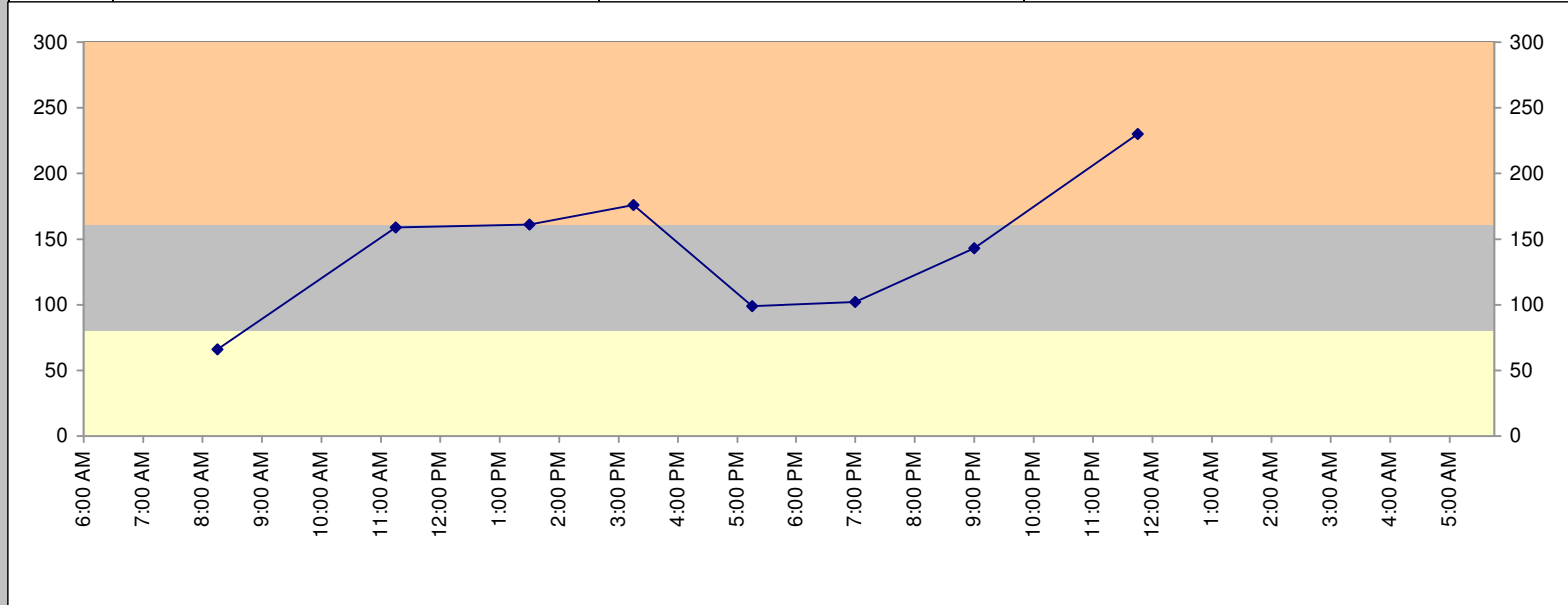


# Monday, August 06, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00														102		143								
0:15			66			159				176		99												
0:30								161																
0:45																		230						
<b>Carbs</b>			12	80		117						30		140										
<b>Bolus</b>			0.30	10.65		15.60						4.00		18.65				1.50						
<b>Basal</b>	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
<b>Activity</b>																								

# of Tests	8
Average	142
Max	230
Min	66
Range	164
<b>Total Carbs</b>	379
<b>Total Bolus</b>	50.70
<b>Total Basal</b>	28
<b>Total Insulin</b>	78.7

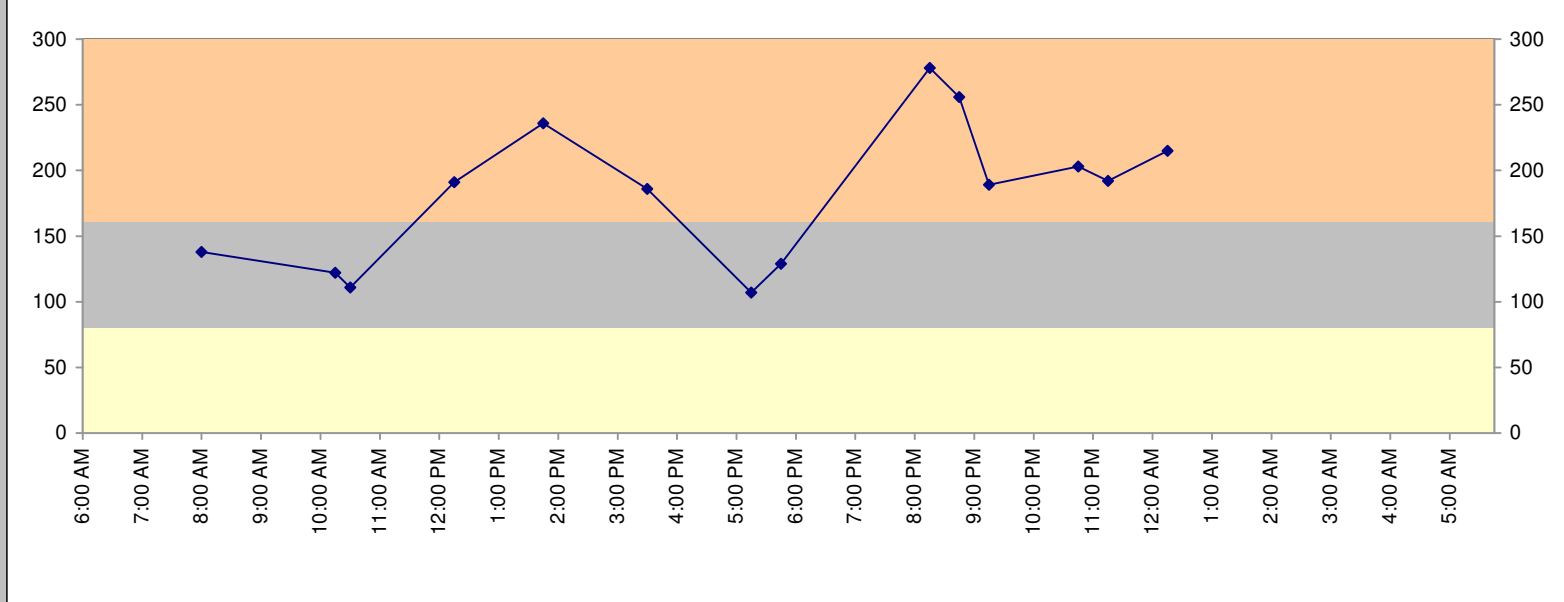
Notes	Morning	Afternoon	Evening
	9:00am - Fasting lab draws for Endo appt. 9:30am - two large cheesy tots at Burger King.	11:35am - bolused for blimpies (12" cheese trio on wheat, bag of baked lays chips). 11:45am - started eating.	5:25pm - two mini 100 Grand candy bars. 7:00pm - had a couple bowls of Macaroni & Cheese, and some garlic bread.



## Tuesday, August 07, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00			138																						14	
0:15					122		191					107			278	189		192	215							Average
0:30					111					186																Max
0:45								236				129			256		203									Min
Carbs			40		50		40					140		25		40										Range
Bolus			6.20		3.10		4.10					18.65		3.35		5.35		4.00								Total Carbs
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Bolus	
Activity																										Total Basal
																										Total Insulin

Notes	Morning	Afternoon	Evening
	8:30am - slice of toast with peanut butter and a mug of chocolate soy milk. Also had about 4 pieces of "Mike & Ike" candies. 10:30am - bag of animal crackers (50g).	12:15pm - 1 Large Cheesy Tots @ Burger King.	5:49pm - LeAnn chin, 8oz rice, 6 cream cheese puffs. 7:19pm - Ritz bitz cheese sandwich crackers. 9:00pm - Fruit smoothie (large), had a whole bag of frozen berries, 2 cups milk, about 1/3 container of yogurt. 10:17pm - set change.

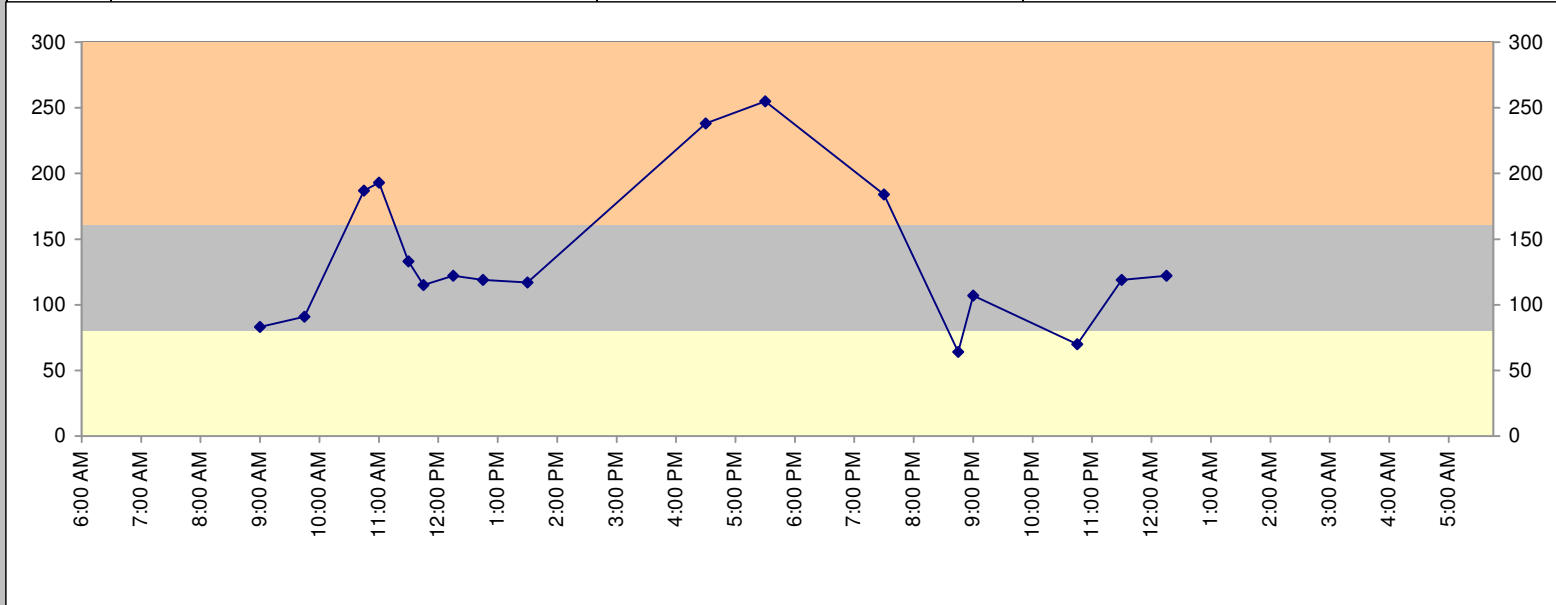


## Wednesday, August 08, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00				83		193										107									17
0:15							122												122						Average
0:30						133		117			238	255		184				119							Max
0:45				91	187	115	119								64		70								Min
Carbs				50		42			40			18				80		50							Range
Bolus				6.45					5.35		0.55	4.15				9.40		6.65							Total Carbs
Basal	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Bolus
Activity							Basketball																		Total Basal

Total Carbs	280
Total Bolus	32.55
Total Basal	29.3
Total Insulin	61.85

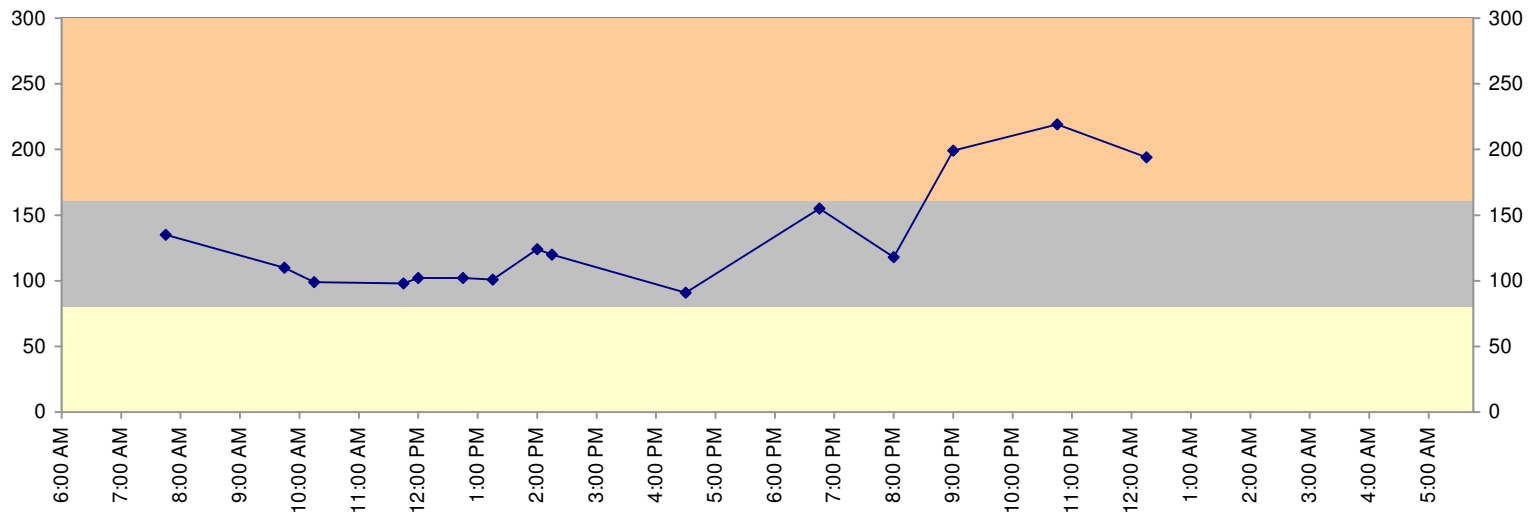
Notes	Morning	Afternoon	Evening
	9:45am - Bag of animal crackers for breakfast. 11:15am - Glucerna shake before basketball. 11:30am - Gatorade, 8oz. 11:50am - Gatorade, 6oz.	2:30pm - two bags of 100 cal packs of wheat thins with hummus, v-8, cottage cheese.	9:08pm - two large cheesy tots at Burger King. 11:00pm - 1oz of Pita Chips with hummus, cheese & ketchup sandwich, some dry frosted mini-wheats (about 40 pieces?). Scared about being low after eating just a couple hours ago, and especially right before bedtime.



## Thursday, August 09, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00							102		124						118	199									15
0:15					99			101	120										194						Average
0:30											91														219
0:45		135		110		98	102						155				219								91
<b>Carbs</b>			60				16				40				40										Total Carbs
<b>Bolus</b>		0.75	8.00						0.55		4.80				5.35	0.40	0.10		1.00						Total Bolus
<b>Basal</b>	1.50	1.50	1.50	1.50	0.45	0.45	0.80	1.80	1.80	1.50	1.50	1.50	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.00	1.50	1.50	1.50	Total Basal
<b>Activity</b>							Basketball																		Total Insulin

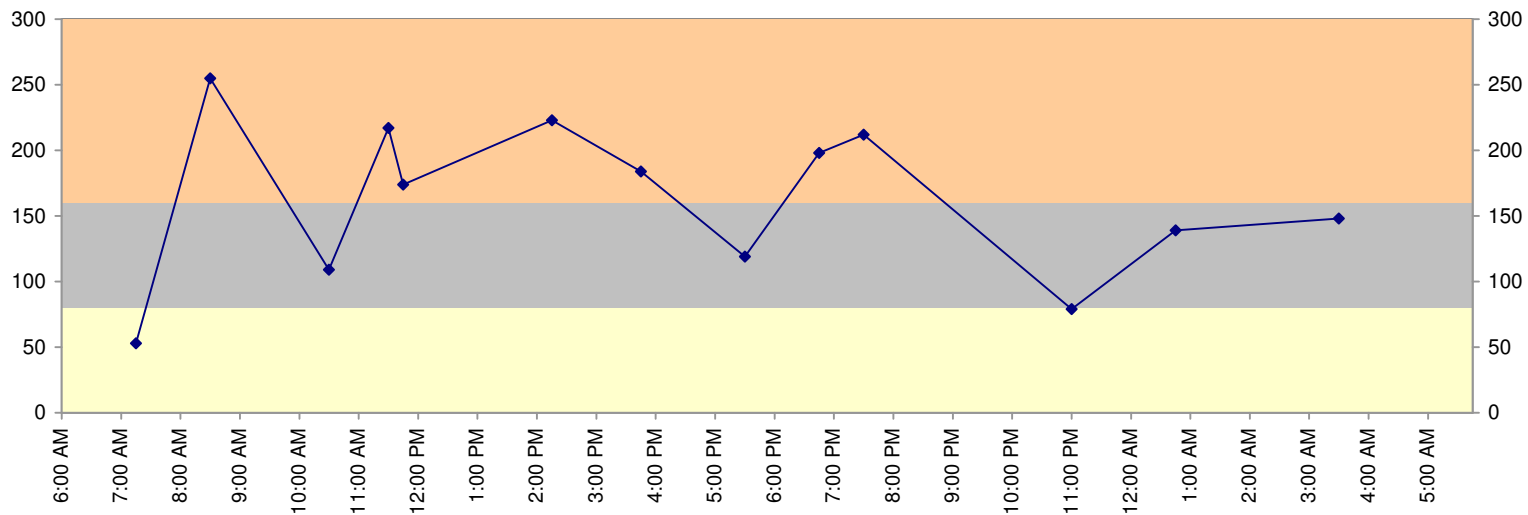
Notes	Morning	Afternoon	Evening
	8:15am - blockage alert on the pump. Disconnected tubing, filled, insulin came out right away. Maybe the tubing was kinked or something? Don't think it's with the cannula - I've been using the site for a while w/o problems. 12:15pm - Glucerna sport shake before basketball.	5:00pm - Had about two ounces of Pita chips with 1/2 cup hummus, and about 20 almonds.	8:00pm - Fruit smoothie (1/2 bag berries, 1/2 container yogurt, 2 cups milk, 1 scoop whey protein). 9:00pm - two pieces of mozzarella string cheese and a couple glasses of red wine.



## Friday, August 10, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00																		79							13		
0:15		53							223																Average	162	
0:30			255		109	217						119		212									148		Max	255	
0:45						174				184			198						139						Min	53	
Carbs		60			117													50							Range	202	
Bolus		6.95	1.00		16.55								2.80	0.90				5.15					0.05		Total Carbs	227	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	33.40
Activity																									Total Basal	28	
																									Total Insulin	61.4	

Notes	Morning	Afternoon	Evening
	<p>7:15am - woke up low. A little too aggressive with the corrections last night. It was the first time I tried whey protein in with my smoothie, felt like I was fighting to keep the BG down. Had some froot loops cereal. 10:30am - Yikes! Dropping like a lead balloon! Had two mini pearson nut rolls and two hersheys dark chocolate/caramel candies.</p>	<p>11:24am - Frustrated. Bouncing up and down. Over estimated the impact of trying to head off the dropping an hour ago. Started my bolus for Blimpies, which we should be eating soon.</p>	<p>5:30pm - had some pita chips (2oz?) and 1/2 cup hummus.</p>

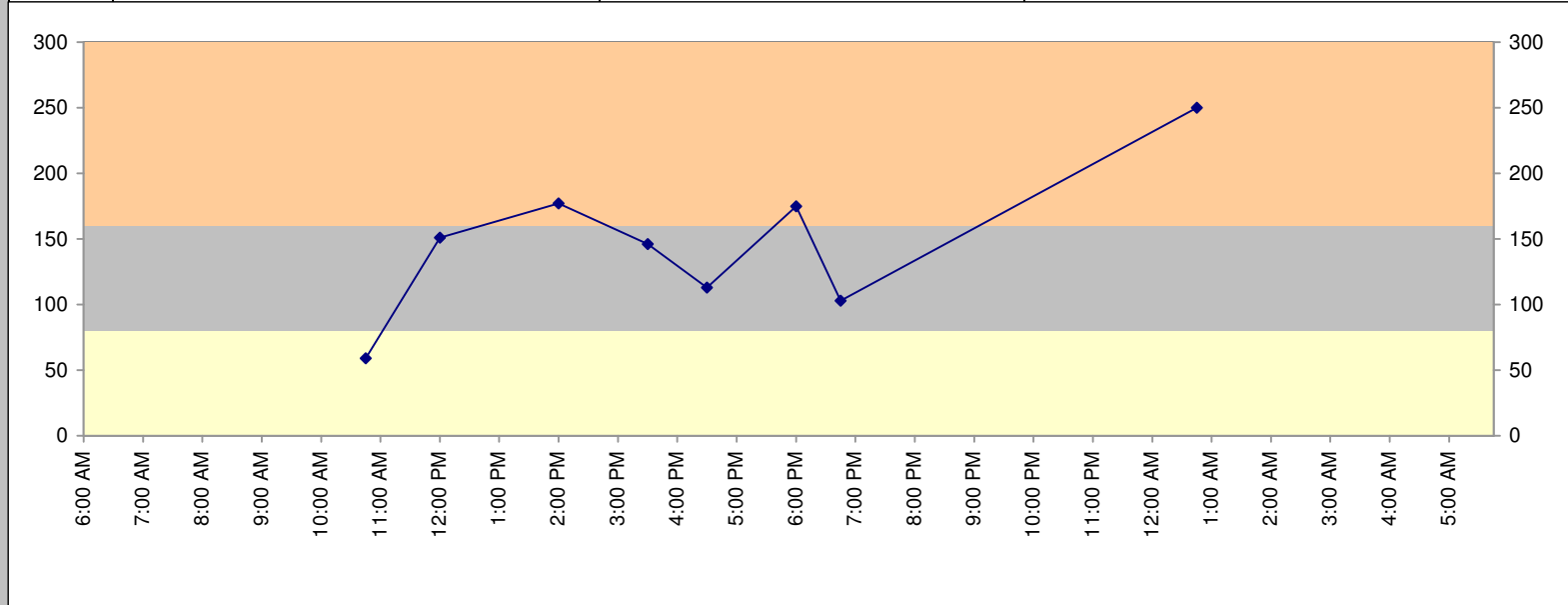


# Saturday, August 11, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00							151		177				175											
0:15																								
0:30										146	113													
0:45					59								103						250					
<b>Carbs</b>					8		80				40					22			65					
<b>Bolus</b>					0.15		12.00				5.35					2.95			8.65					
<b>Basal</b>	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
<b>Activity</b>																								

<b># of Tests</b>	8
<b>Average</b>	147
<b>Max</b>	250
<b>Min</b>	59
<b>Range</b>	191
<b>Total Carbs</b>	215
<b>Total Bolus</b>	29.10
<b>Total Basal</b>	28
<b>Total Insulin</b>	57.1

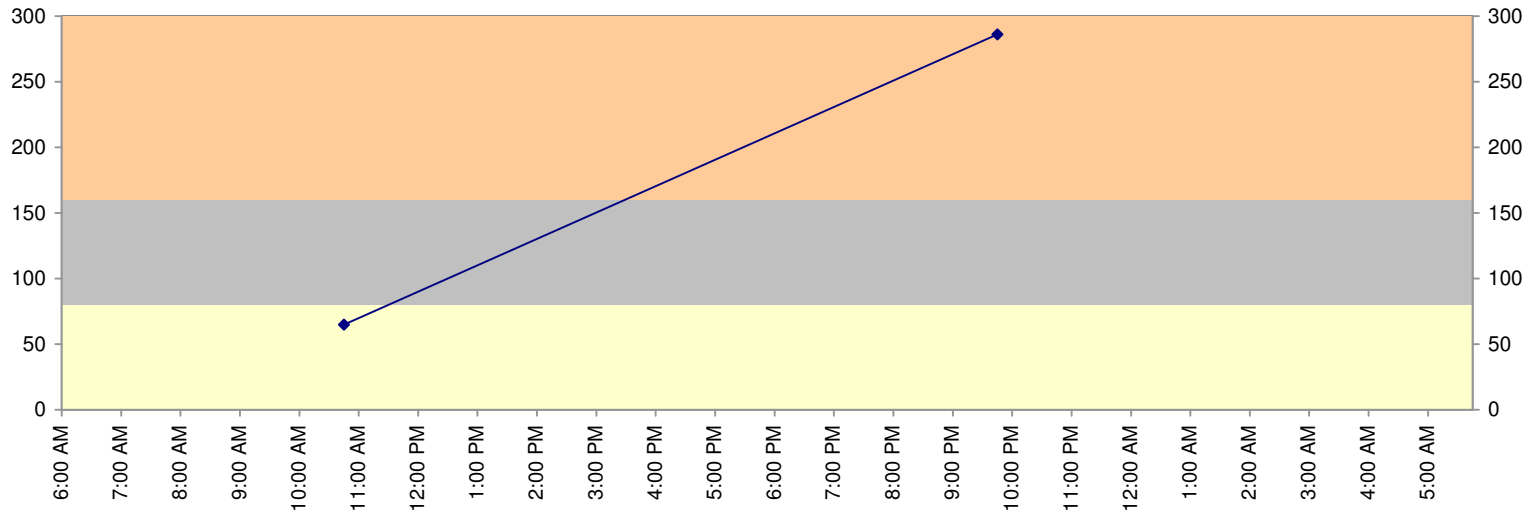
Notes	Morning	Afternoon	Evening
			9:22pm - site change.



## Sunday, August 12, 2007

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00																									Average	176
0:15																									Max	286
0:30																									Min	65
0:45					65											286									Range	221
Carbs					60							125				45									Total Carbs	230
Bolus					7.25							16.65				7.90									Total Bolus	31.80
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	59.8

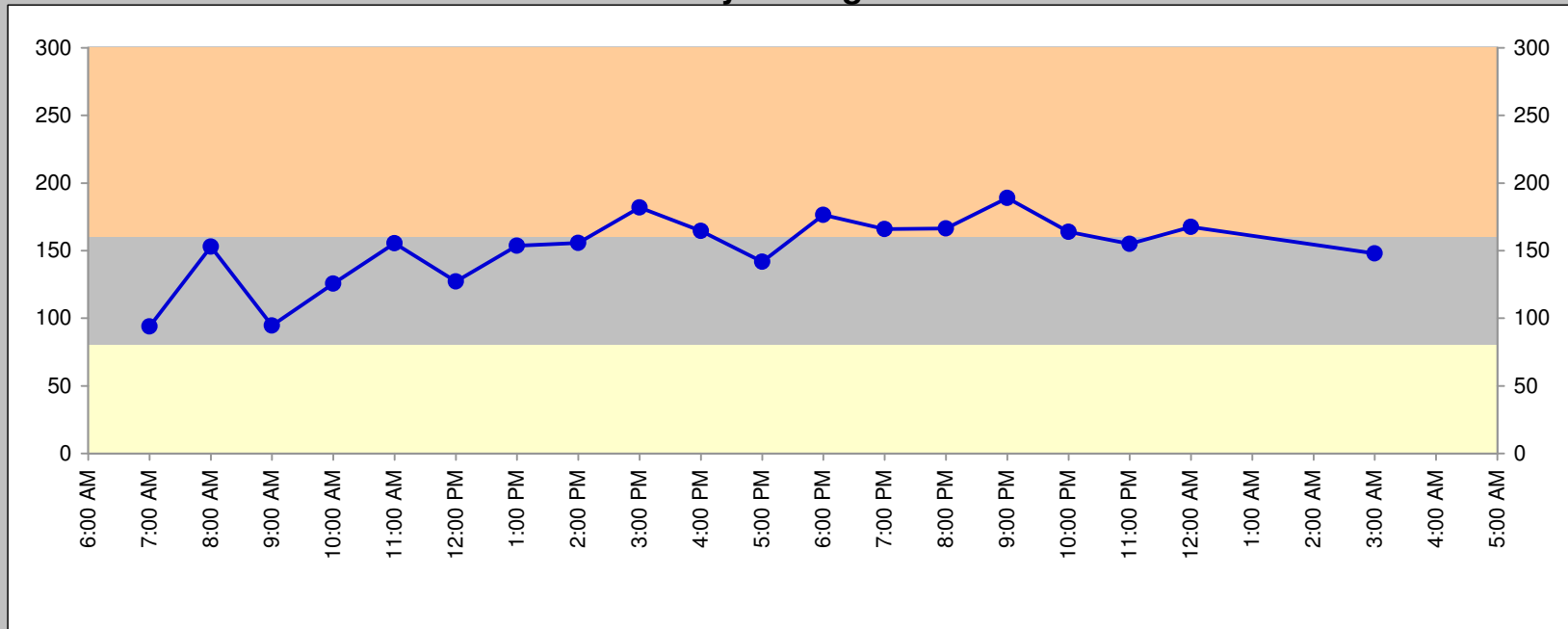
Notes	Morning	Afternoon	Evening



# Weekday Average Bloodsugar: 151

08/06/07 - 08/10/07

## Hourly Average

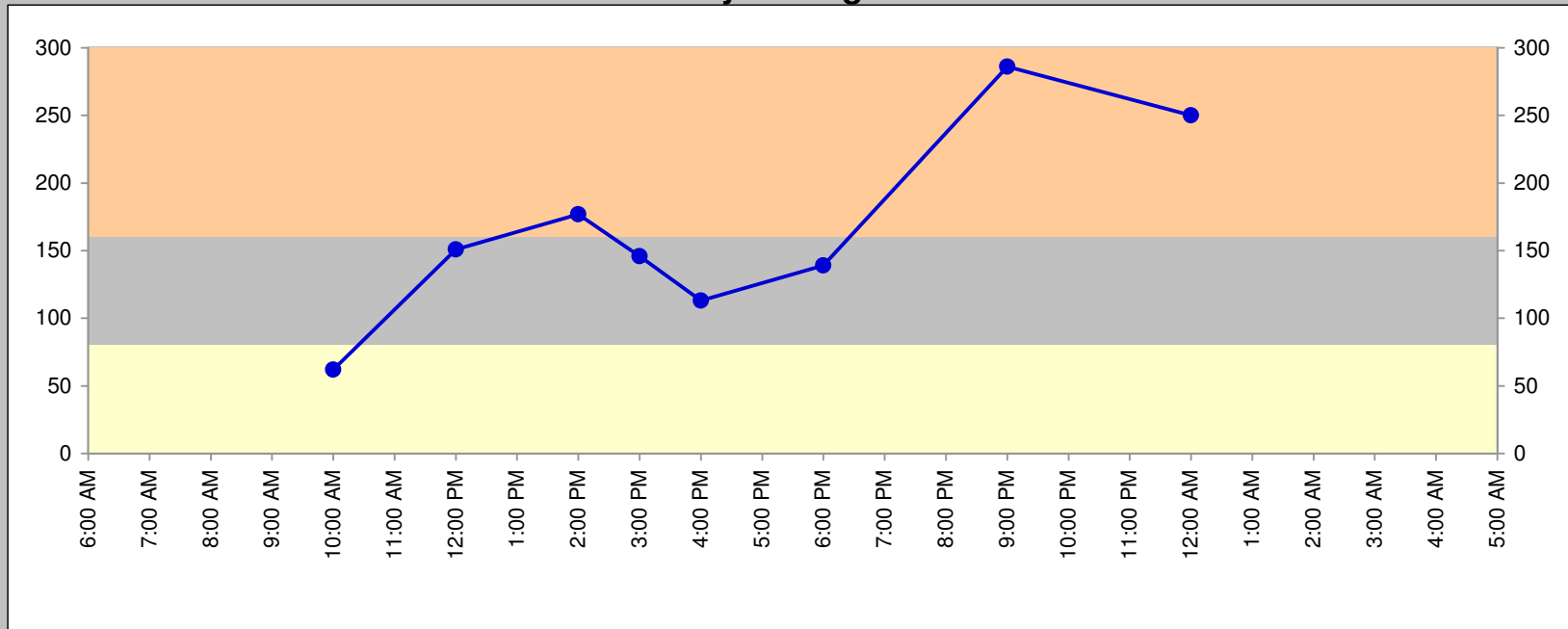


	Average	Max	Min	Range
Monday	142	230	66	164
Tuesday	182	278	107	171
Wednesday	136	255	64	191
Thursday	131	219	91	128
Friday	162	255	53	202

# Weekend Average Bloodsugar: 153

08/11/07 - 08/12/07

## Hourly Average

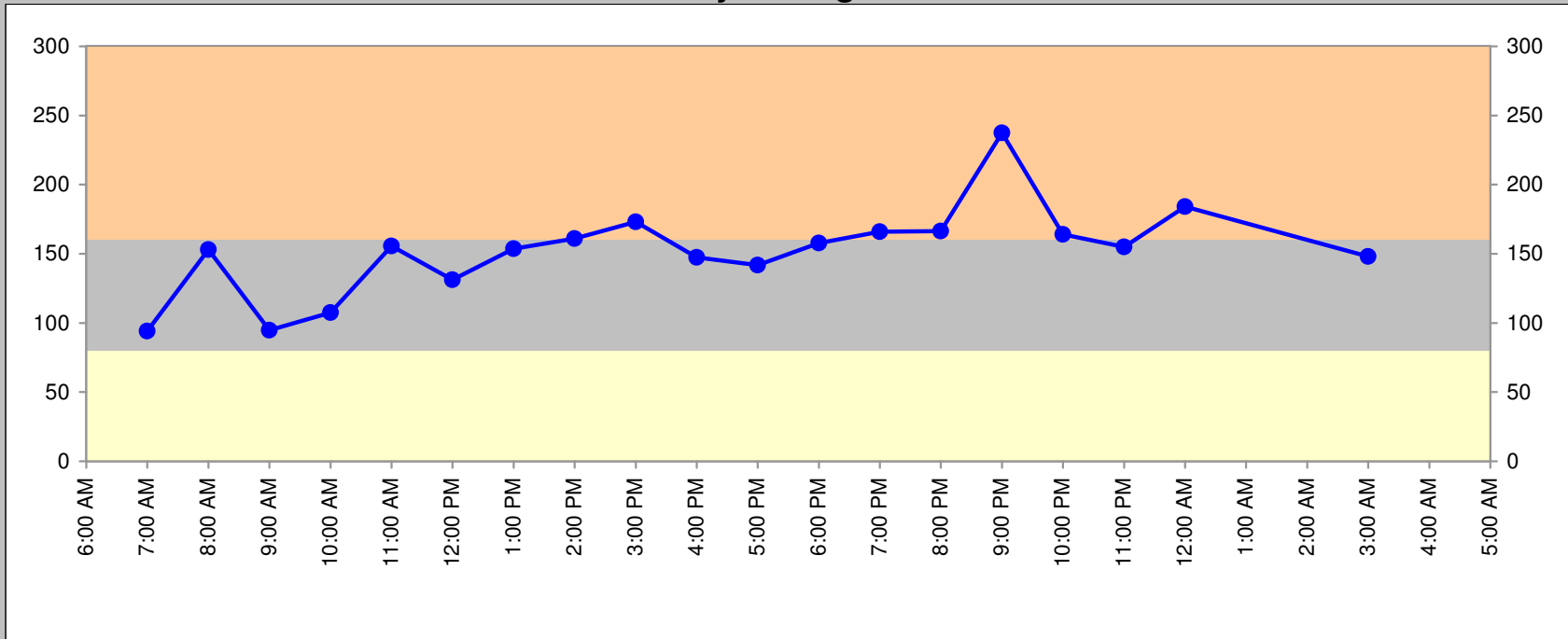


	Average	Max	Min	Range
Saturday	147	250	59	191
Sunday	176	286	65	221

**Average Bloodsugar All Week: 151**

08/06/07 - 08/12/07

### Hourly Average



	Average	Max	Min	Range
Monday	142	230	66	164
Tuesday	182	278	107	171
Wednesday	136	255	64	191
Thursday	131	219	91	128
Friday	162	255	53	202
Saturday	0	0	0	0
Sunday	0	0	0	0

# Weekday Average Bloodsugar: 151

08/06/07 - 08/10/07

