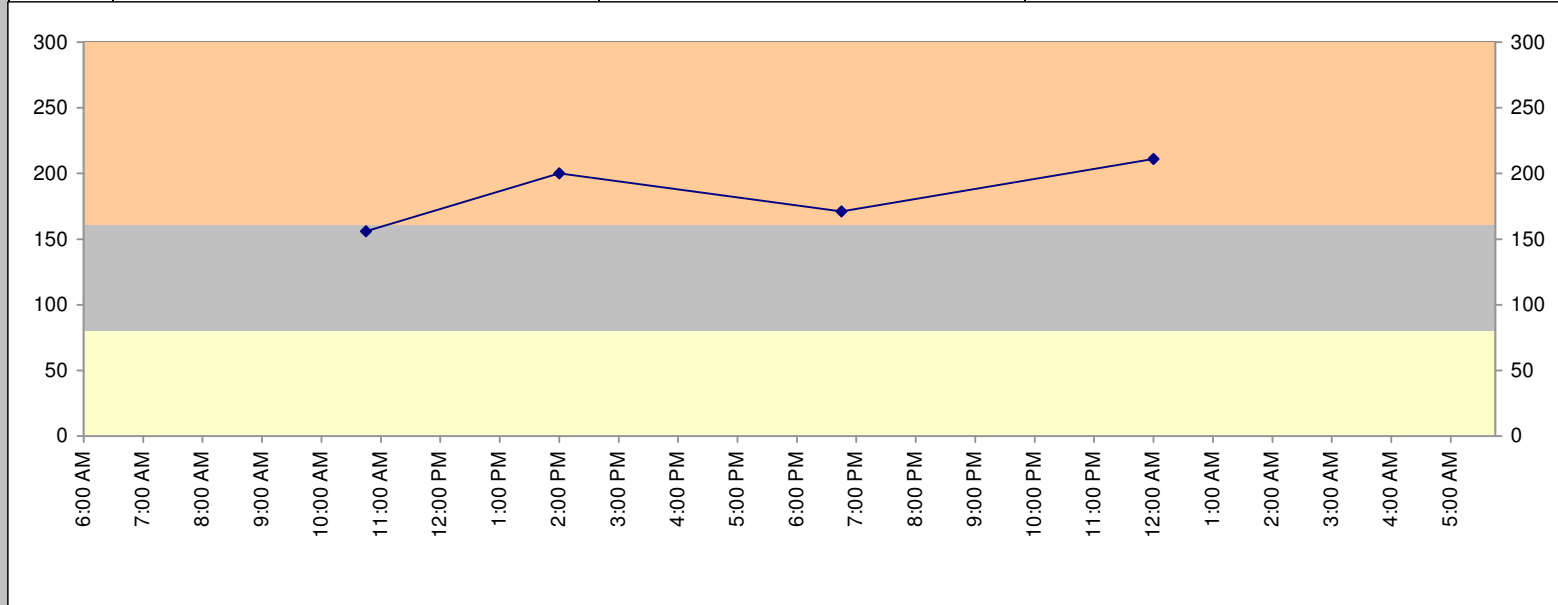


# Monday, December 25, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	
0:00									200											211					
0:15																									
0:30																									
0:45					156								171												
<b>Carbs</b>									225	80															
<b>Bolus</b>					6.50				25.00	10.65									3.15						
<b>Basal</b>	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	
<b>Activity</b>																									

# of Tests	4
Average	185
Max	211
Min	156
Range	55
<b>Total Carbs</b>	305
<b>Total Bolus</b>	45.30
<b>Total Basal</b>	28
<b>Total Insulin</b>	73.3

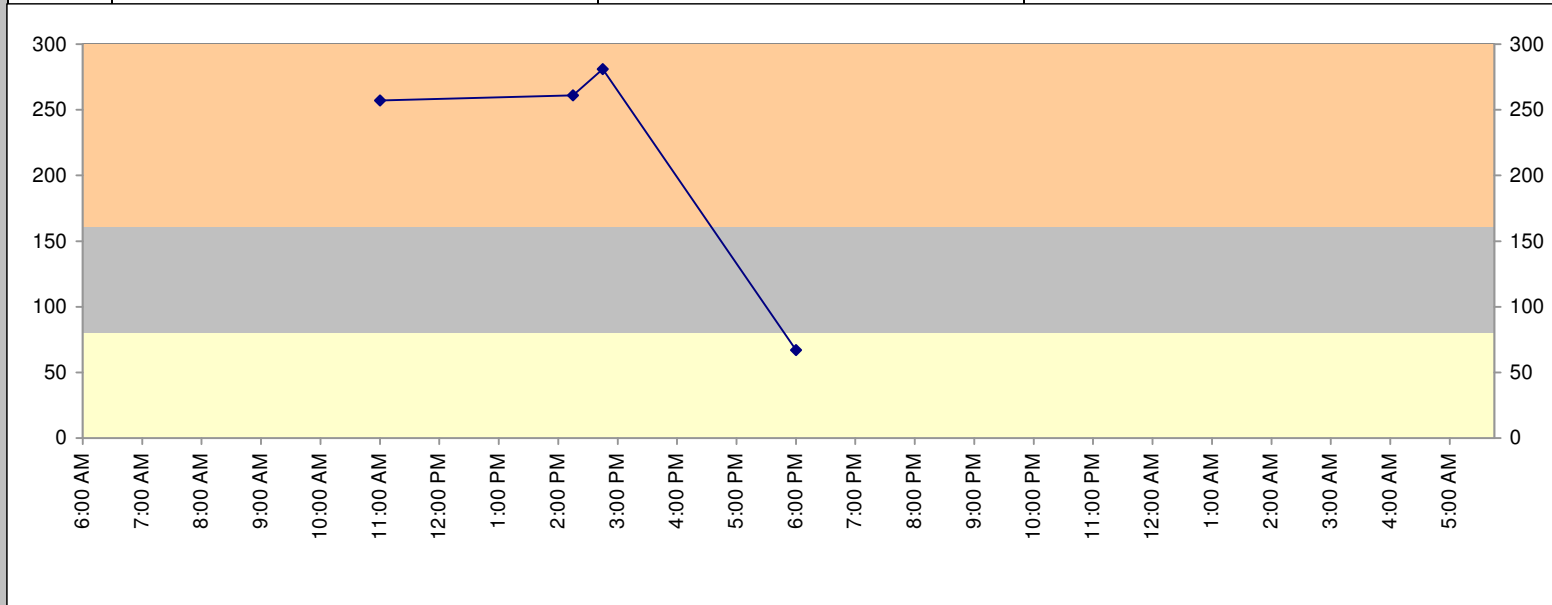
Notes	Morning	Afternoon	Evening
	11:00am - set change, scheduled.		



## Tuesday, December 26, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00						257							67												4
0:15									261																Average
0:30																									217
0:45									281																Max
Carbs													150												Min
Bolus						4.70			12.60				20.00												281
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Range
Activity																									214
																									Total Carbs
																									150
																									Total Bolus
																									37.30
																									Total Basal
																									28
																									Total Insulin
																									65.3

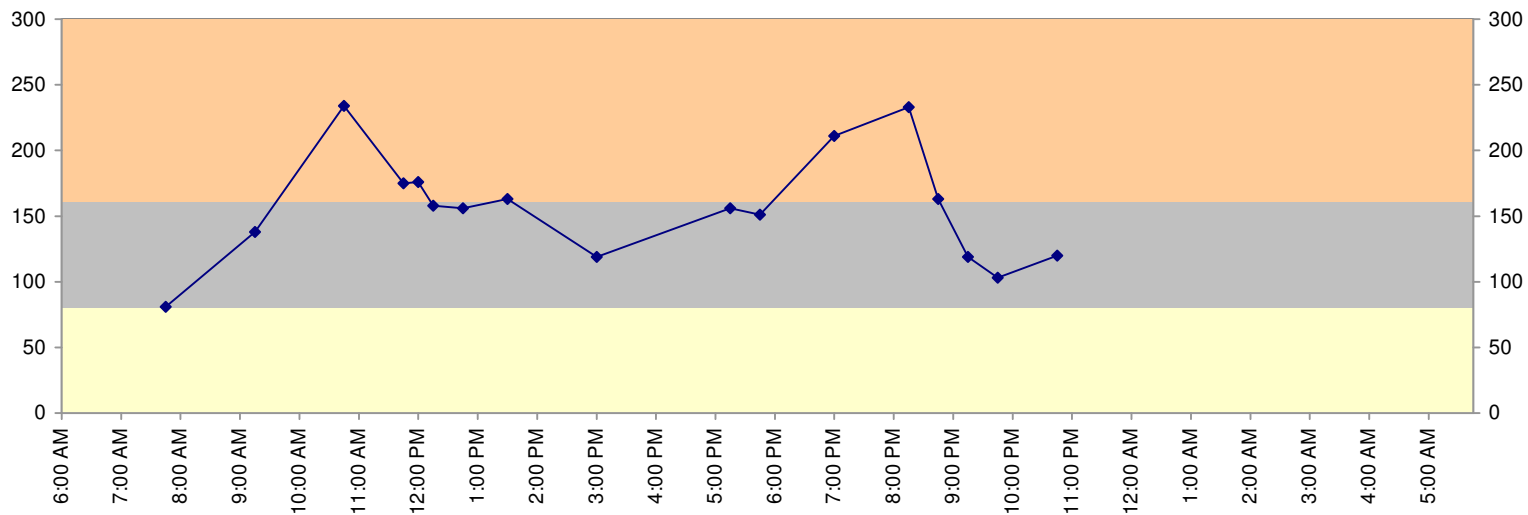
Notes	Morning	Afternoon	Evening
			Just realized that I was running on my "basketball" basal profile. Duh.



## Wednesday, December 27, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00							176			119				211											17		
0:15				138			158					156			233	119									Average	156	
0:30								163																	Max	234	
0:45		81			234	175	156					151			163	103	120								Min	81	
Carbs		15		30		29				70		70			27		80								Range	153	
Bolus				5.50				3.00				4.00					10.70								Total Carbs	321	
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	23.20
Activity						Basketball									Basketball										Total Basal	28	
																									Total Insulin	51.2	

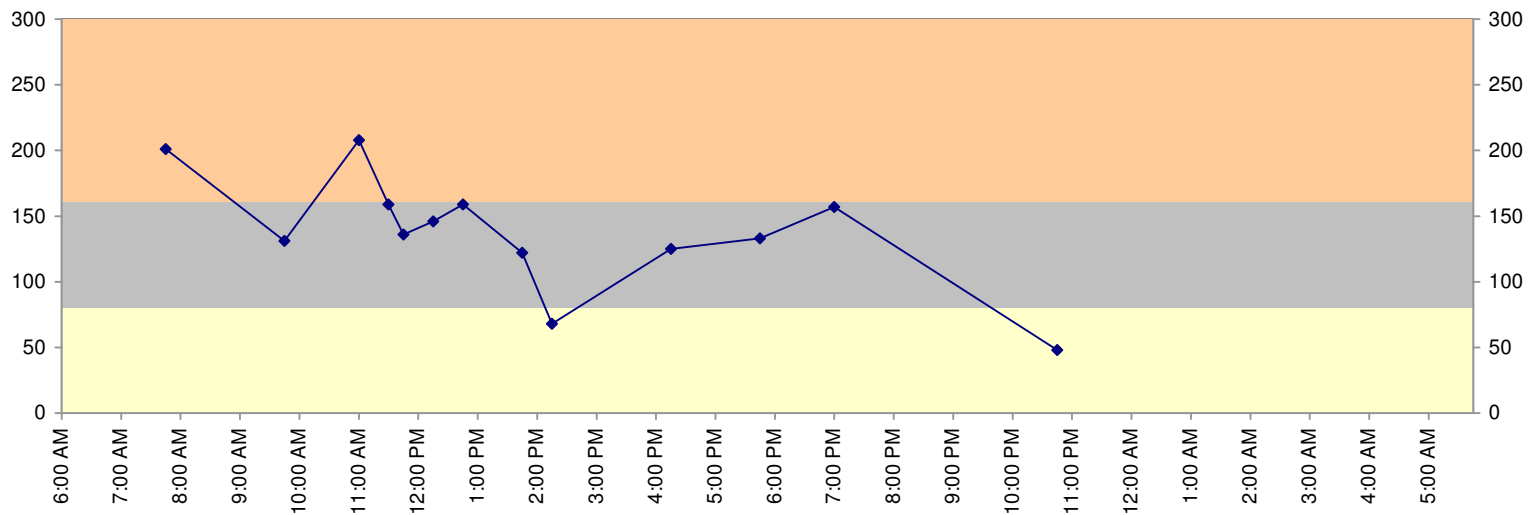
Notes	Morning	Afternoon	Evening
	8:45pm - Had 1/2 of a sugar cookie. 9:15am - English muffin with butter & peanut butter. 11:40am - at basketball, had an EAS nutrition shake (29g cho, 17g protein).	3:00pm - Cottage cheese and some "handi snacks" crackers and cheese. 5:50pm - Had a leftover custard filled chocolate iced doughnut.	6:30pm - started temp rate for basketball tonight. 3:00 @ 40%. 7:30pm - McDondalds Large Fries before basketball. No bolus. 8:45pm - Packet of "Power Bar Gel" (27g). 10:30pm - 3 smaller (6" ?) tortillas (21g each) with sour cream and shredded cheese, and some peanuts (shelled). Did a combination bolus, 50/50 over 3:30.



## Thursday, December 28, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00						208								157											13	
0:15							146		68		125														Average	138
0:30						159																			Max	208
0:45		201		131		136	159	122				133					48								Min	48
Carbs				30		60			28	70	64		80	130				160							Range	160
Bolus		2.90		3.00						9.35	9.35		0.00	17.35				9.35							Total Carbs	622
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Bolus	51.30
Activity						Basketball																			Total Basal	28
																									Total Insulin	79.3

Notes	Morning	Afternoon	Evening
	9:45am - English muffin with butter & peanut butter. 11:30am - basketball. Not comfortable with the drop. Had my EAS nutrition shake and a Gu packet, totalling about 60g. Seemed to do the trick for most of ball. I played really long today, going until almost 2:30pm!!! Was running low at the end and had about 16oz of gatorade.	3:15pm - Had my big chocolate & chocolate chip muffin, bolused for 70g. 4:30pm - two bags of Cool Ranch Doritos (64g bolused for 70g).	6:30pm - still at work. Feeling weird, concerned about all the IOB and current BG. Did not test, had a small handful of regular M&M's and a couple servings of caramel corn. 7:30pm - tortilla with cheese & sour cream, 2 mayo sandwiches on wheat buns, potato chips & ketchup (not measured). 10:45pm - low! Had some cereal (fruity pebbles) and a honey bun.

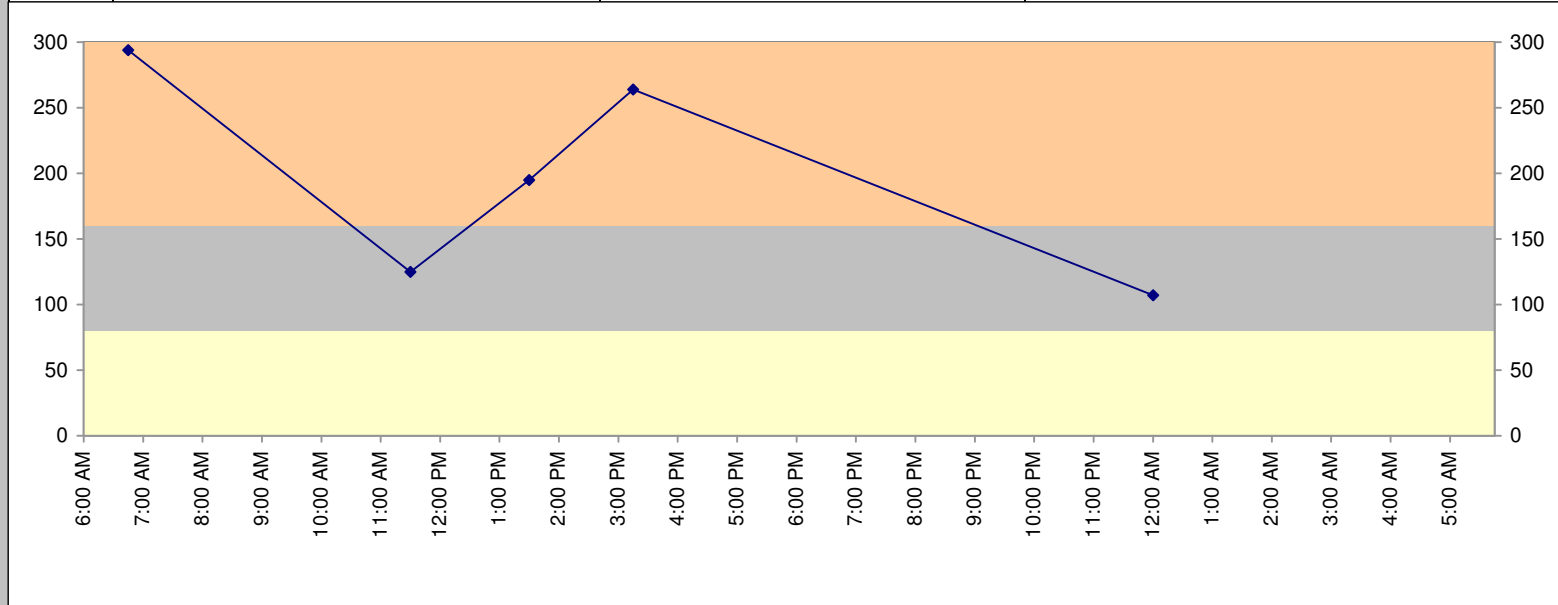


# Friday, December 29, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00																			107					
0:15										264														
0:30						125		195																
0:45	294																							
Carbs			100					64						80	80									
Bolus	5.80		13.35					10.45						10.65	10.65									
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5
Activity																								

# of Tests	5
Average	197
Max	294
Min	107
Range	187
Total Carbs	324
Total Bolus	50.90
Total Basal	28
Total Insulin	78.9

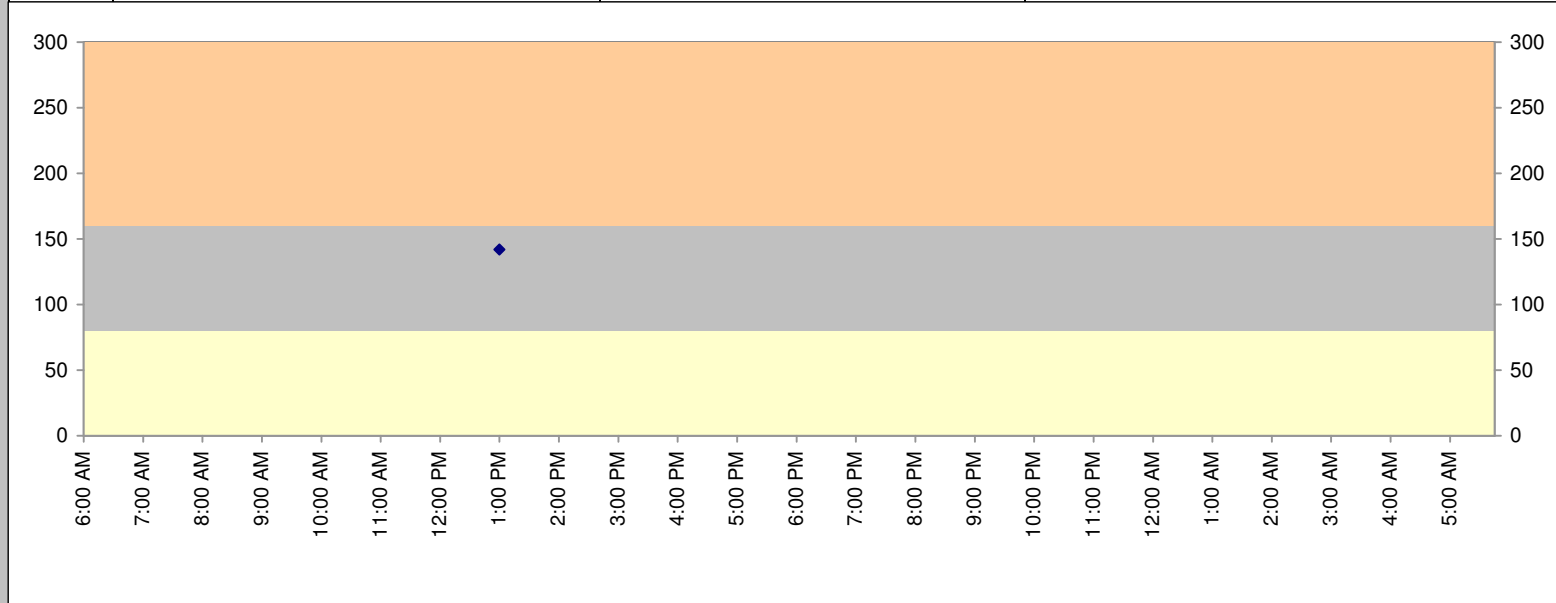
Notes	Morning	Afternoon	Evening
	6:45am - Ug, high from low last night. 7:00am - Set change, scheduled. 8:15am - McDonalds breakfast. Cinnamon roll, three hash browns and ketchup. 11:00am - Had a couple of handfuls of peanut M&M's.	1:30pm - two vend bags of Cool Ranch Doritos.	



# Saturday, December 30, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00								142																	Average	142
0:15																									Max	142
0:30																									Min	142
0:45																									Range	0
Carbs									120				120		70		70			50					Total Carbs	430
Bolus								1.20	16.00				16.00		9.35		9.35			6.65					Total Bolus	58.55
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal	28
Activity																									Total Insulin	86.55

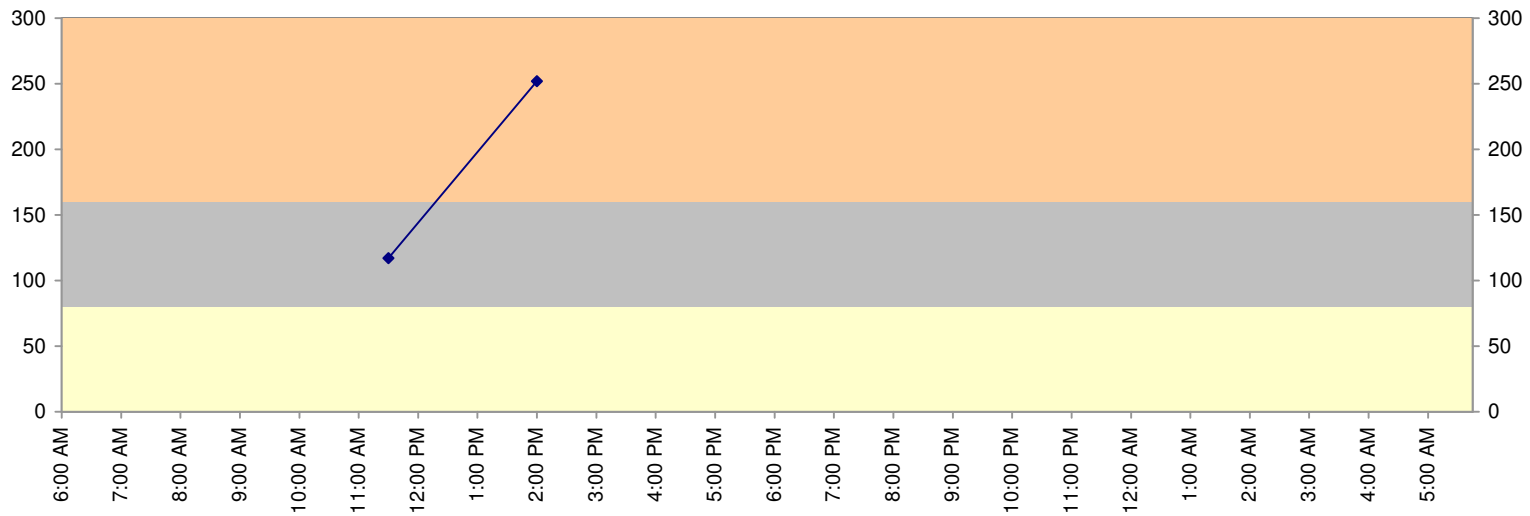
Notes	Morning	Afternoon	Evening



# Sunday, December 31, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00									252																2
0:15																									Average
0:30						117																			185
0:45																									252
Carbs						155			75				120						90	35					Total Carbs
Bolus						20.70			16.00				16.00						12.00	4.65					Total Bolus
Basal	1.5	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.5	1.5	1.5	Total Basal
Activity																									Total Insulin
																									97.35
Range																									135

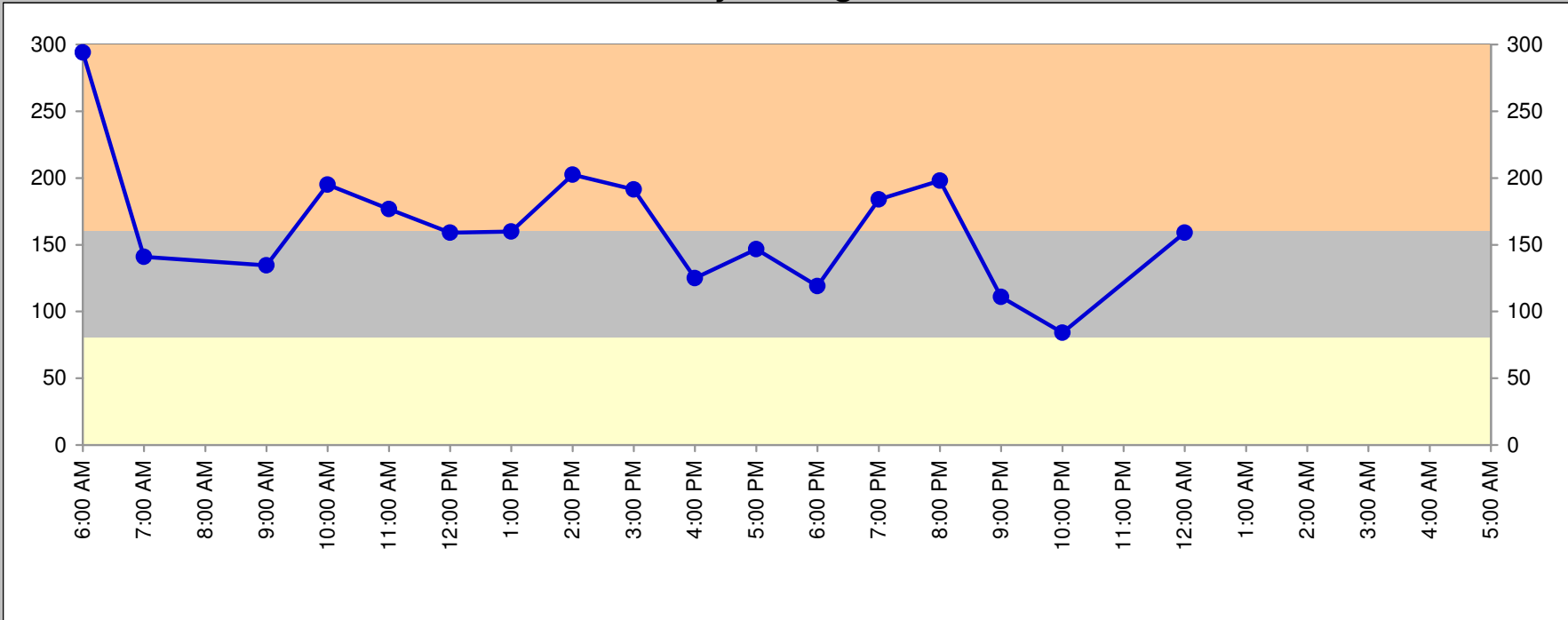
Notes	Morning	Afternoon	Evening



**Weekday Average Bloodsugar: 164**

12/25/06 - 12/29/06

### Hourly Average

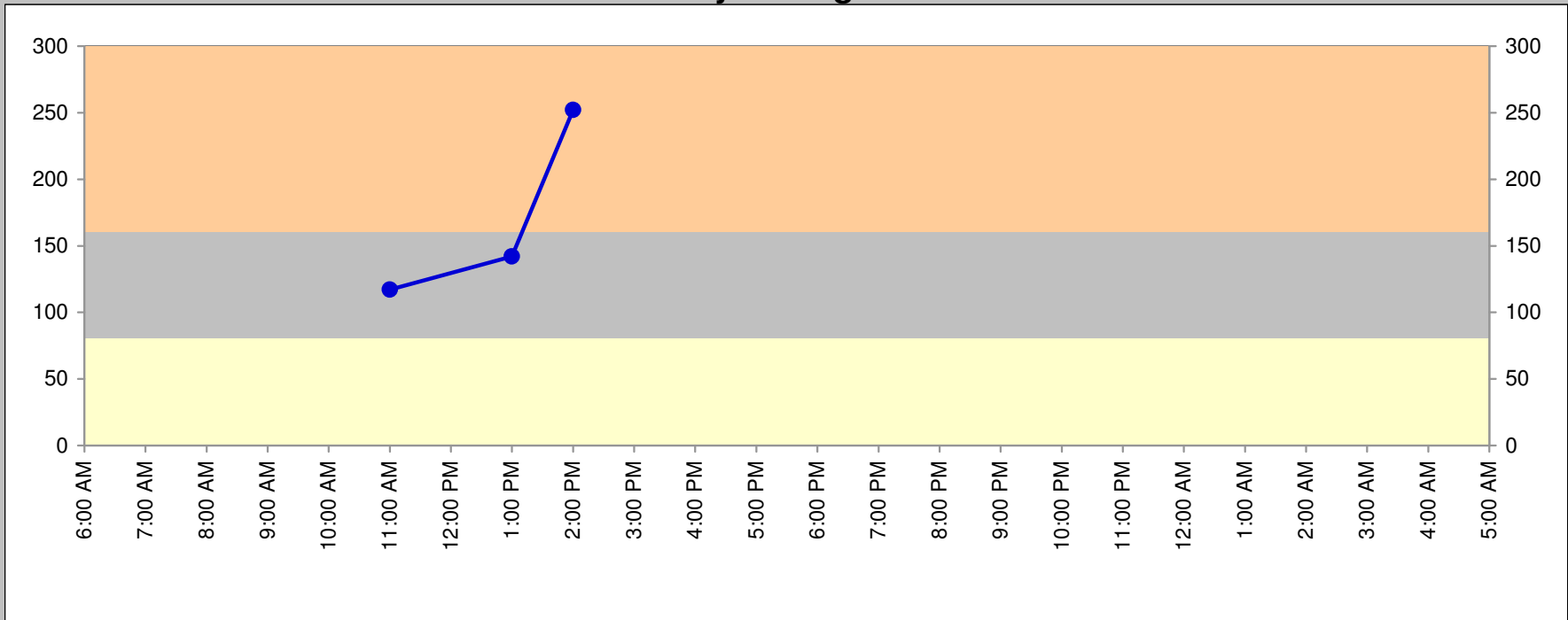


	Average	Max	Min	Range
<b>Monday</b>	185	211	156	55
<b>Tuesday</b>	217	281	67	214
<b>Wednesday</b>	156	234	81	153
<b>Thursday</b>	138	208	48	160
<b>Friday</b>	197	294	107	187

**Weekend Average Bloodsugar: 170**

12/30/06 - 12/31/06

### Hourly Average

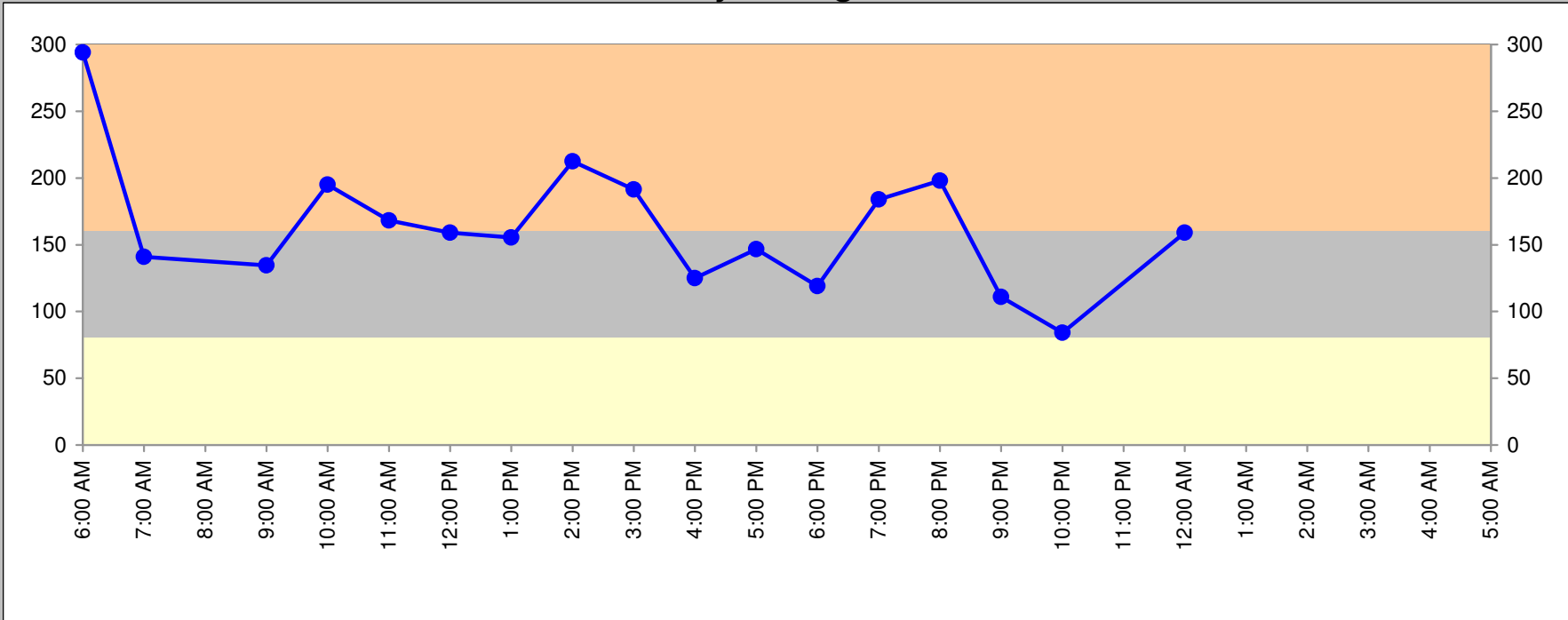


	Average	Max	Min	Range
Saturday	142	142	142	0
Sunday	185	252	117	135

**Average Bloodsugar All Week: 164**

12/25/06 - 12/31/06

**Hourly Average**



	<b>Average</b>	<b>Max</b>	<b>Min</b>	<b>Range</b>
<b>Monday</b>	185	211	156	55
<b>Tuesday</b>	217	281	67	214
<b>Wednesday</b>	156	234	81	153
<b>Thursday</b>	138	208	48	160
<b>Friday</b>	197	294	107	187
<b>Saturday</b>	0	0	0	0
<b>Sunday</b>	0	0	0	0

# Weekday Average Bloodsugar: 164

12/25/06 - 12/29/06

