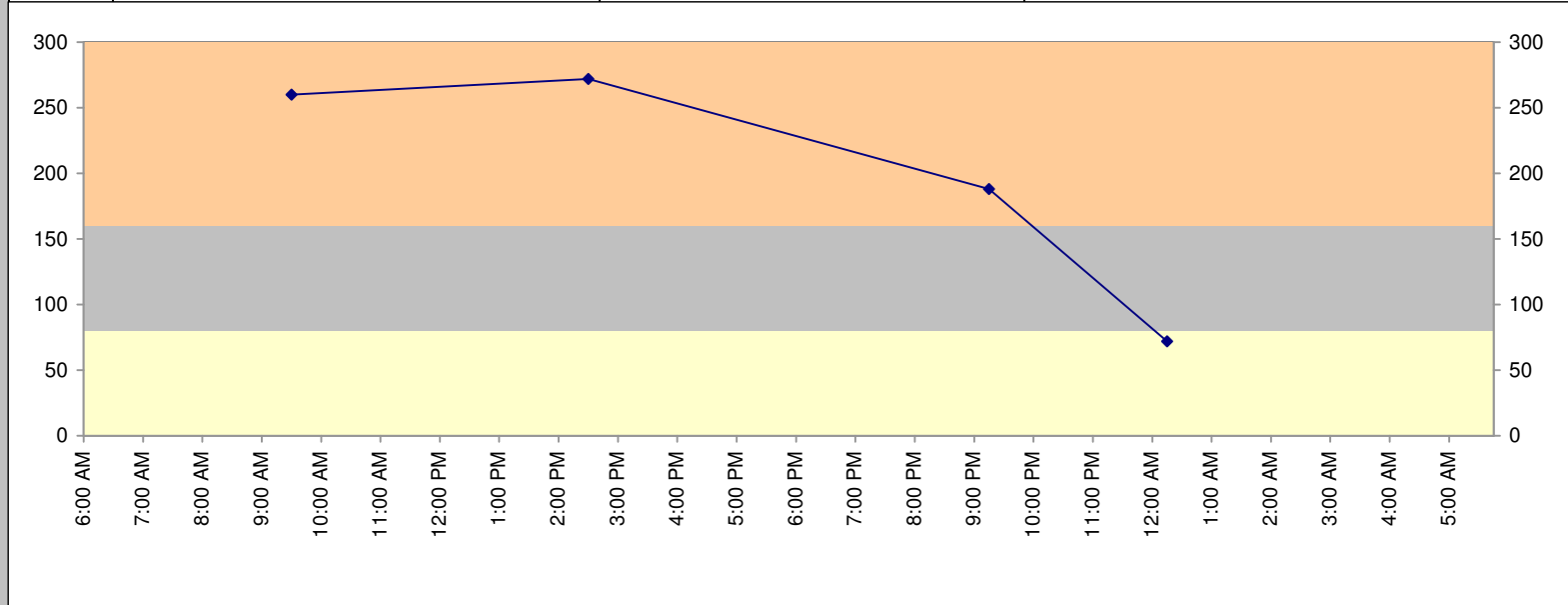


Friday, July 13, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																								
0:15																188			72					
0:30				260					272															
0:45																								
Carbs					40					90			30			34			25					
Bolus				4.75	5.35				2.25	12.00			4.00			5.25								
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	4
Average	198
Max	272
Min	72
Range	200
Total Carbs	219
Total Bolus	33.60
Total Basal	28
Total Insulin	61.6

Notes	Morning	Afternoon	Evening

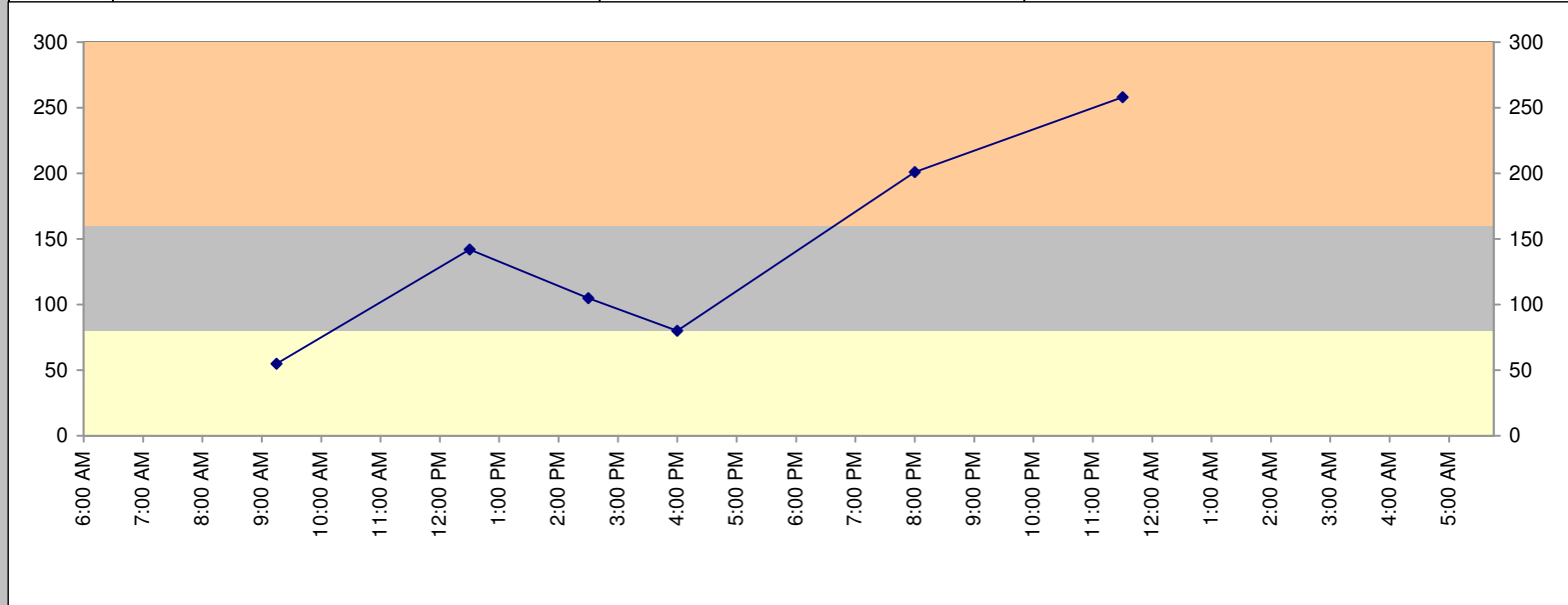


Saturday, July 14, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00											80				201									
0:15				55																				
0:30							142		105									258						
0:45																								
Carbs				125		20					90	60					50							
Bolus				15.35		2.65					11.05	8.00					6.65	1.00						
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	6
Average	140
Max	258
Min	55
Range	203
Total Carbs	345
Total Bolus	44.70
Total Basal	28
Total Insulin	72.7

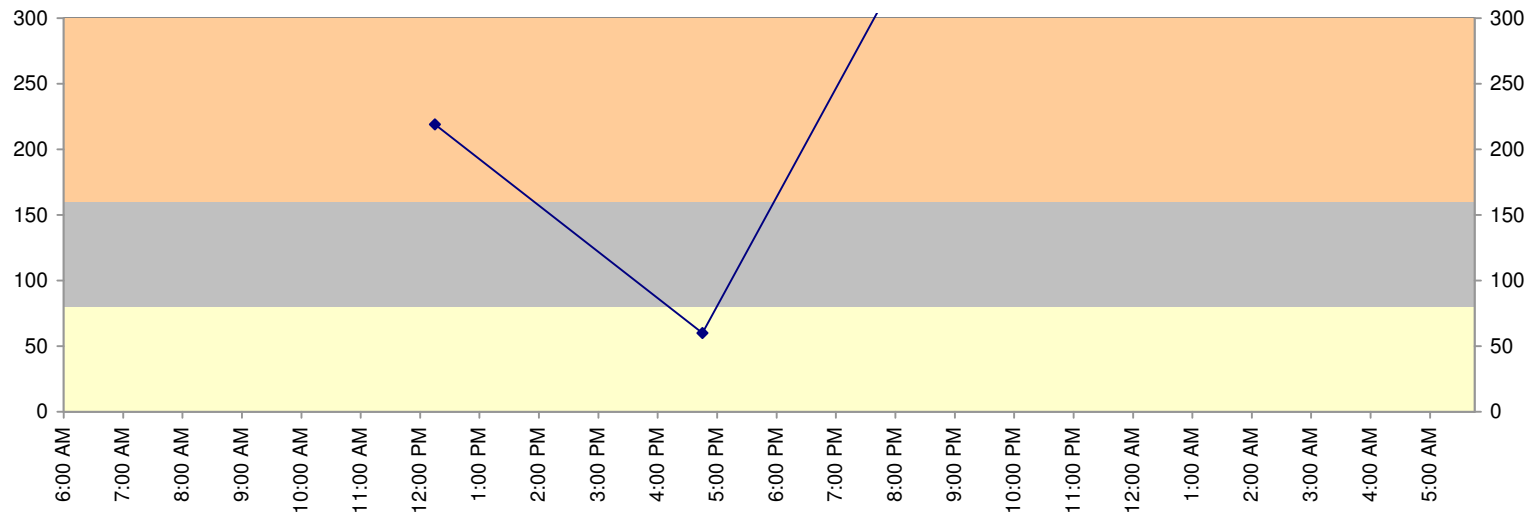
Notes	Morning	Afternoon	Evening



Sunday, July 15, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									Average	196
0:15							219																		Max	309
0:30																									Min	60
0:45											60		309												Range	249
Carbs							70				125		165		70	35									Total Carbs	465
Bolus							9.35				12.25		22.25		9.35	4.65									Total Bolus	57.85
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	85.85

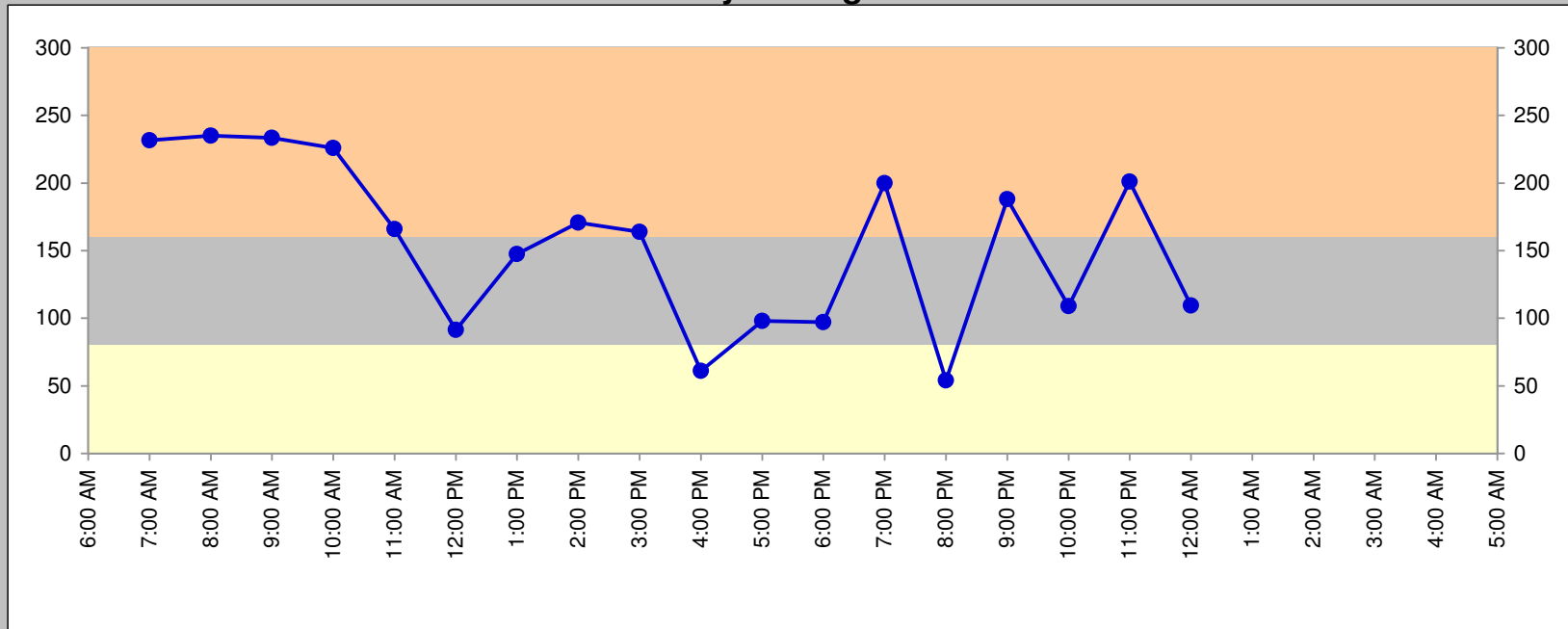
Notes	Morning	Afternoon	Evening



Weekday Average Bloodsugar: 160

07/09/07 - 07/13/07

Hourly Average

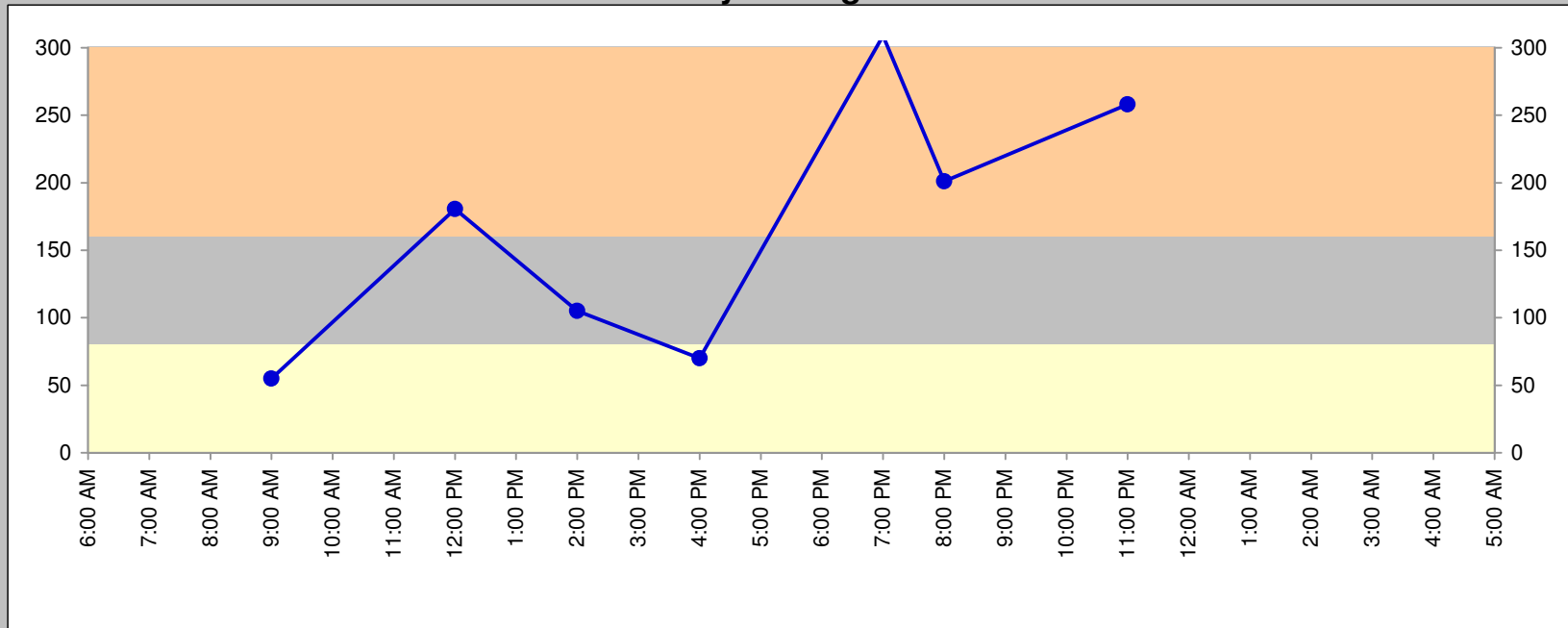


	Average	Max	Min	Range
Monday	206	292	93	199
Tuesday	157	276	77	199
Wednesday	123	201	54	147
Thursday	143	295	61	234
Friday	198	272	72	200

Weekend Average Bloodsugar: 159

07/14/07 - 07/15/07

Hourly Average

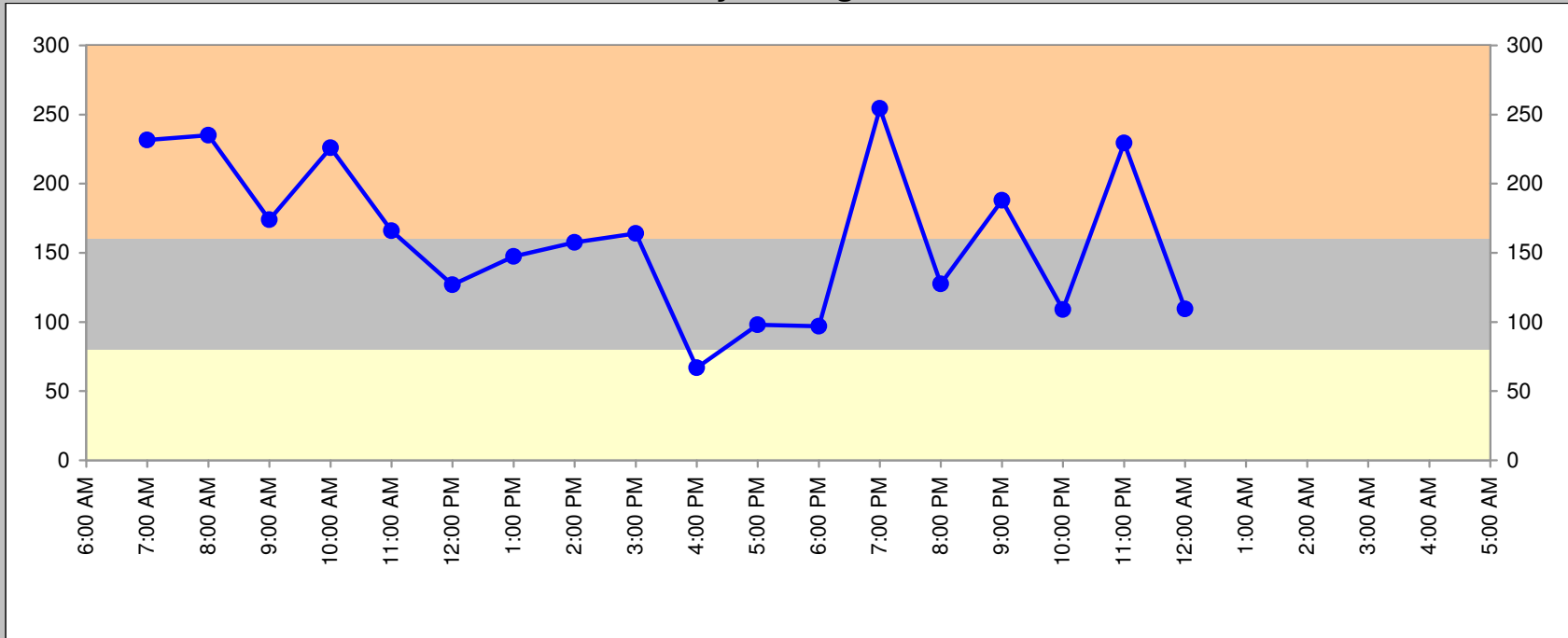


	Average	Max	Min	Range
Saturday	140	258	55	203
Sunday	196	309	60	249

Average Bloodsugar All Week: 159

07/09/07 - 07/15/07

Hourly Average



	Average	Max	Min	Range
Monday	206	292	93	199
Tuesday	157	276	77	199
Wednesday	123	201	54	147
Thursday	143	295	61	234
Friday	198	272	72	200
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 160

07/09/07 - 07/13/07

