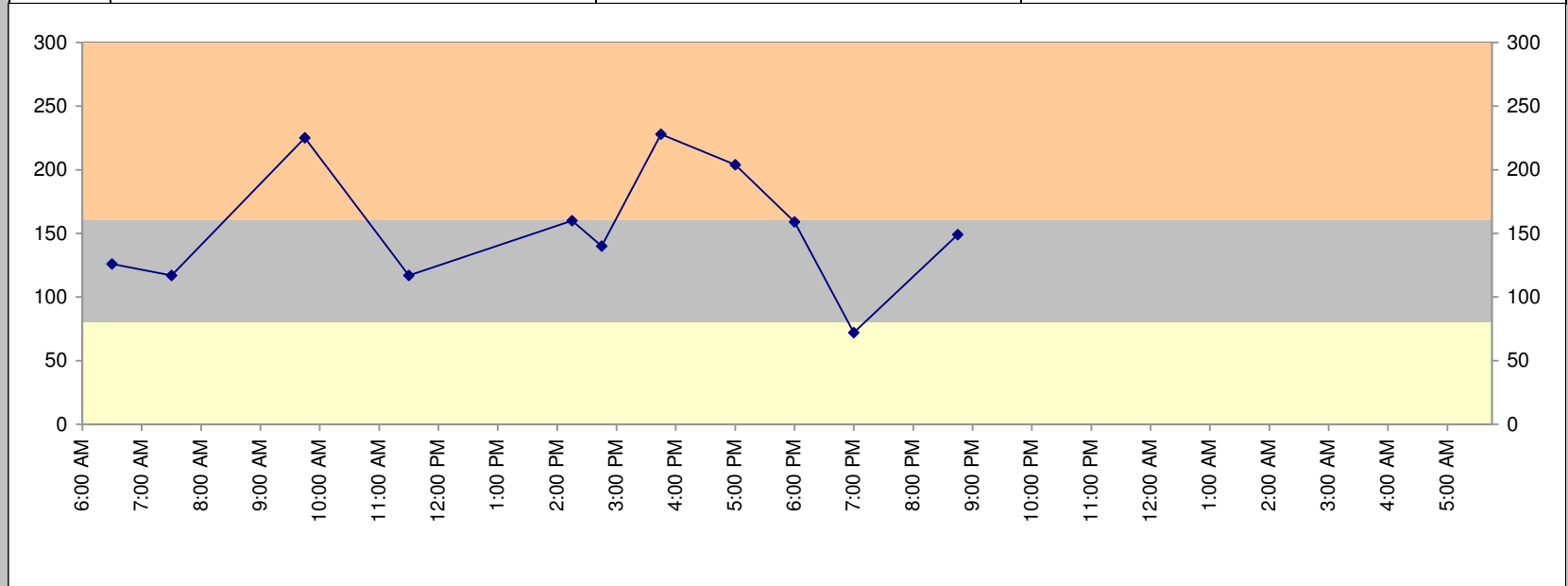


# Monday, May 22, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00												204	159	72										
0:15									160															
0:30	126	117				117																		
0:45				225					140	228					149									
Carbs		100				45			110					120										
Bolus		13.35				2.85			14.50					12.00										
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

# of Tests  
11  
Average  
154

Notes	Morning	Afternoon	Evening
	7:30 - chocolate chocolate chip muffin & bagel with cream cheese.	11:45 - cheese & mayo sandwich with cottage cheese. 2:45 Feeling hungry. Found a small pastry (50g?) & an orange muffin (60g?).	7:00 - Had some leftover pasta alfredo, then 2 velveeta sandwiches on hamburger buns with potato chips & a small dannon peach yogurt.

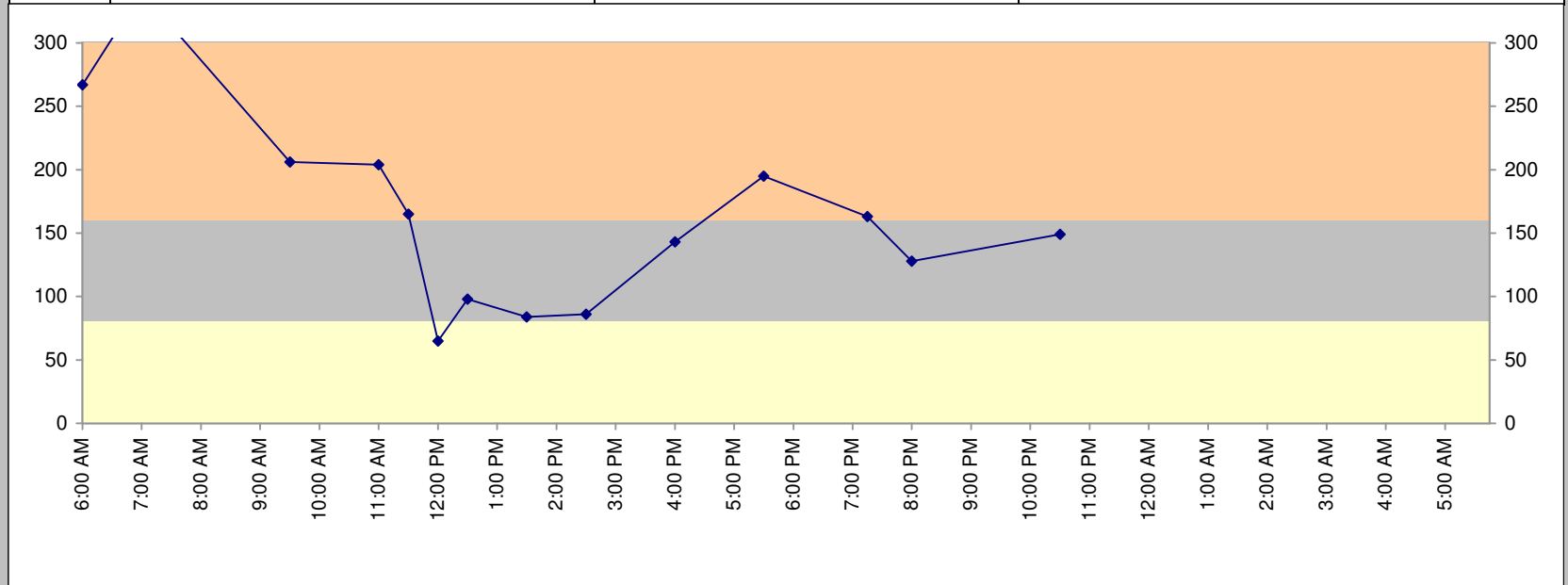


## Tuesday, May 23, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00	267	340				204	65				143				128									
0:15														163										
0:30				206		165	98	84	86			195					149							
0:45																								
<b>Carbs</b>	66				80	50	132		36						155									
<b>Bolus</b>	13.55				10.00	0.00	0.00		4.80			0.80			21.00									
<b>Basal</b>	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
<b>Activity</b>																								

# of Tests  
14  
Average  
164

Notes
<p><b>Morning</b> 6:00 - woke up high. 6:20 - two packets of oatmeal for breakfast. 9:30 - started temp rate for basketball. 3 hours @ 30%. 10:00am - feeling very sleepy. Long early AM meeting. After it was done I went and got 2 diet cokes, a bagel with cream cheese and a small frosted cake donut.</p> <p><b>Afternoon</b> 11:20 - locker room, tested 165 with some IOB. Had a bottle of orange juice. 12:00 - feeling low, had 64oz of gatorade and 5 glucose tablets. 2:20pm - Cottage cheese and honey roasted peanuts.</p> <p><b>Evening</b> 8:00 - Had some cuts of velveeta cheese, a small bag of doritos, a couple pieces of cornbread and a heap of mashed potatoes.</p>

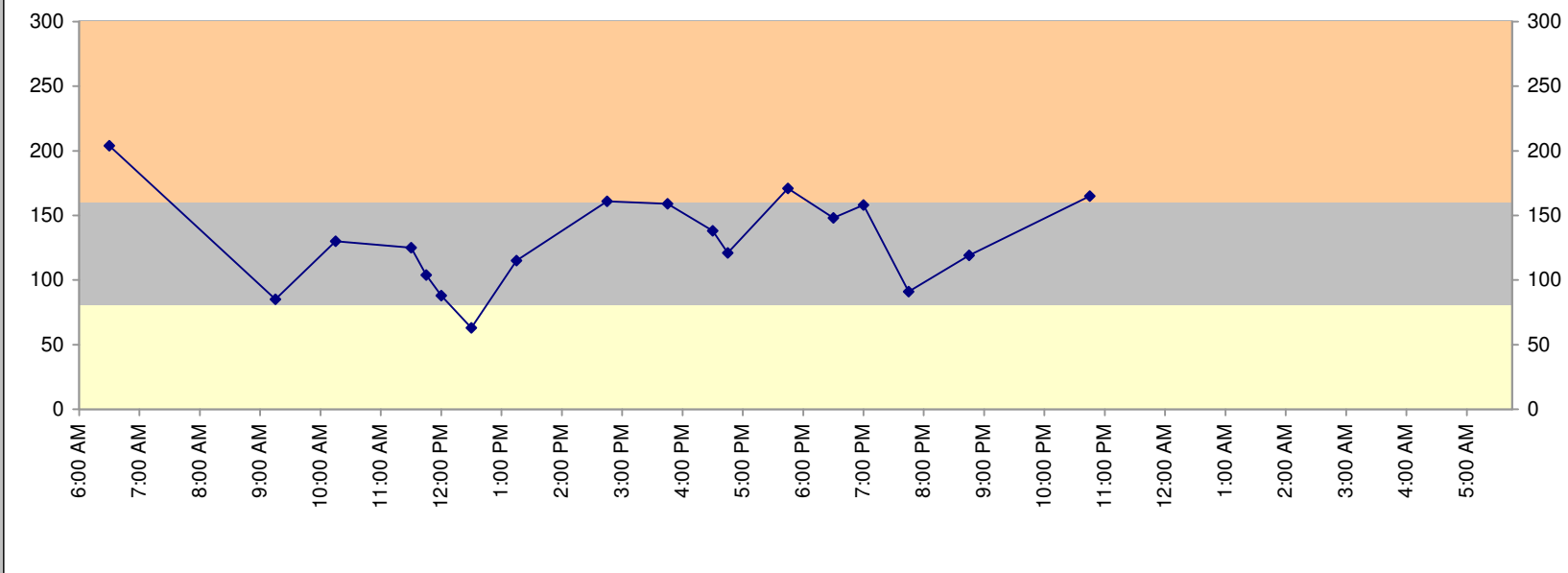


## Wednesday, May 24, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00							88							158										
0:15				85	130			115																
0:30	204					125	63				138		148											
0:45						104			161	159	121	171		91	119		165							
<b>Carbs</b>				100			52	84			50	40			44									
<b>Bolus</b>	4.00			16.65			0.00	5.90			6.65	5.35			2.90									
<b>Basal</b>	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
<b>Activity</b>																								

# of Tests  
18  
Average  
130

Notes
<p><b>Morning</b> 7:00am - set change (scheduled). 9:20am - bagel with cream cheese and some honey roasted peanuts. Using new "set change" insulin/carb ratio of 1:6.</p> <p><b>Afternoon</b> 12:25pm - Feeling low. Looks like "set change" ratio is still too high. Going to back it off a little more with a 1:6.5 ratio. Had a bag of peanut M&amp;M's and two small boxes of raisins. 1:15pm - twins day @ work (free lunch!). Had a plate of nachos (54g) &amp; cracker jacks (30g). 4:50pm - bag of microwave popcorn.</p> <p><b>Evening</b> 5:20pm - handfull of mini chocolate bars. 7:30pm - cuts of velveeta cheese. 9:00pm - 2 ketchup &amp; mustard sandwiches on hot dog buns. Didn't bolus for the ketchup...</p>

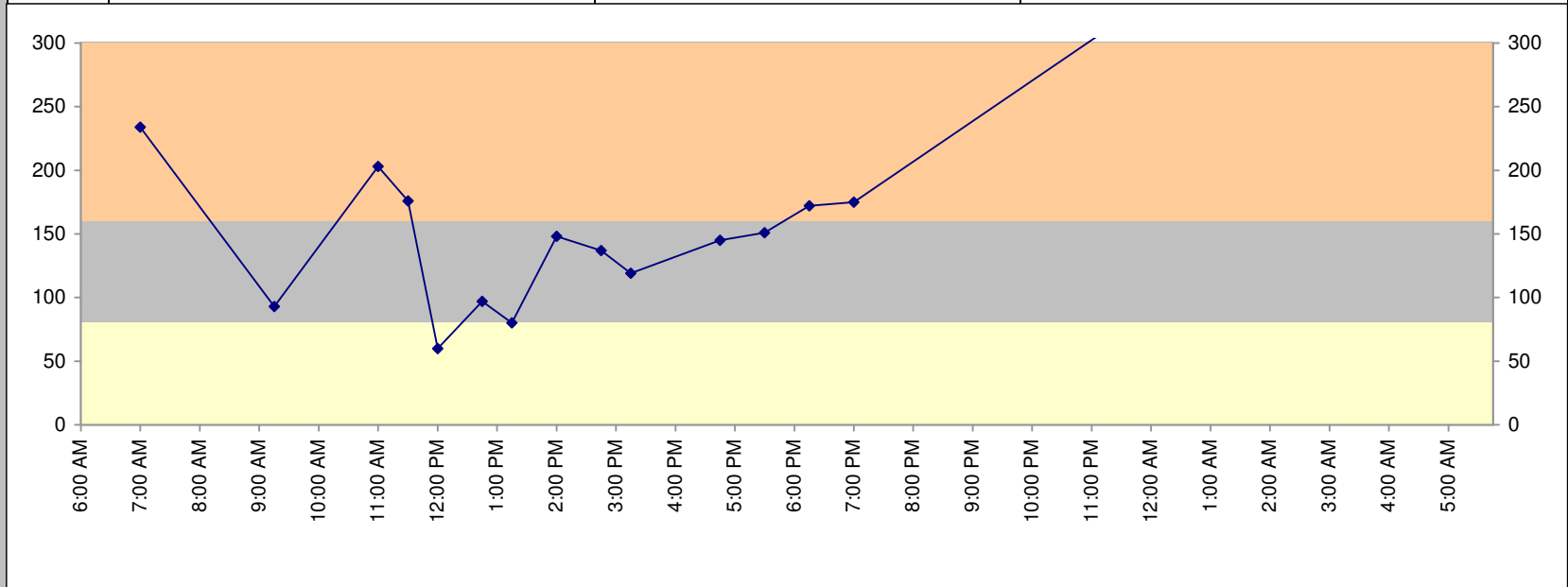


# Thursday, May 25, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00		234				203	60		148					175										
0:15				93				80		119			172						342					
0:30						176						151												
0:45							97		137		145													
<b>Carbs</b>				100		100	40		75						70									
<b>Bolus</b>		4.80		10.30		0.00			10.00				1.50		9.35				4.65					
<b>Basal</b>	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
<b>Activity</b>																								

# of Tests  
15  
Average  
155

Notes	Morning	Afternoon	Evening
	9:30am - Orange muffin, bagel with cream cheese. 9:30am - started temp rate for basketball - 3:00 hours @ 30%.	11:20am - on the court, dropping too much. Lots of IOB. By 12:00 I had polished off 64oz of gatorade, then had glucose tabs every little bit up until about 12:15 or so. 2:00pm - after basketball - eating cottage cheese & honey roasted peanuts. Combo bolus for 75g, 80% now 20% over 2 hours. 2:48pm - OMG, so sleepy... full stomach I guess, not BG related.	8:00pm - Met Tab & Kids at Old Country Buffet.

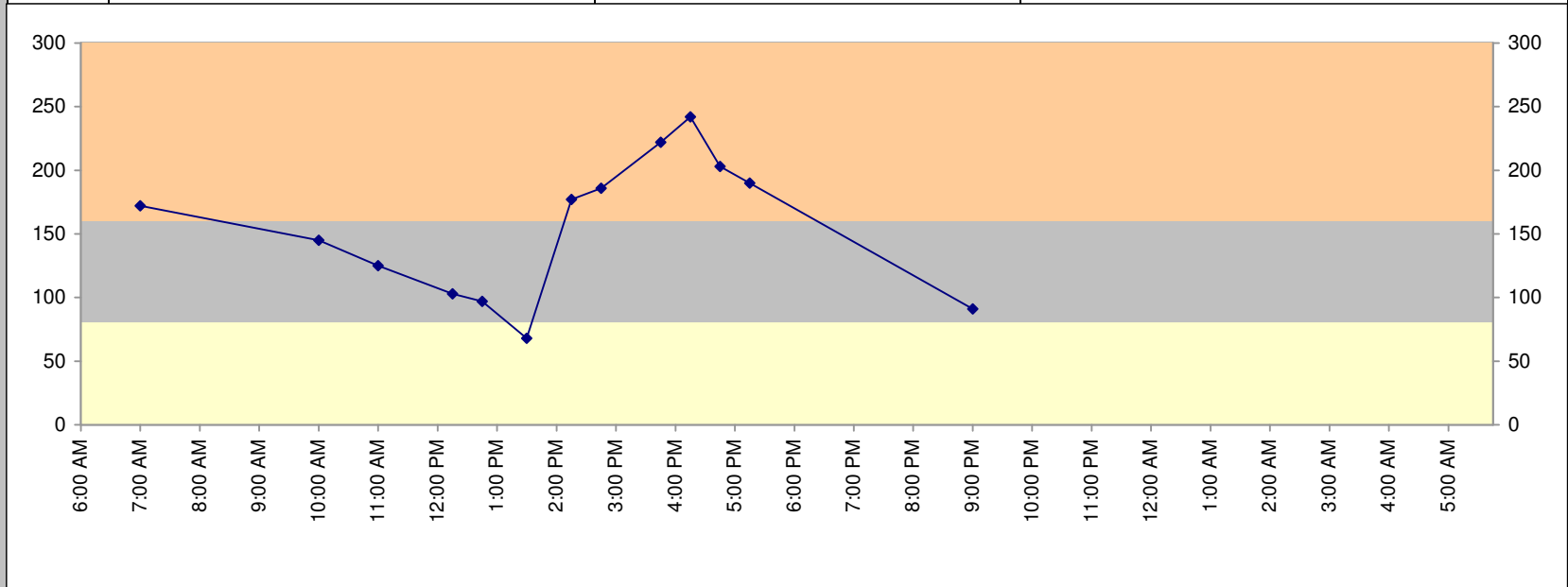


# Friday, May 26, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00		172			145	125										91								
0:15							103		177		242	190												
0:30								68																
0:45							97		186	222	203													
<b>Carbs</b>			100					120								110								
<b>Bolus</b>		2.50	13.35					16.00			2.00					14.15								
<b>Basal</b>	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
<b>Activity</b>																								

# of Tests  
13  
Average  
155

Notes	Morning	Afternoon	Evening
	8:30am - 2 large cheesy tots at BK.	1:00pm - at Target, got 2 orders of breadsticks & dipping sauce (pizza hut). Feeling low at 1:30pm - ?? 2:00pm - bowl of popcorn (maybe 17g) - no bolus.	

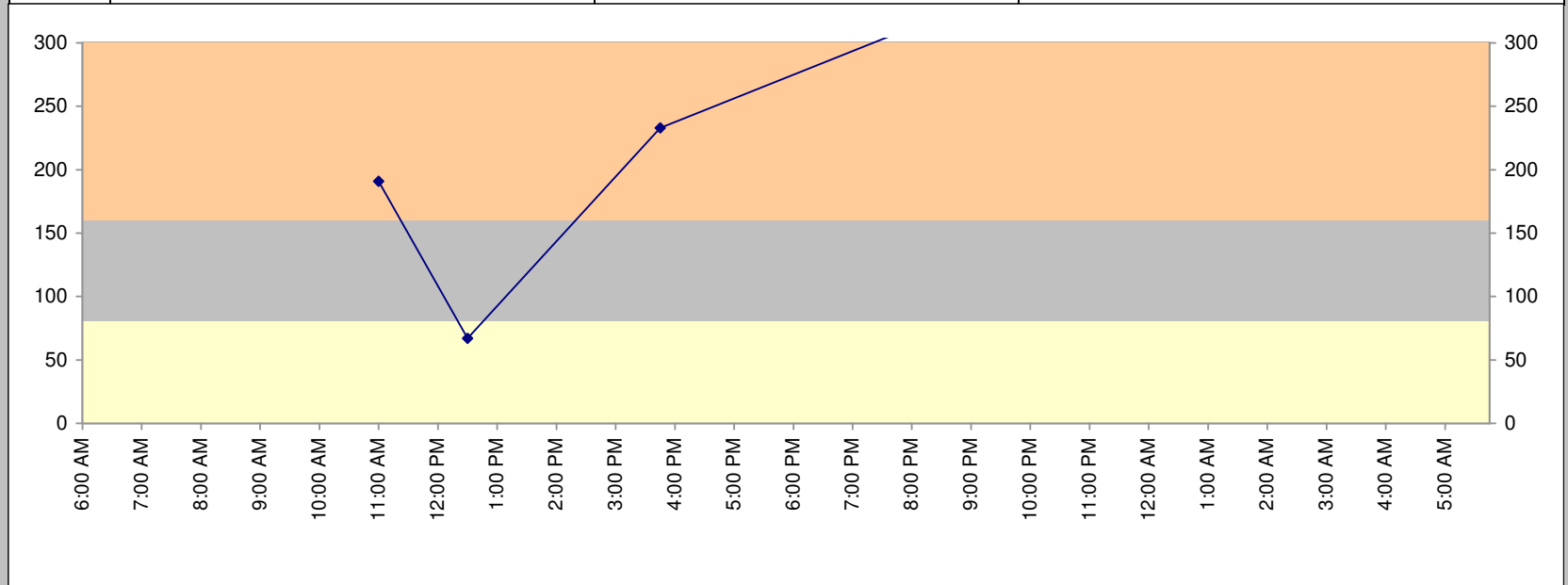


# Saturday, May 27, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00						191										331								
0:15																								
0:30							67																	
0:45										233								431						
Carbs							50				145		60			40								
Bolus						3.30	6.65			0.15	19.35		8.00			8.35		4.70				9.00		
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

# of Tests  
5  
Average  
251

Notes	Morning	Afternoon	Evening

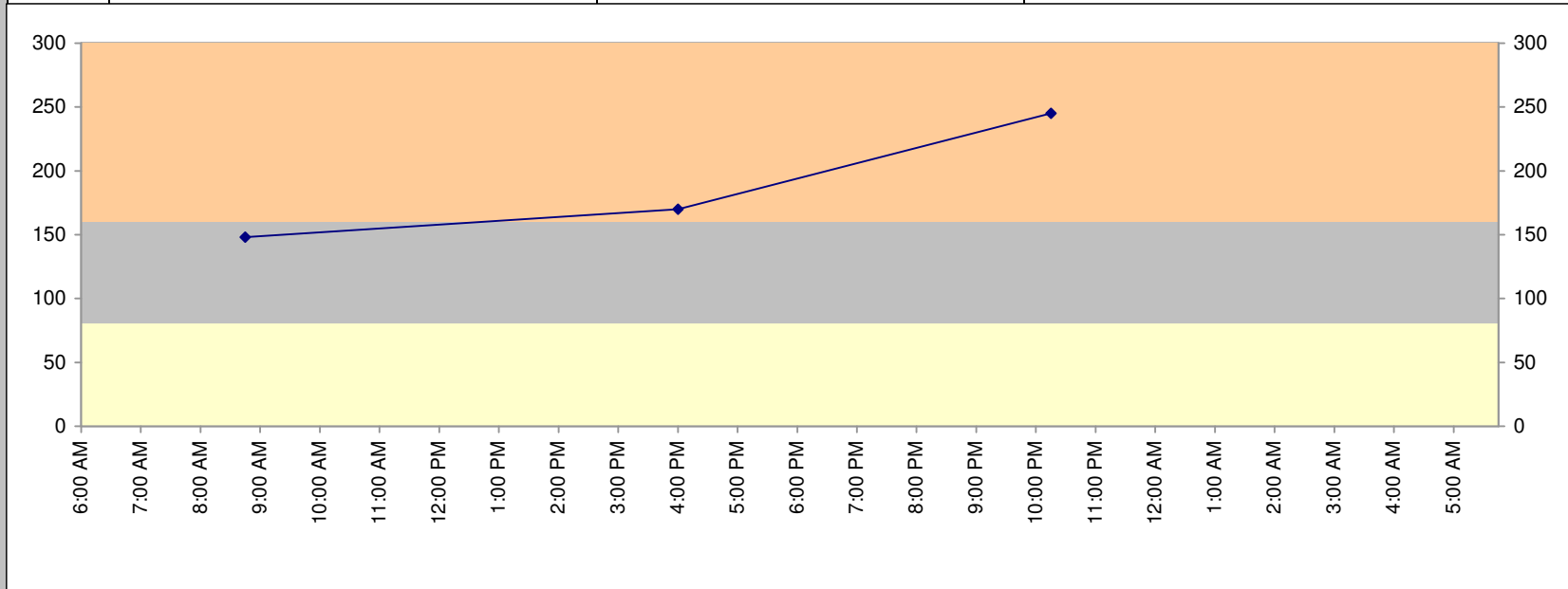


# Sunday, May 28, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00											170													
0:15																	245							
0:30																								
0:45			148																					
Carbs			85						60			50	30	80		40								
Bolus			14.45						8.00			6.65	4.00	10.65		5.35								
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

# of Tests  
3  
Average  
188

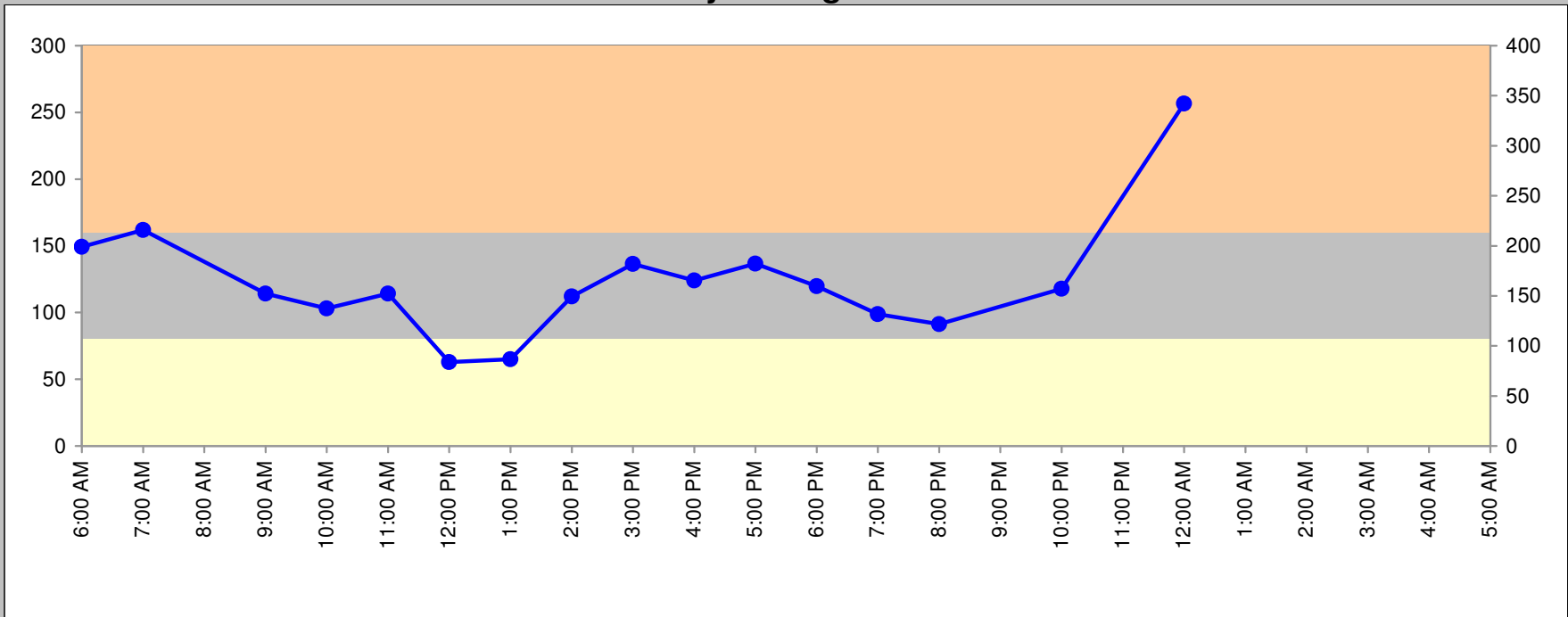
Notes	Morning	Afternoon	Evening



**Weekday Average Bloodsugar: 151**

05/22/06 - 05/26/06

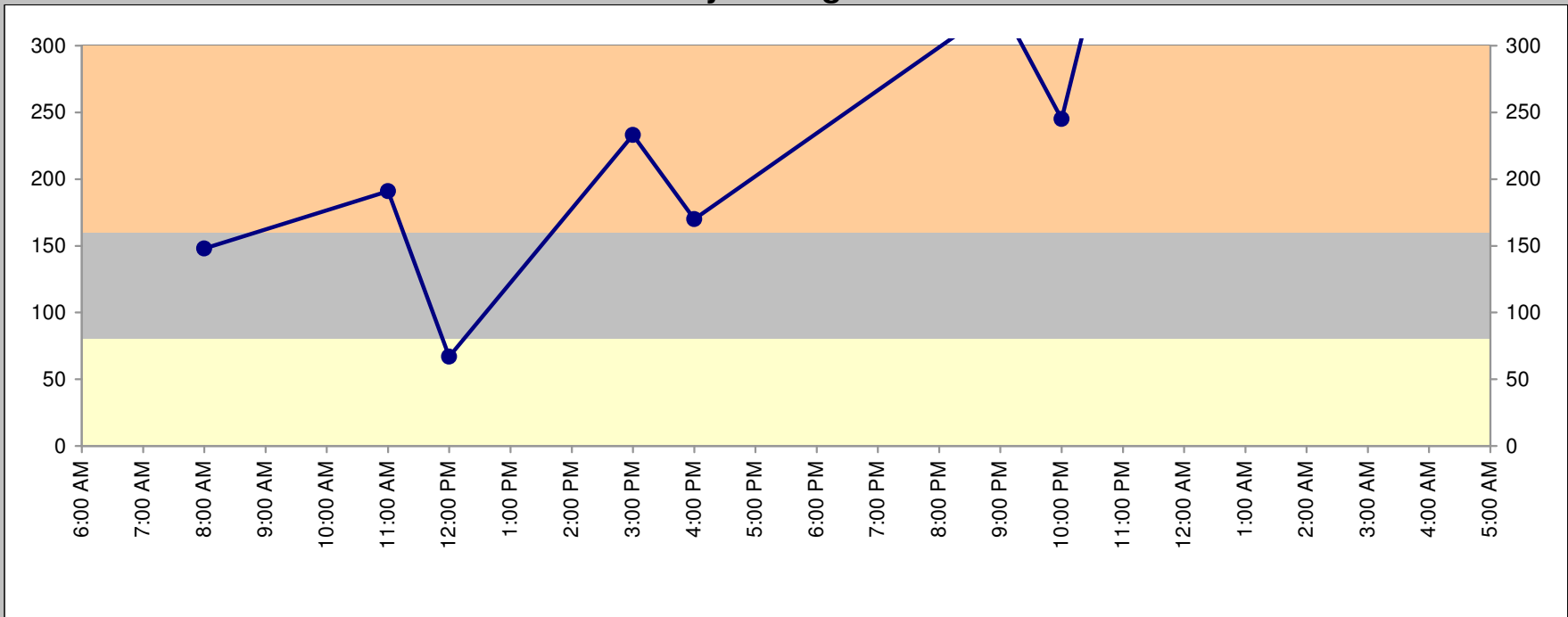
### Hourly Average



**Weekend Average Bloodsugar: 227**

**05/27/06 - 05/28/06**

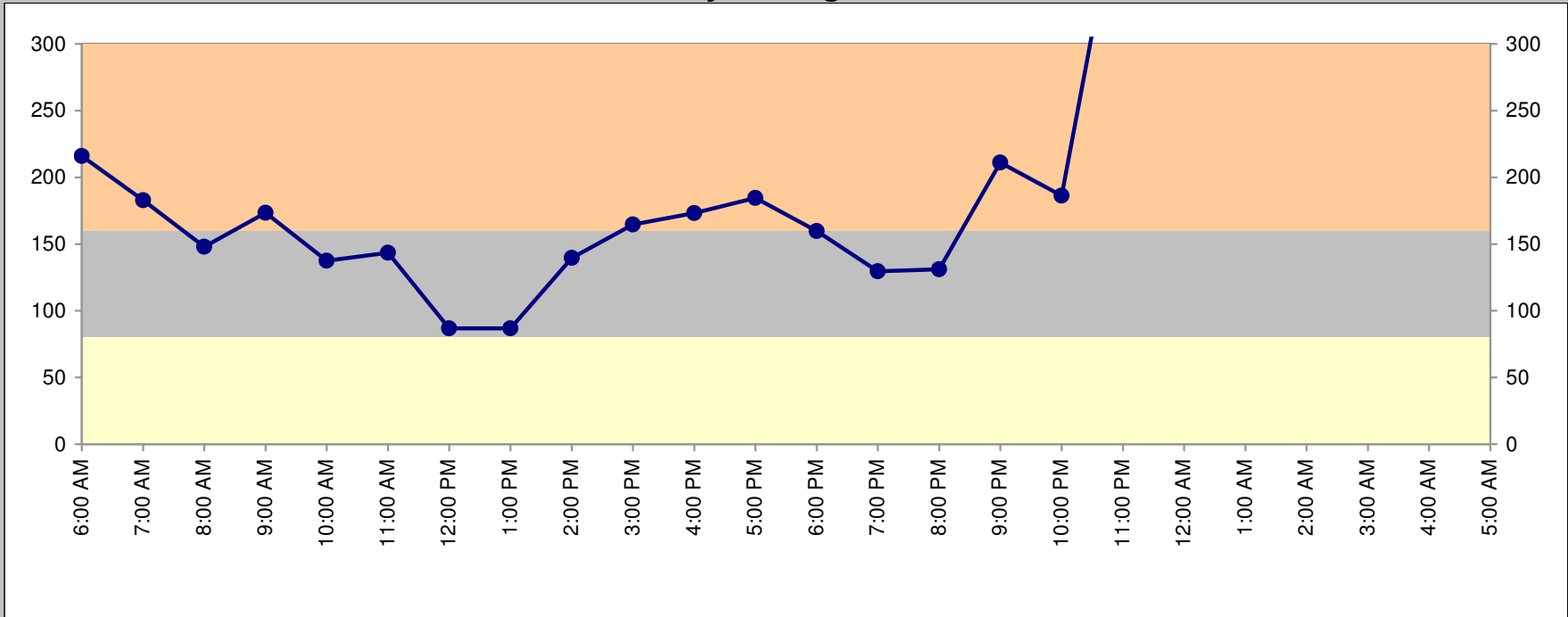
### Hourly Average



**Average Bloodsugar All Week: 158**

05/22/06 - 05/28/06

### Hourly Average



# Weekday Average Bloodsugar: 151

05/22/06 - 05/26/06

