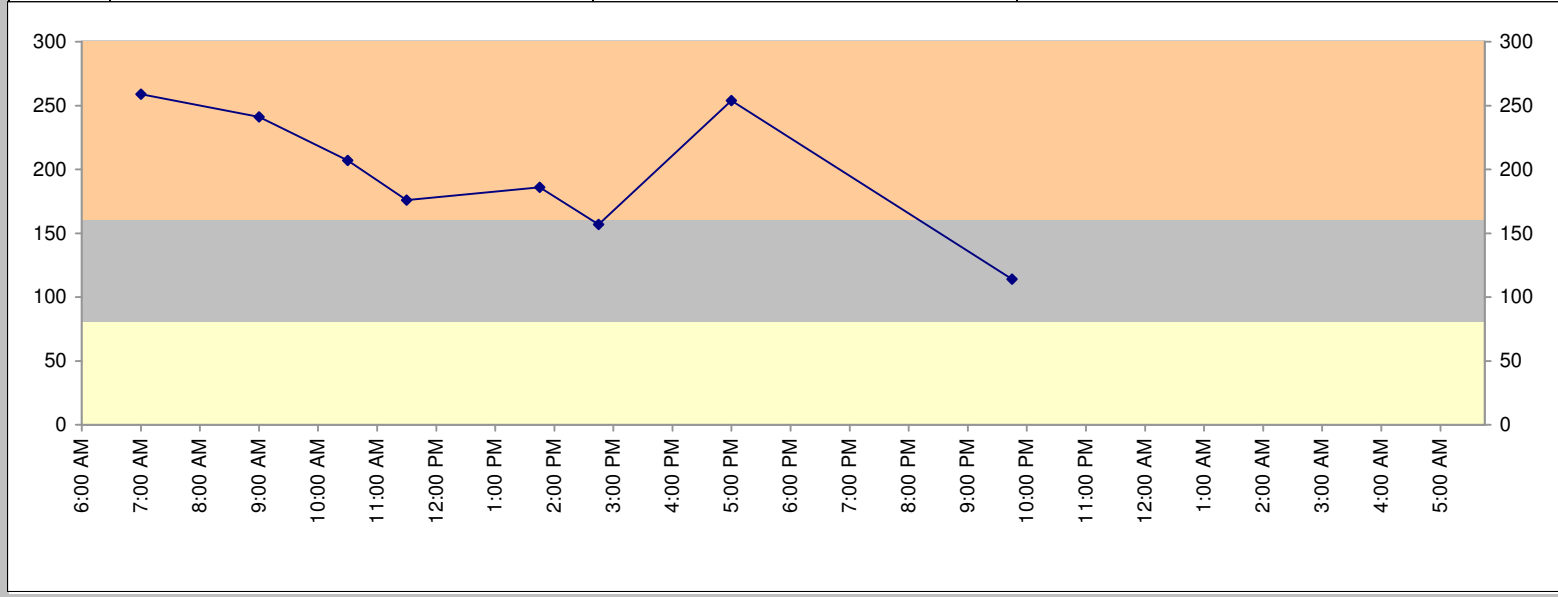


Monday, July 03, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00		259		241								254												
0:15																								
0:30					207	176																		
0:45								186	157							114								
Carbs			90	50			150	50	50									150						
Bolus		5.00	12.00	6.65			20.00	6.65				5.00						20.00						
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

# of Tests	8
Average	199
Max	259
Min	114
Range	145
Total Carbs	540
Total Bolus	75.30
Total Basal	23.2
Total Insulin	98.5

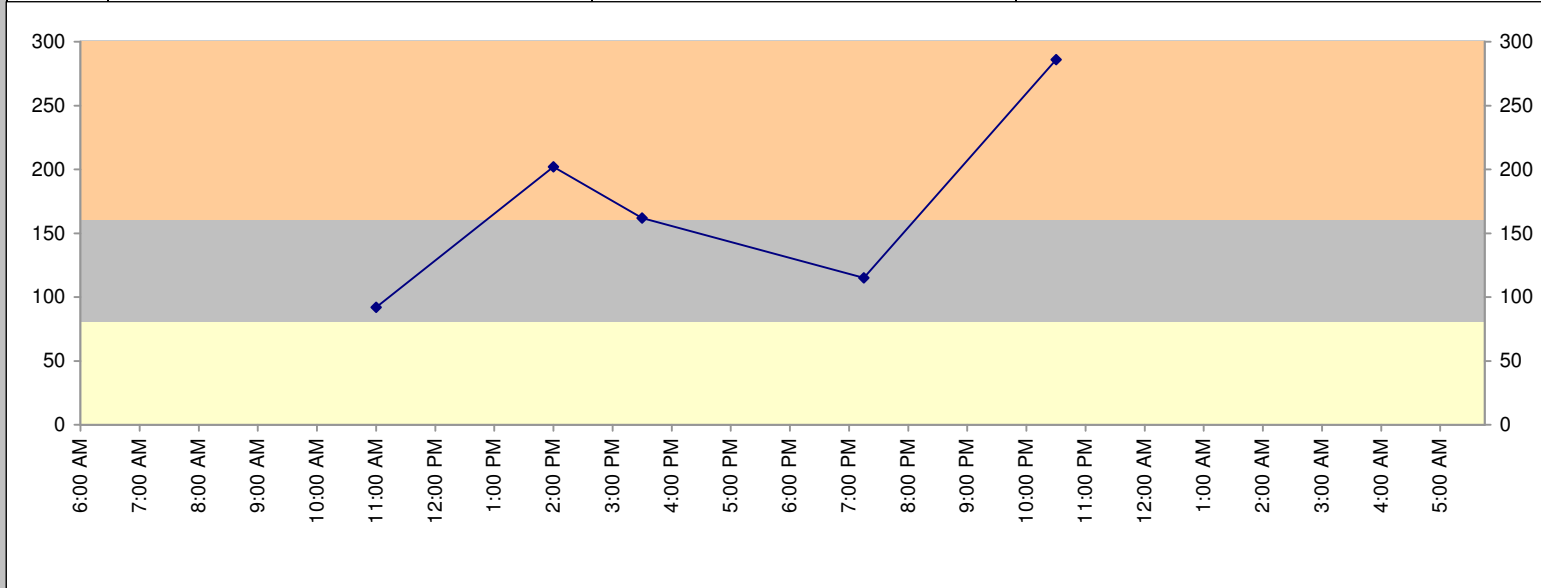
Notes	Morning	Afternoon	Evening
	7:00am - working today. 8:00am - McD's, 2 hash browns and a cinnamon roll. 9:00am - Deborah brough doughnuts in. Had a chocolate iced old fashioned.	12:15pm - Met George at Boston Market, had Mac & Cheese and 2 pieces of cornbread (150g?). 2:00pm - large glazed doughnut. 3:00pm - another large doughnut - Why?!?! Bored.	



Tuesday, July 04, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests
0:00						92			202																5
0:15														115											Average
0:30										162							286								171
0:45																									286
Carbs						131				20			150												Total Carbs
Bolus						17.45				2.65			20.00												301
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3	Total Bolus
Activity																									40.10
																									Total Basal
																									23.2
																									Total Insulin
																									63.3

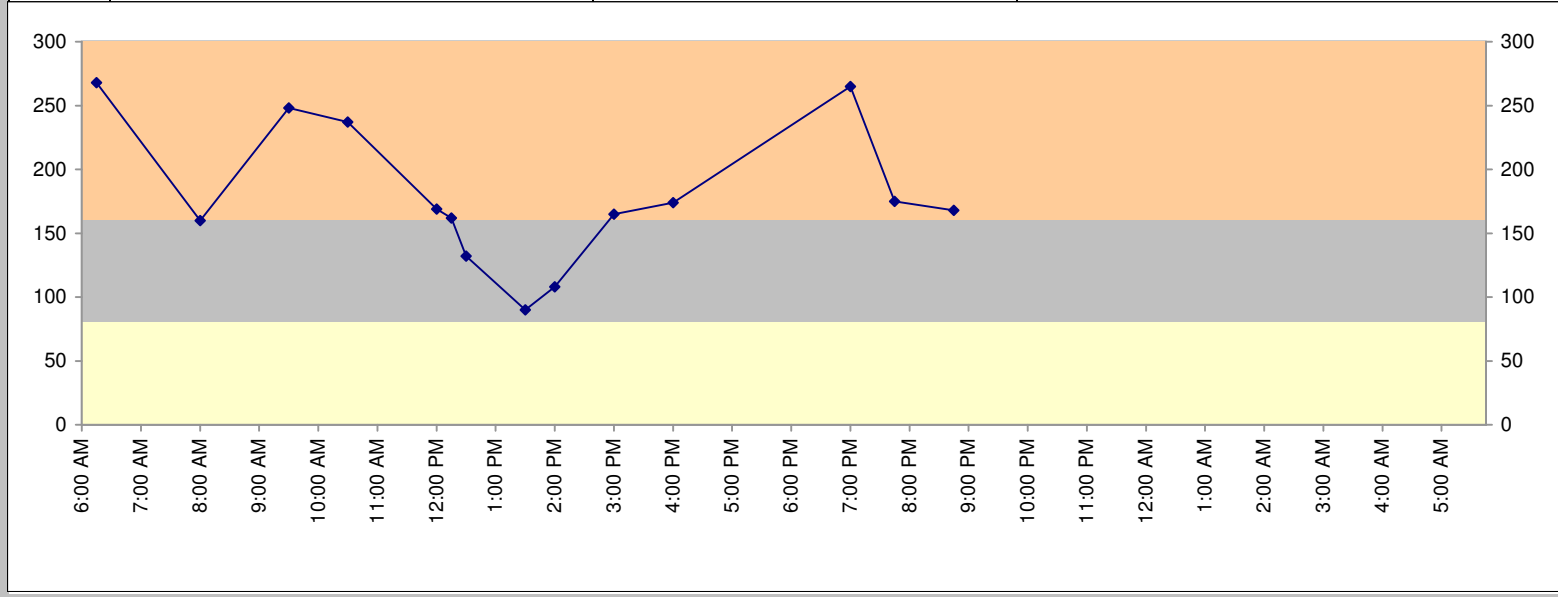
Notes	Morning	Afternoon	Evening



Wednesday, July 05, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00			160				169		108	165	174			265											Average	180
0:15	268						162																		Max	268
0:30				248	237		132	90																	Min	90
0:45														175	168										Range	178
Carbs			55									50	40		75										Total Carbs	220
Bolus	5.00		7.35							2.50		6.65	5.35		10.00										Total Bolus	36.85
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3	Total Basal	23.2
Activity																									Total Insulin	60.05

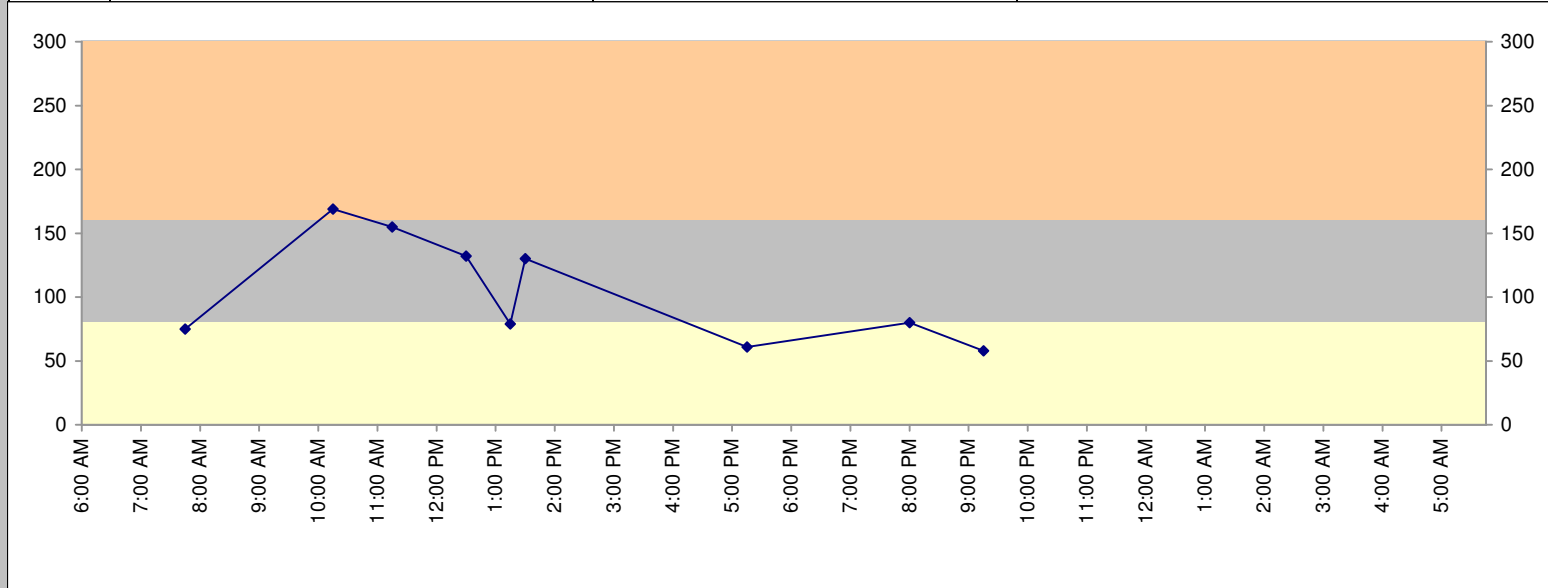
Notes	Morning	Afternoon	Evening
	<p>7:00am - Set change, scheduled. 8:00am - Bagel with peanut butter. Used "Standard" rate instead of "Set Change" rate due to basketball plans at 11am. 9:30am - started temp rate of 3:00 hours @ 30% for basketball.</p>	<p>11:30am - Basketball until 1:30pm. 5:30pm - popcorn. 6:00pm - had four "Nestle Treasures - Creamy Caramel" (44g?) (had trouble finding the serving size).</p>	



Thursday, July 06, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00															80										9	
0:15					169	155		79				61				58									Average	104
0:30							132	130																	Max	169
0:45		75																							Min	58
Carbs						150				50					130										Total Carbs	330
Bolus					1.95	12.50				6.65					15.15										Total Bolus	36.25
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3	Total Basal	23.2
Activity																									Total Insulin	59.45

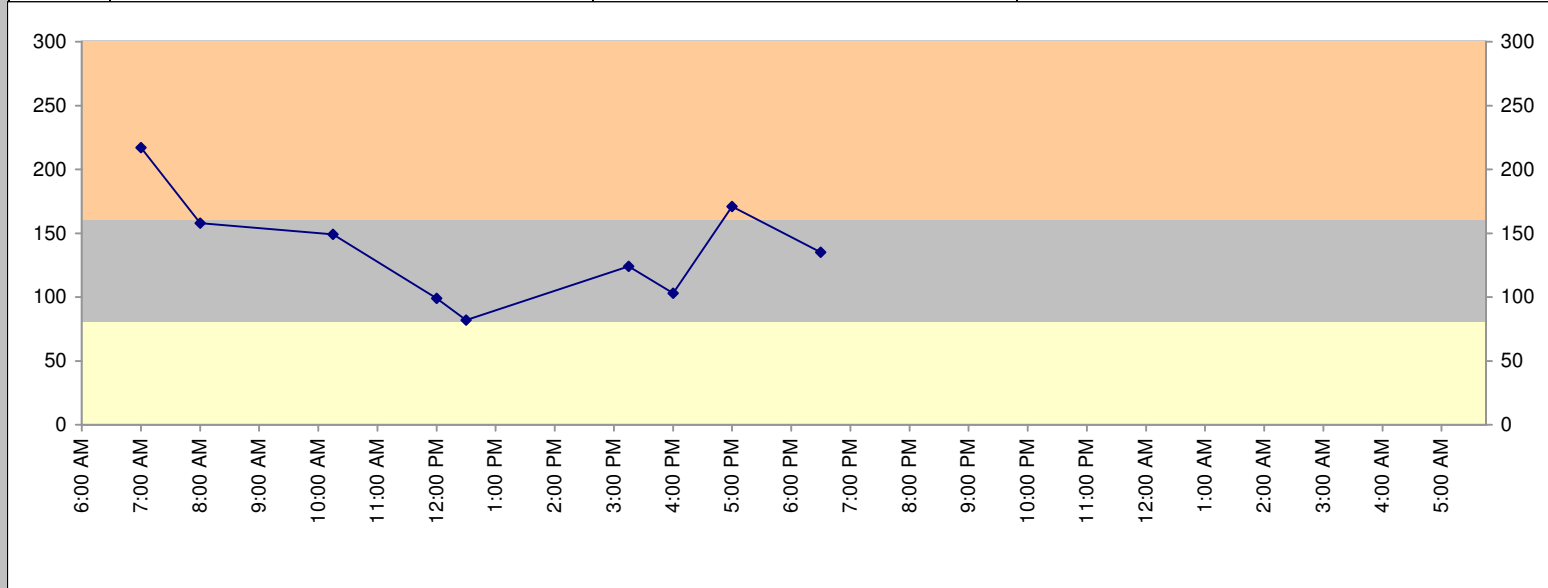
Notes	Morning	Afternoon	Evening
	<p>Notice rise in BG between 7:45am (wake up) and 10:15am (first food of the day). Went from 75 to 169 over 2.5 hours. Planning on basketball, had two large fries at McD's, cut bolus drastically for ball - also forgot to start my temp rate at 9:30, so anticipating trouble running low.</p>	<p>1:15pm - Running low during basketball anyways! Had gatorade and glucose tabs. 3:00pm - Kayaking after basketball. Stopped and got some hummus and crackers, diet coke and a can of green olives. Destroyed the whole can of olives, ate some of the crackers and hummus, also had a lot of salted in the shell sunflower seeds.</p>	<p>8:00pm - Had a serving of pasta noodles and three hot dog buns (ketchup & mustard sandwiches). 9:30pm - Running low?! So soon after dinner?! Had some juice (35g) and some candy from the kids stash. No idea on the carbs for the candy.</p>



Friday, July 07, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests		
0:00		217	158				99				103	171													Average	138	
0:15					149					124																Max	217
0:30							82						135													Min	82
0:45																										Range	135
Carbs			55				80				27		50		50											Total Carbs	262
Bolus		3.35	6.35				8.95				0.00		1.00	6.65		6.65										Total Bolus	32.95
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3		Total Basal	23.2
Activity																										Total Insulin	56.15

Notes	Morning	Afternoon	Evening
	8:13am - Bagel with cream cheese.	12:40pm - bag of popcorn and bag of peanut M&M's 1:15pm - had three of those nestle signature caramel chocolate things. Didn't bolus more. I got a lot less popcorn this time because I used a different microwave than usual. I would say a good 1/3 less. 4:00pm - dropping. Feeling funny. 3-2 piece kit-kats	

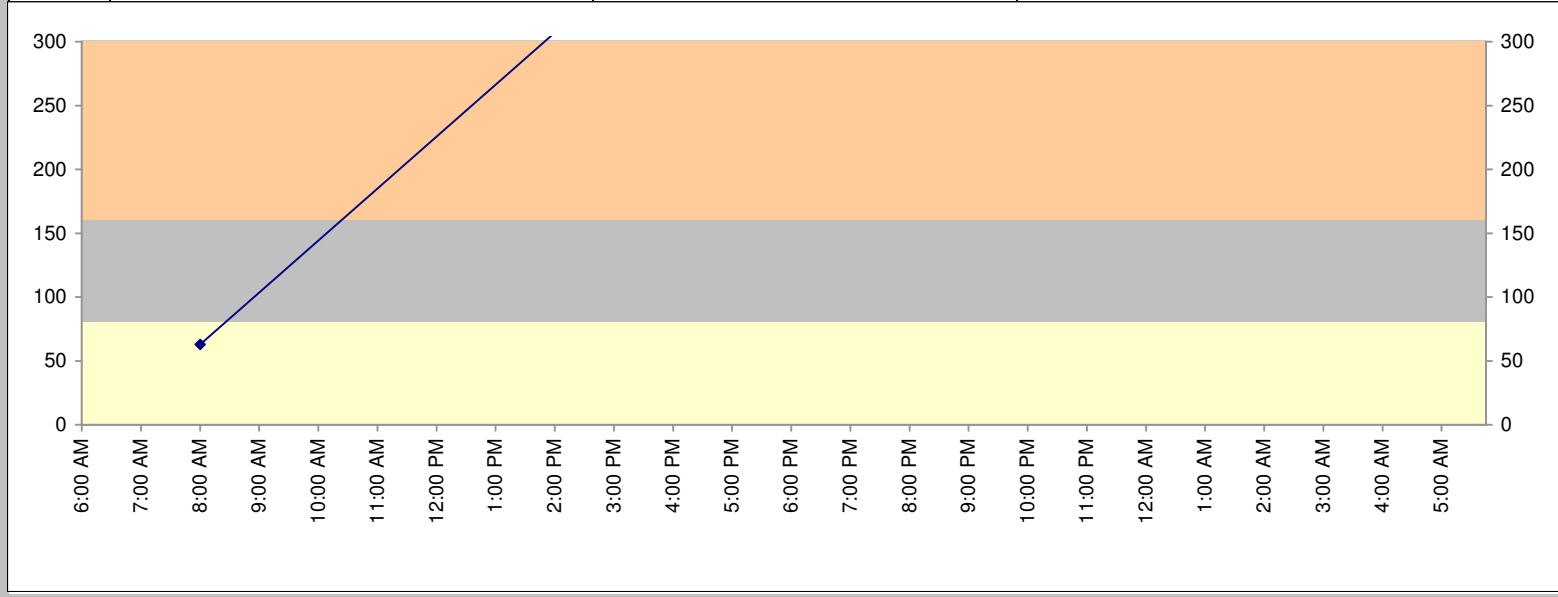


Saturday, July 08, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am
0:00			63										470											
0:15																								
0:30																								
0:45																								
Carbs			100							140				160	60				50					
Bolus			12.30							18.70			2.00	21.35	8.00				6.65					
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3
Activity																								

# of Tests	2
Average	267
Max	470
Min	63
Range	407
Total Carbs	510
Total Bolus	69.00
Total Basal	23.2
Total Insulin	92.2

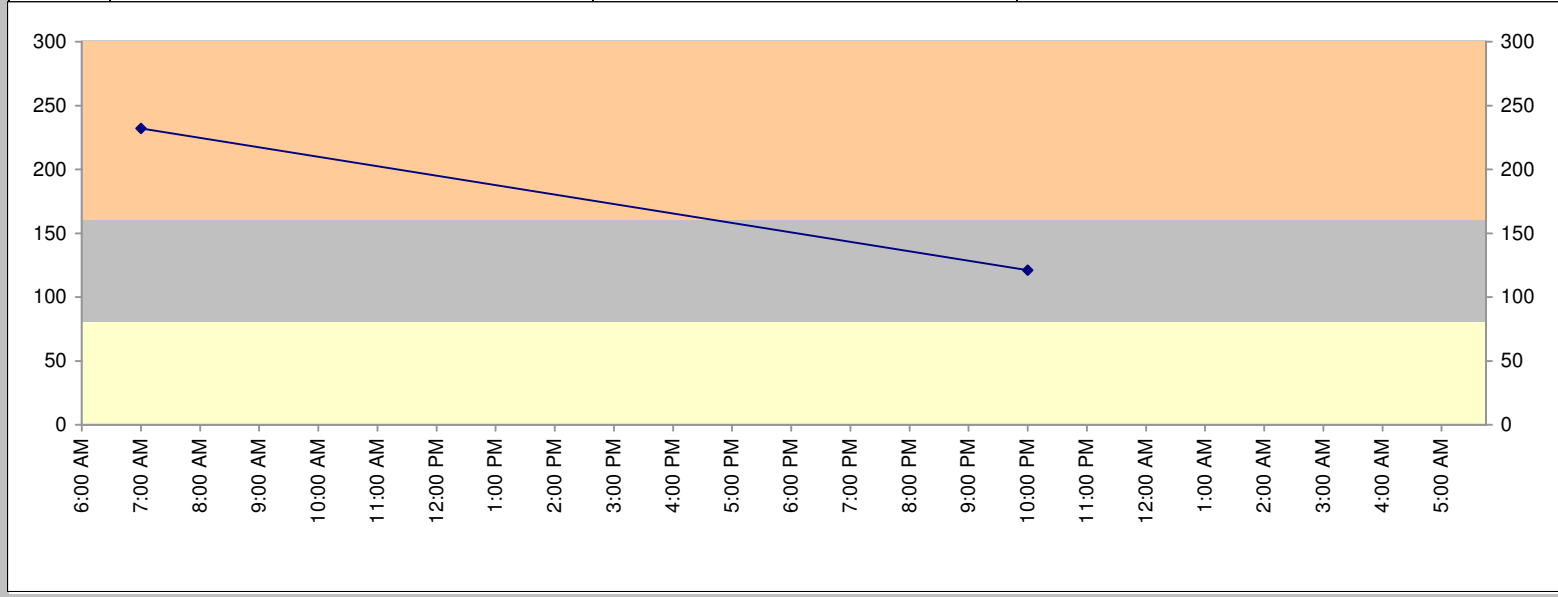
Notes	Morning	Afternoon	Evening
			6:00pm - 470?! WTF?



Sunday, July 09, 2006

Hour/Min	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	12am	1am	2am	3am	4am	5am	# of Tests	
0:00		232															121								Average	177
0:15																									Max	232
0:30																									Min	121
0:45																									Range	111
Carbs							160			100		120				80									Total Carbs	460
Bolus		3.75					24.60			13.35		16.00			10.65		6.65								Total Bolus	75.00
Basal	1.3	1.3	1.3	1.3	1.3	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	0.8	1.3	1.3	1.3	Total Basal	23.2
Activity																									Total Insulin	98.2

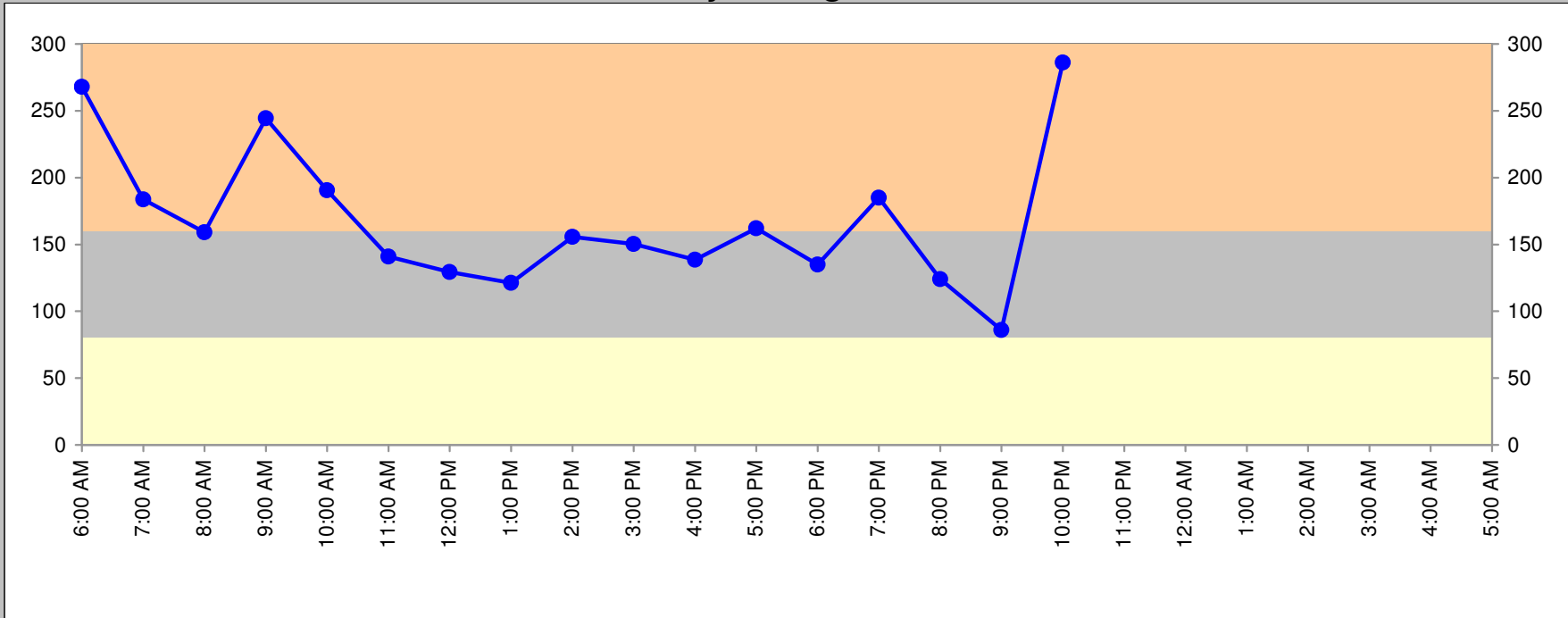
Notes	Morning	Afternoon	Evening
		11:56am - Set change - scheduled.	



Weekday Average Bloodsugar: 159

07/03/06 - 07/07/06

Hourly Average

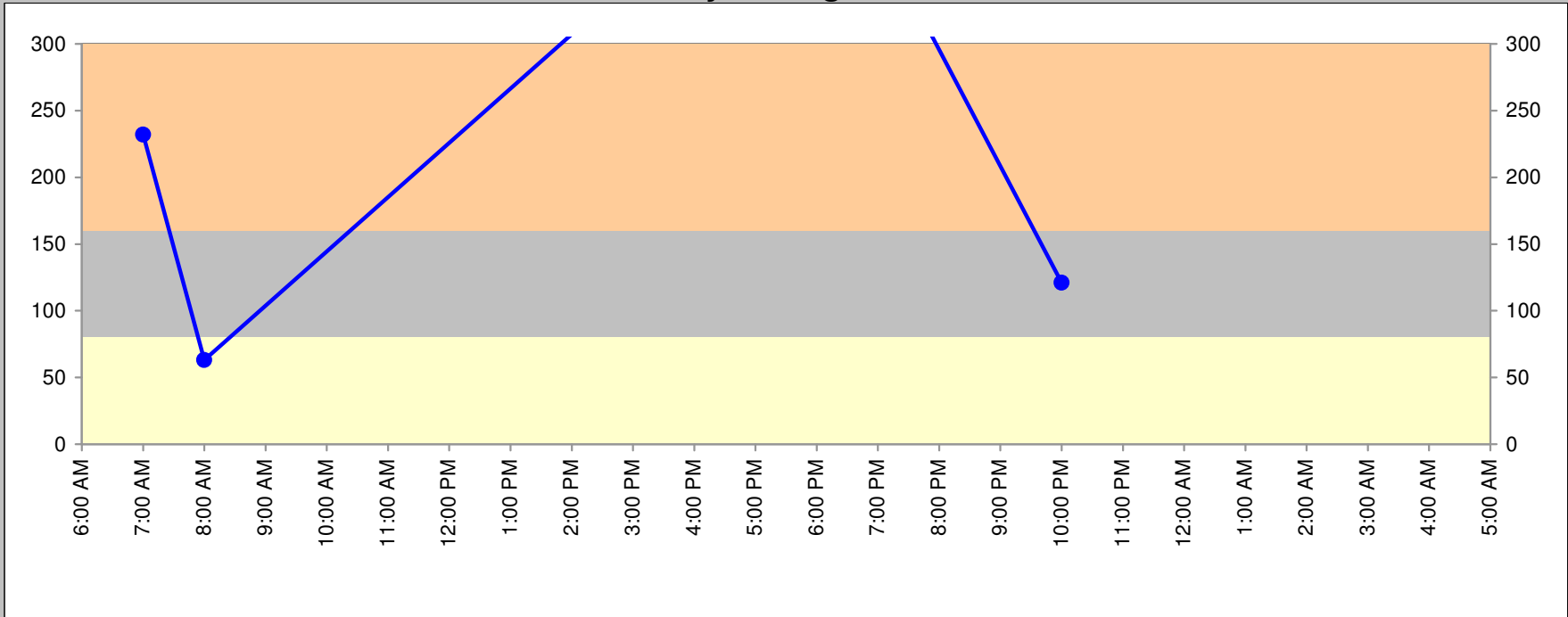


	Average	Max	Min	Range
Monday	199	259	114	145
Tuesday	171	286	92	194
Wednesday	180	268	90	178
Thursday	104	169	58	111
Friday	138	217	82	135

Weekend Average Bloodsugar: 222

07/08/06 - 07/09/06

Hourly Average

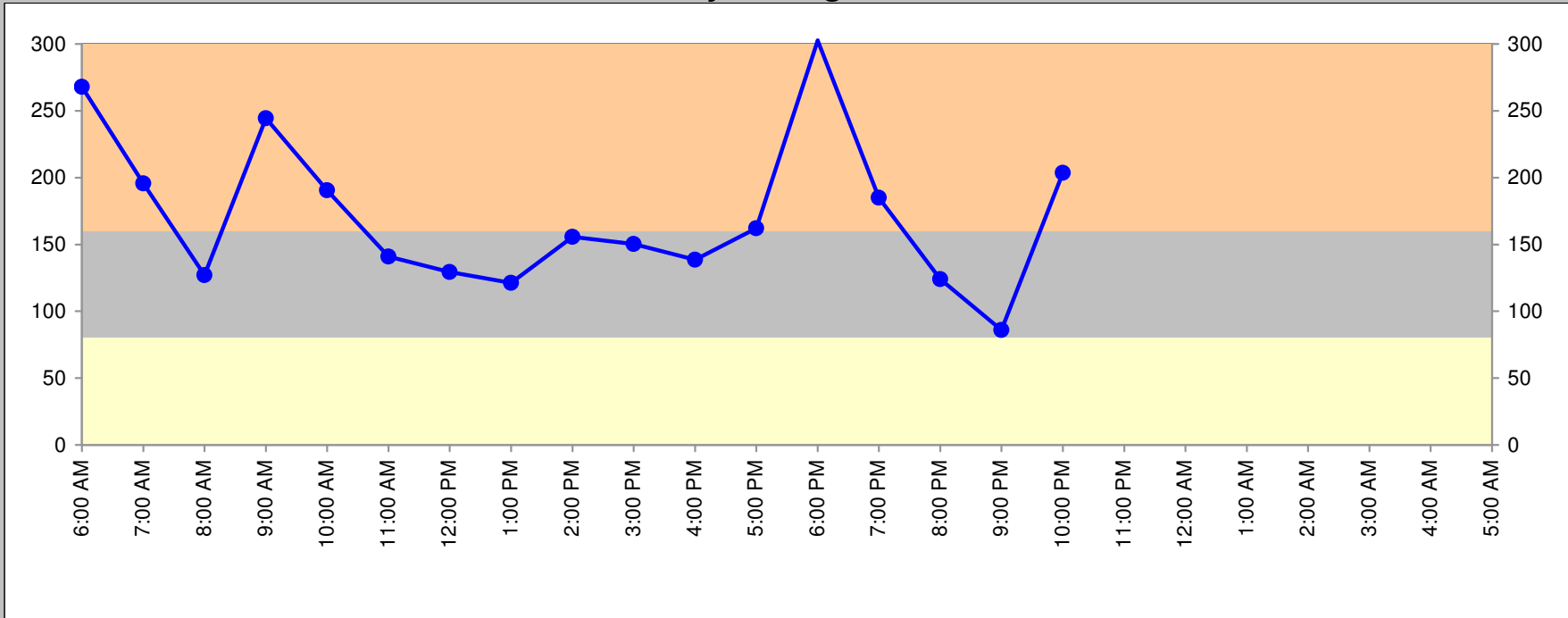


	<u>Average</u>	<u>Max</u>	<u>Min</u>	<u>Range</u>
Saturday	267	470	63	407
Sunday	177	232	121	111

Average Bloodsugar All Week: 164

07/03/06 - 07/09/06

Hourly Average



	Average	Max	Min	Range
Monday	199	259	114	145
Tuesday	171	286	92	194
Wednesday	180	268	90	178
Thursday	104	169	58	111
Friday	138	217	82	135
Saturday	0	0	0	0
Sunday	0	0	0	0

Weekday Average Bloodsugar: 159

07/03/06 - 07/07/06

