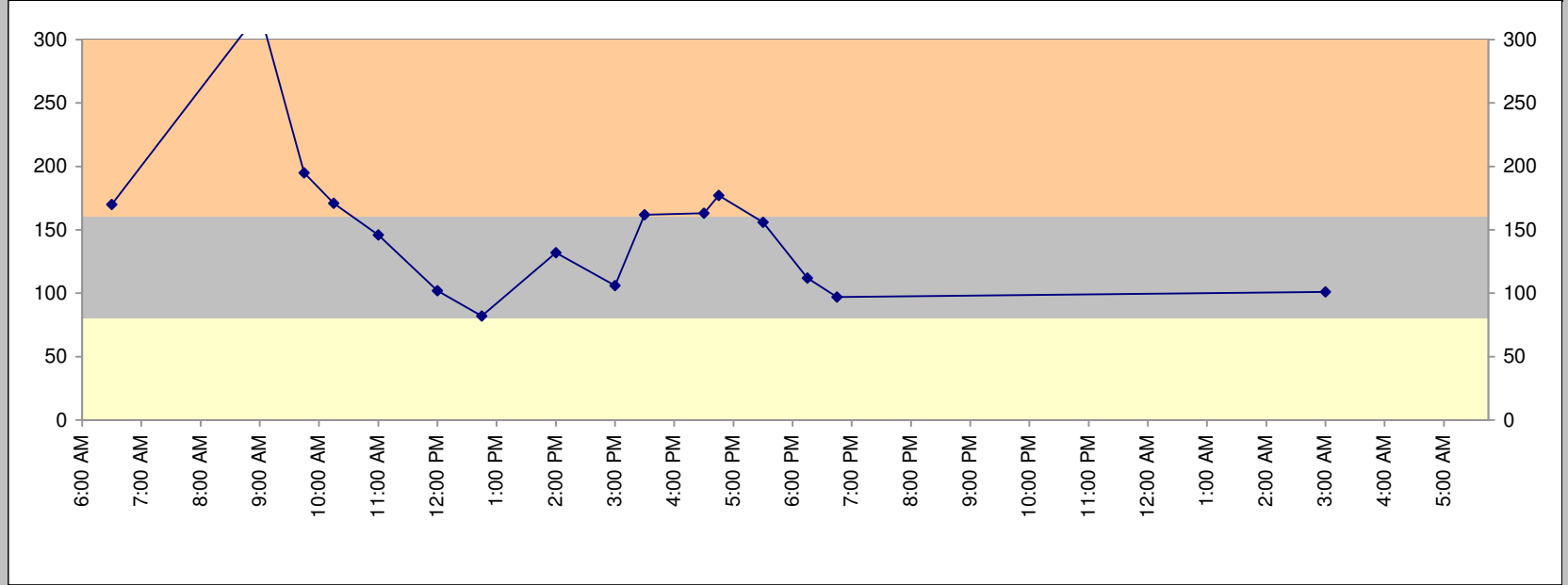


Monday, May 15, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00				322		146	102		132	106													101	
0:15					171								112											
0:30	170									162	163	156												
0:45				195			82				177		97											
Carbs		48					32		200g					62	180									
Bolus	3.00	13.70					2.55		26.65					4.75	24.00									
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
16
Average
150

Notes	Morning	Afternoon	Evening
	6:45am - Set change (scheduled). 7:30am - bagel with cream cheese. Tried new insulin/carb ratio for first meal on new set. Used 1 unit per 3.5 grams of carbs. 9:00 - new carb ratio didn't seem to do much... 9:54am - whoa - dropping fast! 12:00 - Ok, new carb ratio seems a bit much. Not low (yet), but just dropping fast. Need to see where it will level out. Upped ratio on set change bolus to 1:4.5.	12:44 - Pearsons nut roll (32g). 2:00pm - pre-bolused for planned blimpies. Bolused for 200g at 1:59. 2:20 - footlong blimpies on wheat, cheese & mayo + chips.	6:30 - leaving work late. Stopped at gas station to get gas & clean out truck. Feeling hungry. Got a diet pop & 2 packages of PB crackers (62g). Tested, bolused 7 ate. Shortly after I started feeling low. Looks like Blimpie bolus was too much. I was on the road so I stopped at a Wendys and got a medium frosty. Did not bolus for it. Supper at home a while later. Not very accurate counting. Had 2 biscuits, some mac & cheese, some fruit bites and a few hard candies. SWAG bolused. 3:00am - Bryce woke up itching, got up to find medicine and had heartburn - tested and was surprised to be 101

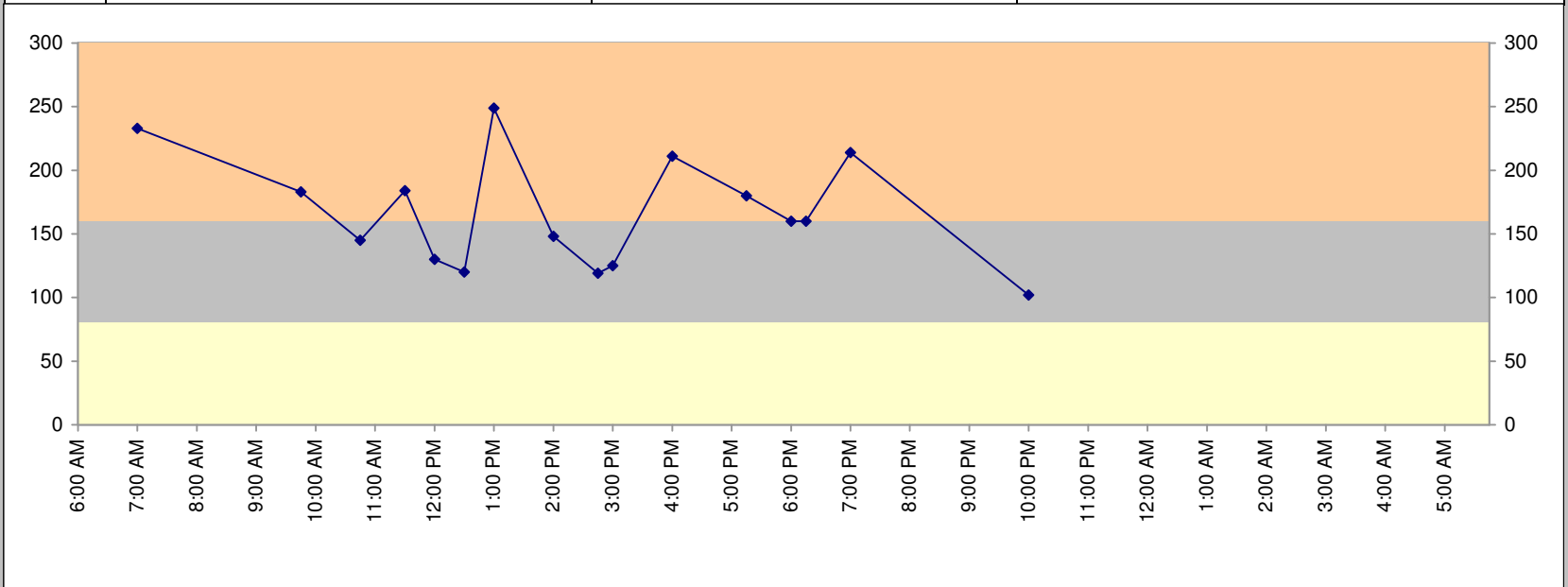


Tuesday, May 16, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00		233					130	249	148	125	211		160	214			102							
0:15												180	160											
0:30						184	120																	
0:45				183	145				119															
Carbs		55			35		65?			68			50				97							
Bolus		11.15			0.00		4.85			9.05			4.35				11.45							
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
16
Average
166

Notes	Morning	Afternoon	Evening
	<p>6:30 - Very rushed morning - meeting scheduled from 7-9am. No breakfast at home, had a bagel with cream cheese. 9:30am - started temporary basal rate for basketball. 3:00 hours at 30% 10:45am - feeling hungry, trending downward and going to play ball in a half hour. Ate a snickers bar.</p>	<p>11:30 - Basketball today (played from 11:20 - 1:40). First time in a week. Had a can of slim fast at 12:00 and about 16oz of gatorade at 12:25. Very surprised to see my BG jump up so high after that. Corrected, and was scared to death to do so - but I took the full correction of 4.85 units. 3:00 - had 2 vending bags of wheat thins.</p>	<p>6:20 - big chocolate cookie. 10:00pm - late supper. 1 Dannon Vanilla Yogurt, 2 mayo sandwiches on hamburger buns (77g), then also had some leftover pizza crusts (20g).</p>

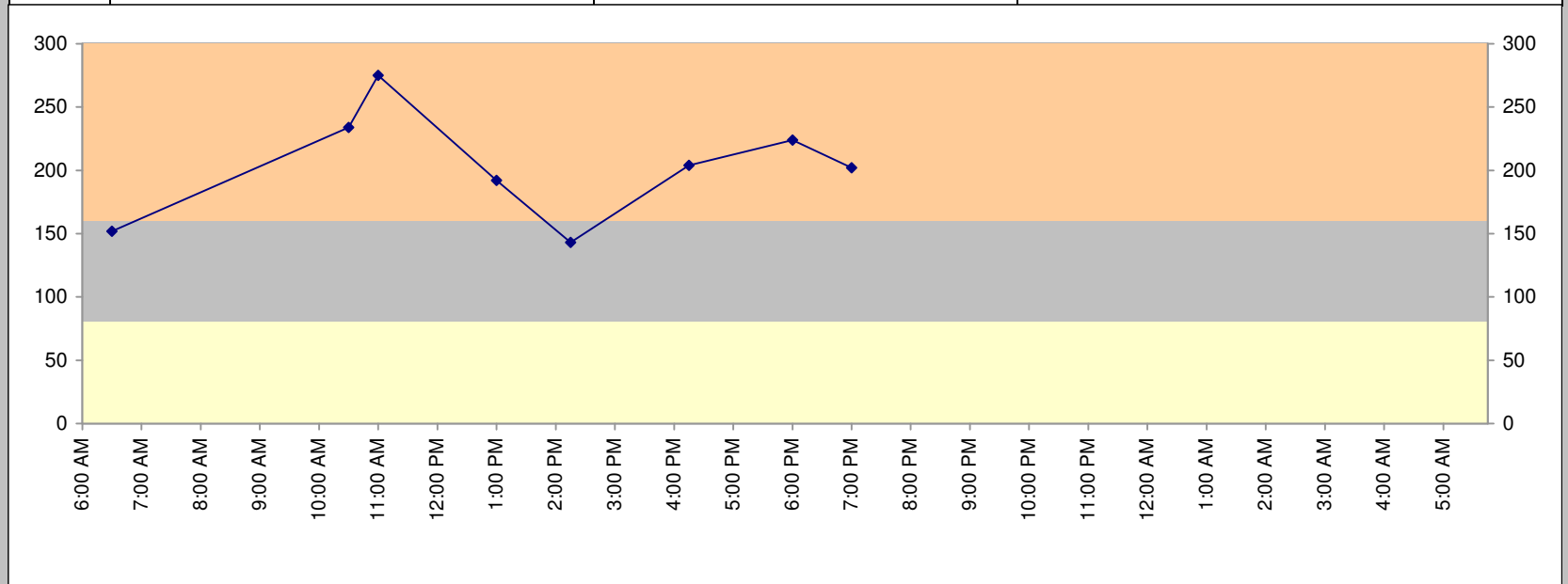


Wednesday, May 17, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00						275		192					224	202										
0:15									143		204													
0:30	152				234																			
0:45																								
Carbs			150						68		50	30												
Bolus	2.70		22.00			3.00			8.95		3.00	4.00												
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
8
Average
203

Notes	Morning	Afternoon	Evening
	8:30am - BK Breakfast. French Toast Sticks & 2 orders of large cheesy tots.	2:15pm - 2 vend bags of wheat thins. 4:20pm - Hungry. Bag of popcorn. 5:00 - some treats (lifesavers & three mini candy bars (squares, not rectangles).	

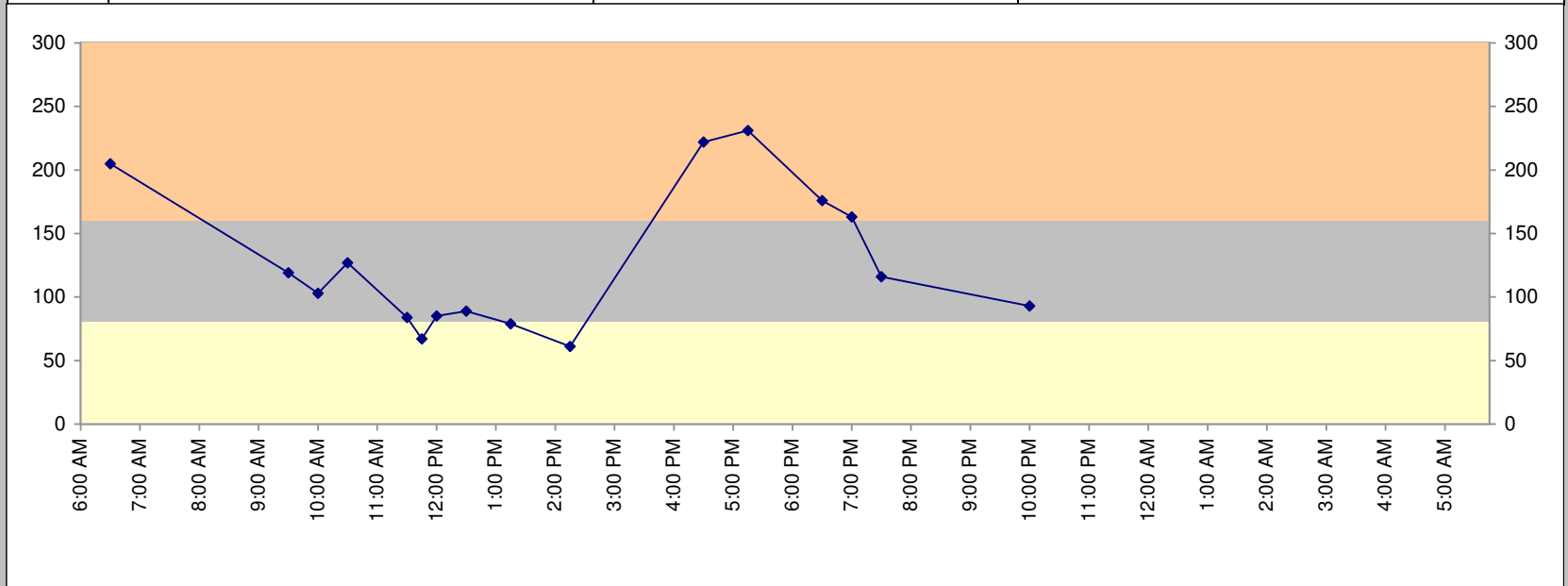


Thursday, May 18, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00					103		85							163			93							
0:15								79	61			231												
0:30	205			119	127	84	89				222		176	116										
0:45						67																		
Carbs		124		55			100		100					120		40	50							
Bolus	4.00	27.55							12.25					16.00		5.35								
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
16
Average
126

Notes	Morning	Afternoon	Evening
	<p>7:00am - Scheduled set change. Corrected +1 on old set, then had a big breakfast on new set (3 packets of oatmeal & a yogurt - 124g) using new insulin to carb ratio (1:4.5) 9:30am - bagel with cream cheese - no bolus. Wow - still dropping pretty good from AM bolus on new ratio. Going to back it down and reset it to be 1:6. 10:37am - Damn - forgot to start temp rate at 9:30. Just now started it - (2:30 @ 30%).</p>	<p>11:30am - basketball today. Trouble keeping blood sugar high enough!! Had a slim fast at 11:30, again at 11:45, then 16oz of gatorade between then and 12:30. Just really feeling that I was struggling to keep up with it. Afterwards I was running low too - went to cub and got a bunch of crap. Cornbread, reeses PB cups, Peanut M&M's & cottage cheese. Ate the PB cups, 2 pieces of the cornbread (no labeling info - guessed at carb value), and about half of the cottage cheese.</p>	<p>7:45pm - Tab came home with KFC, so I had the mashed potatoes with gravy and a couple pieces of my leftover cornbread. 9:00pm - had about a bowl and a half of lucky charms. 10:00pm - worried about such a low reading with all that insulin on board. Had two short dannon singles - no bolus.</p>

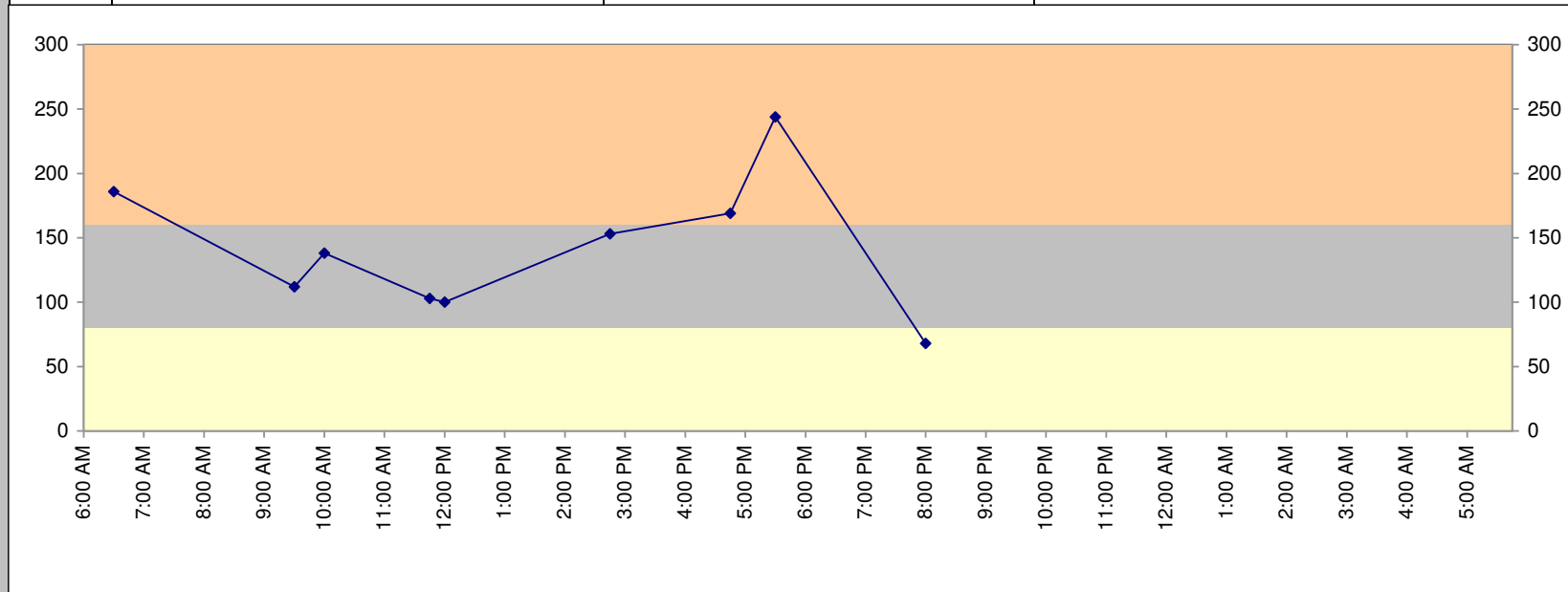


Friday, May 19, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00					138		100								68									
0:15																								
0:30	186			112								244												
0:45						103			153		169													
Carbs			100				75		46						180									
Bolus	3.50		13.35		3.00		4.95		4.55		6.65				20.35									
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
9
Average
141

Notes	Morning	Afternoon	Evening
	8:15am - BK breakfast - 2 large cheesy tots & a diet coke.	12:00 - Cheese & mayo sandwich, cottage cheese & baked Lays chips. 2:44pm - bag of pretzels. Not really hungry, just feeling snacky. I was interrupted so many times during my pretzels. I swear, I didn't finish the bag for about 1.5 hours. I then also had 3 or 4 lifesavers and 2 of the mini milky way squares.	4:30pm - cooked popcorn and bolused for 50g, but didn't eat any of it. WTF? BG still went way up. Very stressed at work from 5 - 5:30 or so. Maybe that did it?? 8:11pm - Whoops! There's that bolus I took! Don't remember what all I ate/did Friday night (loggin on Monday morning).

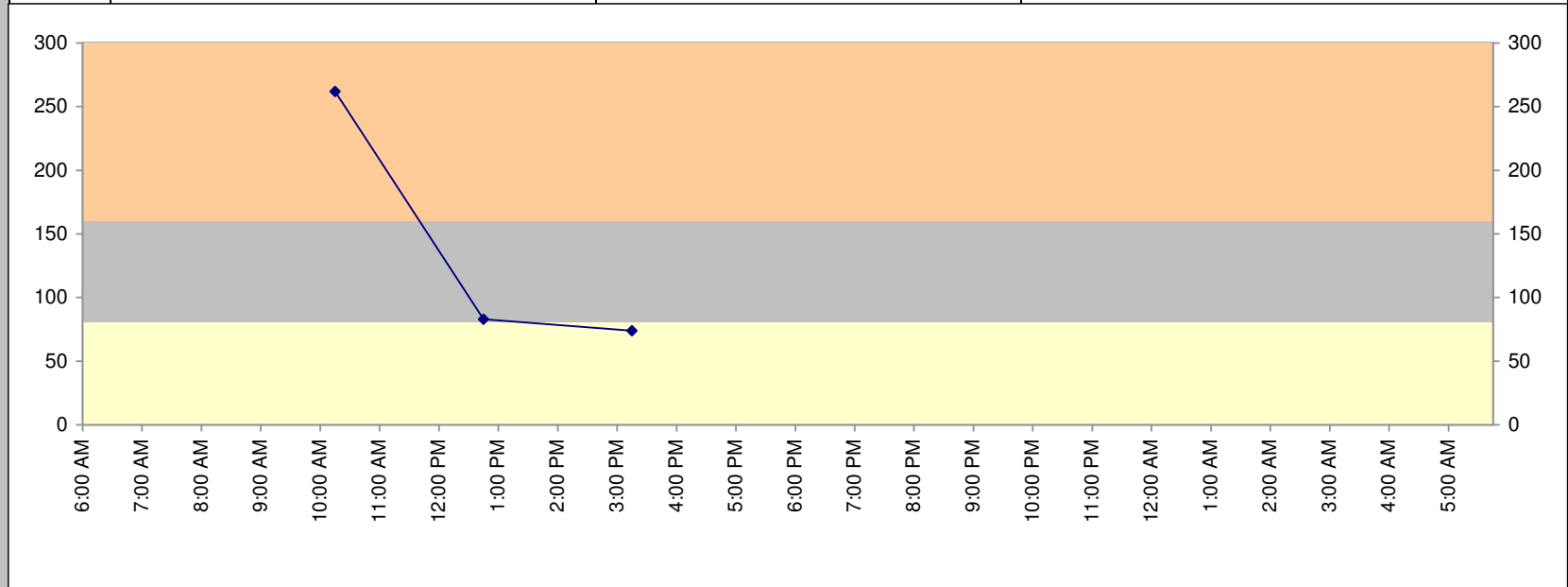


Saturday, May 20, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	
0:00																									
0:15					262					74															
0:30																									
0:45							83																		
Carbs					115		75			190		50			30	75									
Bolus					15.35		0.00			25.35		6.65			4.00	10.00									
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3	
Activity																									

of Tests
3
Average
140

Notes	Morning	Afternoon	Evening
	<p>Strange activity in my log for this morning. Looks like I programmed a bolus, but then got a "programmed but not delivered" alert. I'm assuming I then completed the delivery, but I'm not 100% sure. Logs moved right into a meal bolus.</p>	<p>4:00 - Perkins</p>	<p>9:00 - Combo bolus started - 3 units up front with 7 units over 3:30. 12:42am - Extended bolus complete.</p>

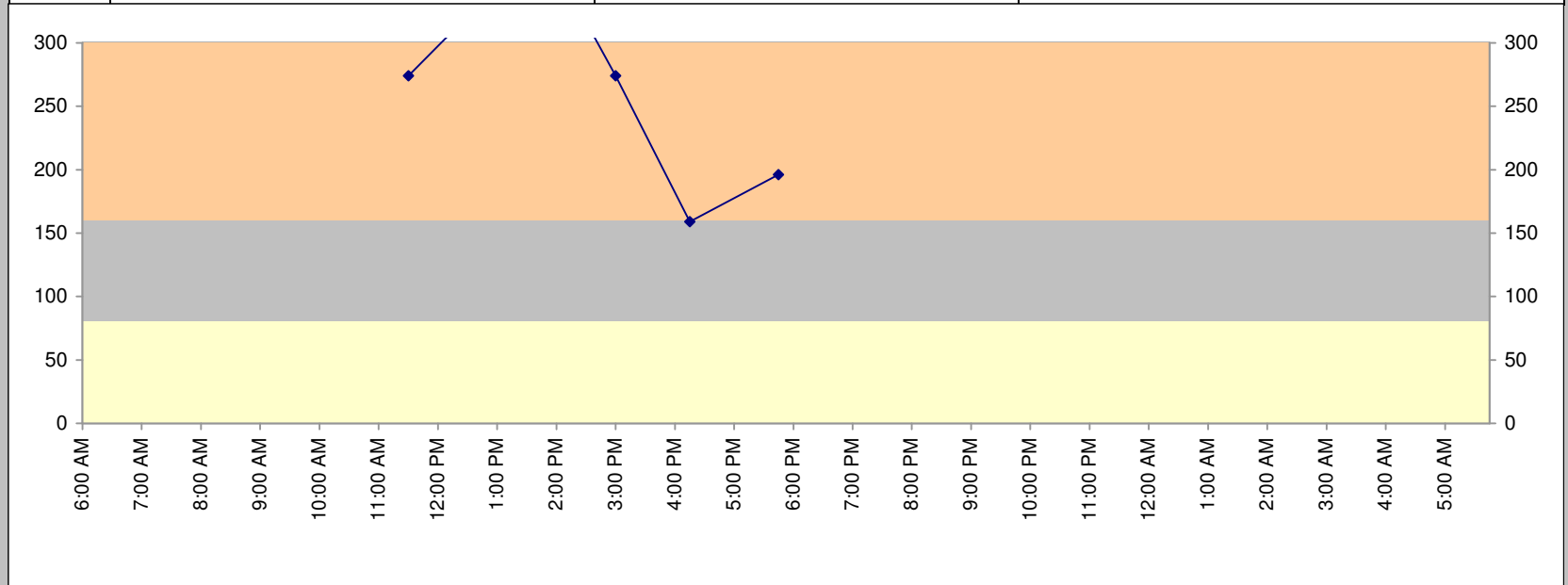


Sunday, May 21, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00										274														
0:15											159													
0:30						274																		
0:45								380				196												
Carbs							134					60		200										
Bolus						4.95	22.35					9.20		26.65										
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

of Tests
5
Average
257

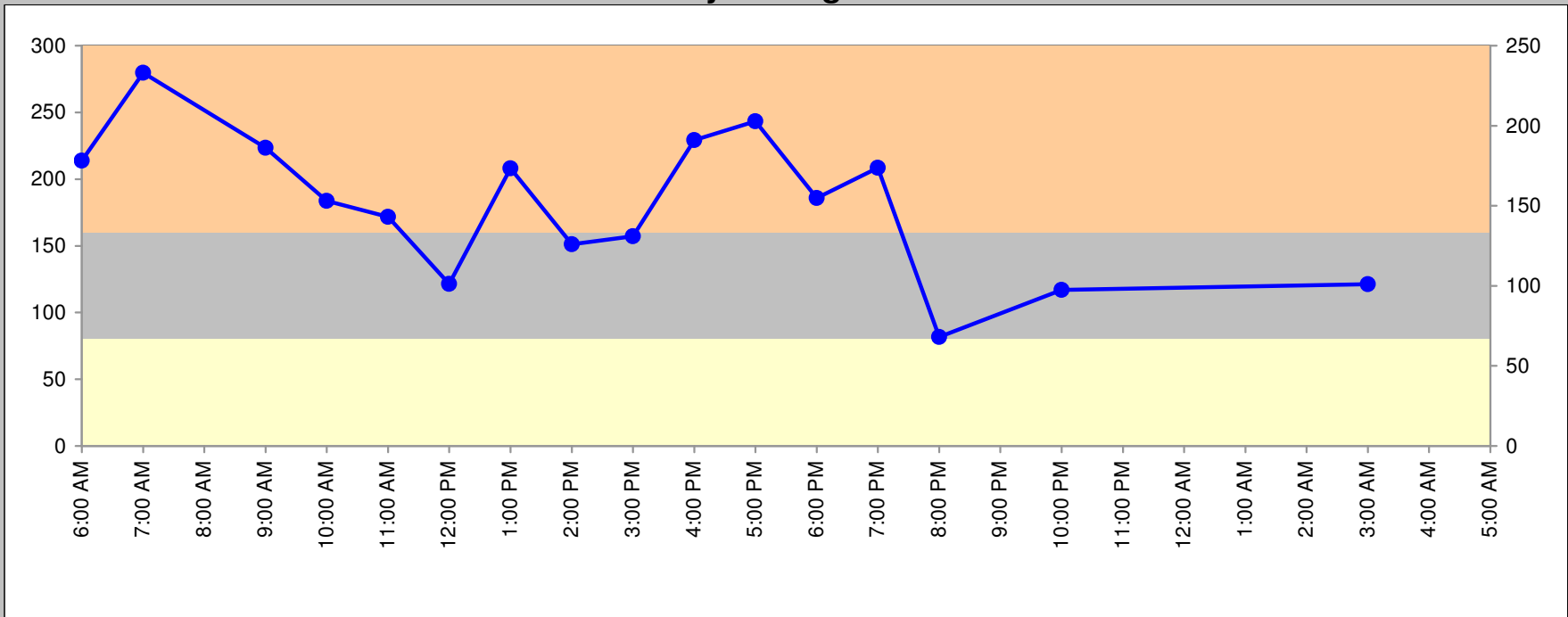
Notes	Morning	Afternoon	Evening
		12:20 - Site change - scheduled. Painful insertion. 12:26 - set change bolus for breakfast (1.6 insulin/carb ratio). Had three packs of oatmeal and a yogurt. 3:00 - 4:30: Out kayaking. Feeling a bit low on the way home, had some licorice (not sure how much).	7:40pm - Red Lobster. Combination bolus, 50% up front & 50% over 3 hours. 10:42 - Extended bolus complete.



Weekday Average Bloodsugar: 153

05/15/06 - 05/19/06

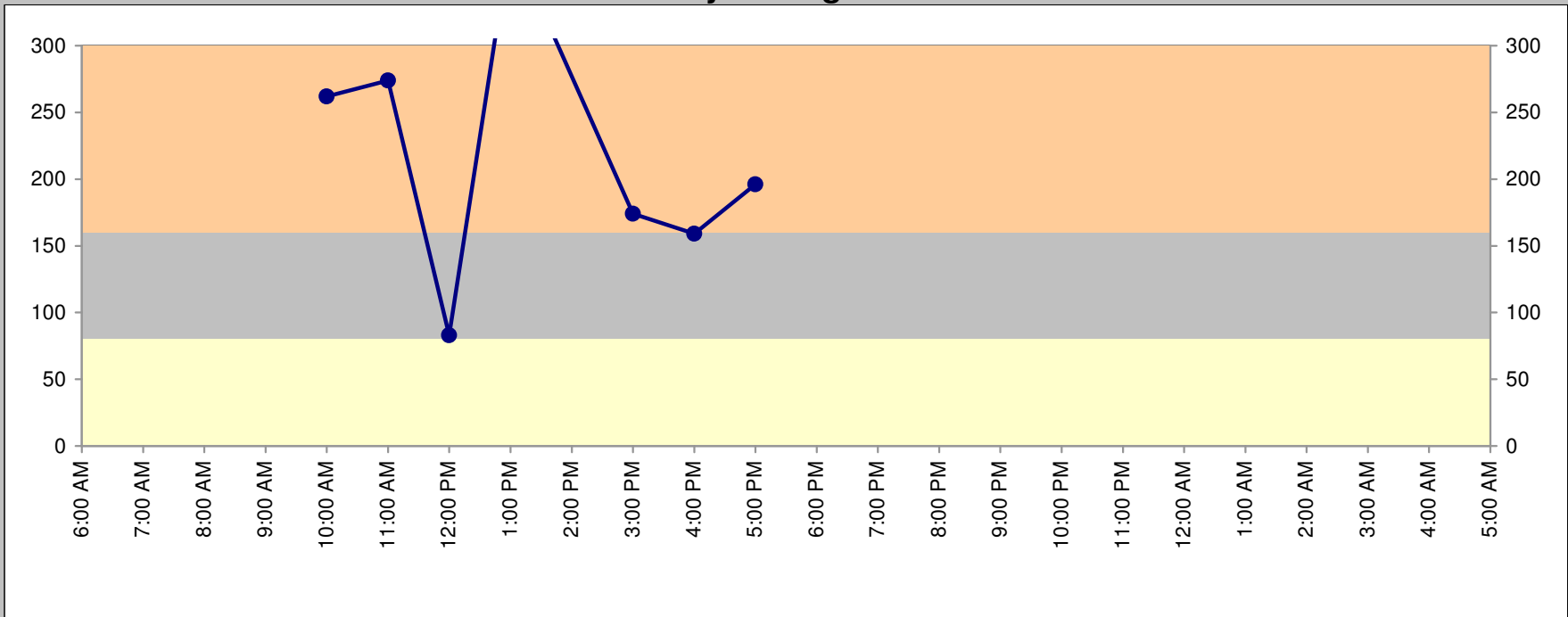
Hourly Average



Weekend Average Bloodsugar: 213

05/20/06 - 05/21/06

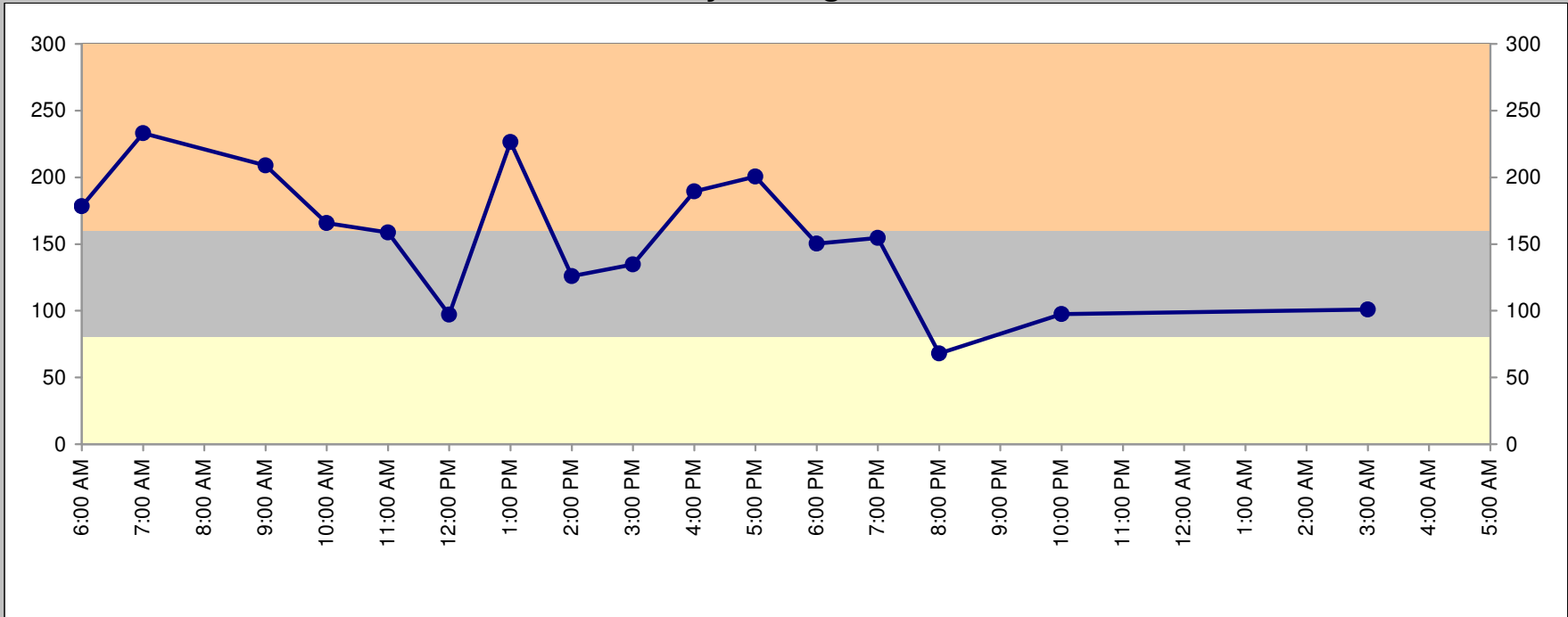
Hourly Average



Average Bloodsugar All Week: 160

05/15/06 - 05/21/06

Hourly Average



Weekday Average Bloodsugar: 153

05/15/06 - 05/19/06

